



MISSIONARY SISTERS
of the SACRED HEART of JESUS
Bringing Christ's love to the world

THE UPDATE

November 21, 2019

Let us consider often the graces
which constantly surround us
through the immense goodness of God.

~ St. Frances Xavier Cabrini
Travels, September 7, 1899, New York to LeHavre



O Heavenly Father,
We thank you for our food and remember those who are hungry.
We thank you for our health and remember those who are ill.
We thank you for friends and remember those who have no friends.
We thank you for freedom and remember the enslaved.
We thank you for our homes and remember those without shelter or country.
May these remembrances stir our hearts to service
that your gifts to us may be in service to others. Amen.

~ adapted from a prayer by A. VanBuren

A blessed and Happy Thanksgiving!

The Missionary Sisters of the Sacred Heart of Jesus

Response to Migration is a Sign of Character, says Pope Francis

~ by Cindy Wooden, Catholic News Service

Calling migration “one of the principal moral issues” facing humanity today, Pope Francis thanks the government and people of Thailand for the way they’ve welcomed migrants and refugees.

Migration movements around the globe “are one of the defining signs of our time,” the Pope said November 21 during a meeting with government officials, civic leaders and members of the diplomatic corps in Bangkok’s Government House.

Pope Francis urged the international community to “act with responsibility and foresight” to help people live dignified lives in their own homelands and to “promote safe, orderly and regulated migration” for those who see emigrating as the only option for themselves and their families.

“May every nation devise effective means for protecting the dignity and rights of migrants and refugees, who face dangers, uncertainty and exploitation in their quest for freedom and decent life for their families,” he said.

“It is not just about migrants; it is also about the face we want to give to our societies,” Pope Francis insisted.

“Our age is marked by a globalization that is all too often viewed in narrow economic terms, tending to erase the distinguishing features that shape the beauty and soul of our peoples,” he said. “Yet the experience of a unity that respects and makes room for diversity serves as an inspiration and incentive for all those concerned about the kind of world we wish to leave to our children.”



Pope Francis and Thailand’s Prime Minister Prayut Chan-o-cha attend a welcoming ceremony in the courtyard of the Government House in Bangkok. (CNS photo/Paul Haring)



In a room filled with the scent from large bouquets of fresh roses and with a large gold statue of Buddha in the background, Pope Francis sat close to the elderly patriarch, Somdej Phra Maha Muneewong, as they spoke of the need for mutual respect and cooperation in promoting tolerance and peace.

“The culture of encounter is possible, not only within our communities but also in our world, so prone to creating and spreading conflict and exclusion,” the Pope told the patriarch. “When we have the opportunity to appreciate and esteem one another in spite of our differences, we offer a world of hope to the world, which can encourage and support those who increasingly suffer the harmful effects of conflict.”

To read the entire article: <https://www.catholicnews.com/services/englishnews/2019/response-to-migration-is-sign-of-character-pope-says-in-thailand.cfm>



From the Province Vocation Promotion Team...

10 Questions Parents Ask

These days, parents are frequently part of the conversation when a young adult is considering religious life. In the Fall 2019 edition of HORIZON, the journal of National Religious Vocations Conference, here are ideas for responding to the questions that parents ask. We will present 5 questions and answers this week and 5 in our December 5th edition.

1. Are young people entering religious life today?

Yes, a sense of call, service, and prayer continue to attract young people to religious life. Most religious institutes have at least one person who has entered the community recently. Every year in the U.S. over 100 women and men become religious sisters, brothers or priests (fully professed). Similar to the vocation of marriage, 30 is the average age of entrance into religious life. There are more than 1 million nuns, sisters, brothers and priests in the world today.

2. Why are there so many different religious orders?

People have founded religious orders and societies of apostolic life throughout the centuries to focus on particular works of mercy to respond to unmet needs of people who are neglected, abandoned, or marginalized. Among the approximately 2,000 religious orders (or institutes) worldwide and 700 religious institutes in the United States, each has a unique spirituality, mission and charism (spirit) that defines the way members pray, live and serve. Apostolic, cloistered, contemplative, evangelical, missionary and monastic are common forms of consecrated life.

3. Isn't religious life lonely?

When a person has a sense of being where God wants him or her to be, involved in vital ministries, making a difference, doing good, and enjoying diverse and fulfilling friendships, that person is not lonely. Living in community as a vowed celibate opens members to many life-giving experiences including intercultural and intergenerational living. The oldest members in a community model commitment, perseverance and wisdom and are often the biggest advocates and mentors for the newest members.

4. How often will my adult child be home for holidays?

Though each religious community has its own policies, all communities recognize the support of loved ones is crucial for the seminarian or novice as well as vowed members. The amount of communications that an adult child can have with their family might depend on their stage of formation and the particular religious community they join. Families are encouraged to visit. During holiday times, spending time in community is a priority, yet home visits are also possible. Some communities are more restrictive than others, but almost all allow contact with immediate family, especially parents. Be creative. Write an old-fashioned letter!

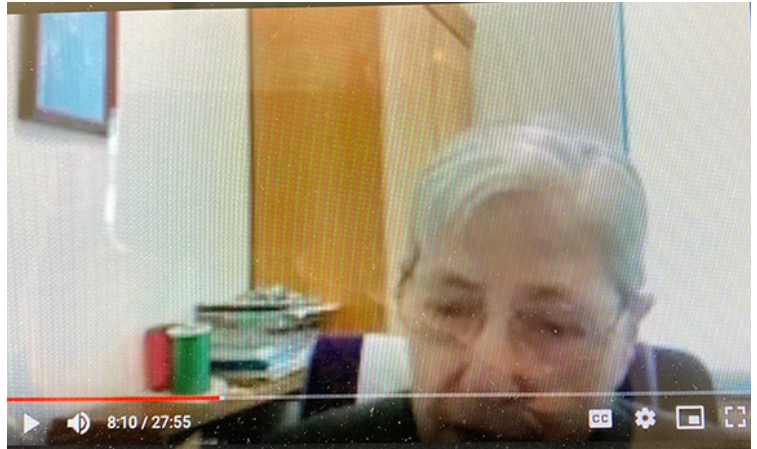
5. Will my adult child use his/her education?

Absolutely! Education is a priority with at least 70% of men and women having college degrees before entering religious life. Men and women religious put their talents and skills to use in the service of others. Who doesn't want that for their child? Many communities foster further development through advanced studies, conferences, retreats and certifications.

Sr. Bridget Zanin, MSC Provides a Feast Day Tutorial

At the invitation of Ms. Barbara Labotka, the Principal of the Cardinal Bernardin Montessori Academy in Chicago, Sr. Bridget Zanin, MSC, the Director of the National Shrine of St. Frances X. Cabrini, addressed the students of the school via a ZOOM conference on the Feast Day of Mother Cabrini.

Ms. Labotka told Sr. Bridget that Mother Cabrini is seen as a fine role model for all students and student leaders. Sr. Bridget spoke about many aspects of Mother Cabrini's works and ministries in Chicago and throughout the world. Her remarks were captured on video. Please see the link below.



Sr. Bridget Zanin, MSC, National Shrine Director, is seen here as she addresses students of the Cardinal Bernardin Montessori Academy via a ZOOM conference call on the Feast Day.

Sr. Bridget adds that her understanding is that Ms. Labotka was going to share the video with the other teachers in the Archdiocese of Chicago.

We are grateful to Sr. Bridget for sharing Mother Cabrini's story with this new generation of students.

Please click here to view Sr. Bridget's presentation:

<https://drive.google.com/file/d/1bhKiD7yXGA0MORXPUD9Y2DjuW1btfp46/view>

An Annual Rite of Blessing

Each year, at Cabrini University the staff and volunteers of Campus Ministry offer the opportunity to students, faculty, staff and administration to have their residence hall rooms, offices and/or classrooms blessed.

This year, MSC candidate Evarlyn Ndunge came to the MSC Cottage to bless the offices and the meeting spaces.

Sr. Grace Waters, MSC (I.) watches as MSC candidate Evarlyn Ndunge blesses one of the offices in the MSC Cottage on the campus of Cabrini University.





Friday, November 22, 2019

Sacred Heart High School Cafeteria
34 Convent Avenue, Yonkers, NY 10703

Doors open at 6:30 pm * Games Begin at 7:00 pm

Includes Wine & Light Fare * 50/50 and other Raffles, too!

To purchase tickets, contact the Development Office at
914-693-6800 ext. 502 or
via e-mail at sherceg@cabrini-eldercare.org
or online at
www.cabrini-eldercare.org

Tickets: \$50 Per Person
 \$475 Per Table
(guaranteed reserve seating for your party of 10)


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NEW YORK


MICHAEL KORS



MARC JACOBS

...and more!!

DON'T DELAY! THIS EVENT WILL SELL OUT FAST!



Cabrin Mission
FOUNDATION



Join us and celebrate ...

The Spirit of Christmas

on Thursday, December 5, 2019

6:00 pm to 10 pm

The Missionary Sisters of the Sacred Heart of Jesus
and

Cabrin Mission Foundation Board of Trustees

invite you to the

Midtown Loft and Terrace

267 Fifth Avenue

New York, NY 10016

(between 29th and 30th Streets)

\$219 per Individual Ticket - special price extended through Thanksgiving

[Click here to reserve your ticket today!](#)

Sponsorships Available!

For more information contact Ellen 212-228-8608



CIS-NYC Christmas Celebration

On **December 21st**, Cabrini Immigrant Services of NYC will be holding our annual Christmas Celebration & Gift Distribution. At this event, immigrant families in need enjoy a fun afternoon of food, drinks and games, and the children receive gifts their families would not otherwise be able to provide. ~ submitted by Ella Nimmo

Help us ensure a merry Christmas for all of our families by making a donation at <http://bit.ly/donatecis> or by purchasing a gift from our wish list at <http://tgt.gifts/CIS2019>



Prayer Requests

Justine Carr, MD

Prayers are asked for Dr. Justine Carr who is currently hospitalized and is seriously ill. Please pray for her comfort and serenity at this time.

Patricia Coleman

Anita Catalanotto, a Cabrini University staff member, asks prayers for her friend, Patricia Coleman, who has experienced a recurrence of cancer. Anita asks the Cabrinian community to pray for healing and strength for this sweet lady.

Florence Onstad

Kindly pray for Florence Onstad who recently had a total hip replacement and has experienced many setbacks including a fractured pelvis. Her daughter, Florence Wingerter, a Cabrini High School alumna and trustee, asks for the additional prayers to give her the strength to work with the doctors and therapists to help her improve her overall health. Please remember Mrs. Onstad in your prayers.

Judy Orr

Kindly unite in prayer for Judy Orr, a retired staff member at the Mother Cabrini Shrine in Golden, CO. Judy is undergoing medical tests and asks the Cabrinian community to hold her and her family in our prayers at this time of treatment.

Barbara Wood

Prayers are requested for Barbara Wood, a friend of Cabrini University staff member Anita Catalanotto. Barbara broke her hip several months ago and had surgery. She has developed sepsis and is in the hospital once again. She is being treated for this infection and has to have another surgery at some point. Anita asks the Cabrini community to keep Barbara in their prayers for a full recovery.

With a Grateful Heart

Marietta E. Hipskind is a great friend and benefactor of the Cabrini Retreat Center in Des Plaines, IL. Her daughter, Lisa, teaches religion to grades 6, 7 and 8 in Florida. Lisa held a wonderful party for all her classes in honor of St. Frances X. Cabrini on the Feast Day and in memory of her sister, Marilyn, who died at a young age. We are grateful to Lisa for honoring Mother Cabrini and holding her sister in remembrance in such a special way.

