

June 1, 2023

Bringing Joy, Community, and Services to Senior Adults in Guatemala

"No elderly person should be like an exile in our families, they are a treasure for our society."

~ Pope Francis



Sr. Ana Jilma Argueta, MSC, $(2^{nd} \text{ l. back row})$ and Sr. Evarlyne Ndeti, novice, (back row r.) take time for a photo and smiles with the participants in the program in Guatemala for senior citizens.

Cabrini missions in Guatemala do a lot to make sure that the elderly population in both Barcenas and Zone 6 are well treasured through the elderly program. This program offers spiritual, educational, social, psychological, nutritional, musical, and physical activities in group settings. It also encourages personal interactions, regular attendance, community involvement and general growth.

This program is organized by the social work department, together with volunteers (teenagers) and other departments like the psychology and nutrition department. The dynamism of working together as a team is so powerful and goes beyond expectations. It creates a collaborative learning environment for the elderly, volunteers, professionals, and interning students. Also, it helps promote a social relationship where the participating elderly share freely and confidently. The materials and the resources shared in this program are creative, educative, informative.

The elderly taking part in this program are nourished in all aspects of life. The MSCs in the mission share the gift of faith with the participants at the beginning of every gathering with a word of prayer, scripture sharing or faith-based sharing. Nutrition departments share their wisdom on how the elderly should master their diet. The



The programs for senior citizens are intergenerational. Teenagers volunteer their time in serving with the program. Everyone benefits!

psychology department introduces diverse ways of exercising self-love and care through their daily activities and how to maintain their wellbeing. There

is no doubt that this nourishment affects them positively because of the joy and enthusiasm they all have every time they gather. It is inspiring how they attend actively

with their ears open and always with an open heart and will.

The people love taking part in the program every Monday and Friday. They enjoy connecting with their friends, learning, playing, chatting, and doing their exercises or dancing every Friday morning. I love the way they greet each other and the way they share their concern among themselves. I appreciate the way they share stories and laugh aloud. They are simply full of life. I have been enjoying this program and I am full of gratitude for the fact that I am able to take part, help,



Staff members and student volunteers assist with the various activities provided by the program.

and just be with senior adults in this amazing program.

~ submitted by Sr. Evarlyne Ndeti, MSC novice

To learn more about the programs, please click here

Sharing Her Mission Story

The marvelous gift of mission brought to the National Shrine in Chicago by our dear Sr. Joseane Cabral Soares, MSC.



Sr. Joseane Cabral Soares, MSC

This past weekend, the National Shrine of St. Frances X. Cabrini welcomed Sr. Joseane Cabral Soares, MSC.

Sr. Joseane shared her powerful experiences as a consecrated woman serving refugees and locals in Dzaipi, Northern Uganda. Her joyful witness touched the hearts of those present, inspiring them to support Heart Ministries Uganda through prayer and financial assistance.

The National Shrine of St. Frances Xavier Cabrini is

committed to reaching out to ministries such as Heart Ministries Uganda, that bring the healing love of Jesus' heart to those in need. We extend our heartfelt gratitude to Sr. Joseane for her



continues to bring hope and widen the horizons of love

to countless lives in Uganda...and beyond!

transformative witness and inspiring message, which

~ submitted by Sr. Laura Baldini, MSC

The Feast of the Sacred Heart of Jesus



The Feast of the Sacred Heart of Jesus is on Friday, June 16th.

You can access the novena on the www.mothercabrini.org website by clicking here

Praying the novena is such a meaningful way to observe this feast so central to the Missionary Sisters of the Sacred Heart of Jesus.

The Archdiocese of Chicago's Religious Life Night is back!

On May 25th, 2023, we attended a Religious Life Night at the Mission of Our Lady of the Angels Church in Chicago. It was a beautiful celebration of gratitude for our consecrated life. We participated in Holy Hour and Evening Prayer, had a delicious homemade dinner, and enjoyed great fellowship.



Joining with religious sisters from other congregations, Missionary Sisters from 2nd left: Sr. Lucy Panettieri, Sr. Joan McGlinchey, Sr. Joaquina Costa and Sr. Laura Baldini, (r.)enjoyed Religious Life Night in Chicago.

We were proud to hear our MSC sister, Joan McGlinchey (Vicar for Consecrated Life in the Archdiocese of



Sr. Joan McGlinchey, MSC expresses her gratitude for the generous ministry of each religious community.

Chicago), express her heartfelt gratitude for the generous ministry of each religious community, especially in our current immigration wave crisis. Additionally, we learned about three new religious communities established in Chicago over the past three years. It was an exceptional occasion, and we felt privileged to be a part of it!

~ submitted by Sr. Laura Baldini, MSC

One Minute Meditation

Prayer is that dynamic, life-giving relationship with God by which we grow deep in God's Word, strong in God's grace, and free in God's love to dream with God the unimaginable. God delights in creation and loves each of us with a personal love. Prayer is God's desire to breathe in me, to be the spirit of my life, to draw me into the fullness of life. When I pray – when I breathe with God – I become part of the intimacy of God's life.

~ Sr. Ilia Delio, OSF, PhD - Ten Evenings with God

Cabrini of Westchester's 50th Anniversary Celebration was a Great Success!





Cabrini of Westchester President and CEO, Patricia Krasnausky (I.) congratulates the honorees from left: Michael P. Hoffman, Sr. Arlene Van Dusen, MSC, His Eminence Timothy Cardinal Dolan, Sr. Catherine Garry, MSC and Chairman of Cabrini of Westchester's Board of Trustees James Migliore.

This year's honorees included His Eminence
Timothy Cardinal Dolan, Michael P. Hoffman,
Founder of Changing Our World and former Cabrini
Eldercare Trustee, and Missionary Sisters of the
Sacred Heart: Sisters Arlene Van Dusen and
Catherine Garry, both Cabrini of Westchester
trustees. The honorees were chosen because they
reflect the values that Cabrini of Westchester as an
organization cherishes: compassion, excellence,
commitment and service.

Attendees were delighted to dine under a myriad of twinkle lights and stars projected throughout the room, which reflected the theme. Beautiful coasters with constellations were given to all who attended. Cabrini of Westchester recognized several deserving honorees at its 25th Annual Sharing in Mission Dinner, celebrating the 50th Anniversary of St. Cabrini Nursing Home. The theme for the event, which was held on May 25, 2023 at the beautiful Tappan Hill Estates in Tarrytown, NY, was "An Evening Under the Stars."



other's company are L-R: Sr. Amarech Lefamo, MSC, Sr. Therese Merandi, MSC and Sr. Damien Ciminera, MSC.

We are truly grateful to the honorees, sponsors, donors and the 2023 Sharing in Mission Dinner Event Committee for making the evening such a wonderful success. *Continued on next page...*

Cabrini of Westchester's 50th Anniversary Celebration was a Great Success!





Sisters Arlene Van Dusen (I.) and Catherine Garry (r.) embrace the theme of the evening while toasting with Sr. Alfonsina Gomes, Patricia Krasnausky and Sr. Romualda Molon.

Thanks to the efforts of so many, the event raised approximately \$300,000 to benefit Cabrini of Westchester!

28th World Youth Day in Lisbon



Young people from around the world will be gathering in Lisbon, Portugal on August 1 – 6 for the 28th World Youth Day. "Mary arose and went with haste," is the

scriptural theme for this event, which is expected to bring together hundreds of thousands of pilgrims.

World Youth Day is a pilgrimage, a celebration of youth, an expression of the universal church, and a moment of evangelization. Many members of religious communities will be present including at a vocation fair that is built into the event. The official website for World Youth Day is www.lisboa2023.org Learn more about the U.S. presence at World Youth Day at nrvc.net.

Cabrini University – Wolfington Center

CABRINI UNITERSITY WOLFINGTON CENTER 20TH

ANNIVERSARY CELEBRATION

SATURDAY, JUNE 3RD









◆ CABRINI UNIVERSITY | 4:00 MASS (CHAPEL), 5:00 RECEPTION (MANSION) ◆

Celebrate 20 years of faith, service, and advocacy supported by Cabrini University's Wolfington Center!

This is a chance to come together with current and past faculty and staff, community partners, students, alumni, and friends to look back on the community built around the Wolfington Center, and to look ahead at the future of civic engagement at Cabrini.

PROGRAM

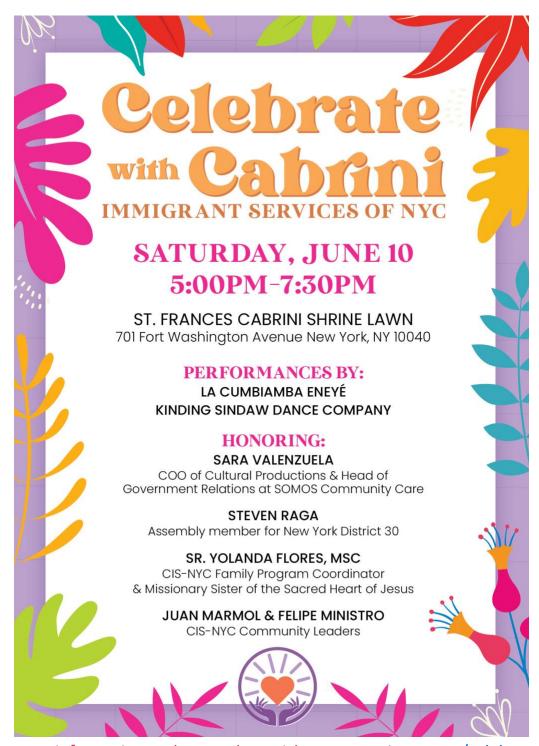
4:00pm Mass, Chapel 5:00pm Reception, Mansion

Join us in the Mansion for a short presentation and toasts by faculty, staff, and alums. Families welcome!





Scan the QR code to RSVP!



For more information and to purchase tickets: www.cis-nyc.org/celebrate

Time to Play Ball!



JOIN US!

Missionary Sisters of the Sacred Heart of Jesus and

Cabrini Mission Foundation

Staten Island's FerryHawks Stadium.

SPECIAL FIREWORKS DISPLAY TO BE SHOWN

Date: Saturday, August 5th, 2023

Time: 6:30 p.m.

Where: Staten Island University Hospital

Community Park,

75 Richmond Terrace, Staten Island, NY 10301 (Easy to get to by ferry, car, train or bus)

MORE DETAILS TO FOLLOW SOON

Prayer Requests

Katie Doherty

Your prayers are requested for Katie Doherty, the daughter of Cabrini (College) University alumna Rebecca Ralston Doherty, Class of 1971, and her husband, Dan. Katie is experiencing some serious health concerns at this time. She and her parents would be most grateful for our prayerful accompaniment.

Hugh Hutchison

Please keep Hugh Hutchison and his health in your prayers. Pray that all will be well.

Special Intention

Please continue your prayers for a family in crisis. Pray that they may receive the peace, healing, and support that they need at this time.



Sr. Arlene Van Dusen, MSC

Your prayers are asked for Sr. Arlene who will be having knee surgery next week. Pray that all goes well with her procedure and that her recovery will be swift and uneventful.

Annette Zeigler

Please keep Annette Ziegler, who had surgery this past Tuesday, in your prayers. She is the sister of JoAnn Seaman from the Mother Cabrini Shrine in Golden, Colorado. We pray for Annette's healing and for favorable test results.

In Loving Memory

Libera (Beba) Prigol

Your prayers are requested for Libera (Beba) Prigol, the niece of Sr. Bridget Zanin, MSC, who went home to God on Sunday, May 28th, unexpectedly after a brief illness. Let us pray for Libera, Sr. Bridget, and their family during this sad and difficult time.