



MISSIONARY SISTERS
of the SACRED HEART of JESUS
Bringing Christ's love to the world

THE UPDATE

February 9, 2023

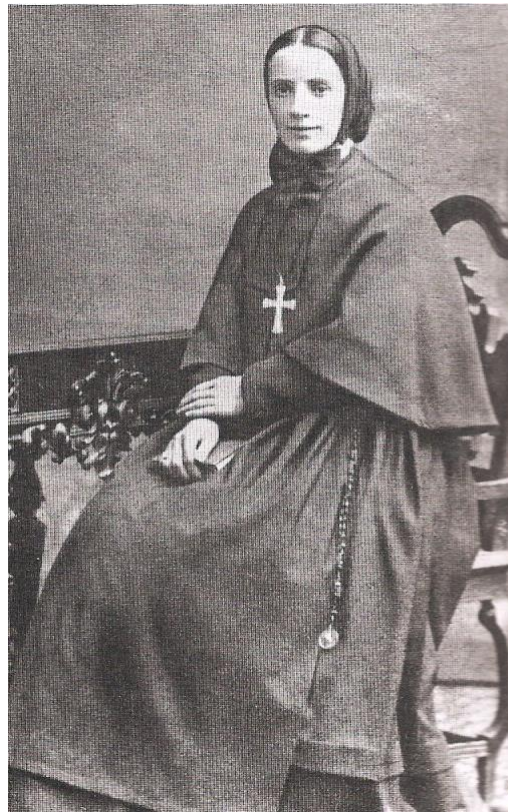
Mother Cabrini to be Inducted into the Colorado Women's Hall of Fame

~ by Denver Catholic Staff as seen on Mother Cabrini Shrine website

On March 15, 2023, St. Frances Xavier Cabrini will be inducted into the Colorado Women's Hall of Fame in a formal induction ceremony and celebration at the Sheraton Downtown Denver Hotel.

Mother Cabrini is receiving this prestigious award for her outstanding accomplishments as a champion of immigrants, children, and the poor. She was nominated by the Dante Alighieri Society of Denver, a non-profit organization which promotes the Italian language and culture.

Mother Cabrini has a special connection to Colorado, as she established the first Mount Carmel elementary school for the children of Italian immigrants in 1902. She was one of the leaders who raised funds to rebuild the Our Lady of Mount Carmel Church building that is standing today, after the original structure was destroyed by fire. She also established an orphanage in 1904 and a summer camp for orphan girls in Golden in 1910 on the grounds of what is now the Mother Cabrini Shrine.



To visit the Mother Cabrini Shrine website please click [here](#)

Tickets to the Gala are available at cogreatwomen.org

Francis urges divided South Sudan Christians to embrace nonviolence

*South Sudan's future 'cannot lie in refugee camps,' pope says
~ by Christopher White, Vatican Correspondent*

JUBA, SOUTH SUDAN: Pope Francis on February 4 urged South Sudan's diverse Christian community not to be overcome by ethnic or tribal conflicts that have defined the young nation's early history, but to see their shared faith as a means of building a lasting peace.

“Those who claim to be believers should have nothing more to do with a culture based on the spirit of vengeance, said the pope, encouraging more than 50,000 people gathered in the nation's capital to commit to “spreading Jesus's way of non-violence.”

The Gospel, he said, “contradicts every tribal understanding of religion.”



Pope Francis greets an internally displaced young woman during a meeting with internally displaced people at Freedom Hall in Juba, South Sudan. Also pictured are Rev. Iain Greenshields (l.) moderator of the Presbyterian Church of Scotland and Anglican Archbishop Justin Welby (r.) (CNS/Paul Haring)

At a joint appearance at the presidential palace on February 3, Francis and the ecumenical leaders who have been intensely involved in holding together the country's fragile peace agreement issued a stern warning to the country's political leaders that history would judge them if they fail to work together and bring about peace.

As they gathered here on February 4, Francis offered a similar message to all the country's Christians, reminding them it was Jesus' “heartfelt prayer” that all believers may be one.

What Jesus teaches us is clear: we are to love everyone, since everyone is loved as a child of our common Father in heaven,” the pope said. “The love of Christians is not only for those close to us, but for everyone, for in Jesus each person is our neighbor, our brother or sister – even our enemies.”

Some participants walked 93 miles over nine days to be here for the pope’s visit. Others, who live within the capital, spoke of the long hours it took them to reach the event by foot, given the city’s lack of roads and infrastructure. Even so, at the



Nuns react as Pope Francis arrives for a meeting in St. Theresa Cathedral in Juba, South Sudan. (CNS/Paul Haring)

joint prayer service, rosary-clutching men and women were seated alongside Anglicans and other Protestant Christians in joined solidarity representing what Archbishop of Canterbury Justin Welby described as the “fellowship of believers”.

To read the entire article please click [here](#)

People in Congo, South Sudan See Hope for Change after Papal Visit

~ by *Elise Ann Allen, CRUX*

ROME – In the wake of Pope Francis’ visit to Africa last week, people in both the Democratic Republic of Congo and South Sudan seemed optimistic that the pontiff’s words and deeds made a real difference in inspiring change, even if perceiving the concrete results will take time.

Speaking to *CRUX*, Eduardo Burgueno, a family doctor who has been working in the DRC capital of Kinshasha for 15 years, alluded to the mass poverty and the bleak conditions facing many of his patients, including some who come from the conflict-ridden east, and the corruption that enables it to continue, saying the pope’s words shed light on a forgotten problem.

Pope Francis’ willingness “to speak, strongly, on the real and main problems of these people, is like intravenous epinephrine for a patient in anaphylaxis,” the doctor said,

referring to the use of adrenaline to jolt someone out of a severe and life-threatening allergy.



People participate in an ecumenical prayer service attended by Pope Francis in Juba, South Sudan. (CNS/Paul Haring)

“Definitely yes, his words have made a difference. There is no way to push back. Every social actor in DRC is highly sensibilized from now on,” Burgueno said.

Burgueno said the pope’s message to politicians and international actors on corruption and exploitation within the DRC and the

rest of Africa had a resounding effect, because people “don’t trust politicians. Me neither.”

People of goodwill in positions of leadership “don’t abound,” he said, noting that the DRC is set to hold national elections at the end of the year, and a good relationship between the people and their leaders is key to moving forward.

The people, Burgueno said, don’t hold on to anger, but rather “want to grow, to construct their lives. The credibility of the Church is crucial for this impact. If all are coherent in their lives, the Democratic Republic of Congo will radiate peace in all Central Africa.”

The pope has confirmed us in hope, service and joy. He has been sent by God to us. We are not naïve. We trust in Him,” Burgueno said.

To read the entire article please click [here](#)

Interesting St. Cabrini Information from Maria Williams, Cabrini Scholar



I have just discovered an out of out-of-print English edition of the *Travels of Mother Cabrini* is now available for free online *Internet Archive*:

[Travels of Mother Frances Xavier Cabrini : foundress of the Missionary Sisters of the Sacred Heart of Jesus : Frances Xavier Cabrini : Free Download, Borrow, and Streaming : Internet Archive](#)

This edition was published in the United States in 1944. It was translated in England and first published there in 1925. It contains 17 long letters written by Mother Cabrini between 1890 and 1912, when she was travelling. They contain descriptions of the lands she passed through and her ocean crossings, advice to Sisters and students and her love of the Sacred Heart of Jesus.

In Memoria della Rev.ma Madre Francesca Saverio Cabrini is a 500-page, multi-lingual collection of condolences, testimonies and obituaries, collected by the Sisters following Mother Cabrini's death in 1917, and published in 1919. Contributors include, members of the hierarchy, local priests, leading Jesuits, the press, former students, lay collaborators and representatives of the civil authorities. Most are in both English and Italian, with some in Spanish, Portuguese, and French. It can be found here:

[In memoria della Rev.ma Madre Francesca Saverio Cabrini : fondatrice e superiora generale delle Missionarie del S. Cuore di Gesù ; volata al Cielo in Chicago il 22 Dicembre 1917 : Missionary Sisters of the Sacred Heart : Free Download, Borrow, and Streaming : Internet Archive](#)

Love and best wishes to all who know me,
Maria Williams, Ph.D.



Come to hear from Cabrini students about
their immigration stories

DAY FEB. 9	TIME 6:30PM	IADAROLA LECTURE HALL
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Hosted by
Cabrini University's Catholic Relief Services Chapter

Learn about our global community from Cabrini students who have immigrated to the United States from countries around the world. Panelists will share their stories of migration followed by audience Q&A.

Pizza and drinks will be served.

Questions? Email CRS Ambassadors President, Puja Neopaney pn10073@cabrini.edu, or Ray Ward rew68@cabrini.edu.

Prayer Requests

First Responders to Earthquake

We pray for and give thanks for all those who have so courageously traveled to Syria and Turkey to undertake rescue operations and bring humanitarian aid medical care to those affected by the recent earthquake in these countries. Bless their selflessness and courage. May all remain safe as they work in the harsh and dangerous conditions existing there.

Nicole Giacche

Anita Catalanotto, a staff member at Cabrini University, asks for prayers for Nicole Giacche, who earned her Master's degree from Cabrini. Nicole battled cancer a couple of years ago. She is currently in the hospital and would be grateful for our prayers.

Jim Holman

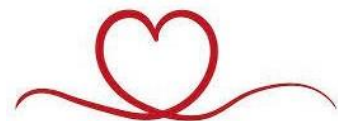
Kindly unite in prayer for Jim Holman who was seriously injured in a recent pedestrian accident and was hospitalized. Please pray for his strength as he recovers and for his wife and daughters as they accompany him at this time.

In Loving Memory

Earthquake Victims in Syria and Turkey

Let us join with the world community in praying for the victims of the recent earthquake in Syria and Turkey. Echoing the prayers of Pope Francis, *"With emotion I pray for them, and express my closeness to these peoples, to the families of the victims and to all those who are suffering from this devastating calamity."*

Feast of St. Valentine



The historical record on St. Valentine is sparse. The first St. Valentine was a priest and a physician in Rome. He, along with St. Marius and his family, comforted the martyrs during the persecution of Emperor Claudius II, the Goth. He died on February 14th. His relics were transferred to the Church of Saint Praxedes near the Basilica of St. Mary Major, where they remain today. On Valentine's Day and each day, never forget Jesus said, "This is my commandment: love one another as I have loved you. There is no greater love than this: to lay down one's life for one's friends" (Jn 15:12-13).

