



February 4, 2016

Justice for Immigrants Lobbies at the NY Statehouse



Javier Ramirez-Baron, Director of Cabrini Immigrant Services, NYC, (back row c. l.) and CMC missionary Madison Koenig (r. in front Javier) along with Ella Nimmo and Denise Pizarro travelled to the Statehouse in Albany, New York along with other immigrant advocacy groups to ask for more comprehensive services for immigrants.

On Tuesday, January 26, members of the Justice for Immigrants campaign at Cabrini Immigrant Services lobbied with other immigrant advocacy groups at the New York Statehouse in Albany. We asked for more funding for English classes and legal services, support for translation services in hospitals and at doctors' offices, and for the state legislature to finally pass the NY State Dream Act, which would allow undocumented college students to apply for scholarships and loans. Our representatives were responsive, but there's still so much work to be done. Please pray that all elected officials keep justice and mercy at the forefront of their minds as they work with our immigrant community!

Instituting a Client Choice at CIS-NYC

This week our food pantry switched to a Client Choice system. Instead of assembling food packages before the pantry opens, now clients can come inside and pick out which items they like from a variety of healthy options in each food group. Preparing for Client Choice took a lot of work from CMC missionary Rebecca Wyss and her incredible pantry volunteers, but



CMC missionary Rebecca Wyss initiated a new system of food selection at the CIS NYC food pantry.

the first day with Client Choice was a great success with our clients!

~ submitted by CMC missionary Madison Koenig



MSC candidate Claudia Lorena Redondo helps CIS volunteer Pedro Pizarro, an employee of St. Teresa Parish, assemble shelving for Client Choice.

Continuing the Jubilee Year of Mercy

During the upcoming weeks, we will be considering ways in which we can more fully enter into the spirit of the Year of Mercy and will be offering practical suggestions for showing mercy to others.

The Corporal Works of Mercy

The Corporal Works of Mercy are found in the teachings of Jesus and give us a model for how we should treat all others, as if they were Christ in disguise. They are “charitable actions by which we help our neighbors in their bodily needs” (USCCA). They respond to the basic needs of humanity as we journey through this life

SHELTER THE HOMELESS

There are many circumstances that could lead to someone becoming a person without a home. Christ encourages us to go out and meet those without homes, affirming their worth and helping them seek a resolution to the challenges they face.

See if your parish or diocese is involved with a local homeless shelter and volunteer some time.

- Donate time or money to organizations that build homes for those who need shelter.

- Many homeless shelters need warm blankets for their beds and socks for their feet. If you can knit or sew that would be an extra loving gift.
- There are millions of children and families who are on the move, fleeing from war, illness, hunger and impossible living conditions, and searching for peace and safety. Engage parish groups of children, youth, young adults, and families in doing some research on the causes and challenges that these families face to survive. Contact Catholic Social Services, or diocesan offices of peace and justice for help with your research. Seek ways to provide shelter for the homeless locally, regionally, nationally or internationally.



Cabrini High School, New Orleans, LA

Cabrini Instructor Chosen for Polar-Ice Workshop



Cabrini High School Science Department Head Ann Smart was selected to participate in the Ocean Sciences Polar-Ice Educator Workshop at the Audubon Aquarium on February 21st.

The workshop is being held in conjunction with the Ocean Sciences Meeting taking place in New Orleans that week. One of only 10 teachers from around the country invited to participate, Smart joins an elite group of teachers helping polar scientists adapt their data and studies for use in a high school learning environment.

The selected teachers will learn about the cutting edge research currently being conducted in Antarctica and will review lesson plans and activities prepared by polar scientists for high school classrooms. Each teacher will pair with 2 or 3 polar scientists to assist them in presenting their studies in a format readily understood by the general public. The teachers will present the adapted lessons to their classes, then communicate with their scientists/partners via the "Ask a Polar Scientist" feature on the Polar ICE website, testing the effectiveness of the adapted lessons in real-time.

"I am extremely excited to take part in this workshop," noted Smart. "Not only do I get to learn about the latest breakthroughs and studies in Polar Science, but I get to assist the researchers in creating lessons and classroom activities that will effectively communicate their findings to my students. I am beyond thrilled to be a part of this endeavor." ~ *submitted by Nall Gearbeard*



Ms. Ann Smart

Celebrating God's Mercy This Lent

The season of Lent during this Jubilee Year should be lived more intensely as a privileged moment to celebrate and experience God's mercy. It is the opportune moment to change our lives! This is the time to allow our hearts to be touched! It is the time to listen to the cry of innocent people who are deprived of their property, their dignity, their feelings and even their very lives. To stick to the way of evil will only leave one deluded and sad. True life is something entirely different. God never tires of reaching out to us. God is always ready to listen. All one needs to do is to accept the invitation to conversion and submit oneself to justice during this special time of mercy offered by the Church.

~ Pope Francis

What one or two things can I focus on to change my life this Lent?

PLEASE JOIN US! Registration is now open*

In the spirit of the Jubilee Year of Mercy



Where?

Cabrini College, Radnor, PA
Holy Spirit Library, 2nd Floor Conference Room

When?

Saturday, March 12, 2016 9:30 am – Gathering and Coffee
10:00 am – 4 pm - Program 4:00 pm - Liturgy

What?

A Day of Prayer, Reflection and Restoration focused on the Jubilee Year of Mercy. \$25 includes program, materials, continental breakfast, boxed lunch, & refreshments. Mindfulness meditation, spiritual movement, quiet reflection, & insights on mercy will highlight the day.

Who?

All are welcome! Missionary Sisters, Cabrini Lay Missionaries, Cabrini Companions, Cabrini Mission Corps missionaries and alumni, Cabrini College employees and alumni, and Cabrini friends.

Presenters: Fr. Edwin Robinson, OFM, Director of Pastoral Care, Cabrini of Westchester
Sr. Christine Marie Baltas, MSC and Sr. Grace Waters, MSC.

How?

* **Registration is now open.** To register or for more information, please email: cabriniformation@mothercabrini.org or call 610-902-1038/39. Space is limited. (The first ten registrants will receive a special Cabrinian gift.) Checks should be made payable to: Missionary Sisters of the Sacred Heart of Jesus and mailed to: Cabrini Formation Office, 610 King of Prussia Rd. The Cottage, Radnor, PA 19087

Prayer Requests

Sr. Christine Marie Baltas, MSC requests...

Prayers for a baby named Christine who has been diagnosed with Downs Syndrome and heart issues.

Ron Chaffee

Please pray for Ron Chaffee, the husband of Cabrini College professor Dr. Marty Waring-Chaffee. Mr. Chaffee has been seriously ill and still faces some hurdles in his recovery. Please pray for them as they continue to seek medical help.

Meredith Clemons

Prayers are asked for Meredith and her safety as she embarks upon a new chapter in her life.

Peter Karpinski

Peter, a Cabrini Companion, asks that we remember him and his wife in our prayers for healing and good health. He is having surgery next Thursday.

Erin Kennerley

Please pray for Erin, a young woman who is pregnant, and has learned that the prognosis for her unborn baby is very poor.

Infant Marisa Kruger

Please pray for infant Marisa Kruger who was born on Monday with a congenital defect - a diaphragmatic hernia- which was diagnosed in utero. Sadly, Marisa is not doing well, despite all of the treatment and care. The Kruger Family would be so grateful for the prayers of the Sisters and the Cabrinian Community.

Anthony Russo

Please pray for Anthony, the father of Cabrini College staff member Rosemary Gehrlein, who is now in hospice care. Please pray for his comfort and for support for his wife of 69 years and his daughter and son and their family.

Special Intention

We have received a request for prayers for a good diagnosis and healing. Please keep this person in your prayers.

In Loving Memory

Sr. Christine Marie Baltas, MSC requests...

Prayers for a family who is mourning the death of two month-old baby girl named Sunny who died suddenly while her mother was nursing her. Pray that these parents are given the strength and the faith to cope with this devastating loss.

Jim Masella

Please pray for the repose of the soul of Jim Masella, who passed away February 2nd from the effects of rheumatoid arthritis and a massive stroke. Pray for the consolation of his wife Clair Aiello-Masella, cousin to Antonina Avitabile MSC, and the Masella and Aiello families. He was a wonderful person.

Sr. Melba Russo, MSC

Please pray for the repose of the soul of Sr. Melba Russo, MSC, who was called home to God early on Wednesday morning, February 3rd, at St. Cabrini Nursing Home in Dobbs Ferry, NY. Her funeral arrangements are pending.

With Gratitude

My family and I would like to thank everyone for the Masses and prayers for my brother Vincent who died suddenly on January 18th. Vincent served in the army and after graduating from Lehigh University was employed in the Department of Defense. He served our country faithfully for fifty-three years and will surely be missed. May he rest in peace.

Sr. Joan Marie Sariti, MSC



February 10th is Ash Wednesday



In the Roman Catholic Church, Ash Wednesday is the first day of Lent, the season of preparation for the resurrection of Jesus Christ on Easter Sunday.

A Day of Repentance

The distribution of ashes reminds us of our own mortality and calls us to repentance. In the early Church, Ash Wednesday was the day on which those who had sinned, and who wished to be readmitted to the Church, would begin their public penance. The ashes that we receive are a reminder of our own sinfulness, and many Catholics leave them on their foreheads all day as a sign of humility.

The Church emphasizes the penitential nature of Ash Wednesday by calling us to fast and abstain from meat. Catholics who are over the age of 18 and under the age of 60 are required to fast, which means that they can eat only one complete meal and two smaller ones during the day, with no food in between. Catholics who are over the age of 14 are required to refrain from eating any meat, or any food made with meat, on Ash Wednesday.