



April 29, 2021

Religious Congregations ‘Walk the Talk’ of Earth Day

~ by Chris Herlinger, *Global Sisters Report*

Catholic sisters have long led the way in caring for creation and promoting environmental awareness through [ecological centers](#), commitments to reducing their [carbon footprint](#) and pressuring corporations to [address issues](#) of climate change and pollution.

"The religious are doing many things and we are still trying to encourage more public witness about these efforts," said Sr. Sheila Kinsey, who heads the effort. Kinsey, a member of the Franciscan Sisters, Daughters of the Sacred Hearts of Jesus and Mary, also known as the [Wheaton Franciscans](#), notes that while Earth Day (April 22, also known as [International Mother Earth Day](#) by the United Nations) observances are helpful to raise awareness, "we're concerned about the planet 365 days of the year."



Restoring the Earth "is a process, not an event," she said in a recent interview with *Global Sisters Report*. "You can't do that in one day."

Kinsey noted that the U.S.-based Leadership Conference of Women Religious (LCWR) has been "actively promoting involvement" in *Sowing Hope for the Planet*.

Now the effort has an even larger role in supporting the *Laudato Si'* Action Platform which invites seven groups on what the campaign calls a seven-year journey to take action "towards integral ecology."

The seven groups are families; dioceses and parishes; schools; universities; hospitals and healthcare centers; businesses and farms; religious orders and provinces. The Vatican's Dicastery for Promoting Integral Human Development is providing the leadership for this platform.

The goals of the platform are wide-reaching and include a "response to the cry of the earth," calling for "greater use of clean renewable energy and reducing fossil fuels in order to achieve carbon neutrality and efforts to protect and promote biodiversity."

Kinsey is hopeful about the long-term chances of humanity turning things around for the Earth, but, emphasizes that time is of the essence.

"We have to do this, we have to join together. We really want to make a change. And we can. We can. We feel the Spirit is alive in this work." To read the complete article please click [here](#)

Overcoming Isolation Through Art and Storytelling

What an exciting day April 22nd turned out to be for Cabrini of Westchester. On that day, Deborah Mosley, a trained storyteller, Ellen Tessitore, a certified NY State Teacher and Lorraine Campanelli, Director of Cabrini



Immigrant Services (CIS), Dobbs Ferry, NY

Presenting via Zoom at a national conference are from left: Lorraine Campanelli, Director of Cabrini Immigrant Services, Dobbs Ferry, NY; teacher Ellen Tessitore; and trained storyteller Deborah Mosley.

presented a workshop at a national conference. The workshop, 'Intergenerational, Intercultural Art and Storytelling for Healing Depression, Anxiety and Isolation,' was presented virtually for the Expressive Therapies Summit 2021.

In 2019, prior to COVID, Deborah, Ellen, Dr. Paulette Sansone, our Grant Writer, and Lorraine submitted a proposal to the Expressive Arts Summit about a program that they created. The program, 'Expressive Arts: Improving the Well-Being of Adult Immigrants and Elderly Nursing Home Residents,' was being held twice a month and involved some nursing home residents and some of our CIS clients. The proposal was accepted and we were going to be off to Los Angeles in April 2020!

Due to COVID, the program was postponed for one year. One year later, traveling and being in groups was still not permitted, so it was decided that the program would be held virtually. Debbie, Ellen and Lorraine presented a 3-hour workshop via Zoom. Lorraine discussed the need to reduce depression, anxiety and loneliness in both populations. We then spoke about how we started the program at the nursing home and how the program was designed. We wanted those in attendance to experience the actual program which involves a story, discussion and an art project based on the story. Deborah told the participants the story, The Name Jar by Yangsook Choi. There was a discussion about the book and how it affected each person.



The quilt created by Cabrini of Westchester residents and Cabrini Immigrant Services clients is proudly displayed in the Rose Room at the nursing home.

Ellen had the participants create their own banners. Using different materials (the list of needed materials was sent prior to the workshop), each participant created 3 squares. One square had their name, one had something that describes them and the third square showed something that they are interested in doing.

The participants were wonderful! They not only added to the discussion about the story, they also shared their art work and why they chose certain symbols, etc.

We shared a picture of the quilt that was created by the residents and CIS clients who attend our program. Everyone loved the quilt and felt it was a great way for people to express themselves. The quilt is displayed in the Rose Room at the nursing home.

It was a beautiful experience. We all felt so honored to have been chosen to present at a national conference. We were asked to share our email addresses because the people wanted to stay in touch and have us help them as many wanted to recreate the program.

~ submitted by: Lorraine Campanelli, Director, CIS

PUBLICATION NOTICE

Due to scheduling in the Guadalupe Province Communications Office,
The Update **will not** be published next week – Thursday, May 6th.

The Update will return on Thursday, May 13th.

Kindly email all submissions by noon on Wednesday, May 12th.
Thank you.

Prayer requests are always welcome at cabrininews@mothercabrini.org

Human Trafficking Awareness Walk at Cabrini University

We are very proud of and grateful for the students of Cabrini University's ECG 200, Voices for the Voiceless class. They helped organize a Human Trafficking Awareness walk at Cabrini University on April 26 and had "stations" where they shared much info on Human Trafficking. Guilherme "G" Lopes, Campus



Cabrini University students listen attentively as fellow students explain aspects of human trafficking during a Trafficking Awareness Walk on campus.

Ministry, gave the reflection and closing prayer by Sr. Veronica Piccone, MSC. The entire Cabrini U. men's and women's lacrosse teams, as well as, field hockey team members were in attendance and were joined by many other students and staff from the University community.



Photo above and photo below: Each of the "station speakers" offered a different insight about trafficking and the various forms it can take.

The "station speakers" reported that they have learned so much about Human Trafficking from this class and that their efforts will not end when they graduate! They will continue to be part of ending human trafficking. What wonderful examples they are of Cabrini University's theme, "Live with Purpose"!



~ submitted by Cabrini Action and Advocacy Coalition of the Missionary Sisters of the Sacred Heart of Jesus, and ECG 200 Voice for Voiceless-Anti-Human Trafficking Class



Human Trafficking Awareness Walk at Cabrini University

Those who attended the Trafficking Awareness Walk engaged with student “station speakers” who presented the different faces of trafficking:

What is Human Trafficking?

Human trafficking is a form of modern-day slavery, in which people are controlled and exploited for profit. Perpetrators use force, fraud, and/or coercion to manipulate and establish control over individuals.

Types of Trafficking:

Various forms of trafficking exist around the world, including forced labor, sex trafficking, child labor, forced marriage, and child soldiers.

Statistics:

In 2019, 11,500 situations of human trafficking were reported to the U.S. National Human Trafficking Hotline. These situations involved 22,326 individual survivors; nearly 4,384 traffickers and 1,912 suspicious businesses. Human trafficking is very much under reported. Shocking as these numbers are, they are likely only a fraction of the actual problem.

Know the Signs:

Human Trafficking most often occurs in plain sight. Being aware of human trafficking indicators is the first step in making a difference in the lives of those who are suffering.

Impact:

Trafficked persons often have limited access to basic necessities such as safety, food, sleep, hygiene, and medical care.

Get Involved:

Learn everything you can about human trafficking and share that info with your friends, neighbors, family members; donate to organization’s (such as the Cabrini Closet – located in the Cottage on Cabrini University grounds, Covenant House, The Salvation Army’s Drop in Center, Dawn’s Place) who help trafficked victims & volunteer for them.

If you suspect something report it:

Place the National Human Trafficking Hotline # in your cell phone 1-888-3737-888 and report suspected cases.



Station speakers explained to their classmates that trafficking takes place in seemingly benign locations such as shopping malls. Young people need to be alert to the signs and report them if they suspect something amiss.

Mariachi Music Fills the Air



At the St. Frances X. Cabrini Shrine in New York City, when our regularly scheduled Spanish Mass singer had to go to Mexico for a family emergency, a substitute group of junior mariachi players worked nicely!

The group will return on Saturday, July 17 to provide music for Mother Cabrini's birthday celebration. Perfect!

*~ submitted by Julia Attaway
Executive Director, St. F.X. Cabrini Shrine*

Cabrini

Pen Pals



Philip Deans, (2nd. I.) manager of the Cabrini Apartment and members of their apartment community express their appreciation for the letters of the Cabrini High School students.

During their Juniors' retreat, students at Cabrini High School, New Orleans, wrote notes to the residents of the Cabrini Apartments in N.Y., photos were included with the letters. The residents of the Cabrini Apartments responded with these two photos of appreciation.



Thanks to Sr. Renee Kittelson, MSC and Philip Deans, Manager, of the Cabrini Apartments, for bringing about this Cabrinian correspondence!

Prayer Requests

Jan Buzbee

Please keep Jan, a former staff member at Cabrini University, in your prayers. Jan has been hospitalized and would be grateful for the prayers of the Cabrinian community.

Cabrini University Women's and Men's Lacrosse

Please keep the student athletes of Cabrini University in your prayers as they compete in the final playoffs for the lacrosse championships.

Fr. Christian Carlassare, South Sudan Bishop Elect

Unite in prayer, please, for Fr. Christina Carlassare, an Italian-born Comboni Missionary priest who was shot four times last week and was airlifted to Kenya's capital of Nairobi. His ordination was scheduled to take place on Pentecost Sunday, May 23rd. Please pray that he will fully recover from his injuries.

Cole

Prayers are asked for Cole, an 11 year-old boy who is struggling with obsessive compulsive disorder (OCD). He has musical talent but is unable to overcome his problem of the disorder. His mother is requesting prayers for him.

Coronavirus patients in India

We pray for all those in India who are ill with the coronavirus and who are unable to access adequate medical care. May God comfort them and ease their suffering.

Jokasha

A volunteer tutor at Cabrini Immigrant Services in Dobbs Ferry, NY, asks your prayers for her sister, Jokasha, who will be undergoing surgery in the near future.

Michael Oliva

Please hold Michael Oliva, the cousin of Michael Tambasco of the Provincial Office, in your prayers. Michael Oliva has been hospitalized for several weeks and has developed pneumonia. His condition is deteriorating. Please pray for his comfort at this time.

Prayers are requested for...

A woman who is suffering with poor circulation of the feet and is requesting our prayers. She is currently undergoing diagnostics regarding the problem.

John Talarico

John Talarico is critically ill having suffered a stroke after an elective procedure. May God speed his recovery and give the family strength in this uncertain time.

In Loving Memory

Sr. Angela Tripi, MSC

It is with heartfelt sympathy that we inform you that our dearest **Sr. Angela Tripi**, 84 years old, of the MSC Community in Via Sicilia, Rome, went home to God on 21 April 2021.

Let us pray for the eternal rest of her soul and may Mother Cabrini's words accompany her on her celestial journey:

*"try to say with the apostle **Quotidie morior** and blessed is this death because it will be followed by the resurrection of your spirit to new life".*