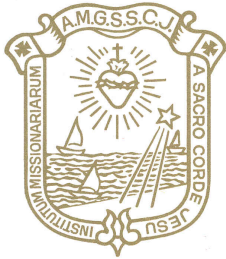




MISSIONARY SISTERS
of the SACRED HEART of JESUS
Bringing Christ's love to the world

THE UPDATE

October 24, 2019



Missionary Sisters, CLMs and Lay Collaborators Gather for Provincial Chapter



Arturo Chavez, Ph.D. served as the facilitator for the Chapter.

In an environment of prayer and gratitude, the Missionary Sisters of the Guadalupe Province, CLMs and lay collaborators gathered in northern New Jersey for the Provincial Chapter last week. A Provincial Chapter is an assembly that includes elections or voting. A Provincial Chapter, as the name suggests, is for members of one province at which the Sisters select delegates to the General Chapter which occurs every six years. The General Chapter will take place in the spring of 2020.




Sr. Emperatriz Espinosa, MSC places one of her three hearts on education.

During this important time in the life of the province, mission priorities are discussed and established.



Based on previous survey results, Chapter participants were asked to draw a heart on their top three mission priorities.

Share the Journey: Meet Our Neighbor



Yorusalem (center left) and Tedros (center right), are two Eritrean teenagers resettled in the U.S. They have already started to adapt to their new life with help from her foster mom Natalie (left) and the support of Catholic Community Services foster family consultant Kristin (right). Photo © Christina Wilson / ICMC

Tedros and his cousin Yorusalem arrived in Salt Lake City in late 2018 when they were still underage; they left Eritrea in July 2016, travelling to Libya via Sudan. They belong to a group of unaccompanied minors and vulnerable people who were evacuated out of Libya to Niamey, Niger's capital, where they underwent a long, strict interview and vetting procedure before being resettled to the U.S.

Tedros and Yorusalem attend a local Salt Lake City school and are working hard to learn English. "I like to watch movies, comedies especially. That helps with learning the language," says Yorusalem.

The teenagers participate in sport activities. Yorusalem is a soccer fan and practices twice a week. Tedros is a biking fan and loves to cycle himself.

One of the strangest experiences for them was their first contact with the food in the U.S. "When we arrived, our mum took us for burgers and pizza. It was very strange; it tasted a little bit too sweet. But now we have adapted, and I even like cheese pizza," laughs Tedros.

"I teach them English, they teach me Tigrinya. And thanks to them I've tasted so many amazing Eritrean meals," says foster mom Natalie, a social worker who loves her multicultural home. "I've always been interested in other cultures, so fostering unaccompanied minors coming from outside the U.S. seemed like a natural step. I also love meeting Tedros' and Yorusalem's friends and families from other communities. Everybody is welcome in my house."

The USCCB, in coordination with the U.S. State Department and the Department of Health and Human Services, works with local organizations to find foster families for resettled unaccompanied minors. Catholic Community Services of Utah is USCCB's local partner, responsible for matching families and minors.

"What I miss most about Eritrea is my family," says Tedros, and Yorusalem concurs. For both, many of their relatives are still in Eritrea. "But we can talk to them on the phone from here."

"I am not sure yet about what I want to do, but I am set on continuing my education," says Yorusalem. Tedros's goal is to become a pharmacist.

"This experience has been amazing, and I receive a lot of support from CCS. These kids are incredible and having them with me brings meaning to my life," says Natalie. She is determined to continue receiving teenagers. "They are great," Natalie says matter-of-factly. ~ *Justice for Immigrants*

Read the entire, longer story on the [website](#) of the International Catholic Migration Commission.

Cabrini Lay Missionaries

By the grace of Baptism, the Cabrini Lay Missionaries answer the invitation of Jesus through their faith to be witnesses of His Love, according to the charism of Saint Frances Cabrini. The CLMs live a formal commitment within the Cabrini Family, contributing to the promotion and defense of a more just and humane society.

~ Cabrini Lay Missionary Handbook



Pat Krasnausky

Many thanks to Patricia Krasnausky, CLM, for her generosity in serving as Coordinator of the Cabrini Lay Missionaries in the Stella Maris Province and then the new Guadalupe Province. As Coordinator over the past thirteen years Pat shared the richness of her own commitment to the charism of Mother Cabrini. She provided a consistent structure for the CLMs and organized formation experiences for them. She has attended CLM international meetings and participated in the renewal of the CLM Handbook.

Following Pat's request to resign as CLM Coordinator the CLMs met on October 16, 2019 and elected Lorraine Campanelli as CLM Coordinator. Lorraine will be working with Pat to transition into her new role on January 1, 2020. Congratulations, Lorraine, and thank you for your willingness to serve.

Let us all pray for our Cabrini Lay Missionaries as they journey with us in our quest for peace and justice. *~ submitted by Sr. Catherine Garry, MSC*



Lorraine Campanelli

Striving for Sustainability in PA Coal Region

Another ministry inspired by Pope Francis and *Laudato Si'* is located in eastern Pennsylvania. The Franciscan Center in Coal Township serves as a meeting space for local groups and visiting interns focusing on ways to address sustainability – the social, economic, and environmental issues facing the area. “In the coal region, coal was king,” said Friar Martin Kobos. “After coal peaked in the 1950s, a gradual decline began that had a tremendous effect on the region. It disrupted the ability to earn an income and support a family.”



Student interns from Bucknell University are pictured with Friar Martin Kobos who holds a painting of Mother Cabrini, patroness of his friary.

“With the urging of Pope Francis, the Friars at the **Mother Cabrini Friary** made a decision: – where there is despair we would try to bring a spark of HOPE.”

The Center has welcomed interns from the Bucknell Center for Sustainability and Environment. “The students come from all over and are able to delve deeper into the issues that they are studying,” said Friar Martin. “What you learn in a classroom or a book is one thing, but getting your hands dirty, living within a real-life situation of poverty, complements your studies.”

~ with thanks to Sr. Joan Marie Sariti, MSC

This article originally appeared in the October 2019 Messenger of St. Anthony

REFLECTIONS FROM CODOGNO

~ by Sr. Sonnia Osorio, MSC

On September 15, our training meeting in Codogno began with the joy of fulfilling one of the great dreams of my life: deepen the life, charism and spirituality of Saint Francisca Javier Cabrini in this sacred place of the Institute of the Missionaries of the Sacred Heart. Since our arrival, the warm welcome of the sisters, the details of the room and the different spaces of the house communicated to us the affection and delicacy with which Sr. Gilda Mendoza, Sr. Maria Regina Canale, Mother Maria Barbagallo and Sr. Lucy Panettieri had prepared this experience for us. So, in the joy of being in this place, from the encounter with the sisters I set out to enter into this history and spirituality that is my story and my spirituality a great gift that I have received as an inheritance.



An international group of Missionary Sisters traveled to Italy for a workshop on charism and Cabrinian spirituality presented by Missionary Sisters Maria Barbagallo (not pictured), Maria Regina Canale (3rd r.) Gilda Mendoza (3rd r.) and Lucy Panettieri (2nd l.). It was a time of grace and self-reflection.

The theme of these days has been: “Living the Spirituality of Saint Francisca Cabrini today”. From the first day, Mother Maria Barbagallo emphasized the anthropological importance of having a defined identity in each person since that depends on the continuity and permanence in her personal choice. Who I am? It is a question that must be answered in each person. We were invited to see the MSCs as a great orchestra in which each member has an important role and mission, no matter how simple and imperceptible it may be. The sisters wanted to take us to deepen the charism of the Institute to confirm and value it in the vocation in each one.

During these three weeks we have contemplated wonderful historical events of the life of Saint Francisca Cabrini, the process of biological, psychic, intellectual and spiritual growths that integrated the Woman, saint, founder of our institute. Her value system, her missionary ideal, her relationship with Jesus.



The workshop brought with it time for small group discussion and sharing.

I have enjoyed watching Mother Cabrini with her gifts, virtues and weaknesses, changes of route, but it is even more beautiful to perceive how Mother Cabrini joined her dreams with other MSCs,

formed them, prepared her, entrusted her and made the story of our institute, this story that makes humanity notice in its successes and failures, in its defects and sins. It is a story sustained by the spirituality of the heart of Jesus and made a mission in that same love of Christ to humanity.

Given the difficulty of describing the richness and joy of these days I can say that I have found what I was looking for: to deepen this story, this spirituality to discover some tools that can serve as a point of support for living with greater depth and coherence my consecration and Cabrinian Missionary Identity. With certainty this time has been like a mirror in which I have found details in which I can feel proud but also details that I must retake, remove or begin to live.



Sr. Martha Nidia Navarrete, MSC and Sr. Lucy Panettieri, MSC take time to process all that was presented during the workshop.



Sr. Sonnia Osorio, MCS

Upon reaching the end of our process in Codogno I have in my mind and in my heart the pleasure of having walked through these corridors of the house, of having spoken with Mother Cabrini in the vicinity of her heart, in her room, of walking the streets who saw her grow up and the neighbors who greeted us with the love of their saint's daughters. The happiness of having found the smile of the sisters' joy, the sanctity in the gestures, words and advice of Mother Lina Colombini and Mother Maria Barbagallo, the loving revelations of Sr. Gilda, and the brightness of Sister Lucy Panettieri's eyes watching us enjoy and learn. I thank the General Council and our provinces for allowing us to enjoy this experience and trust that we can infect and affect the rest of the institute in the different countries to which we are going. Greetings to each sister who has been on the mission holding and managing situations so that we are here.

May the heart of Jesus and Mother Cabrini give us the wisdom and grace to discover the best way to continue giving glory to God in this historical moment of Provincial Chapters that prepare us for the General Chapter. ~ Sr. Sonnia Osorio MSC

Please note that this is a translation from the Spanish to the English via Google Translate.



Cabrini Challenges Middle School Students Academically with Math Tournament



Individual and team math calculations were part of the competition and fun of the math tournament at Cabrini High School.

Cabrini High School's Mu Alpha Theta club hosted its fifth annual Middle School Math Tournament, open to both boys and girls, on Saturday, October 12, 2019. Participation was free for the tournament. Students were not allowed to bring a calculator for any of the tests, including individual tests, team tests, and an inter-school test where they were tested on 6th and 7th grade math, Pre-Algebra, and Algebra I. Awards were given to students who placed first through sixth place on the individual or team tests, and the top three scoring schools on the interschool test received a trophy for their school. ~ submitted by Katelyn Ehrhardt, Cabrini High School

Cabrini High School Swim Team Hosts Largest Swim Meet for Cancer Awareness

On Saturday, October 12, 2019 Cabrini High School's Swim Team hosted the annual Stand Up to Cancer Invitational Swim Meet, the largest non-championship swim meet for the New Orleans Metro League, where \$4,443.50 was raised for cancer awareness.

All funds from the event were raised through donations, admission tickets, heat sheet sales, raffles, and auctions. All funds raised will be donated to the Tulane Cancer Center.



The Cabrini High School Swim Team helps to raise funds for cancer awareness.

Cabrini's Head Swim Coach, Sarah Carr stated, "The Cancer Awareness Invitational is a great opportunity for the swimming community to come together to support the Tulane Cancer Center and cancer patients in our city. Cabrini Swimming enjoys hosting this meet every year because of the ability to raise funds and have a positive impact on the lives of those battling cancer."

Held at the University of New Orleans Aquatic Center, 290 swimmers from 20 schools in the Greater New Orleans area competed in the meet. Carr added, "The Invitational brings schools from across the Greater New Orleans metro area to come together, compete, and have fun swimming, all for a worthy cause." ~ submitted by Katelyn Ehrhardt

***If You Think Human Trafficking Doesn't Happen in Your Area Code,
Think Again!***

Cabrini University is pleased to announce an evening with:

***Tammy McDonnell
Activist, Advocate, and Human Trafficking Survivor***



***Wednesday, November 6th, 2019
The event begins at 6:00 P.M.
Cabrini University Grace Hall Atrium***

Following the talk, a panel of advocates will discuss preventing human trafficking and what you can do in your community.

Panelist include:

Lindsey Mossor- Anti- Human Trafficking Staff Attorney at Nationalities Service Center. Lindsey assists immigrant survivors of sex and labor trafficking.

Maggie Sweeny MSW, LSW - Program Manager and Forensic Interviewer for Mission Kids.

Habibah Smith -Co-chair of Delaware County Anti- Human Trafficking Coalition and Youth Services Program Specialist.

Connie Marinello- Detective Investigations Division Upper Merion Township Police Department.

ST. FRANCES XAVIER CABRINI • PATRON SAINT OF IMMIGRANTS

Feast Day Celebration

Fiesta de Sta. Francisca Cabrini

SAT & SUN November 9 & 10, 2019 10 am–5 pm

SATURDAY, NOVEMBER 9

- 10:00 am** French/Creole Mass
12:00 Italian Mass
1:00 pm Traditional Procession
Led by Italian band. (Weather permitting)

SUNDAY, NOVEMBER 10

- 11:00 am** English Mass
Celebrant: Bishop Gerald Walsh
1:00 pm Filipino Mass
3:00 pm Spanish Mass



SABADO, 9 DE NOVIEMBRE

- 10:00 am** Misa en francés
12:00 Misa en italiano
1:00 pm Procesión tradicional
Con una banda italiana (Dependiendo del tiempo)

DOMINGO, 10 DE NOVIEMBRE

- 11:00 am** Misa en inglés
Celebrante: Obispo Gerald Walsh
1:00 pm Misa filipina
3:00 pm Misa en español

Chapel Tours - Food - Music - Fun for the Kids

Visita de la Capilla - Buena Comida - Música - Diversión para los Niños



ST. FRANCES CABRINI SHRINE

701 Fort Washington Avenue New York, NY 10040
phone 212-923-3536 website: CabriniShrineNYC.org

Prayer Requests

Mrs. King

Please pray for the return to full health for Mrs. King, the mother of Miriam King, the Executive Director of the St. F.X. Cabrini Shrine in New York City. Mrs. King suffered a fall and an infection last week. Please pray that she will soon be feeling better.

Rebecca Lambert

Prayers are requested for Rebecca Lambert, the daughter-in-law of Rita Lambert, a staff member at Cabrini University. Rebecca will be undergoing surgery on October 29th. Rita is asking for our prayers for a successful and uneventful surgery and a speedy recovery.

Florence Onstead

Please join in praying for Florence Onstead, the mother of Florence Wingerter from New Orleans, who will be having a total hip replacement next week. Pray for a successful surgery and a swift recovery.

Judy Orr

Judy Orr, a former employee at the Mother Cabrini Shrine in Golden, CO, is asking for prayers. She has some serious medical issues that she is facing and she and her family would really appreciate being included in the Cabrini Family prayers.

Sybil Hart Roussell

The family of alumna and former faculty member, Sybil Hart Roussell '65, has asked for prayers as she is hospitalized with several serious medical challenges. Sybil is sister of alumna Maxine Hart '68 (deceased) and mother of Traci Roussell Gerald '90.

Sr. Joan Marie Sariti, MSC

Sr. Joan Marie was hospitalized this past week at Beth Israel Hospital, NYC with a respiratory issue. She is doing better and will be returning to Sacred Heart Convent this coming Friday. We know that Sr. Joan Marie would be so grateful for the prayers of the Sisters and the Cabrinian community.

Dr. Dana Schwab

Kindly pray for Dana, the niece of Cabrini staff member Rita Lambert. Dr. Schwab went into premature labor last week. She is on rest so that she will be able to keep the baby in utero as long as possible. She is currently 22 weeks pregnant. Pray that all will be well for this mother and unborn child.

In Loving Memory

Anna Albert

Kindly pray for the repose of the soul of Anna Albert, the mother of Cabrini (College) alumna and trustee Dr. Anne Marie Borneman '80. Mrs. Albert passed away yesterday morning. Please keep the Albert and Borneman Families in your prayers at this very sad time.

John Baxter, Sr.,

Please pray for John Baxter, Sr., the father of Kim Baxter, an alum of Cabrini University's Master's Program, longtime member of the Cabrini Circle of Friends and volunteer for various Cabrini ministries. John passed away suddenly, but peacefully on October 22nd. Please pray for comfort and consolation for the family.

James Mills

Cherie Sprosty of the St. F. X. Cabrini Shrine, asks that we please pray for her uncle and godfather, James Mills. He died on Saturday, October 19th at the age of 91 in Bandon, Ireland. Cherie relates that Mr. Mills was a delightful, smart career Navy officer who raised orchids and was a great cook. May he rest in God's eternal peace.

Roberta Smith

The MSCs and the Cabrinian Community join the University Community in extending sympathy to Cindy Falcone, Director of Accounting, on the loss of her mother, Roberta Smith, who passed on Monday, October 21, 2019. Please pray for Cindy and her family at this sad time.



Autumn is a second spring
When every leaf is a flower.

~ Albert Camus