



MISSIONARY SISTERS
of the SACRED HEART of JESUS
Bringing Christ's love to the world

THE UPDATE

December 12, 2019

O Holy Night



*A thrill of hope, the weary world rejoices,
for yonder breaks a new and glorious morn.
Fall on your knees! Oh, hear the angel voices!
Truly he taught us to love one another, his law is love
And his Gospel is peace.*

O night divine, when Christ was born.

Today is the Feast of Our Lady of Guadalupe

On a December morning in 1531, the Virgin Mary appeared in Mexico to Juan Diego, an indigenous Mexican farmer. During that first sacred encounter and in several more apparitions over the next few days, Mary spoke to Juan Diego in his native, Aztec language and asked him to build a church. She instructed him to bring roses to the bishop, and when he opened his cloak to drop the flowers before the bishop's feet, all those present were stunned to see Our Lady's image painted on his cloak.

Why did Mary appear to Juan Diego rather than to the bishop himself or someone else who was more powerful? Mary's action is a sign of solidarity with those who might not be considered the most prestigious or powerful by society's standards. She shows that a humble farmer, for example, has important contributions to make.

Beginning in 2016, the United States Conference of Catholic Bishops has named the Feast of Our Lady of Guadalupe a day of prayer and solidarity with immigrants and refugees. As the patron of the Americas, Our Lady of Guadalupe gives us a model for how we, too, might reach out to and welcome those who seek a better life in our land. It is in honor of Our Lady of Guadalupe that our MSC province has been named.

To learn more: https://www.crs.org/resource-center/our-lady-guadalupe-day-prayer-migrants-and-refugees?gclid=CjwKCAiAxMLvBRBNEiwAKhr-nDKX7LQ-QR1n-eWlar-j-4dE2a1a6GRB7ShGUq1YRcWWho1EYseW4-RoCcN8QAvD_BwE
~ Catholic Relief Services



Senator Andrea Stewart-Cousins (2nd L.) was among the many to congratulate Dr. Lucariello (2nd r.). Joining them are Patricia Krasnauskay (L.) President and CEO, Cabrini of Westchester and Board member Peter DiCapua.

A Well Deserved Honor

Ralph Lucariello, MD, long time member and current board chair of Cabrini of Westchester, was honored by the Westchester County Department of Senior Programs & Services by being inducted to the Westchester Senior Hall of Fame Class of 2019. Dr. Lucariello graciously accepted his award along with 70 other individuals on December 6th at a luncheon held at the Westchester Marriott Hotel in Tarrytown, NY.

This admirable award is given in tribute to older

adults who have generously given their time and energy to improve the quality of life in their communities or the county at large.

Dr. Lucariello has always demonstrated a deep commitment to Cabrini of Westchester's residents, clients and staff and has dedicated his time and expertise to ensure high quality outcomes for each of the organization's programs and services. He is truly deserving of this award. ~ submitted by Susan Herceg

Share the Journey: Meet Our Neighbor

In June 2012, the Obama administration established the Deferred Action for Childhood Arrivals program, which provided work authorization and a temporary reprieve from deportation to eligible undocumented young immigrants who had arrived in the U.S. as minors. Hundreds of thousands of youth applied for the program, which required providing extensive evidence of identity, age, residence, education, and good moral character. The program allowed recipients to pursue higher education and to access more and better job opportunities. A new paper from the Center for Migration Studies of New York provides a statistical portrait of DACA recipients and highlights the benefits of the program. It finds that DACA recipients are an extremely diverse group, who are well-rooted in the country and in their local communities through their work, family, education and other ties to the U.S. Specifically, it reports:



- **As of September 30, 2019, there were 652,880 active DACA recipients.**
- **66% of recipients are between the ages of 21 and 30.**
- **The top countries of birth for DACA recipients are Mexico (80%), El Salvador (4%), Guatemala (3%), and Honduras (2%).**
- **DACA recipients reside in all 50 states, Washington, DC, and in U.S. territories.**
- **The top five states with the highest number of DACA recipients are California (29%), Texas (17%), Illinois (5%), New York (4%), and Florida (4%).**
- **81% of DACA recipients have lived in the United States for more than 15 years.**
- **6% are married to U.S. citizens, 4% to lawful permanent residents, and 13% to undocumented immigrants.**
- **346,455 US-born children under the age of 18 have at least one DACA parent.**
- **55% of DACA recipients graduated from high school, 36% have some college education, and 7% a bachelor's degree or higher.**
- **83% are in the labor force, and of this pool 95% are employed.**

The Trump administration rescinded the DACA program in September 2017, leaving recipients and their families in a legal limbo. Federal litigation led to a nationwide preliminary injunction and DACA's partial reinstatement. Existing recipients can renew, but no new applicants have been able to apply. The case is now before the U.S. Supreme Court to determine the program's fate. Daniela Alulema, who wrote the CMS report on DACA, said, "Undocumented young immigrants have grown up, studied, worked, and started families. This report reveals who DACA recipients are – young people who are Americans in every way but legal status."

The paper argues for the passage of legislation that would create a path to citizenship for DACA recipients and programs and policies to support and empower young immigrants. "The only viable course for our nation is to preserve the program and for Congress and the administration to create a path to citizenship for these young Americans," said CMS Executive Director Donald Kerwin.

Read the [CMS Report on DACA](#).

A New Home for Bethany House

To the delight of all, **Bethany House of Hospitality*** has a new home! On December 7, vans, cars, trucks, residents, staff and volunteers were busily engaged.....all part of the challenge of packing, then unpacking belongings from two years and 50 miles away.



Volunteers unload items to be moved into the new Bethany House.

The new residence is owned by the Missionaries of St. Charles (Scalabrinians) and was originally used as their seminary. Their missionary focus for the last 25 years has been to be *migrants with the migrants* and to be in mission with people on the move along with a special priority for the poorest migrants. So, when the Board was searching for a new location closer to the city, the Scalabrinians saw that the mission and purpose of Bethany House was a perfect fit for a building they were no longer using.

Though it was a challenge to move in December, the weather was on their side as the young women and their volunteers, made the move and worked to get the house

initially settled. They have much more yet to do while they continue to focus on finishing their semester's studies.

While their former house in Bartlett was a serene and beautiful setting, it was far from the city of Chicago. The new house is in a better location for transportation to classes and activities. (Staff members are also grateful to have a much shorter commute.) It is hoped that there will also be many more opportunities to engage the nearby community in volunteer activities with the residents using the larger space available. The good news is that resident capacity can double, but that is on hold due to budget constraints. Development and fund raising efforts are just beginning.



One of the first jobs to be tackled when moving into a new house is to get the kitchen organized. Here two of the residents unpack the boxes and stock the cabinets.

~ submitted by Sr. Cathy Fedewa. CSFN, Cabrini Retreat Center

*[Bethany House of Hospitality](#), established in 2017, is sponsored by several local religious congregations, including the Missionary Sisters of the Sacred Heart of Jesus. It provides housing and support services to young immigrant women as they journey to independence.

CABRINI PALLIATIVE AND SUPPORTIVE CARE CELEBRATES 20 YEARS

It takes a special kind of person to care for someone with a life-limiting illness but Louise Taylor and the palliative and supportive care team at Cabrini wouldn't have it any other way.

The Nurse Unit Manager of Palliative Home Care and Nurse Consult has been working at Cabrini for 27 years and was part of the original development of the palliative and supportive care service.

This month marks the 20th anniversary of the service, which has grown to a large integrated service across all Cabrini sites and in the local community, providing more than 800 admissions to Cabrini Prahran, 7000 community visits and more than 1400 visits and appointments across the other Cabrini sites a year.

Ms. Taylor said palliative care provided invaluable care and support for patients with a life-limiting illness.

“Palliative care is about allowing people to have the best quality of life they can have for as long as possible,” she said.



Celebrating 20 years of dedicated nursing care, the palliative and supportive care team at Cabrini Health takes time to celebrate this milestone anniversary.

“There aren't many jobs where you get to come in at that time in a person's life and help them. We assist patients to live well and to die comfortably and peacefully, as well as supporting their families through that process.”

Cabrini Palliative and Supportive Care Director of Nursing Janine Stockley said there were benefits in referring patients early to palliative care.

“This allows patients to access support for complex pain and symptoms, obtain advice on financial and social matters and prepare children and families for the future,” Ms. Stockley said.

“Palliative care is about teamwork and keeping the patient and family at the centre of care. This is integral to the mission of Cabrini,” she said.

Cabrini Chief Executive Michael Walsh said the anniversary was a testament to the staff who operated the service.

“Our Palliative and Supportive Care service has a wonderful reputation in the community and that is because of the staff behind it,” Dr. Walsh said.

“Patient-centred care is at the heart of everything we do and this service epitomizes our commitment to putting patients first and tailoring care to the individual's needs. I am incredibly proud that we have reached this milestone and I am sure the service will continue for another 20 years to come and hopefully many more.” ~ submitted by Samantha Robin, Cabrini Health

Cabrini High School fights Human Trafficking with Dressemer Day

Cabrini High School helped fight human trafficking on Thursday, December 5, 2019 by participating in Dressemer, a national collaborative movement leveraging fashion and creativity to restore dignity to all women. Dressemer uses fashion to advocate for women who have been exploited for their femininity.



Ms. Vivian Coutin, CHS Asst. Principal, (r.) lends a hand to students collecting funds to stop human trafficking.

Dressemer. All money collected will be donated to Eden House, a house for women survivors of human trafficking and commercial sexual exploitation.

Cabrini High School has been participating in Dressemer since 2014. Over the past five years, Cabrini has raised over \$2000 through Dressemer for Eden House. Prior to Dressemer, students were educated on facts about human trafficking and slavery, and prayed as a community to end this horrible crime against humanity.

Following Dressemer, discussions will be held in Religion classes amongst the students, as well in the month of January, which is National Slavery and Human Trafficking Prevention Month. Cabrini will continue to pray for victims of human trafficking. ~ submitted by Katelyn Ehrhardt, Cabrini High School

Founded by Mother Cabrini, the Missionary Sisters of the Sacred Heart of Jesus supports two corporate stances, “To support the rights and dignity of all immigrants” and “To stop human trafficking.” This is the driving force behind Cabrini High School’s efforts to fight human trafficking.

Dressemer is a day to dress and advocate by keeping four important points in mind: dignity, fashion, modesty, and femininity. Students were allowed to pay one dollar to dress up with dignity, modesty, femininity, and their own fashion. These words guide the Cabrini dress guidelines for every occasion.

Throughout the school, Cabrini raised \$230 for



These fashion-forward Cabrini High students help to support anti-human trafficking efforts.

Extending a Warm Welcome to a New Citizen

Cabrini Immigrant Services (CIS), Dobbs Ferry, NY, is so happy to announce that we have another new citizen! Raul Garcia, a native of El Salvador, passed his naturalization test and interview. He has worked very hard with his tutor, Nancy Rodriguez.

Raul, was one of the first students from CIS, to work with a Conversation Partner at St. Cabrini Nursing Home. In addition to a tutor, some of our students met with a resident at the nursing home, to increase their English and also to become more comfortable with conversations in English.

Raul and his wife Alba, are the proud parents of two young children. *Submitted by: Lorraine Campanelli, Director, CIS, Dobbs Ferry*



Congratulations to Raul, who recently passed his naturalization test and to his tutor, Nancy Rodriguez for their hard work and diligent preparation.

Congratulations, Raul. We are so proud of you!

Cabrini Cavs for Life



Cabrini University students from left: Eric Fitzgerald, Andrea Maychak and Christian Jones recently attended the Stand Up for Life Dinner Conference in Philadelphia.

Members of Cabrini University's student organization, CAVS for Life, had the opportunity to network with universities and organizations at the recent annual *Stand Up for Life Dinner Conference* in Philadelphia. Through networking members gained a better understanding of the Pro-Life mission and available resources. CAVS for Life members plan to grow their involvement in area Pro-Life events through the connections made at the dinner conference.

—Andrea Maychak, CAVS for Life, President and with thanks to Anne Schwelm, Cabrini University

Update Publication Schedule

Just a reminder that this is the final edition of The Update for 2019.

The Update will return on Thursday, January 9, 2020.

May you and your loved ones have a joyous Christmas season.

Here's to good news in 2020!

The Province Communications Office

National Migration Week is January 5 - 11

National Migration Week 2020

January 5th – 11th, 2020



Credit: CNS/Bob Rolter

Promoting a Church and a World for All

For nearly a half century, the Catholic Church in the United States has celebrated National Migration Week, which is an opportunity for the Church to reflect on the circumstances confronting migrants, including immigrants, refugees, children, and victims and survivors of human trafficking. The theme for National Migration Week 2020, “Promoting a Church and a World for All” draws attention to the fact that each of our families have a migration story, some recent and others in the distant past. Regardless of where we are and where we came from, we remain part of the human family and are called to live in solidarity with one another.

Unfortunately, in our contemporary culture we often fail to encounter migrants as persons, and instead look at them as unknown others, if we even notice them at all. We do not take the time to engage migrants in a meaningful way, as fellow children of God, but remain aloof to their presence and suspicious or fearful of them. During National Migration Week and beyond, let us all take the opportunity to engage migrants as community

members, neighbors, and friends. For further information: <https://justiceforimmigrants.org/wp-content/uploads/2019/10/Final-NMW-Toolkit-2020.pdf>

One Minute Meditation



As Christmas approaches, we are reminded about some important star-gazers – the Magi – whose close attention to the stars led them to discover God's surprising presence in a newborn child. Their example might help us to discover God's surprising presence in our lives, too. To learn from them, we might ask ourselves some questions. **Where is your new star, the event happening in the midst of your everyday activities that lures you beyond the ordinary? Where is the bright light that draws your attention that catches your eye, that causes you to stop for a moment and wonder? Where are you being drawn?** Their discovery of the star and the journey it led them on would certainly change them. We too will be changed by our desire to discover the divine in our midst. Like the Magi, once we have experienced God's surprising presence in us and around us in the events of our lives, life can never be the same again. We will see the same old things, but in a brand new way. When we wonder, when we illuminate our lives by using scripture, and when we dare to follow our star to find God in our midst, we will be changed forever.

~ Steve Mueller, Words of Grace

CIS-NYC Christmas Celebration

On **December 21st**, Cabrini Immigrant Services of NYC will be holding our annual Christmas Celebration & Gift Distribution. At this event, immigrant families in need enjoy a fun afternoon of food, drinks and games, and the children receive gifts their families would not otherwise be able to provide. ~ submitted by Ella Nimmo

Help us ensure a merry Christmas for all of our families by making a donation at <http://bit.ly/donatecis> or by purchasing a gift from our wish list at <http://tgt.gifts/CIS2019>



Prayer Requests

Bradley

A Cabrini friend asks prayers for her son, Bradley, who is suffering from depression. Please keep him in your prayers.

Immigrants, Migrants and Refugees and those experiencing homelessness

At this time of year when people decorate their homes for Christmas and celebrate with family and friends, let us remember all those who are without homes, native lands, family and friends.

Infant Mia Christine Morris

Robin Larkins and Debbie Larkins Damiano, Cabrini University alumni, request prayers for newborn Mia Christine Morris, the first member of the next generation of their family. Mia was in distress and was delivered a few weeks early on Tuesday, December 10th. She is in the NICU at Chester County Hospital in West Chester, PA. We ask prayers for her progress and for her new parents, Erica and Zac, and new grandparents, Paul and Patty.

Steven Rinaldi

Your prayers are requested for Steven Rinaldi, a 32 year-old father of two, who is on life support. Please pray for this gentleman and his family at this very critical time.

Mary Short

Your prayers are requested for Mary Short, a good friend to the Missionary Sisters in the Philadelphia area. Mary lost her husband last year and recently suffered a terrible fall. She is currently in a skilled nursing facility where she is residing and recuperating. She is in need of our prayers for comfort and reassurance. Please remember Mary as we continue to journey during Advent.



In Loving Memory

Justine Carr, M.D.

Please pray for the repose of the soul of Justine Carr, a well-respected physician in the Boston area. Dr. Carr passed away on December 10th after a long illness. Kindly keep her husband, children, grandchildren, and many friends and colleagues in your prayers.

Nancy Panganiban

Your prayers are asked for the repose of the soul of Nancy Panganiban, family member of Nancy Costello, who passed away on Saturday, December 7th surrounded by her three adult children. The family would be so grateful for the prayers of the Missionary Sisters and the Cabrinian community. May she rest in God's eternal peace.

A Christmas Prayer

When the song of the angels is stilled,
when the star in the sky is gone,
when the kings and princes are home,
when the shepherds are back with the flocks,
then the work of Christmas begins:

To find the lost, to heal those broken in spirit,
to feed the hungry, to release the oppressed,
to rebuild the nations,
to bring peace among all peoples,
to make a little music with the heart,
and to radiate the Light of Christ, every day,
in every way,
in all that we do and in all that we say.
Then, the true work of Christmas begins.

~ adapted from Howard Thurman



*Wishing you the gift of faith,
the blessing of hope and the peace of His love
at Christmas and always.
Merry Christmas!*

The Missionary Sisters of the Sacred Heart of Jesus