



September 12, 2019



105th World Day of Migrants and Refugees

Sunday, September 29, 2019

**A Message from His Holiness
Pope Francis**

"It is not just about migrants."

Dear Brothers and Sisters,

...The most economically advanced societies are witnessing a growing trend towards extreme individualism which, combined with a utilitarian mentality and reinforced by the media is producing a "globalization of indifference". In this scenario, migrants, refugees, displaced persons and victims of trafficking have become emblems of exclusion. In addition to the hardships that their condition entails, they are often looked down upon and considered the source of all society's ills. That attitude is an alarm bell warning of the moral decline we will face if we continue to give ground to the throw-away culture. In fact, if it continues, anyone who does not fall within the accepted norms of physical, mental and social well-being is at risk of marginalization and exclusion.

For this reason, the presence of migrants and refugees – and of vulnerable people in general – is an invitation to recover some of those essential dimensions of our Christian existence and our humanity that risk being overlooked in a prosperous society. That is why *it is not just about migrants*. When we show concern for them, we also show concern for ourselves, for everyone; in taking care of them, we all grow; in listening to them, we also give voice to a part of ourselves that we may keep hidden because it is not well regarded nowadays.

"Take courage, it is I, do not be afraid!" (Mt. 14:27). *It is not just about migrants: it is also about our fears*. The signs of meanness we see around us heighten "our fear of 'the other', the unknown, the marginalized, the foreigner... We see this today in particular, faced with the arrival of migrants and refugees knocking on our door in search of protection, security and a better future. To some extent, the fear is legitimate, also because the preparation for this encounter is lacking". (*Homily in Sacrofano, 15 February 2019*) But the problem is not that we have doubts and fears. The problem is when they condition our way of thinking and acting to the point of making us intolerant, closed and perhaps even – without realizing it – racist. In this way, fear deprives us of the desire and the ability to encounter the other, the person different from myself; it deprives me of an opportunity to encounter the Lord.

For your meditation and pro-activity, for the next two weeks, we will continue to publish excerpts from the letter of Pope Francis on the World Day of Migrants and Refugees as we approach the observance on Sunday, September 29, 2019. To read the full text of Pope Francis' message, please visit www.mothercabrini.org
<https://www.mothercabrini.org/news-and-publications/world-day-of-migrants-and-refugees/>

Further information is also available on the following page.

World Day of Migrants and Refugees, Sunday, September 29th

This year on Sunday, September 29th, the Church will again celebrate the [World Day of Migrants and Refugees](#) as it has since 1914. It is always an occasion to express concern for many different vulnerable people on the move; to pray for the challenges and increase awareness about the opportunities that migration offers.



For 2019, Pope Francis has chosen the theme, “It is not just about migrants” to demonstrate our blind-spots and make sure no one remains excluded from society, whether a long-time resident or someone newly-arrived.

There is a host of materials to access for use and sharing in planning an event: [materials on this page](#)

Additional resources:

Franciscans for Action

news@franciscanaction.org

Catholic Relief Services

<https://www.youtube.com/watch?v=wjdqjNMri2Y>

Catholics Take Action for Immigrant Children:

<https://franciscanaction.org/article/catholics-take-action-immigrant-children?eType=EmailBlastContent&eld=b8ca9995-b044-4f89-9ed4-0f22cbbdca36>

Justice for Immigrants

<http://justiceforimmigrants.org>

United States Conference of Catholic Bishops

www.usccb.org

At Mass for Immigrants, L. A. Archbishop Calls for Prayer for Reform

~ Alejandra Molina, Religious News Service

Roman Catholic Archbishop José H. Gomez delivered a message of unity at a Mass dedicated to immigrants on September 7, urging Catholics to pray for those who are “trying to cause division in our country.” Gomez challenged them to talk to those “who disagree with us” and to “see things through their eyes.”

“For many years now, I’ve been saying that immigration is not just a political issue, it is a spiritual issue,” Gomez said. “Immigration is not only about borders between nations, it’s about overcoming barriers in the human heart...and accepting others.”

But Gomez made it clear that the Mass had political goals as well. “What a beautiful gift it would be if each one of us would start to pray the rosary every day for the healing of our country, for changes of our hearts...That will bring, for sure, comprehensive immigration reform,” Gomez said.

Congregants prayed in a number of languages including Tagalog and Vietnamese, for Syrian refugees and for families separated by borders. Attendees were largely Latino, but Korean and Filipino parishioners were also present.



The crowd heard testimony from Daniela Luna, 20, who immigrated to the U.S. as an unaccompanied minor. Luna detailed the circumstances that led her and her younger sibling to leave their hometown in Durango in central Mexico, about four years ago to reunite with their mother who was working in the U.S.

She said they saw no option but to leave after her father abandoned them. She and her brother traveled hundreds of miles to the border in Tijuana. She turned herself into immigration official and was separated from her brother and sent back to Mexico. After crossing again on her own and making contact with immigration officials, she said she wound up in a cold room known as “the freezer” with other women and young girls. She spent days in a detention center in Arizona.

Luna eventually reunited with her brother and mother in Los Angeles and has graduated from a Catholic high school through the help of a scholarship the archdiocese helped to arrange. “I hope I can help other people with my story...to not give up and have faith,” she said.

<https://www.ncronline.org/print/news/justice/mass-immigrants-los-angeles-archbishop-calls-prayer-reform> - to access the complete article.

Share the Journey: Meet Our Neighbor

My name is Eybi and I'm from Guatemala. I'm 15 years old, and came to the United States four years ago to be with my parents. I was 11 months old when my dad left for the U.S. and 2 years old when my mom left to join my father. After my mom left I went to live with my grandparents. When my parents left there was no way to communicate with them because phones there were so expensive, so my parents would have to write a card and send it to Guatemala. Things in Guatemala after my mom left were very difficult because my grandparents didn't have much money.



My parents came to the U.S. because they wanted to give me a better life and education and they didn't have good jobs in Guatemala. When my dad and mom first arrived, they struggled a lot because they couldn't speak the language and didn't know many people. The reason why I came was because I wanted to be with my parents, to learn English, and to have more opportunities in my life.

I left Guatemala on March 30, 2015 and arrived in the U.S. on April 15th. The day I left was a hard day. I always had to do a lot of work and never got to go to school. When I got home I saw my Auntie, she was taking care of me while my parents were gone. She was waiting for me and in her hand, she had a metal stick. I got scared. She called me over and started hitting me. That was nothing new, she used to hit me every day and my life there had become a nightmare. I started crying and my neighbor saw me and said, "I'm going to go where your mom and dad are. Do you want to come with me?" I said "yes, yes please", crying but at the same time happy. I ran and got some papers and clothes. I was happy, my neighbor told me, "hurry we are leaving." Two days later I asked where we were, and he said we were in Mexico. I asked, "are we close to getting there?" and he said, "no, now we have to walk." I was used to walking but I didn't know that we were going to walk that much. I don't know how much we walked, we walked until night then we would hide and fall asleep. We didn't sleep that much, just started walking again. We did the same thing day after day.

My first day in the U.S. and when I first saw my mom, I was surprised because I didn't really know her that well and she didn't know me well either. When I was in Guatemala I always wondered how it felt to have parents, but I never said anything because I thought that I was going to hurt my grandparents' feelings. It was weird for me because so much time had passed, and I had a brother that I didn't even know and he was already 7 years old. My first night with them I was already thinking, when am I going back to Guatemala? It took me time to adjust, but my parents were very happy that our family finally was complete. ~ *Justice for Immigrants*

To learn more about how you can support immigrants and unaccompanied minors like Eybi, please visit the CARE Program [webpage](#) on the JFI website.



Campus Ministry leaders from Our Lady of Tepeyac High School attended a planning retreat at Cabrini Retreat Center.

Campus Ministry Leaders Plan for the Future

What will I take away from our retreat?

“In the beginning I was very standoffish about how this day would be. I honestly enjoyed today so much. I am leaving here with a better understanding of what “call” is about, and I can’t wait to be a part of this group for the year!”

“All the creative ideas and passionate energy we have to make Campus Ministry fun, memorable and purposeful all year.”

“I am not alone in needing to speak my voice.”

“It takes more than one person to be a leader.”

“We can all share a goal, this is helping our faith but also our communities.”

“Today I’m leaving with a lot of hope and confidence about our future endeavors as campus ministry leaders.”

The peer campus ministry team from Our Lady of Tepeyac High School displayed their “take aways” on many colored post-it notes at the end of their planning retreat at Cabrini Retreat Center in Des Plaines, IL.

ABOUT OUR LADY OF TEPEYAC HIGH SCHOOL

Our Lady of Tepeyac High School is located in Chicago’s Little Village neighborhood. It welcomes students regardless of their ability to pay. The education provided fosters each young woman in reaching her full intellectual and spiritual potential in an environment that values learning linked to faith, family, and community.

ABOUT PILSEN / LITTLE VILLAGE

Pilsen / Little Village is the principal port-of-entry for Mexican immigrants to the Midwest, and is commonly known as La Villita. Little Village has a very young population, with 29% of the community under the age of 18 and 8% under five.

Little Village has a thriving local business district, the second highest tax-generating district in the city after the Magnificent Mile. However, the per capita income for Little Village residents is about a third of the city average, and 34% of residents live below the poverty level. An estimated 25% of the population is undocumented. Immigration reform is a huge focus for local residents and stakeholders, as documentation status can limit access to resources and rights.

~ submitted by Nancy Golen, Executive Director, Cabrini Retreat Center

Quenching Our Thirst – Wisely

Timing is everything. As New York began a heatwave [earlier this summer], Cabrini Immigrant Services (CIS), Dobbs Ferry, NY, had a special workshop for the Enhancing Family Literacy through Education and Storytelling Program. On one of

the hottest days, we learned about the importance of staying hydrated and also ‘Rethinking Our Drinks’.



Rebecca Radachy, MS, a Community Nutrition Educator for Eat Smart New York, gave a very informative and interesting presentation about how to make better choices when deciding on a beverage. Of course, water is definitely the beverage of choice however, Rebecca made a special drink which was very refreshing. She used seltzer water, cut up watermelon, ice and mint. It certainly quenched our thirst.

Rebecca stressed the importance of reading the labels on the products and paying special attention to the amount of sugar that is in each item. She had one visual in particular that truly resonated with everyone.

She asked how much sugar a person would consume in one year if they drank one bottle of soda every day. She showed one box of sugar and then she kept spreading it and spreading it until there was about 50 boxes of sugar! I think she converted anyone who was a soda drinker.

The participants not only received great handouts but they also received a water container as a reminder to ‘rethink our drinks’.

~ submitted by: Lorraine Campanelli, Director, CIS, Dobbs Ferry



Rebecca Radachy, a Community Nutrition Educator, demonstrates the perils of consuming too many sugary beverages.



Ms. Radachy creates a delicious thirst quenching drink with natural ingredients.



Jubilee Celebration = Service

This year, Fr. Carl Janicki, Director of Campus Ministry and Chaplain at Cabrini University, celebrated the 25th Jubilee of his ordination to the priesthood.

In observance of this milestone, Fr. Carl presided at a Mass on campus on Friday, September 6th. As an expression of celebration, Fr. Carl invited students, faculty, staff and administrators to join him in making peanut butter and jelly sandwiches for those experiencing homelessness. Through Campus Ministry, students participated in PB&J Night where they distributed the sandwiches and new socks to those living on the streets of Philadelphia.

Photo left: MSC candidate Evalyn Ndunge (2nd I.) and Sr. Grace Waters (2nd r.) are kept busy making PB & J sandwiches. Fr. Carl is seen in the background, right. Blessings, Fr. Carl.

Founder of Me Too Movement

to Receive Women's Advocacy Award at Cabrini University



Tarana Burke

On September 19, Tarana Burke, Founder of the Me Too movement and social justice activist, will receive the Ivy Young Willis and Martha Willis Dale Award during a ceremony at Cabrini University.

Awarded annually, the Ivy Young Willis and Martha Willis Dale Award recognizes women who have made outstanding contributions in the field of public affairs.

For more than 25 years, activist and advocate Tarana J. Burke has worked at the intersection of racial justice, arts and culture, and sexual violence. Fueled by commitments to interrupt sexual violence and other systemic inequalities disproportionately impacting marginalized people, particularly black women and girls, Burke has created and led various campaigns, including the Me Too movement, focused on increasing access to resources and support for impacted communities.

In October 2017, #MeToo became a viral phenomenon that quickly spread around the world. Burke emerged as a global leader in the evolving conversation around sexual violence and the need for survivor-centered solutions. Her theory of using empathy to empower survivors is changing the way the world thinks about and engages with survivors. Her belief that healing isn't a destination, but a journey has touched and inspired millions of survivors who previously lived with the pain, shame, and trauma of their assaults in isolation.

Burke was named Time Magazine 2017 Person of the Year along with the "Silence Breakers," a group recognized for standing up against sexual harassment and violence. In 2018, she was featured on the covers of Time Magazine as one of the 100 most influential people in the world and Variety Magazine's Power of Women issue. She is the recipient of the Ridenhour Prize, The Change Makers Award from Black Girls Rock, and topped the 2018 The Root 100 list as the most influential African American.

Through the generosity of their respective families, friends, and alumni, the Ivy Young Willis and Martha Willis Dale Award was established in 1992 by William G. Willis to honor Ivy, his late wife, and later modified in 2014 by John Dale to honor Martha, his late wife and daughter of Ivy and William. The award and program are dedicated to their memories and their strong beliefs that women have a unique talent for improving the climate and conduct of public affairs.

For more information, visit cabrini.edu/willisaward.

PAX CHRISTI
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THE INSTITUTE
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HUMANITARIAN
AFFAIRS,
AND THE CENTER
FOR ETHICS
EDUCATION AT
FORDHAM
UNIVERSITY
PRESENT

THE NUNS, THE PRIESTS, AND THE BOMBS


**SUNDAY
SEPTEMBER 15
2019
2:00PM**

MCNALLY AMPHITHEATRE
FORDHAM UNIVERSITY
LINCOLN CENTER
140 W.62ND STREET

Helen Young's highly
acclaimed documentary
follows anti-nuclear war
activists as they sound
the alarm on U.S.
nuclear arms.

Discussion to follow with
Plowshare Activists,
Sisters Carol Gilbert,
Ardeth Platte, and
Megan Rice (invited)

*Donations accepted for
Pax Christi (\$5.00)
more if you have it
less if you don't*



The event is free and open to the public. Please RSVP with this [Film Screening Link](#) or on [Eventbrite](#).

Please join us for a special screening of the documentary *The Nuns, the Priests and the Bomb*. The film follows anti-nuclear war activists of the Plowshares movement in their acts of civil disobedience at sites of the US nuclear arms arsenal and production. Discussion will follow with filmmaker Helen Young and activists Sister Carol Gilbert, Sister Ardeth Platte and Sister Megan Rice.

This event is sponsored by Pax Christi Metro New York, with Fordham co-sponsorship from the Center for Ethics Education, Center on Religion and Culture, and the Institute of International Humanitarian Affairs.

For questions contact Professor Jeannine Hill Fletcher, hillfletche@fordham.edu.

Next Week!

Tuesday, September 17, 2019



Cabrini Mission Foundation FUNdraiser!



**The Missionary Sisters of the Sacred Heart of Jesus and
Cabrini Mission Foundation Board of Trustees invite you to
the fifth annual**

Bowling FUNdraiser!

For information: <https://cabrinifoundation.org/events/bowling-fundraiser/>

The Final Harvest of the Season

Just-picked veggies from Francesca's Garden at The Cottage on the grounds of Cabrini University, these tomatoes and peppers displayed in our beautiful Swaziland baskets, represent the final harvest for the season.

It has been a bountiful summer with the garden providing many tomatoes, red and green peppers and a few eggplants for our friends at Elder-Net, an organization that supports at-risk senior citizens.

The Cottage staffers wish to thank the Grounds Crew at Cabrini University for planting and tending the vegetables all summer. We are most grateful for your on-going care and kindness.



Prayer Requests

Marie Takes

Please keep Marie Takes, the mother of Deb Takes, former Board Chair and interim President of Cabrini University, in your prayers. Mrs. Takes will need to have surgery to correct and repair the tightening of her aortic valve. Please keep Mrs. Takes' health and procedure in your prayers. Please remember Deb in your prayers as she provides care for her mother.

In Loving Memory

Joyce Reed Protesto

The Cabrinian Community joins the Cabrini University Community in extending sympathy to Chris Protesto, Facilities, on the loss of his mother, Joyce Reed Protesto, who passed on Friday, September 6th, 2019. Please keep Chris and his family in your prayers.

Madeline Suer's mother-in-law

Please pray for the repose of the soul of Madeline Suer's mother-in-law who passed away suddenly earlier this week. Madeline is a friend of Sr. Catherine Garry, MSC.

