



MISSIONARY SISTERS
of the SACRED HEART of JESUS
Bringing Christ's love to the world

THE UPDATE

April 11, 2019

Palm Sunday



Palm Sunday is the final Sunday of Lent, the beginning of Holy Week, and commemorates the triumphant arrival of Christ in Jerusalem, days before he was crucified.

Palm Sunday is known as such because the faithful will often receive palm fronds which they use to participate in the reenactment of Christ's arrival in Jerusalem. In the Gospels, Jesus entered Jerusalem riding a young donkey, and to the lavish praise of the townspeople who threw palms in front of him as a sign of homage. This was a customary practice for people of great respect.

Palm branches are widely recognized as a symbol of peace and victory, hence their use on Palm Sunday.

The use of a donkey instead of a horse is highly symbolic, representing the humble arrival of someone in peace. ~ *Catholic Online*

Holy Week reenacts, relives and participates in the passion of Jesus Christ.

Holy Week observances are:

Palm Sunday – the entrance of Jesus into Jerusalem.

Holy Thursday – Christians commemorate the Last Supper – a Passover meal that Jesus shared with his disciples the night before his death. During the meal, Jesus broke bread and offered his followers wine, saying, "This is my body given up for you." Many Christians consider this event to have been the institution of the Eucharist.

Good Friday – This is the day Jesus was crucified and died. It is the most somber day on the Christian calendar. On Good Friday, Christians abstain from meat or refrain from food altogether.

~ *Catholic Online*



Share the Journey: Meet Our Neighbor

The funny thing about immigration is that I'm not sure most of us would be able to tell you exactly what we arrived with when making it to America. In 1988, I was five years old which makes my memory especially hazy. I know that I came with my mother and my sister. My brother, just a little over two years old, would stay behind in the Philippines for a few more months, and my father was already here [in the U.S.] – his job as an aircraft mechanic being the trigger that started this big move for our family.

I can remember things like the stereotypical bowl cuts that my brother and I wore as kids. I can remember the smell of the bakery behind our first apartment. I can remember the names of our first neighbors. But I couldn't tell you what I chose to bring with me from the Philippines.

What I can say, with certainty, is what I left behind. I think a lot about how immigrants necessarily forsake their family and best friends, mother tongue, and even comforting foods and smells because the things that drive us from home – lack of opportunity, security, or as in the case of my family, the only option to keep our family together – are stronger than the foundational things native-born people take for granted.

This reflection has been in the back of my mind as the father of a wonderful and joyous one-and-a-half-year-old daughter. The amount of love and support we've received from my mom and my in-laws has been invaluable and makes me stand in awe of how my own mother managed to raise three children without her siblings or father around to help.

I thought about this last week as I watched my daughter play with my mother, a scene that I know my own mother did not have the luxury of witnessing for her own children. I think about this now, a little over 24 hours of learning that my own grandfather (*Lolo* in Tagalog), my mother's father, has just passed away.

The story of migration, like any human endeavor that transcends nations and borders, is complex. The paradox is that it is also rather simple: people leave their homes and the ones they love because the place that holds the best promise at living a secure and peaceful life, exists elsewhere. So, we make choices that necessarily mean no cliched summer vacations to Grandma (*Lola* in Tagalog) and Grandpa's. That necessarily mean learning to love one's Lolo via a telephone line that bridges the vast ocean between you, if only for a moment.

We would do well to remember these small sacrifices, I think. Because it isn't always a given that one person would choose to leave. There are many reasons to consider re-locating from the region where I live – better weather and better air quality, for one, exist elsewhere – but I haven't yet met a cost or upside that can push the value of a heart filled by watching your own child experience a moment that you could not get.

My daughter will know her Lola's voice and corny humor and overwhelming energy. And she will know grow to know that love intimately. A true blessing. ~ *Justice for Immigrants*



AJ shares his immigrant story.

A Well - Deserved Honor



From left: Patricia Krasnausky, President and CEO of Cabrini of Westchester celebrates Lorraine Campanelli (c.) along with long-time friend and fellow social worker, Lois Cartica.

is in her 17th year of employment with Cabrini in a succession of roles.

In her reflections at the ceremony, she shared the twists and turns in her career as a teacher, program administrator, and as a social worker that brought her to her present role in which she is able to use all of her experiences to assist and empower new immigrants. She encouraged the students present to be open to challenges, to be generous in their work, and to pursue a Masters' degree after graduation. In her remarks, Jeanne Match-Maloney, Ph.D., who Chairs the Social Work Department at Iona and is the Faculty Advisor to Iona's Chapter of Phi Alpha, thanked Lorraine for her reflections and her inspirational career.

~ submitted by Patricia Krasnausky, with thanks to Susan Herceg



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Medical Scribes Could Help Doctors Care for More Patients

A new role in the health system could improve efficiencies in emergency departments and decrease the time patients spend in emergency departments, following a successful trial in hospitals throughout Victoria recently published in The British Medical Journal.

Scribes are trained to complete clerical data entry associated with a patient's visit to the emergency department, allowing doctors to concentrate on core medical tasks instead.

In the first trial of its kind in Australia, locally-trained scribes were used in five hospital emergency departments across the state of Victoria, Australia [including] Cabrini Malvern. Scribes were present during the time when a patient consults with a doctor and assisted in writing up patient notes, in close consultation with the treating doctor.



Currently, Australian emergency department doctors spend nearly 50 per cent of their time typing up patient notes and undertaking other clerical tasks, taking their focus away from core medical tasks like seeing patients.

“Traditionally, a doctor’s role has been focused on patient care but since the introduction of electronic health records, we have become increasingly overloaded with documentation and clerical responsibilities that take us away from our primary duty of care for our patients,” A/Prof Walker said.

“This program has been designed to reduce the administrative workload for physicians and increase the time spent treating patients.”

A/Prof Walker said the use of scribes in emergency departments improved the productivity of emergency doctors and decreased the time spent in the emergency department for patients.

“With the assistance of scribes, doctors were able to treat 25 per cent more patients per shift, which has significant economic and social benefits,” she said. “Our research showed benefits at all of our participating sites, decreasing the total time patients spent in the emergency department by 19 minutes”.

A/Prof Walker said she hoped the research would persuade hospitals to employ scribes in Australia to support emergency physicians by enabling them to safely see more patients.

*~ this article originally appeared in the Cabrini Connect
~ with thanks to Samantha Robin, Cabrini Health*

Cabrini of Westchester Celebrates Human Resource and Social Work Month

During the month of March, Cabrini of Westchester celebrated two integral departments: Human Resources and Social Work. As the month came to a close, a special luncheon with the Administrative team was held in recognition of the many contributions of both departments.



Simone Smith, VP of Human Resources (c.) welcomes the HR Department's newest additions Saily Castro Ramirez (l.) and Kassim Walker (r.), Human Resource Generalists.

As we work together to provide excellent care for elders, it is truly the people within our organizations that make the difference each and every day. Cabrini's Human Resource department plays a critical role in finding and attracting the best people for the organization, ensuring cultures where employees can thrive, and investing in ongoing training, development, and benefits that help employees continue to challenge themselves while providing security for them and their families. They deserve recognition for the daily actions they take in areas such as workforce strategy and development, compensation and benefits, employee/labor relations, talent acquisition and management, wellness, etc. Thank you for all you do!

March also marks Social Work month during which we pause to celebrate Cabrini of Westchester's Social Workers who are an integral part of the care delivery team and play a vital role assisting both short term patients and long term residents. Cabrini's Social Workers connect individuals with needed community resources and help individuals and their families navigate various systems and circumstances. Passionate to ensure all of their client's needs are met, Cabrini's Social Workers are highly skilled at addressing the physical, spiritual and psychosocial issues that may impact the care plan and optimize the quality of life of each individual. We are honored to recognize Cabrini's Social Work team and thank them for the care they provide each and every day for our patients, residents, home care clients and family members and we commend them for the outstanding service they provide!



Cabrini of Westchester celebrates its Social Work Team (from l.) Carol Lawrence, Social Work intern; Winsome Clark, BSW; Vincent Zucchetto, MA; Patricia Elliot, BSW; and Sandi Schreier, MSW, Director of Social Work.

~ submitted by Lorraine Horgan, C of W.

A Special Focus on Residents



Cabrini Apartments in New York City, a 71 unit HUD Section 202 supportive housing development for elders, in conjunction with Eye Care Billing Consultants (ECBC) offered free eye exams to its tenants. Twenty percent of the occupants took advantage of this offer, and for many it was the first eye exam they had received in many years.

Besides checking their vision, the exams focused on eye health looking for things like Glaucoma, Cataracts and

Macular Degeneration. While HIPAA regulations prevent us from knowing details of any follow-up care, it is rewarding that we were able to provide this service to our tenants at no cost. This program will be offered on an annual basis and is another example how under Philip Deans' leadership Cabrini goes above and beyond requirements to meet the needs of its families. Score another win-win for Cabrini!

~ submitted by Lorraine Horgan, Cabrini of Westchester



A resident of the Cabrini Apartments takes advantage of the free eye exam offered in conjunction with Eye Care Billing Consultants.

Cabrini University Student Prepares to Receive the Sacraments

My name is Melissa Bratun and I am a sophomore, business management major at Cabrini University. I have recently had the pleasure of being invited to go to the Cathedral Basilica of Sts. Peter and Paul in Philadelphia. The experience was one I will never forget, from the beautiful architecture, to the sacred words spoken in the homily, and the wonderful songs that were chosen to be sung. Not only was it my first time in a cathedral, but, I have also never been in the presence of an archbishop before, so being able to hear the words spoken from him was truly amazing.

Since I haven't [made y First Holy] Communion [or been confirmed] yet, I was unable to participate in communion but after April 28th (when I will be getting my First Holy Communion) I plan on returning to the Cathedral with my dad to commemorate my success and receive communion there, as well.

I'm so thankful and grateful to have experienced this amazing experience with my new friends Aide Cuenca, and MSC candidate Evalyn Ndunge. They have both brought such a joy into my life and have been so helpful throughout the communion/confirmation RCIA process. To everyone who hasn't yet visited [the Cathedral] please, if you can, take the trip to Philadelphia. I promise you it's an experience you won't forget!



From left: MSC Candidate Evalyn Ndunge; Aide Cuenca, Alexis Sharp and Melissa Bratun.

In response to the often asked question ‘What do Cabrini Lay Missionaries do?’, during the weeks of Lent the Cabrini Lay Missionaries (CLMs) of Guadalupe Province will share experiences from their lives and work as disciples of Jesus in the charism of St. Frances Xavier Cabrini.



Marianne McGowan has known the Missionary Sisters of the Sacred Heart of Jesus since her high school days and has been a Cabrini Lay Missionary for eleven years. In her teaching career she began as a reading teacher and literacy specialist, and then went on to be staff developer/mentor in the Westchester, NY, School District. Later, she was employed as staff developer/consultant at Bank Street College. In 2000 she joined Cabrini Immigrant Services, Dobbs Ferry, where her talents and skills benefited adult students in the ESOL program, reading groups, and other creative programs to empower new immigrants. Today she continues her ministry in a variety of ways, one described in her lovely essay.

An Unexpected Ministry: Reflections on the Ordinary

Once, some years ago, I was asked this question. “What is love?” I answered, “I’m not so sure.”

The Alzheimer’s unit was packed for a Sunday afternoon lunchtime. Brothers and sisters, cousins and friends pushed wheelchairs over to lunch tables readied with blue and purple plaid placemats and napkins. Visitors presented gifts of bright shamrock plants and pink tulips to decorate bedside tables. Others brought sweet munchies, cookies or chocolates already unwrapped. The absence of wrapping paper made for easier eating. Bags of freshly laundered shirts and sweaters were being returned for ready wear on Monday. Harried aides raced about balancing brown plastic trays on upturned palms. This Sunday’s menu: stuffed chicken breast, rice pilaf, green peas and stewed apricots. “Not bad,” I thought to myself.

My dear friend, whom I have known for years, resides here. In times gone by she used to love hiking through the woods and exploring nooks and crannies in New York City neighborhoods. Now, she’s confined to a wheelchair. Once a chatterbox, her speech is now reduced to garbled words and incoherent utterances. Some days she’s simply mute. Strangely, it is in that space of muteness that we seem to feel most comfortable. It’s this silence that seems to give us permission to hold hands. The sounds of silence feel just right.

Oftentimes during these visits, I find myself remembering earlier times. When visiting our home she often came bearing gifts. One winter afternoon she blew in with two stuffed snakes, one was pink and the other one blue, long, skinny and plush. These snakes lived on the windowsills of our daughters’ bedrooms for years. I think they may still be in the house, this time in the basement, boxed with other dusty memories. My dear friend came for birthdays and anniversaries, always speeding in and out, coming from somewhere, going somewhere else.

Still she came.

Even now, when I sit next to her I recall words and phrases that struck me as very significant. Here’s one. She said, “My father comes to me in dreams and keeps asking me why it is taking me so long.” Then she smiled.

This dear friend taught all her life. I believe she is teaching, still. Teaching from her wheelchair, teaching in garbled speech, teaching in her silence. I am learning to listen.

For more than fifteen years I worked at Cabrini Immigrant Services in Dobbs Ferry, New York. Then I retired. Then I worried. What will I do? How will I continue to live out Cabrini's charism? Yesterday, I visited this dear friend. We attended Mass together and she held my hand. She prayed and she sang. Isn't that amazing!

If I were to be asked again, "What is love?" I think I might have an answer this time.

~ Marianne McGowan, CLM

2019 Living Justice in the American Catholic Church Series

"Not to be served, but to serve"

Catholic Leadership Beyond the Crisis

"Catholic Leadership for the Future"

Panelists:

Sr. Florence Enechukwu, MSHR, Archdiocese of Philadelphia

Maureen O'Connell, PhD, LaSalle University

Matthew Davis, Diocese of Camden

Tom Southard, JD, Conference of Major Superiors of Men



From left: Dr. Ray Ward, Director of the Wolfington Center introduces the panelists: Tom Southard, J.D.; Dr. Maureen O'Connell; Matthew Davis; and Sr. Florence Enechukwu, MSCR.

Four leaders of diverse experience and expertise met at Cabrini University on Monday, April 1st to discuss how Catholic clergy, lay people, and leaders are responding to the problems posed by abuse and oversight problems in the Church, and to help participants think creatively about renewed Catholic leadership in the Church. The problems revolve around power and culture.

Since we are all the Church, the Body of Christ, we need to build "people power". The hierarchy needs to value and engage the assets of the lay people and create a synergy of those gifts. We need to increase "co-responsibility" for the future of the Church.

Thinking of Others and Lending a Helping Hand



Two students from The Agnes Irwin School in Rosemont, PA, Peyton Weber (l.) and Lexi Laveran, collected clothing, and feminine hygiene products, etc. for victims of human trafficking.

The Cabrini Action and Advocacy Coalition (CAAC) will share these donations with agencies in the greater Philadelphia area that house and work with trafficked victims.

Thank you to the students and faculty at Agnes Irwin for your continued support!
~ submitted by Karol Brewer, CAAC

Cabrini of Westchester's Sharing In Mission Join the fun and celebration!

We would like to invite the Missionary Sisters of the Sacred Heart of Jesus to be our guests at this event. Please RSVP to Susan Herceg at (914) 693-6800 ext. 502 or sherceg@cabrini-eldercare.org if you plan on attending.



A Lenten Prayer and Message from Sr. Grace



Our Lenten prayers continue.
Thank you to Sr. Grace, MSC candidate Bianca Huertas and CLM Melanie Paccillo for collaborating on these reflections.

This week:

English

- <https://drive.google.com/open?id=1C0qq3iYF-74h0f-xRKqU3UhhLhUVYmt0>

Spanish

- https://drive.google.com/open?id=1V6ZsJ45dHmyOb3lw63KRntfbaKq_4orh

Holy Week:

English

- https://drive.google.com/open?id=11ckl9J_N52afWCDPe8pA8d0Ypb-yU1g1

Spanish

- https://drive.google.com/open?id=1krUsvun_npXtwwYy--J8EGjWak2fd_7k



Prayer Requests

Brendan Collins

Michael Collins requests prayers for his son, Brendan, who is 25 years of age and who is struggling with an addiction. He asks for prayers for Brendan's recovery and for so many others who are suffering from addiction.

For those in the Philadelphia area, there will be a Mass for those suffering from addiction.
Cathedral Basilica of Saints Peter and Paul
Saturday, April 27, 2019 – 12 noon
All are invited.

Margrit Boyle Corcoran

Please say a prayer for Cabrini (College) University alumna Margrit Boyle Corcoran '69 who is recovering from a kidney transplant. Pray that her recovery will be free of complications. Margrit's nephew served as her donor. Please keep him in your prayers as well for his courage and generosity.

Theresa DeLawrence

Your prayers are requested for Theresa, the sister of Sr. Grace Waters, MSC, who underwent a procedure on Monday. Theresa is now at home and Sr. Grace is caring for her. They would both be grateful for our prayerful accompaniment as Theresa recovers.

Dr. Shirley Dixon

Your prayers are invited for Dr. Shirley Dixon, Cabrini (College) University alumna '84, M.Ed. '89, Ed.D. '18 and trustee, who was recently hospitalized. She is now feeling better. Please pray for her return to full health and energy.

Matthew Larkin and his mother

Prayers are requested by Sr. Grace Waters, MSC, for Matthew Larkin and his mother.

Lance Palazzo

The Cabrinian Community offers prayers of gratitude for the successful completion of chemotherapy treatments for Lance Palazzo. May he enjoy full health for many years.

Kathleen Silva and her brother Kevin

Ms. Silva has written to the Missionary Sisters requesting prayers for herself and her brother both of whom are in poor health. They ask our prayers that they can continue with faith and hope. In turn, she promises to pray for the Missionary Sisters and the Cabrinian community.

Judy Tague

Kindly remember Cabrini (College) University alumna Judy Tague '74 in your prayers. Judy is the sister of Cabrini (College) University alumna Jacque Tague Murray '69. Judy is need of our prayers at this time. Please pray that she may have peace and be comforted.

In Loving Memory

Jim Currie

After a long battle with cancer the brother of Sr. Eileen Currie, MSC - Jim Currie - passed away on Tuesday, April 9th. He is survived by his wife, 5 children and 6 grandchildren. Sr. Eileen asks that we lift a prayer of gratitude because Jim is now free of all suffering.

Services:

Monday, April 15th

St. Dorothy Church

4910 Township Line Road, Drexel Hill, PA 19026

Viewing 9:00 a.m.

Mass 10:30 a.m.



Karen Hlavec

Sr. Regina Hlavec, a Daughter of Charity, asks prayers for the repose of her younger sister, Karen, who returned to the Lord on Sunday, March 31st. Sr. Regina and her family would be grateful for your prayerful support.

Janice Lanski

Let us pray for the repose of the soul of Janice Lanski, sister-in-law of Sr. Tommasina Lanski, MSC, who passed away after a brief illness. She is preceded in death by her husband, Joe, who went home to God last year on April 1, 2018. Janice will be deeply missed her children: Scott and Kelli; and the rest of the Lanski Clan.

Helen Mason

Kindly pray for the repose of the soul of Helen Mason, the sister of Cabrini (College) University alumna Lorraine DeBrodi '69. Helen passed away unexpectedly last week. Please keep Lorraine and her family in your prayers.

Fr. George McGee, OSA

Please remember Fr. McGee in your prayers. He returned home to the Lord earlier this week following a lengthy illness. Fr. McGee is a longtime friend of Sr. Grace Waters, MSC. May he rest in God's eternal peace.

Andy Siciliano

A long-time parishioner of St. Donato's Parish passed away on March 27th. His wife, Mary Ellen (Fleming) Siciliano, attended St. Donato's as did her children. His funeral took place at St. Donato's on April 1. His family would be grateful for prayers at this time.

Sr. Justina Eileen Tsoku, OSM

Please unite in prayer for the repose of the soul of Sr. Justina Eileen Tsoku, OSM, '74, a Cabrini (College) University alumna. Sr. Justina died on March 15th in Omaha, NE, one week after celebration her 90th birthday. A Mass will be celebrated in her memory in the Bruckmann Chapel of St. Joseph on Wednesday, April 17, 2019 at 12:30 pm on the University campus.

