



MISSIONARY SISTERS
of the SACRED HEART of JESUS
Bringing Christ's love to the world

THE UPDATE

April 18, 2024

World Day of Prayer for Vocations

Sunday, April 21, 2024

On this 61st anniversary of the World Day of Prayer for Vocations, also liturgically known as Good Shepherd Sunday, we are invited to pray for and promote all vocations. Initiated by Saint Paul VI during the Second Vatican Council in 1964, the purpose of this day is to help all of us respond to God's call and to support in prayer all those who are discerning how to best respond to the needs of today in the vocation God calls them to be.



Many parishes and religious institutes commemorate this day by praying for vocations and supporting vocation promotion events. Considering that 73 percent of women and men professing final vows participated in one or more parish activities and 88 percent served in one or more parish ministries *before* entering religious life, our presence and participation in activities that mark this special day are essential.

Prayer is essential in all of our lives, join a global effort in praying for vocations on April 21, 2024!

Quotes from the NRVC Focus groups of newer entrants who entered religious life from 2003-2018

"I think it was the 80-year-old Brothers, the wisdom figures of the community, that were always the first in the Chapel and the last at the dining room table. I would always try to get there before them and never could. They were always there, and you could count on them."

“I’ve noticed in the last ten years that young people seem to have a deeper interest in spirituality and what is their purpose in life. I don’t know what brings that change about, I don’t know whether it is the Holy Spirit at work, which I’m assuming that it would be, but there does seem to be a different attitude.”

“What I find most rewarding is our truly deep desire to seek God together and what God is calling us to in this time and place. I also deeply appreciate our prayer that sustains us.”

“The most rewarding aspect of religious life is our community living. In community, we pray, live, recreate, and minister together. Our cohesiveness and sense of identity as religious serving others as ministers of the Gospel is wonderful!”

Prayer for Vocations

Cultivate within our hearts, minds, and spirits—our very selves—the disposition to fully live out our vocations, which have been planted in our hearts through our baptism,

And grant us the grace to say yes to our call daily, irrespective of how we may feel from moment to moment.

Let us know that we can come to You as we are, wherever we are, and as we accompany those discerning Your call. Help us to hear and

Listen to Your voice amid the various voices vying for our attention so that we may take the right actions that lead to abundant life.

Ignite in us a hope-filled passion for service, using our gifts to bring your Reign to fruition today and always.

Never let us forget that all we have are indeed gifts from You and that we are called to...

Give all we are and have in love and service to You in our sisters and brothers. **Amen.** ~NRVC website



The E-Communications about CABRINI *continue*



The Guadalupe Province Communications Office continues to receive messages from those who have seen the CABRINI film and wanted to share their thoughts:

Saw the wonderful Cabrini film with my adult daughter today. As a grandson of Italian immigrants who came to New York about the time Mother Cabrini began her work here, I was deeply moved. She was all that a human being should be, including brave and indomitable. Would that we were all as strong in our desire to help others. ~ P.C.

I never knew her story before. Now I know she worked in the New York City my grandparent immigrants came to and I now realize what a difficult time they must have had. Thank you, Mother Cabrini, for helping Italian immigrants, perhaps even my grandparents. ~ R. S.

Will there be a sequel to the Cabrini movie, or maybe two? It seems that there is SO much more to the story. Loved it. Thank you. ~J.B.



Eastern University President Dr. Ronald Matthews offers warm greetings, an appreciation and a symbolic gift to Ms. Helen Drinan, Cabrini University Interim President.

Eastern University bids Cabrini University a Fond Farewell

“Gratitude for our neighbor...a chapel of appreciation for Cabrini University with visiting faculty, students, staff, and administration from Cabrini.”

Eastern University is the neighboring institution of higher education in Radnor, PA, where Cabrini University has resided for the past 67 years. The two universities’ campuses nearly abut with winding Eagle Road meandering between them. As proclaimed on their website, Eastern University is a diverse,

Christ-centered community preparing graduates to impact the world through faith, reason, and justice. Eastern University has been, and continues to be, a very collaborative neighbor of Cabrini University.

Yesterday, the administration, faculty, and staff of Eastern University invited the Cabrini campus community to their campus for a “chapel of appreciation”. A “chapel,” is a prayer service held every Wednesday on the Eastern campus and is inclusive of diverse faith traditions. People can attend a chapel in person or by live-stream.

Yesterday’s chapel was centered on Eastern’s appreciation for the many aspects of campus life that the two universities have shared throughout the years: academic courses, athletics, i.e. “the sportsman-like and competitive battles of Eagle Road,” and many communal faith, justice, and spiritual observances.

Members of Eastern’s administration shared prayers, songs, and personal reflections with Cabrini community. Cabrini University Interim President Ms. Helen Drinan, along with Angela Campbell, PhD, Vice-President for Mission and DEIB, and former Director of Campus Ministry Fr. Carl Janicki, in turn, shared their gratitude for the many kindnesses and collaborative initiatives Cabrini University has experienced with Eastern University throughout our six decades. To view the live-stream from the Eastern University Chapel of Appreciation, please click [here](#)



Dr. Angela Campbell, Cabrini University VP of Mission and DEIB cites verses from Ecclesiastes in her reflection at Eastern. “There is a time...”

The Update Publication Notice

Due to the board meeting of the National Religious Vocations Conference next week, The Update will be published on Wednesday, April 24th rather than Thursday. If possible, kindly send all submissions by noon on Wednesday.

The Update will resume its normal publication schedule on Thursday, May 2nd.

Thank you.

Angel Studios Creates Cabrini Feature for Children

A Professor Emerita at Cabrini University shares that Angel Studios has created an animated feature that tells the story of Mother Cabrini in an age-appropriate manner that illustrates the importance of helping others.

The professor said that friends of hers contacted her saying, “Have you seen this? I plan to show it to our grandchildren. I thought it was well done and a good conversation starter.”

The professor shared the link with a wider group in the Cabrini University community adding her own endorsement, “A good friend sent this to me to share with children. It is a brief, edifying cartoon-style video that can serve as an intro to the heroism of St. Frances Cabrini-the woman who inspired me every day I taught at Cabrini University.”

To access the animated feature, please click [here](#)



One Minute Meditation

All the Help We Need

Once we believe that God is present in the storm and is protecting us, we know we have all the help we need. God never goes anywhere; God just seems like he does. Sometimes, it seems, God takes a lengthy snooze and seems quite content to sleep on and leave us in our anxiety. The purpose of God's sleeping is to make us realize that God has not left us at all, but is assisting us more than ever at a deeper, more subtle level. This is the level of pure faith. The conviction grows that whatever we may feel or think, Jesus is in our little boat and is giving us all the help we need; we can just relax and let go of all fear.

~ Thomas Keating, *Reawakenings*

Prayer Requests

Sr. Amada Liboro, MSC

Kindly pray for Sr. Amada who was hospitalized this week for a medical issue.

Missionary Sisters of the Sacred Heart of Jesus

This Sunday, on the World Day of Prayer for Vocations, please pray for an increase in vocations to religious life and for all vocations. Please pray especially for an increase in vocations to the Missionary Sisters.

Prayers for Our Earth

Monday, April 22nd is Earth Day. O Lord, grant us the grace to grow deeper in our respect and care for your creation. Help us to recognize the sacredness of all of your creatures as signs of your wondrous love.



Sr. Lucille Souza, MSC

Please unite in prayer for Sr. Lucille who has been readmitted into St. Cabrini Nursing Home. We know she will appreciate our prayerful accompaniment.

Mrs. Marie Takes

Your prayers are requested for Mrs. Marie Takes, the mother of Deb Takes, the former Board Chair and Interim President of Cabrini (College) University. Please pray for Mrs. Takes' comfort and serenity at this time. Please pray, too, for Deb and her family as they travel to be with Mrs. Takes.

Grace Valdez

Your prayers are requested for Grace Valdez, who has some serious medical issues. Grace is the sister of Robin Sampogna, from the PT Department at Cabrini Nursing Home in Dobbs Ferry, NY.

In Loving Memory

Joy Hawkins

Kindly pray for the repose of the soul of Joy Hawkins, the sister of Tom Francis, a staff member at the Mother Cabrini Shrine in Golden, CO. Joy's memorial Mass is being held today at the Shrine. Let us pray for the Hawkins and Francis families at this sad time.