



MISSIONARY SISTERS  
of the SACRED HEART of JESUS  
*Bringing Christ's love to the world*

THE UPDATE

November 16, 2023



Gracious father, we thank you for your abundant mercy and  
grace toward us.

We honor you this day and every day as  
we gather together full of gratitude.

We thank you for the food you provide and the  
hands that prepare it.

We ask that you equip and encourage us to serve others who  
are in need.

May we be good stewards of your creation and  
of all our talents and blessings.

This we ask in your name.

Amen.

~ M. Williams

# A Joyful Day of Recommitment

The Feast of St. Cabrini is such a beautiful day especially for those of us who are part of the Cabrini Family. It is such a beautiful day to remember Mother Cabrini and all the work she did for God's people. She is an example to all of us to strive to know God's will and to do all that we can to achieve what God is calling us to do.



Through the wonders of technology, MSCs and CLMs far and wide were able to share in the recommitment ceremony of Patricia Krasnausky (center row - l.) and Vicky Lucio (center row – r.)

The Cabrini Lay Missionaries (CLMs) of the Guadalupe Province, had a very special celebration on the Feast Day. Patricia Krasnausky and Vicky Lucio renewed their recommitments as CLMs for 3 more years. To quote Mother Cabrini, *“Today, love cannot be hidden; it must become active, living and true.”* As CLMs, we are called to witness to the love of God. We are so grateful for Pat and Vicky. Truly, they bring the love of God to all those they meet. ~ submitted by Lorraine Campanelli, Director, CLM

## Honoring Cabrini in the Glow of Candlelight

On Monday evening, November 13, a special concert version of the Gregorian chant and other music sung at Mother Cabrini's canonization was held at St. Frances Cabrini Shrine by candlelight. Nearly 200 guests enjoyed the narrated event, learning about chant, Mother Cabrini, and the Vatican music director Lorenzo Perosi who wrote music especially for Mother Cabrini's canonization. Three variations on Ave Maris Stella were performed, and the evening finished with a rousing sing-in of *Holy God, We Praise Thy Name*.



~ submitted by Julia Attaway, Executive Director, St. F.X. Cabrini Shrine, NYC

# Cabrini University Observes the Feast Day

A multi-faceted feast day observance took place at Cabrini University. The day began with Mass with Fr. Fidelis Olokunboro presiding. At the conclusion of the Mass students and alumni shared their reflections on what the “education of the heart” has meant to them; how the Cabrinian charism has shaped their outlook on the world; and how they will carry the mission with them throughout their lives.



Fr. Fidelis celebrates Mass for the campus community on the Feast Day.



Serving as a celebrity chef at the Cabrini Day luncheon is Bridget O'Donnell the Director of Student Engagement and Leadership.

A beloved Cabrini Feast Day tradition is the luncheon in the cafeteria for the campus community during which faculty and staff serve as celebrity chefs. Immediately following the luncheon was a special showing of the new film CABRINI which is set to debut in March 2024. There was standing room only for the movie!

The day was interwoven with academic presentations by students.



Cabrini professor and alumna Fran Carusi Brooks '82 (l.) and Sr. Christine Marie Baltas, MSC don their chef's hats.

While surely full of energy, the day was bittersweet in that all who attended the festivities acknowledged that this will be the final Feast Day celebration at Cabrini University as we know it.

*~ submitted by Nancy Gorevin Costello,  
Cabrini College alumna /  
Guadalupe Province Communications Office*



Cabrini U. logo cookies were a Feast Day commemorative item for the campus community.

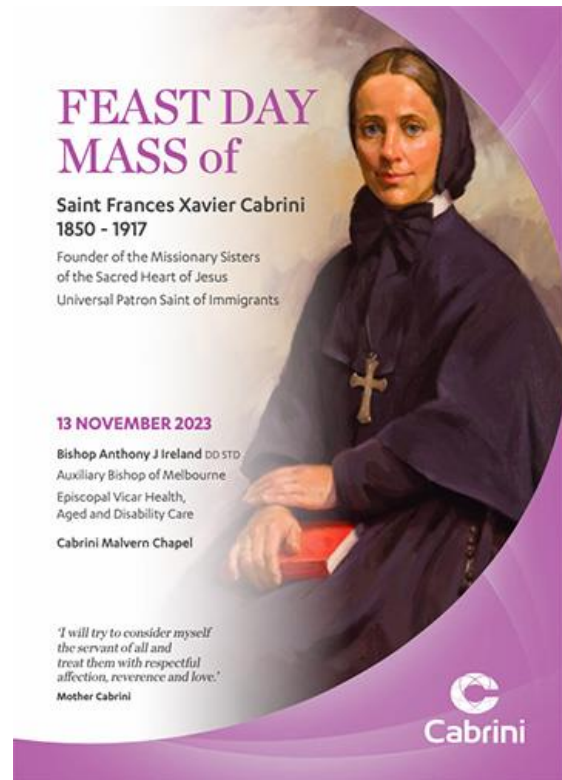


# Feast Day Good Wishes from Cabrini Health

Those of us at Cabrini Health Australia would like to wish you all a Happy Feast Day and share with you a wonderful article that was posted on the Catholic Archdiocese of Melbourne website today. To access the article please click [here](#)

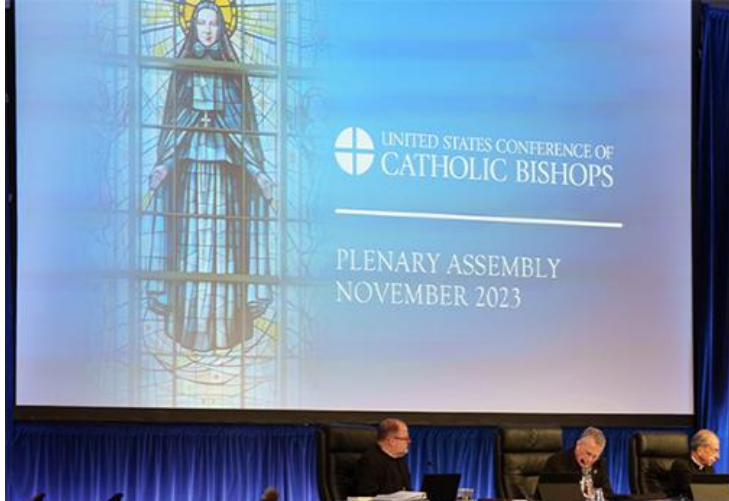
Bishop Tony Ireland, Auxiliary Bishop of Melbourne, and Episcopal Vicar of Health, Aged and Disability Care, celebrated the Mass and spoke endearingly of Mother Cabrini and what an impact Cabrini Australia has had on his life as he grew up in the suburb of Malvern. It was an inspired celebration which was beautifully accompanied by our Cabrini choir.

Sue Williams, CEO, gave the welcoming address and Sylvia Falzon, our Board Chair, provided a beautiful closing. We were blessed to be able to share some refreshments after the Mass, something we have missed for the last few years. ~ submitted by Jenny Nicholson, Cabrini Health, Malvern AUS



# Mother Cabrini in the Spotlight at USCCB

This week the United States Council of Catholic Bishops (the USCCB) began their plenary session on Mother Cabrini's feast day. The homily at the opening Mass by the president of the USCCB, Archbishop Timothy Broglio, mentioned Mother Cabrini several times. He concluded by saying, "Saint Frances Cabrini even obliged the poor



to give from their poverty to help those more needy than they. It was also a way of insisting on the dignity of all and the common responsibility for others. It is a message that is very appropriate today and every day... Charity demands our attention to the little ones, the weak, the simple, fraternal correction and unlimited pardon to those who ask."

At the USCCB plenary session, the stained-glass image of Mother Cabrini from St. F.X. Cabrini Shrine in New York City appeared on the slides being projected for the conference.

The stained-glass image of Mother Cabrini at St. Frances Cabrini Shrine in NYC was

included on the slides used at the plenary session. Each bishop attending received prayer cards from the Shrine: one with a Cabrini prayer of thanksgiving for receiving communion, and one designed for use by new migrants containing the location of each of the three shrines. ~ submitted by Julia Attaway, Executive Director, St. F.X. Cabrini Shrine, NYC

Please contact Julia Attaway if you would like copies of either of these prayer cards:

[jattaway@cabrinishrinenyc.org](mailto:jattaway@cabrinishrinenyc.org)

## **Weekly Update Publication Schedule**

Due to the Thanksgiving Day holiday next week in the US,  
The Update will not publish on Thursday, November 23<sup>rd</sup>.

The Update will resume on Thursday, November 30<sup>th</sup>.

In December, due to meetings and scheduling in the Communications Office,  
The Update will be published on Thursday, December 14<sup>th</sup> only.

This will be our Christmas edition.

During the weeks we do not publish, you will receive a TEST email in the subject line of the email. There is no need to respond.

The first 2024 edition of The Update will be on Thursday, January 4<sup>th</sup>.

# Celebrating God in the Glory of Nature

~ A Reflection by Sr. Abaynesh Lukas, MSC novice

On November 3<sup>rd</sup> and 4<sup>th</sup>, the MSC novices Sr. Abaynesh, Sr. Abebech and Sr. Evarlyne, went on retreat with the Epiphany Parish young adult group.



The Epiphany Parish young adult group from New York City, hiked to the top of Bear Mountain to observe the grandeur of nature as a part of their retreat.

There were seventeen of us who are active with Alpha who went to Bear Mountain. Alpha is a mission to help people discover and develop a relationship with Jesus. After dinner, we watched an Alpha movie about how the Holy Spirit works among us and in us. This was followed by a time for sharing. The evening ended with a game that was so funny, it made us laugh a lot.

The second day began with Mass. It was beautiful the way in which Father Jim celebrated the Mass, especially for the Eucharist, we shared one bread and the wine from one cup. It was symbolic and so precious.

Following Mass, the group hiked to the top of Bear Mountain! It was gorgeous as all the trees were changing color. We enjoyed the crunch of the leaves under our feet.



At the top of the mountain, we had our lunch and shared our experience with each other. The retreat continued when we returned to the main house. Our day ended with dinner before heading back to the parish. We had a wonderful time together and we received many blessings and graces.



The climb was steep, yet the group made it to the summit!



# Intergenerational Fall Fun!



We hear so much about intergenerational programs and the wonderful effect it has on both the young and the elderly.

Several of our high school students from Cabrini Immigrant Services (CIS) in Dobbs Ferry, NY, visited some of the residents at St. Cabrini Nursing Home.



What a fun way to prepare for Thanksgiving...making wreaths that can enhance a door or serve as a table decoration. CIS teens and St. Cabrini Nursing Home residents just enjoy their time together!



Beautiful! Everyone looks so pleased with their fall wreath creations!

years old that day! The residents had smiles on their faces from ear to ear. They kept remarking how wonderful, respectful, and helpful the high schoolers were.

The students loved speaking with the residents and helping them create colorful wreaths. They especially enjoyed singing Happy Birthday to one of the residents who turned 102



They had such a wonderful time that the students will be visiting again in December when they will build gingerbread houses together. ~ submitted by: Lorraine Campanelli, Director, CIS

# Mother Cabrini Mosaic from School to School to School:

*Our Lady of Mercy Academy to Cabrini University's School of Education  
to St. Frances Cabrini Regional Catholic School.*



Dr. Beverly Bryde (l.) and Sr. Christine Marie Baltas, MSC were pleased to present the Mother Cabrini mosaic to the St. Frances Cabrini Regional School.

In 2020, the 4<sup>th</sup> and 6<sup>th</sup> grade students of Our Lady of Mercy Academy, Forest Hills, NY, created a wonderful artistic rendition of Mother Cabrini under the tutelage of Anna Marie Prono, playwright and artist. In 2021, Anna Marie was looking for a home for the mosaic artwork and connected with Sister Christine Marie Baltas, MSC at Cabrini University. Sr. Christine Marie worked with Dr. Beverly Bryde, former Dean of the School of Education at the University, to find a place for this symbolic piece in the School of Education to represent all children young and old who are educated by the charism of Mother Cabrini's *Education of the Heart*.

With Cabrini University closing in 2024, Sr. Christine and Beverly found the perfect home for this special piece of children's artwork at the St. Frances Cabrini Regional Catholic School in Philadelphia, formerly known as the St. Donato School where Sr. Christine Marie once served as principal. St. Donato's School was founded by Mother Cabrini. St. Frances Cabrini Regional Catholic School is now part of the Independent Mission Schools in Philadelphia. Currently, Ms. Van Robinson serves as principal and welcomed the artwork into their school. On November 9<sup>th</sup>, Sr. Christine Marie and Beverly met with the principal and Cabrini alumni teaching at the school to share this magnificent mosaic and plaque.



Ms. Van Robinson, Principal, (l.) receives the Mother Cabrini mosaic from Sr. Christine Marie.

This is all a wonderful way to share the charism of Mother Cabrini from the creative hands of the 4<sup>th</sup> and 6<sup>th</sup> graders in one school in 2020, to touch the lives of educators at the Cabrini University School of Education in





The teachers and youngsters at the St. Frances Cabrini Regional School were happy to welcome Sr. Christine Marie and Dr. Bryde and are excited about the new Mother Cabrini mosaic that will grace their school.

2021 and now to have the welcoming hands from a principal and Cabrini alumni in the St. Frances Cabrini Regional Catholic School. From School to School to School, hands, lives and hearts are connected by the charism of Mother Cabrini.

*~ submitted by Dr. Beverly Bryde, Cabrini University*

## Cabrini Immigrant Services – NYC

Help us bring a smile to a child's face!

Cabrini Immigrant Services of NYC is currently accepting monetary donations, gift cards & new toys for our annual Christmas gift distribution!

Purchase a gift: [bit.ly/cischristmas2023](https://bit.ly/cischristmas2023)  
Or donate: [www.cis-nyc.org/donate](https://www.cis-nyc.org/donate)

## Multi-Day, Multi-Lingual Feast Day at NYC Shrine

Last weekend was busy, joyous, and celebratory as St. Frances Cabrini Shrine held five Masses over two days for Mother Cabrini's Feast. Thank goodness for collaboration! Shrine staff extend special thanks to the MSC novices, Sr. Bernadette Anello, MSC and Sr. Ayantu Abera, MSC for their epic effort and endurance.



The marathon weekend began with the **Mass in Italian**. In addition to two van loads of people from Cabrini University we welcomed the knights of the Sacred Order of Constantinian and St. George and busloads of people from two of the original Cabrini churches: Our Lady of Mount Carmel in Newark, NJ and Our Lady of Pompeii in Manhattan. A group from the Church of St. Frances Cabrini in Brooklyn also attended.

Next up was the **Filipino Mass**, featuring a Filipino choir from Staten Island and a Franciscan priest from Queens.

The final Mass on Saturday was the high-energy **French Mass**, led by a French African choir that had everyone dancing and singing, even if we didn't know what we were saying.

Sunday's **English Mass** had a full house (the chapel's capacity is 375). The girls from the Ursuline School sang, and Fr. Brain McWeenie, the Director of the Office of Ecumenical and Interreligious Affairs, celebrated. Finally, the **Spanish Mass** was celebrated by Bishop Josu Iriondo was attended by roughly 300 people.

*~ submitted by Julia Attaway, Executive Director, St. F.X. Cabrini Shrine, NYC*



**Photos right, top:** French Mass  
**Photo right middle:** Spanish Mass  
**Photo right bottom:** English Mass





# Fifty Years of Loving Service to Elders

In 1973, the Missionary Sisters of the Sacred Heart of Jesus opened St. Cabrini Nursing Home to serve the elder population with quality services. Fifty years later, this ministry still thrives and has served thousands of elders in the skilled nursing facility and through other services to the community. To celebrate this milestone, the residents and staff came together for two special services: A prayer service on November 8<sup>th</sup> and the celebration of Mother Cabrini’s Feast Day on November 13<sup>th</sup>.



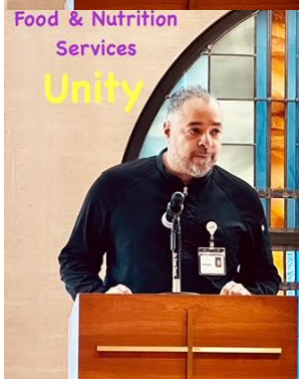
The chapel at St. Cabrini Nursing Home with plaques displaying the particular virtue of each department.



On November 8<sup>th</sup>, representatives from all 16 departments as well as the residents and volunteers were present in Cabrini’s chapel for a service of thanksgiving. Each department was asked to select a virtue that reflects what its purpose and mission are and to prepare a brief explanation to share. To begin the service, Fr.



Ron Galt, Vice President of Pastoral Care and Mission gave a blessing which was followed by a scripture reading, song and presentation of each department’s virtue. The virtues were framed and a display was created that can now be seen in Cabrini’s lobby.



In closing the service, Patricia Krasnausky, President and CEO, talked about the virtue of perseverance and how Mother Cabrini persevered when she came to the United States when being told she was not needed. “Mother Cabrini may have felt defeated, but due to her perseverance, we are all here this afternoon in this chapel celebrating fifty years of caring for people. Thank you to

Top photo: Tinakorn Loesvidhya, Accountant; Middle photo left: Mary O’Mara, Director of Corporate Compliance; Middle photo right: Mark Pohar, Director of Nursing; Bottom photo: Enrique Vargas, Director of Food Services each shared their department’s core virtue.



all of you and to all who went before us for persevering in an excellent combination of qualities, so that the outcome is that Cabrini of Westchester remains standing here after fifty years as a shining golden tribute to Mother Cabrini.”

On November 13<sup>th</sup>, Cabrini of Westchester celebrated the Feast Day of St. Frances Xavier Cabrini as well as the conclusion of the yearlong celebration of the 50<sup>th</sup> Anniversary which included both staff and residents. A Mass, with live music, took place in the Chapel and other planned activities took place throughout the day. The Missionary Sisters who are residents of the home gathered for a special meal. This meal was served to the all of the residents as well.



Later in the day, the Therapeutic Recreation Staff distributed ice cream to the residents as a treat in honor of the Feast. The staff was included in the celebration with the distribution of \$10.00 gift certificates to Honda’s Cafe for each employee as well as raffle prizes.

Many thanks to all who participated in planning both of these celebrations and to all who have enabled Cabrini of Westchester to offer the very best services to elders for fifty wonderful years. ~ submitted by Susan Herceg, Director of Development and Public Relations, Cabrini of Westchester

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THURSDAY, DECEMBER 7TH, 2023

6PM - 9PM

*Limited to  
100 Tickets*

Merchants NY  
190 7th Ave,  
New York, NY 10011  
(Between W21st ST and W22nd ST)

ENJOY FOOD, DRINKS, DESSERT, OPEN SEATING, AND MORE!



# Prayer Requests

## *Theresa Hazel*

Dr. Adeline Bethany, Faculty Emerita at Cabrini University, requests prayers for her good friend, Theresa Hazel who is currently experiencing health issues. Please keep Ms. Hazel in your prayers.

## With Grateful Hearts

### *The Missionary Sisters, CLMs, Cabrini Companions and all those in the Cabrinian community*

For all Missionary Sisters, Cabrini Lay Missionaries, Cabrini Companions, Cabrinian collaborators, volunteers, benefactors, alumni, and friends, we give thanks for the connections of our Cabrinian community and the many blessings bestowed upon us.

## In Loving Memory

### *Annie Lucio*

Let us pray for the repose of the soul of Annie Lucio, the sister of Vicky Lucio, Cabrini Lay Missionary, who returned home to God on November 12th after a long illness. Please keep the extended Lucio family in prayer as they prepare for the funeral arrangements in Baguio City, Philippines.

### *Prayers for a Family Grieving the Loss of a Son and Nephew*

Please unite in prayer for a family who has suffered the sudden death of a young man named Brendan. The family is devastated by his loss. Pray for their strength and comfort during this time.

