



MISSIONARY SISTERS  
of the SACRED HEART of JESUS  
*Bringing Christ's love to the world*

THE UPDATE

January 21, 2016

## Continuing the Jubilee Year of Mercy

The Jubilee Year of Mercy began on December 8, 2015, the fiftieth anniversary of the closing of the Second Vatican Council.

*Pope Francis has written:*

Jesus Christ is the face of the Father's mercy. These words might well sum up the mystery of the Christian faith. Mercy has become living and visible in Jesus of Nazareth, reaching its culmination in him. The Father, "rich in mercy" (*Eph 2:4*), after having revealed his name to Moses as "a God merciful and gracious, slow to anger, and abounding in steadfast love and faithfulness" (*Ex 34:6*), has never ceased to show, in various ways throughout history, his divine nature. In the "fullness of time" (*Gal 4:4*), when everything had been arranged according to his plan of salvation, he sent his only Son into the world, born of the Virgin Mary, to reveal his love for us in a definitive way. Whoever sees Jesus sees the Father (cf. *Jn 14:9*). Jesus of Nazareth, by his words, his actions, and his entire person reveals the mercy of God.



We need constantly to contemplate the mystery of mercy. It is a wellspring of joy, serenity, and peace. Our salvation depends on it. Mercy: the word reveals the very mystery of the Most Holy Trinity. Mercy: the ultimate and supreme act by which God comes to meet us. Mercy: the fundamental law that dwells in the heart of every person who looks sincerely into the eyes of his brothers and sisters on the path of life. Mercy: the bridge that connects God and man, opening our hearts to the hope of being loved forever despite our sinfulness.

**We will be considering different aspects of the Year of Mercy over the course of the next few weeks and will be highlighting**

**the Corporal and Spiritual Works of Mercy with a focus on ways in which we can more fully participate in this Jubilee Year.**

### THE CORPORAL WORKS OF MERCY

#### **The Corporal Works of Mercy**

The Corporal Works of Mercy are found in the teachings of Jesus and give us a model for how we should treat all others, as if they were Christ in disguise. They are "charitable

actions by which we help our neighbors in their bodily needs” (USCCA). They respond to the basic needs of humanity as we journey through this life.

#### **FEED THE HUNGRY**

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There are many people in this world who go without food. When so much of our food goes to waste, consider how good stewardship practices of your own food habits can benefit others who do not have those same resources.

- Having delicious food at Thanksgiving or Christmas dinner? Donate to a Thanksgiving or Christmas food drive so everyone can have something to eat.
- Research, identify and contribute financially to organizations that serve the hungry.
- The next time you make a recipe that can be easily frozen, make a double batch and donate one to your local food pantry or soup kitchen.
- Try not to purchase more food than you are able to eat. If you notice that you end up throwing groceries away each week, purchasing fewer groceries would eliminate waste and allow you to donate the savings to those in need. ~ USCCB website



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## A Festival of Forgiveness

20 Hours of Prayer, Adoration,  
and Confession  
for the Jubilee Year of Mercy



As we journey through this Year of Mercy, Campus Ministry at Villanova University in Villanova, PA is celebrating *A Festival of Forgiveness* on **February 2 and 3 at St. Thomas of Villanova Church**. The festival begins with a simple Night Prayer at 9:00 pm on Tuesday, February 2. The church will be open all night and throughout the following day for private prayer and Adoration of the Blessed Sacrament.

Augustinian friars will be available in the church the entire time – night or day - to celebrate the Sacrament of Reconciliation or just for conversation about matters that may be weighing heavily on your mind.

The Festival concludes on Wednesday, February 3 with 5:30 pm Mass in the church. All are welcome to stop by for any amount of time. Please share this special spiritual opportunity with others. ~ *Villanova University Campus Ministry*

More information can be found at:

<http://www1.villanova.edu/villanova/mission/campusministry.html>

# Cabrini Immigrant Services, New York, NY

## *A Voice for Immigrant Rights*



Monica, a member of the Justice for Immigrants group, addressed a crowd and the media on DAPA and DACA.

Last Friday, a member of our Justice for Immigrants campaign spoke at her first press conference! Monica is undocumented, but she has two children who are US citizens. On Friday, she spoke during a press conference hosted by the New York Immigration Coalition. Her daughter Liliana kept her company while she spoke.

Monica was very nervous, but we're so proud of her for speaking in front of the crowd and on the news! She urged the Supreme Court to hear the case about Obama's 2014 executive actions of Deferred Action for Parents of Americans (DAPA) and expanded Deferred Action for Childhood Arrivals (DACA). These actions were announced in November 2014 and would allow parents and more young adults to gain lawful status in the country, but the actions have been tied up in the courts for months. We're very excited that after months of activism, the Supreme Court announced on Tuesday that they will hear the case for DACA and DAPA! This announcement gives hope to our community members who have been living in fear that they will be separated from their families. We expect that the Supreme Court will give its ruling in the early summer. Please keep this case and all of our clients' families in your prayers! ~ *submitted by CMC missionary Madison Koenig*

You can read about the press conference (in Spanish) here: <http://bit.ly/1P4PiEK>

Or in English here: <http://bit.ly/1ODEJ5T>

And watch a clip from the news (in Spanish) here: <http://bit.ly/1WfgUXk>

### One Minute Meditation

God will use you to accomplish great things if you only believe much more in God's love than in your own weakness. Let the love of God take absolute possession of your heart.

~ Blessed Mother Teresa of Calcutta





# FOR LENT FOR LIFE

WHAT YOU GIVE  
UP FOR LENT  
CHANGES LIVES.

## Cabrini High School, New Orleans, LA

### *Initiates Lenten Rice Bowl Campaign*

Cabrini High School will host Catholic Relief Services Speaker Gabriella Rakotomanga on campus Wed. Feb. 3.

Cabrini, a CRS Platinum Global High School Partner, invited Rakotomanga to kick off the school's Lenten Rice Bowl offerings with a speech in the

chapel. Rakotomanga is native to Madagascar and the country's Project Manager for CRS, supervising humanitarian aid efforts in the island nation off the Southeast coast of Africa. Ninety percent of Madagascar's 23 million inhabitants are impoverished, subsisting on less than \$2 per day.

In her 25 years of service with CRS, Rakotomanga has held a variety of supervisory positions, including a year as base manager and head of office for the CRS response team in Sri Lanka after that country was devastated by a tsunami in 2004. Rakotomanga will recount her efforts in Sri Lanka after one of the worst natural disasters of this century, and her years in Madagascar combating hunger and disease on behalf of Catholic Relief Services.

*~ submitted by Nall Gearheard*



Cabrini High School students along with CMC missionary Denzell Stanislaus (c.) and Campus Minister Laura Arand (c.r.) receive the blessing of Archbishop Aymond, D.D. before they depart for the March for Life Pilgrimage in Washington, D.C.

## *Pro-Life Mass*

Cabrini High School held its annual Pro-Life Mass for all students and faculty with guest celebrant Archbishop Aymond at Our Lady of Holy Rosary Church.

Archbishop Gregory Aymond, D.D. was the principal celebrant of the mass, which was concelebrated by Cabrini's Chaplain, Fr. Kyle Sanders. They were assisted by Deacon Uriel Durr.

In his homily the Archbishop stressed the importance of all human life in his homily and

the sanctity of life "from the womb to the tomb." The Archbishop noted the inhumanity and indignities of abortion, euthanasia, capital punishment, human trafficking, and childhood bullying, emphasizing the sacredness of life in all its stages.

At the conclusion of the Mass the Archbishop blessed the ten students and faculty members who will be making the March for Life Pilgrimage in Washington, D.C. the week of January 18<sup>th</sup>.

*~ submitted by Nall Gearheard*

# PLEASE JOIN US!

## In the spirit of the Jubilee Year of Mercy



### Where?

Cabrini College, Radnor, PA  
Holy Spirit Library, 2<sup>nd</sup> Floor Conference Room

### When?

Saturday, March 12, 2016      9:30 am – Gathering and Coffee  
10:00 am – 4 pm - Program      4:00 pm - Liturgy

### What?

A Day of Prayer, Reflection and Restoration focused on the Jubilee Year of Mercy. \$25 includes program, materials, continental breakfast, boxed lunch, & refreshments.

### Who?

All are welcome! Missionary Sisters, Cabrini Lay Missionaries, Cabrini Companions, Cabrini Mission Corps missionaries and alumni, Cabrini College employees and alumni, and Cabrini friends.

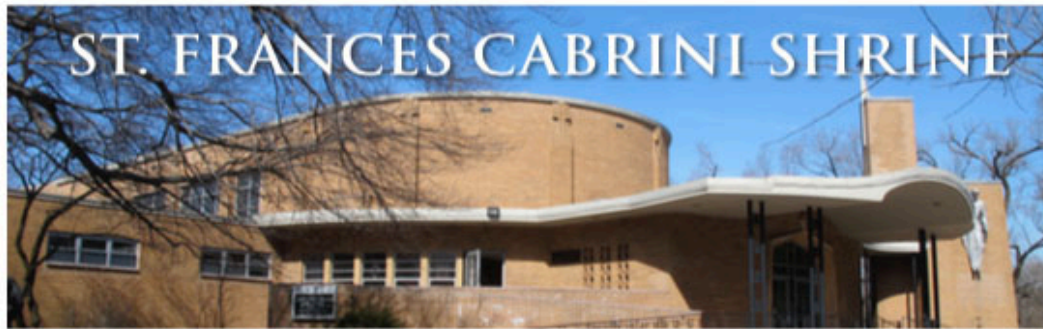
Presenters: Fr. Edwin Robinson, OFM, Director of Pastoral Care, Cabrini of Westchester  
Sr. Christine Marie Baltas, MSC and Sr. Grace Waters, MSC

### How?

To register or for more information, please email [cabriniformation@mothercabrini.org](mailto:cabriniformation@mothercabrini.org) or call 610-902-1038/39. Space is limited.

Checks should be made payable to: Missionary Sisters of the Sacred Heart of Jesus and mailed to:

Cabrini Formation Office, 610 King of Prussia Rd. The Cottage, Radnor, PA 19087



## *Winter Calendar for St. Frances Cabrini Shrine, NYC*

<b>Every Sunday</b>	<b>9:00 and 11:00 Mass</b> <b>12:15 Rite of Eucharistic Exposition, Bilingual</b> <b>12:15 – 4:30 Adoration of the Blessed Sacrament</b> <b>3:00 Mercy Chaplet, Bilingual</b>
<b>Tuesday - Saturday</b>	<b>12:00 Daily Mass in English</b>
<b>Third Sunday of the Month</b>	<b>Year of Mercy Indulgence for Pilgrims</b> <b>11:00 Communal Reconciliation Service and Individual Confession</b> <b>12:00 Mass followed by Prayers for Jubilee Indulgence</b>
<b>Fridays during Lent</b>	<b>12:00 Mass</b> <b>12:30 Stations of the Cross</b>
<b>Tuesday, February 2</b>	<b>12:00 Presentation of the Lord Blessing of Candles</b>
<b>Wednesday, February 10</b>	<b>12:00 Ash Wednesday Mass with distribution of ashes</b>
<b>Friday, February 12</b>	<b>Stations of the Cross, following 12:00 Daily Mass</b>
<b>Saturday, February 13</b>	<b>Prayer Service for Victims of Human Trafficking, St. Josephine Bakhita, patroness</b>
<b>Friday, February 19</b>	<b>Stations of the Cross, following 12:00 Daily Mass</b>
<b>Saturday, February 20</b>	<b>11:00 Reconciliation Service and confessions</b> <b>12:00 Mass</b>
<b>Friday, February 26</b>	<b>Stations of the Cross, following 12:00 Daily Mass</b>
<b>Saturday, February 27</b>	<b>Misa en Español</b> <b>1:30 Rosario en español (Rosary in Spanish)</b> <b>2:00 Misa en Español</b>

## *Upcoming Events*

*Please mark your calendar.*



# St. Frances X. Cabrini Shrine, New York City

*When you come to visit....*

About the Jubilee Indulgence...

(To schedule your group for a pilgrimage, email: [info@cabrinishrinenyc.org](mailto:info@cabrinishrinenyc.org) or call: 212-923-3536.

**Mass, a tour and a presentation about St. Frances Cabrini are available on request.)**

Every Catholic is encouraged to make a pilgrimage during this year before November 20th, according to their abilities and circumstances. If they can travel to Cabrini Shrine NYC or another Jubilee Church, they **cross through the Holy Door**, then stop in prayer to fulfill the actions asked for the Year of Mercy: **The Profession of Faith**, and **Prayer for the Holy Father** and his intentions. This should be at least an “Our Father.” Taking into consideration the spirit of this Holy Year, pilgrims might recite the lovely prayer of Pope Francis for the Jubilee, and conclude the time of prayer with an invocation to the merciful Lord Jesus (for example, “Merciful Jesus, I trust in you.”)

## Conditions for Gaining a Partial Indulgence

- Be baptized, not excommunicated, and in a state of grace.
  - Have the intention of gaining the indulgence (including being contrite).
  - Perform the Work of Mercy or offer the prayers as described for the Year of Mercy.
- May be obtained more than once per day.

## Conditions for Gaining a Plenary Indulgence *(In addition to the above.)*

- Exclude all attachment to sin.
- Go to sacramental confession.
- Receive Eucharistic Communion.
- Pray for the intentions of the Holy Father.

May only be obtained once per day. If any component is lacking, the indulgence will be partial.

*It is appropriate, but not necessary, that the sacramental Confession and especially Holy Communion and the prayer for the Pope's intentions take place on the same day that the indulgenced work is performed; but it is sufficient that these sacred rites and prayers be carried out within several days (about 20) before or after the indulgenced act. The indulgence may be obtained for a deceased person or for yourself.*

– Adapted from the decree on the plenary indulgence for the 2000 Jubilee Year.





## Cabrini *Action and Advocacy* Coalition

Dear Cabrini Friends,

We just received an emergency call from a Victim Assistance Specialist with Homeland Security. She is working with 4 young men from Honduras who are the victims of child sex tourism.

She said, "Because of their cooperation and victimization, they are eligible to move to the US, which they will be doing immediately following sentencing of the perpetrator. I am trying to get things in place for their arrival next week (for trial) and want to ease the transition and have been having a very tough time. I'm hoping you can help... Some of the things I am looking for are:

- Warm clothing to include hats, gloves, pants, shirts, boots, etc. (the boys only have very minimal clothes suitable for a warm weather climate like Honduras).
- The boys are in their early/mid 20's and they are all on the smaller side. All wear a size Small for shirts/jackets and here are the rest of the sizes:

**Victim 1**—Pants- 30x32, Shoe size 8

**Victim 2** - Pants- 32x30, Shoe size 7 ½ or 8

**Victim 3** - Pants- 30x30 or 30x32, shoe size 9

**Victim 4** - Pants- 28 or 29x30, shoe size 7 ½

- Furniture
- Miscellaneous items such as dishes, sheets, towels, mattresses, food, toiletries, etc.
- Gift cards to stores such as Walmart, Target, food stores: Giant, Acme

Please let me know if you can help in any way.

Many blessings,

Karol Brewer

Cabrini Action & Advocacy Coalition

[cabriniformation@aol.com](mailto:cabriniformation@aol.com)



# Prayer Requests

## ***Catherine Arnesen***

Your continuing prayers are requested for Catherine, a former staff member at Cabrini College. Last week, Catherine had a serious fall and sustained a severe head injury and broken hip. She is currently recuperating in the hospital. Catherine is 96 years of age. Please remember her as she regains her health.

## ***Melanie Encarnacion Soto***

Please pray for Melanie, the sister of Sr. Candida Encarnacion Soto, MSC, who is currently hospitalized and in need of our prayers.

## ***Adam Henry***

Prayers are requested for Adam Henry, a pilot who has not been able to fly since having a medical emergency over a year ago. His mother is asking for prayers, as he will undergo tests to determine if his pilot's license can be restored.

## ***Karen Ann Leydon***

Please pray for Karen, the daughter of a classmate of Sr. Pietrina Raccuglia, MSC and Margo Litwin, who was diagnosed with cancer.

## ***Jack Nowry***

Sr. Arlene Van Dusen, MSC asks for prayers for her brother-in law Jack Nowry who will be undergoing surgery next week. Please pray for a successful procedure and a rapid recovery.

## ***Gloria Olmstead***

Please keep Gloria, the mother of Sr. Diane Olmstead, MSC, in your prayers. Mrs. Olmstead has been hospitalized. Sr. Diane has traveled to be with her mother and father at this time. Please accompany all of them with your prayers.

## ***Sr. Melba Russo, MSC***

Please pray for Sr. Melba Russo who recently fell and sustained a hip fracture and underwent hip surgery. She will likely be returning from the hospital to St. Cabrini Nursing Home later today.

## ***Mary Santiago***

Cabrini Companion Peter Monaco requests prayers for his co-worker, Mary Santiago, as she deals with some health issues.

## ***Madeline Suwer's mother***

Please keep the mother of Madeline Suwer in your prayers. Her mother recently suffered a heart attack. Pray that she recovers quickly.



***Frances Vallecillo***

Let us pray for Frances, the sister of Sr. Concepcion Vallecillo, MSC, who has been ill. Let us hold this family in our prayers

***Margo Williams***

You are asked to keep Margo, a former MSC, who resides at St. Cabrini Nursing Home, in your thoughts. She continues to need our prayers and support.

***Mary Young***

Mary, the sister of Sr. Tommasina Lanski, MSC, has been hospitalized in Florida. Pray that she will soon be feeling better.

## With Thanks

***Kathy Collins***

In recent months we have been praying for Kathy Collins who has been undergoing treatment for lymphoma. Recent medical scans have shown that Kathy is now cancer free. The Collins Family is so grateful for your prayers.

## In Loving Memory

***Violet M. Griffin***

The Cabrinian Community joins the Cabrini College Community in extending sympathy to Jay Unger, Campus Facilities Department, on the loss of his grandmother, Violet M. Griffin, who passed way on Saturday, January 9, 2016

***Vincent Sariti***

Please pray for the repose of the soul of Vincent Sariti, brother of Sr. Joan Marie Sariti, MSC. Vincent was called home to God earlier this week. The Cabrini Community sends love and prayers to Sr. Joan as she and her family grieve their loss.

***Deacon Raymond E. Ward***

The Cabrinian Community joins the Cabrini College Community as it extends sympathy to Ray Ward, Ph.D., Associate Director of the Wolfington Center, on the loss of his father, Deacon Raymond E. Ward, who passed away on Friday, January 15<sup>th</sup>, 2016. Please keep Ray and his family in your prayers at this sad time.

***Ted Watkins***

Please pray for the repose of the soul of Ted Watkins. Ted was a friend of former CMC Director Madeline Bialecki. He died peacefully on Saturday, January 16<sup>th</sup> at his sister's home.

***Assis Zanin***

Assis Zanin, the uncle of Sr. Bridget Zanin, MSC died early Tuesday morning, January 19<sup>th</sup>. May he rest in God's peace. Please pray for the Zanin Family at this sad time.