



MISSIONARY SISTERS  
of the SACRED HEART of JESUS  
*Bringing Christ's love to the world*

THE UPDATE

January 15, 2026

## National Eucharistic Pilgrimage 2026

**Walk with Jesus. Pray for the nation. Follow the journey.**

In honor of America's 250th year, the 2026 National Eucharistic Pilgrimage will carry the theme One Nation Under God. One Nation Under God is not a slogan—it's an invitation to realign our lives, communities, and country under the sovereignty of Christ. It's a call to build unity through prayer, and to let Jesus, present in the Eucharist, renew and heal the heart of our country, one soul at a time. As pilgrims on this route, we walk with Christ so that His love might draw our nation back to Him.



The pilgrimage begins over Memorial Day weekend in St. Augustine, Florida, where the first Mass in our country was celebrated at the Our Lady of La Leche Shrine at Mission de Nombres. The route will continue up the Eastern Seaboard through most of the 13 original colonies, reaching as far north as New Hampshire and Maine. Stops will be made in the Archdiocese of Baltimore, our country's very first Catholic diocese, as well as the Archdiocese of Boston to visit significant national historical sites. The pilgrimage concludes over the 4th of July weekend in Philadelphia, in honor of the 250th anniversary of the Declaration of Independence.

As the National Eucharistic Pilgrimage unfolds, the Perpetual Pilgrims will carry the Blessed Sacrament across the country, engaging the universality of the Church by stopping at parishes in both urban centers and rural communities. Their journey will pass by some of the most historic landmarks on the East Coast in what has been named the **St. Frances Xavier Cabrini** route. ~ *National Eucharistic Pilgrimage website.*

To view the St. Frances Xavier Cabrini Route and learn more about the Pilgrimage click [here](#)

# National Eucharistic Pilgrimage 2026



## From the St. Frances Xavier Cabrini Shrine, NYC:

The perpetual pilgrims will stop at the Shrine on June 16 and 17 to make a 2-day retreat. The Shrine staff is sending each of the “perpetual pilgrims” a 2nd class relic and will be praying for them each by name during their long walk. We are thrilled to have them come!

~ submitted by Julia Attaway, Executive Director,  
St. Frances Xavier Cabrini Shrine, NYC

---

## Immigration News to Track

The following are links to articles pertaining to immigration that have recently appeared in Catholic publications and websites:

- **The U.S. [Bishops have made a statement on deportations](#) What are next steps?**
- **[Catholic Minnesotans Continue to Support Their Immigrant Neighbors](#)**

---

## Website Info

- Do you know that a rotating selection of inspirational quotations from Mother Cabrini are posted on the [www.mothercabrini.org](http://www.mothercabrini.org) website homepage for your reflection and prayer?
- Do you know that you can submit information about your ministry's upcoming events for posting on the Mother Cabrini website calendar at [cabrininews@mothercabrini.org](mailto:cabrininews@mothercabrini.org)
- Do you know that the website contains a [prayer request page](#) that is updated daily as needed and refreshed monthly? Prayer requests can be submitted to: [cabrininews@mothercabrini.org](mailto:cabrininews@mothercabrini.org)
- Do you know someone who is discerning God's call in her life? The Mother Cabrini website has an extensive section on [vocations](#) and call to religious life. Check it out.



# Bringing **JOY** at Cabrini Immigrant Services of NYC



On December 20<sup>th</sup>, Cabrini Immigrant Services of NYC held our annual gift distribution and Christmas celebration. We enjoyed delicious food, lively games, and abundant laughter with

our beautiful community. The event helped ease financial and emotional stress for participating families while creating positive holiday memories for children. We were able to distribute toys, coats, and gift cards to 69 families (119 children) in need. Many of the parents in attendance expressed deep gratitude for the support in a year where purchasing gifts would have been particularly difficult.

We are deeply grateful to our generous donors, volunteers, and staff who made this event possible. Thank you for the opportunity to demonstrate the joy, strength, and unity of our community in these challenging times. ~ submitted by Ella Nimmo, CIS-NYC, Director of Community Programs and Development



Happy holiday scenes and a message of gratitude from CIS-NYC.

# Prayer Requests

## ***Michael Fenza***

Prayers are requested for Michael Fenza, Cabrini College Class of 1985, who suffered a stroke and complications. After emergency brain surgery at UPenn, he is in neuro ICU on a ventilator and medically induced coma. These days are critical for recovery and prayers for healing are urgently requested as well as for strength and support for Mike's family, especially for his mom, for whom he has been the primary caregiver since his dad passed away a couple of years ago.

Mike is such a beloved friend of so many of us since our time at Cabrini. Many Cabrini alumni have asked that we get the Cabrini prayer chain going. Cabrini alumni would be so grateful for the prayers of the Missionary Sisters and the Cabrinian community.

## ***Prayers for Peace and Understanding***

During this time of unrest in the US, we pray for peace, empathy, and civil discourse among all people.



The Martin Luther King, Jr. (MLK) Day of Service  
is Monday, January 19<sup>th</sup>.

Each year, on this day, in the US, people come together to volunteer, to serve, to take positive action and make our communities a better place, just as MLK Jr wished.

"Everybody can be great, because anyone can serve." ~ MLK, Jr.