



September 3, 2026

A Summer Recap

Our Guadalupe Province ministries kept up their vibrant activities throughout the season of summer vacations:

Cabrini High School, New Orleans, LA

Student Leaders Inspired by Colorado Leadership Summit

Over the summer, ten student leaders attended the inaugural Cabrini High School Leadership Summit at the Mother Cabrini Shrine in Golden, Colorado. The students journeyed to one of the most sacred places in the Cabrinian world, where they immersed themselves in presentations, discussions, and service-learning experiences centered on compassionate leadership, missionary discipleship, and devotion to the Sacred Heart of Jesus.



Mother Cabrini Shrine Executive Director JoAnn Seaman (c) welcomes Cabrini High School student leaders. Accompanying them were Deacon Uriel Durr and his wife and members of the Cabrini HS staff.

Leadership workshops challenged the students to reflect on questions such as *What Is the Cabrinian Charism?*, *What Does It Mean to Be Called to Lead Like Mother Cabrini?*, and *How Can We Lead with Courage, Compassion, and Faith as the Apostles Did?* Inspired by these discussions, the students also prayerfully planned the upcoming year for Student Council and Campus Ministry with renewed enthusiasm and a deeper sense of purpose of what their roles as student leaders mean to the school's success.

The summit extended far beyond the classroom. Students hiked Mother Cabrini's mountain, climbed the Stairway of Prayer to the Mount of the Sacred Heart, and



Student leaders climbed the 373 steps to the Sacred Heart statue atop the mountain.

visited the miraculous spring that has flowed since Mother Cabrini instructed the Missionary Sisters of the Sacred Heart of Jesus to dig where she trusted God would provide water. Along the way, they witnessed hundreds of pilgrims from across the country making the same climb in search of hope, healing, and renewal.

For students who already live the Cabrinian mission each day in New Orleans, seeing the worldwide reach of Mother Cabrini's legacy firsthand was profoundly moving. The experience helped them recognize that they are part of a global family carrying forward the same mission begun by Mother Cabrini more than a century ago. Inspired by Mother Cabrini's conviction that "The world is too small," these experiences are forming a new generation of Cabrinian women who understand that true leadership begins with faith and finds its purpose in serving others.

~ submitted by Anne Argus DiPaola, '96, CHS, Director of Communications

We put together several reels highlighting each day's activities. Links to social media:

<https://www.facebook.com/share/r/1DXwn4qnXD/>

<https://www.facebook.com/share/r/1BwU97ZvUu/>

<https://www.facebook.com/share/r/1SykM9HG7V/>

<https://www.facebook.com/share/r/1CrCN7YGFX/>

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Cabrini Immigrant Services, NYC

On July 25th, the Cabrini Immigrant Services of NYC Social Services Department hosted their second annual Family Field Day, welcoming over 150 families and



Bounce houses and fun games make for smiles and laughter at the CIS-NYC Family Field Day in Upper Manhattan.

community members for a day filled with sunshine, laughter, bouncy houses, face painting, tug-of-war, lunch, and so much more!

**JOIN US FOR OUR MONTHLY
MASS FOR IMMIGRANTS**
07/30 AT 12PM
St. Frances Cabrini Shrine
701 Fort Washington Ave, New York, NY 10040



This monthly Mass will be offered for the immigrant community and for the repose of the soul of Brigid Sullivan, in thanksgiving for her support of CIS-NYC.

 **Cabrini**
IMMIGRANT SERVICES NYC

At Cabrini Immigrant Services -NYC, we have been doing a Mass for the immigrant community on the last Thursday of every month. We always pray for specific intentions that we read during the Mass.

INTENTIONS FOR THE MASS:

1. For the families of loved ones who were killed by Federal Agents;
2. For EBA and his immigration status process to be approved;
3. To everyone in the TPS community whose immigration status has come to an end, may you find strength, peace, and hope during this difficult time. Keep moving forward, continue advocating for your rights, and never lose sight of the possibility of a better tomorrow;
4. For Flor to excel in her upcoming exams, achieve outstanding results, and pass with confidence and success;
5. For unity among nations, understanding across cultures, and kindness toward every person, regardless of where they come from. May compassion guide our hearts and peace bring people together.



On July 30th we held in prayer many intentions for those in the immigrant community and their needs at this time. ~ submitted by Sofia Cruz, JFI Community Organizer

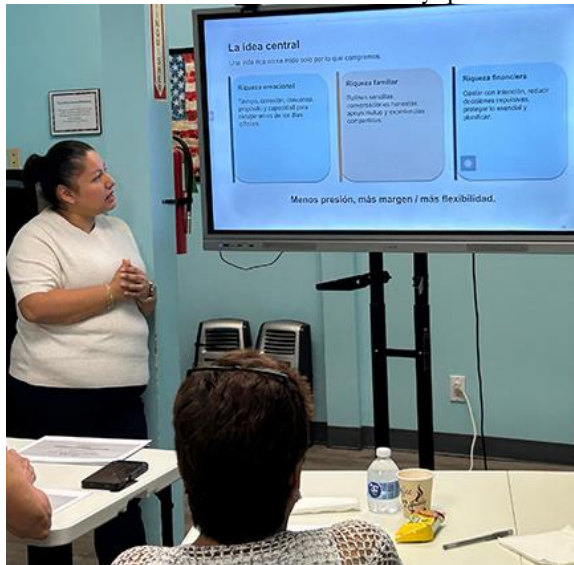
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Cabrini Immigrant Services - Dobbs Ferry, NY

CREATING A TRULY RICH LIFE

On August 21st, Cabrini Immigrant Services – Dobbs Ferry (CIS-DF) held a workshop entitled: “Una Vida Verdaderamente Rica: Estrategias para vivir bien con menos (A Truly Rich Life: Strategies for Living Well on Less). Betsy Suarez, a licensed mental health counselor, presented the workshop.

Betsy spoke about how a fulfilling life is not measured solely by the things we buy or own. Everyone agreed that the cost of living has created significant challenges for individuals and families. Betsy pointed out that financial stress affects everyone. It



Licensed mental health counselor Betsy Suarez presented a workshop on "A Truly Rich Life" focusing on ways to handle the demands of everyday life and to take time for self.

behavioral activation strategies and activity-planning techniques were presented. She emphasized that it is okay—and important—to take time for “YOU.” Prioritizing self-care can help a person better manage the demands of everyday life. ~ submitted by Lorraine Campanelli, Director, CIS-Dobbs Ferry, NY

can affect sleep, mood, concentration and relationships. She emphasized the importance of asking for help rather than trying to manage everything alone. Sharing responsibilities with others can help reduce stress and create a healthier lifestyle.

One strategy that she spoke of was cutting back without sacrificing your quality of life. She stated that you need to look at the essentials first, housing food, health care, insurance, etc. before spending on ‘secondary needs.’

Betsy also discussed the importance of self-care and taking time to engage in activities that can help relieve stress. Various





And now, we look to Fall...

Starting the Seminary Year with a Pilgrimage!

Continuing a four-year tradition, on Tuesday afternoon the students from St. Joseph's Seminary began the 2026 school year with a pilgrimage to St. Frances Cabrini Shrine in New York City.



St. Joseph's Seminary students begin their school year with a visit to the St. Frances Xavier Cabrini Shrine in NYC.

For most of the men, it was their first visit to the Shrine. In addition to learning about Mother Cabrini and celebrating Mass, they spent time in prayer, visited Mother Cabrini's bench, and asked plenty of questions. We love having them here and also love that almost every priest who has been ordained in recent years has subsequently brought his parish to the Shrine on pilgrimage!

Please pray for these fine men as they discern their vocations.

~submitted by Julia Attaway, Executive Director, St. Frances Xavier Cabrini Shrine, NYC

Reminders

Looking for prayerful inspiration to start your day?

Quotes from Mother Cabrini's writings can be found on the homepage of

www.mothercabrini.org

Prayer requests can be sent to: cabrininews@mothercabrini.org

Celebrating the Opening Mass at Villanova University - Cabrini Campus



Fr. Peter Donohue, OSA, presides at the Opening Mass in the Sacred Heart Chapel on the Cabrini Campus of Villanova University.

On Wednesday evening, August 26th, the Rev. Peter M. Donohue, OSA, PhD, the President of Villanova University, presided at the Opening Mass at the newly renamed Sacred Heart Chapel on the Cabrini Campus of Villanova University. Many members of the Villanova and Cabrini University communities were present.

Fr. Peter thanked the Missionary Sisters of the Sacred Heart of Jesus for their 67 years of providing “an education of the heart,” a legacy which the Villanova community promises to continue to animate and safeguard.



The Opening Mass program.

Prayer Requests

Blessing for students

May the new school year expand your vision, grounding your studies in purpose. May the knowledge you gather become a pathway not only for your own future, but for lifting up those around you. May you cultivate wisdom, empathy, and a generous heart—using your education to spark positive change, serve your community, and light the way for others.



In Loving Memory

Neil Joshi

Your prayers are requested for Neil Joshi, who passed away unexpectedly at the age of 47. Neil is the stepson of Buena Joshi, a former MSC. Please pray for the Kishor Family at this time of great loss.