



MISSIONARY SISTERS
of the SACRED HEART of JESUS
Bringing Christ's love to the world

THE UPDATE

October 29, 2020

Welcome Back!

After seven long months, Cabrini of Westchester is able to reunite family members with their loved ones in person! In order to keep the residents safe during the COVID-19 pandemic, very strict guidelines from the New York State Department of Health have been in place since March. Visiting began on Monday, October 26th and it was a joy to witness the smiles and happy tears that were shared.

Each visit is by appointment only and takes place in Cabrini of Westchester's lobby. All visitors must provide a negative COVID test and wear a mask at all times. Even though a six foot social distance is in place between family and residents, the feeling of love is obvious and almost tangible during each visit.

"The hardest part is not being able to give my mom a hug," said Fran Pellegrini, daughter of resident, Louise Carbone. "But, I'm so happy to see her in person. She looks wonderful!"

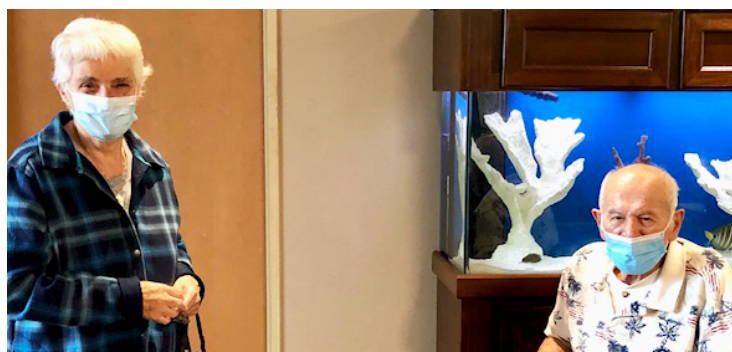


Photo above: Lena Capuano is so happy to be reunited with her husband of 79 years, Sabatino Capuano!!

Photo below: Resident Louise Carbone (r.) is visited by her daughter Frances Pellegrini.



After many months of uncertainty, it is so heart-warming to see happy memories being made once again!

~ submitted by Susan Herveg, Cabrini of Westchester



Photo above: Resident Sal Ciafone and his bride, Angela, were all smiles during their visit.

A Special Time for Moms

It would certainly be an understatement to say that this year has been rough. So many of our [Cabrini Immigrant Services] Moms had to learn how to do on-line learning so their children could attend school. Now, the children are on hybrid schedules so our Moms are making sure the children are at the bus stop on time, get on their computers for on-line learning, etc. etc.

Cabrini Immigrant Services (CIS) has invited a small group of our Moms to come, relax and enjoy each other's company. One Mom said, "It is nice to have a place to just breathe."



After many months apart due to COVID, the Moms group at Cabrini Immigrant Services in Dobbs Ferry, NY, enjoyed getting together for conversation, artistic expression and good food!

Kimberly

Lara, a social work intern from Mercy College, leads the group. They talk about what is happening with their children, the concerns about COVID, school, etc.



This week, when they met, they painted a picture. Kimberly asked them to think about something that was important to them or something that gives them joy. Many spoke about the importance of family, having a home and also the beautiful views of the Fall foliage that we have in Dobbs Ferry, New York.

There was a lot of laughter while they were painting. In addition, they enjoyed some arroz con leche and fried plantains, made by one of our Moms. We are so happy to be able to offer them a place to come where they can relax, even if it is for a short time.

~ submitted by Lorraine Campanelli, Director, Cabrini Immigrant Services, Dobbs Ferry, NY

One Minute Meditation

There is something about simply sitting still, quietly attentive to your breathing, that tends to evoke less agitated, less thought-driven modes of meditative awareness. When this shift embodies a sincere desire for God, a new capacity to realize oneness with God begins to emerge.

By these simple acts we are taken to a deeper place.

~ James Finley, Christian Meditation

Faith Leaders Working to Ensure That Every Vote Counts

~ by Christopher White, National Catholic Reporter



At a time when some voters are waiting more than 10 hours to cast their ballots, more than 1,000 faith leaders have signed an open letter calling for a “fair and free election.”

“America is only as strong as its people’s commitment to our democracy and the freedoms and rights it ensures,” states the letter, which was released on October 27 by a range of clergy leaders, religious activists and scholars, including Catholics.

The letter enumerates four areas of concern: ensuring free and fair elections for all Americans; the counting of every valid vote before the election is decided; a commitment of leaders to share relevant information to avoid spreading misinformation; and a peaceful transition of power.

More than 100 Catholics signed the letter including Missionaries of Jesus Sr. Norma Pimentel, Social Justice Sr. Simone Campbell and Jesuit Fr. James Martin.

Stephen Schneck, Executive Director of the Franciscan Action Network, believes that leadership from the faith community ahead of the election makes perfect sense as “there’s a special onus on Christians to engage in political life with an effort at maintaining peace and order.”

For that reason, over the last year, a diverse coalition consisting of religious sisters, African American clergy, legal scholars and practitioners, community activists and a network of field workers have united with a shared purpose: protecting the right to vote for all – and the ensuing results. Their tactics are both spiritual and practical.

One of the biggest champions for faith leaders leading to protect the vote and ensure nonviolence at both the polls and after the election has been Chris Crawford, who has led faith outreach for the [National Task Force on Election Crises](#) a cross- partisan group of experts on election security and promoting free and fair elections.

“When you involve faith communities in an effort, they just have more reach than really any other piece of our civil society,” he told the National Catholic Reporter, adding that, “you can’t do anything really effectively in our public life without engaging our faith communities.”

“All of our freedoms, including our religious freedom, depend on free and fair elections,” Crawford said. “Every individual person matters, and in that sense, in the United States, you have a right to vote. You have a voice.” To read the complete article click [here](#)

“Our goal is to offer a message of steadfastness, calm and faith in our democratic systems.”

~ Sinsinawa Dominican
Sr. Quincy Howard

Nuns on the Bus Ends First Virtual Tour

~ by Dan Stockman. *Global Sisters Report*

The monthlong Nuns on the Bus tour is over, and Social Service Sr. Simone Campbell doesn't even have to unpack – the seventh tour, sponsored by Network, a Catholic social justice lobby, had to take place entirely online because of the coronavirus pandemic.



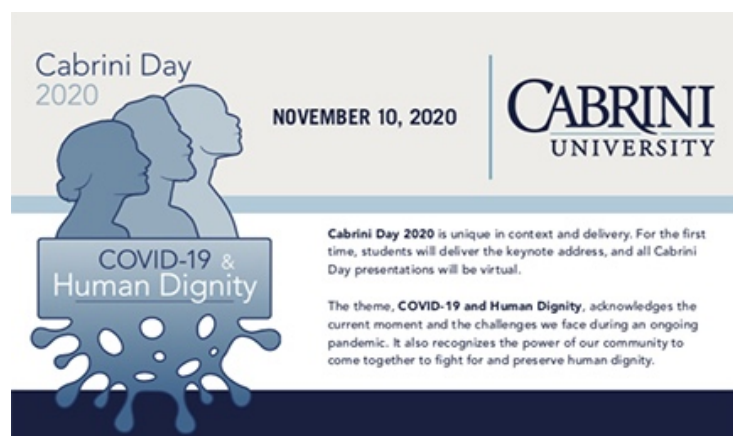
The tour emphasized that who Americans vote for matters and the importance of being a multi-issue voter, a message highlighted by Erin Gabriel, the Director of Advocacy for Little Lobbyists and state chapter leader of Little Lobbyists of Pennsylvania, which lobby for children with complex medical needs.

One of those children is Gabriel's daughter, who has autism and several other medical issues and who, without the Affordable Care Act, "would be uninsurable," Gabriel said.

"When I vote, I'm looking at more than one issue. I'm looking at how we act with justice in health care and disability rights. I'm looking at how we care for and love all our children, including – or perhaps, especially – our most vulnerable families as they are crossing the border to seek a better life," she said. "And, I am looking at how we are serving one another, because when you have a surplus, you don't build a bigger wall. You build a longer table."

Randi Weingarten, President of the American Federation of Teachers and the wife of a Jewish rabbi, echoed Gabriel's sentiments. "We must fight for the dignity of all, and particularly for those who are most vulnerable. This is what our faiths teach us."

Over the course of the virtual tour, there were five rallies, 28 town halls, 25 site visits and five "dialogues across geographic divides," which organizers brought together people from rural and urban areas to find their commonalities." To read the entire article click [here](#)



Cabrini Day 2020

To learn more,
please visit
cabrini.edu/cabriniday



Cabrini University is pleased to announce the virtual showing of



Human Trafficking Awareness Award-Winning Documentary
FREE Movie Event

Sponsored by:

The Barbara and John Jordan Center for Children of Trauma and Domestic Violence Education
Cabrini Action and Advocacy Coalition and ECG200 Voice Voiceless Anti Human Trafficking Class

Wednesday, November 18 – 6:30 pm
Virtual ZOOM Event

“California’s Forgotten Children’ is a feature documentary about child sex trafficking. The film recounts the true stories of girls and boys who were commercially sexually exploited in California and are now survivors and courageous leaders fighting for the rights of victims worldwide.”

Join us and bring a friend!

We will be accepting e-gift card donations

To send an e-gift card please contact Karol Brewer at cabriniformation@mothercabrini.org
or call: 610-902-1038

Questions about the event?

Call the Barbara and John Jordan Center – 610-902-8466

Email: jordancenter@cabrini.edu

Thank you for your consideration,
Colleen Lelli, Cindy Ross and Karol Brewer

From the Guadalupe Province Vocation Team...



National Vocation Awareness Week, celebrated **November 1-7, 2020** is an annual week-long celebration of the Catholic Church in the United States dedicated to promote vocations to the priesthood, diaconate and consecrated life through prayer and education, and to renew our prayers and support for those who are considering one of these particular vocations.

NRVC Virtual Convocation Dates

The NRVC Convocation begins on **October 28** and **ends at noon on October 31**. On most days, virtual sessions will be offered from 10:00 a.m. – 1:00 p.m. and 3:00 – 6:00 p.m. (Central time).

The NRVC In collaboration with its members and strategic partners, the National Religious Vocation Conference's biennial Convocation helps NRVC fulfill its mission--to support vocation ministry and religious life through professional development, advocacy, education, resources, and networking opportunities--by featuring keynote presentations, communal prayer, and networking with all those who support vocations. **Prior registration is required.**

2020 Virtual Convocation events

- INSPIRING KEYNOTE SESSIONS on the theme *2020 VISION: Focus on Hope*
- FEATURED SPEAKERS, including Fr. Linh Hoang, O.F.M., Ph.D.; Fr. Dave Kelly, C.PP.S., D. Min.; and Sr. Addie Lorraine Walker, S.S.N.D., Ph.D.

To learn more about the NRVC Convocation click [here](#)

November 13th is Mother Cabrini's Feast Day

Please join with us
in praying the
Novena to Mother Cabrini.
In these uncertain times,
she will be a powerful intercessor
for us.
To access the novena,
click [here](#)



Prayer Requests

Through the Leadership Conference of Women Religious (LCWR) the Missionary Sisters received the following request to pray for peace during the upcoming election:

Dear Sisters [and friends],

With the recent increase of protests and violence in our country, a need for peace is emerging for the remaining days before election day. This is an invitation to join the School Sisters of Notre Dame in a **collaborative day of prayer on November 3**. We believe there is an urgent need in our country as the political discourse continues to incite and divide us. With your congregation [and lay collaborators] we would like to promote unity, through prayer, for peace on Election Day.

Please choose an hour on November 3 for your congregation to pray specifically for peace in our country, for the safety of all poll workers and the safety of those who are voting on that day.



Sr. Debra M. Sciano, SSND Sr. Charmaine Krohe, SSND

Therefore, the MSCs invite our Cabrini Lay Missionaries (CLMs), Cabrini Companions, lay collaborators, board members and friends to select an hour of election day to devote to prayer for peace. Thank you for joining with us and the School Sisters of Notre Dame in this prayerful initiative.

Sherry Becht

Ongoing prayers are requested for the recovery of Sherry Becht, a former staff member at Cabrini University, as she recuperates from knee replacement surgery and shoulder replacement surgery. Please pray that her recovery will be swift and uncomplicated.

Cabrini High School, New Orleans and Residents of the Gulf Coast

Our prayers are with the administration, faculty, staff and students of Cabrini High School as Hurricane Zeta has brought high winds and flooding to the Gulf Coast. This is the fifth major storm to hit this region this hurricane season. Please pray that all are safe.

Carolyn Downing Morgan

Kindly unite in prayer for Carolyn Morgan, Cabrini (College) University Class of 1969 who will be undergoing some diagnostic testing next week. Carolyn is also scheduled for surgery on November 17th. Please keep her in your prayers that all procedures will go well and that she will have a swift and uneventful recovery. Carolyn would be grateful for our prayerful accompaniment.

Shiv Patel

Please pray for Shiv Patel, the fiancée of Abbey Machioa, a Cabrini University student. Mr. Patel will be undergoing surgery, and beginning a second round of chemotherapy on November 2nd. Please pray for a successful surgery and a return to full health. This engaged couple would be very grateful for our prayers.

In Loving Memory

Sr. Valeriana Coelho

Kindly pray for the repose of the soul of Sr. Valeriana, the sister of Sr. Francisca Coelho, MSC (part of the International Novitiate community) who went home to God on October 24th. Sr. Valeriana was a member of another religious community. Let us remember her family and religious community as they mourn her passing.

