



September 8, 2016

## Pope Francis Elevates Care for Planet to an Eighth Work of Mercy

By Julie Zauzmer, WASHINGTON POST

Pope Francis, who has made the environment a clear focus of his papacy over the last three years, deepened his vision of a green church in which caring for the planet is as important a Catholic commitment as caring for the sick and the hungry.

Catholics currently subscribe to seven corporal and seven spiritual “works of mercy” — obligations that include sheltering the homeless, visiting prisoners, and burying the dead. Last Thursday, in an address explaining why Catholics must make practical changes in their daily routines to safeguard the earth that God created, Francis added care for the environment as an eighth work of mercy.



The modern world has new forms of poverty, Francis said, and thus requires new forms of mercy to address them.

“When we mistreat nature, we also mistreat human beings,” he wrote in his message for the World Day of Prayer for the Care of Creation, which fell on September 1st. He discussed the effect of

global warming, which he noted is caused in part by human activity, on the world’s poorest people.

“This is leading to ever more severe droughts, floods, fires and extreme weather events,” Francis wrote. “Climate change is also contributing to the heartrending refugee crisis. The

world's poor, though least responsible for climate change, are most vulnerable and already suffering its impact."

Environmental awareness, along with concern for the world's poor, especially in the global south, has been a clear concern of Francis's papacy since he became the first non-European pope since the eighth century. His first major treatise as pope was last year's "Laudato Si," an encyclical on the environment that linked human mishandling of the climate to mistreatment of the poor. He quoted frequently from that encyclical in his message [last] Thursday.



In this message, he said that every Catholic should go to Confession to repent his or her sins against the environment. Then that confession should lead to concrete changes in Catholics' daily behavior, no matter how small: Francis suggests turning off lights to avoid wasting energy, taking care not to cook more food than necessary, and using public transportation or carpooling to cut down on gasoline use.

Caring for the planet, Francis said, will be a new act of mercy alongside long-established forms of charity that were inspired by Jesus' words in the book of Matthew. "For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me," the text says.

To the five actions suggested in that passage, Catholics have also added burying the dead and giving alms to the poor to the list of corporal works of mercy, meaning physical actions. The list of seven spiritual works of mercy includes comforting the sorrowful, instructing the ignorant, and praying for the living and dead.

Pope Francis said that care for creation actually belongs on both lists, spiritual and corporal. "Grateful contemplation of God's world," he said, is a spiritual mercy. And daily behaviors to protect the landscape of that world should be considered a corporal mercy.

~ Julie Zauzmer, *The Washington Post*

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#### One Minute Meditation - The Hour of Power

The holy hour in our modern rat race is necessary for authentic prayer. Our world is one of speed in which intensity of movement is a substitute for lack of purpose; where noise is invoked to drown out the whisperings of conscience; where talk, talk, talk gives the impression that we are doing something when really we are not; where activity kills self-knowledge won by contemplation. The best time to make a holy hour is in the morning, early, before the day sets traps for us. By being faithful to it, and letting nothing interfere with it, our hour is our daily union with Christ.

~ Archbishop Fulton J. Sheen, from the Angel's Blackboard/ Words of Grace



## Welcome to Cabrini University!

On Friday, August 26th, approximately 350 first-year students moved into their residence halls, attended a Matriculation Ceremony, began the three-day New Student Orientation, and enjoyed a campus picnic with their families and new classmates.



Early one recent morning, Cabrini University Grounds Manager Gus Feudale captured this stunning image of Mother Cabrini in the Cabrini Mission Corps commemorative garden on campus. Clearly, Mother Cabrini continues to shed her graces upon all.

In the morning, new students moved into Xavier, East, and Woodcrest Halls, the latter of which has been newly renovated with a handicapped-accessible ramp, new flooring, a fresh coat of paint, new furniture, and perhaps the most exciting addition: air-conditioning units.

With 150 student volunteers, incoming students and their families had plenty of help hauling refrigerators, televisions, and coffeemakers into residence hall rooms.

In the morning, all first year students and their families, along with faculty and staff, were invited to a Welcoming Mass.

Later in the day, new students were formally enrolled as members of the Cabrini community at the Matriculation Ceremony, an academic tradition from the 15th and 16th centuries that signals the joint commitment of Cabrini to the enrolling student and of the student to the mission and culture of the University.

During the ceremony, Cabrini presents the official register in which entering students will sign their names.

All students are wished a productive and successful new academic year.

*~excerpts from the Cabrini University website*



## Cabrini High School, New Orleans, LA



### Cabrini High's Vivian Coutin Named School Leadership Fellow

Vivian Coutin, Cabrini High School's Assistant Principal for Curriculum, Instruction, and Professional Development, completed the School Leadership Center's Fellows Program.



Mrs. Vivian Coutin completes School Leadership Center's Fellow Program.

Mrs. Coutin completed two years of personal and professional growth as a part of the Fellows Program. The program provides a unique opportunity to apply the theories of leadership and school administration in practical ways to improve student achievement. Cabrini Principal Yvonne Hrapmann, a 2007 Fellow of the School Leadership Center, recommended Mrs. Coutin for the program.

"These two years of training with the Leadership Center was a great opportunity for me to share best practices with other Assistant Principals and principals from across Louisiana," Mrs. Coutin said. "A personal gift was that one of the instructors at the Fellows Program was a Cabrini Alum Kathy Kilgore class of '67."

*~ submitted by Ardley Hanemann*

### Hrapmann and Arand Attend Loyola Institute

Cabrini High School Principal Yvonne Hrapmann and Campus Minister Laura Arand recently attended the 2016 Summer Institute for Catholic Educational Leadership at Loyola University sponsored by the Loyola Institute for Ministry (LIM). Presenters included Fr. Fred Kammer, S.J. on Catholic Social Teachings and LIM Director, Dr. Thomas Ryan on Pope Francis and the Spirituality of Encounter.

Mrs. Hrapmann shared, "The Institute was an informative experience that both affirmed our work and challenged us to go deeper into practical applications and theological reflection."

Ms. Arand said, "My favorite portion of LIM was when we talked about the Spirituality of Encounter. I feel like I do this sometimes without even thinking when I am with the girls at Cabrini; encouraging them to constantly search, step out of their comfort zone, and see Christ in the beauty around them. This affirmed what I do as a Campus Minister, naturally modeling and sparking spirituality because of my closeness and realness with them."

*~ submitted by Ardley Hanemann*



Cabrini High School Principal Yvonne Hrapmann, (l.) and Laura Arand, Campus Minister, display their Catholic Educational Leadership Institute certificates.



## **Cabrini Health, Australia** **Services Underway at** **Cabrini Asylum Seeker** **and Refugee Health Hub**

The Cabrini Asylum Seeker and Refugee Health Hub, which was opened officially in May this year, is providing a much needed service in Melbourne filling the gap in healthcare faced by asylum seekers and refugees when they arrive in Australia without income or access to Medicare.



**Tracey Cabrié'**  
The Hub, Centre Manager

Since June, Cabrini Health has provided medical care to asylum seekers attending the Hub. They come from countries far and wide including Pakistan, Iran, Iraq, Saudi Arabia, Sudan and Ethiopia. Tracey Cabrié, Centre Manager, says that the Hub provides a weekly GP clinic and a weekly psychiatry clinic and that clients undergo nursing assessments on the other days.

“We were able to employ quite quickly, within a month we had two nurses and an admin assistant,” says Tracey. “While getting the core team together, we’ve been promoting our service to GP networks, referring agencies and the broader asylum seeker and refugee sector.”

The Hub’s medical clinics are provided by a pro bono workforce who is passionate about working with asylum seekers. So far, three psychiatrists and eight GPs have been accredited to work at the Hub, with another five who are interested and currently going through the credentialing process.

The Hub operates on a nurse-led model of care for assessment, triaging and case management. When clients are referred to the hub, the nurse triages them and prioritizes their health needs, works closely with the GP with respect to the care required and facilitates referrals to other community health services such as dental or obstetric care.

Bernadette Flanagan, Practice Nurse, joined the team at the beginning of June and is passionate about the nurse-led model.

“First, we undertake a refugee health assessment, and we find out as much about their current and past medical history as we can,” says Bernadette. “Our patients may have been in camps or detention and many do not have medical paperwork from their past. We get an idea of where they have come from, their current health needs and what is important initially for them. After they are assessed by a nurse, they are seen by a GP to manage a priority list of their health needs.”

Cabrini is supporting asylum seekers seeking Australia’s protection. At the moment, clients come via referral from caseworkers or agencies that are working with asylum seekers. The priority of access is no Medicare card and no income. We expect more clients to come once

word about the Hub spreads in the asylum seeker community. “We’ve established a pharmaceutical program with Brunswick Pharmacy, which enables clients with no income to access medications at no cost to them. Clients are provided with pharmacy waivers and Cabrini is invoiced for the cost,” said Tracey. ~ *submitted by Kate Stivala, Cabrini Health Aus.*

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*The State of Louisiana continues to deal with the significant [aftermath] of flooding and one of the worst natural disasters in recent years.* ~ USA Today

*More than 7 trillion gallons of water fell in Louisiana and Mississippi over eight days in August. The toll so far: 13 lives lost, an estimated \$110 million in agricultural losses and 100,000 homes destroyed or damaged.* ~ The Times-Picayune

## The Cabrinian Neighborly Spirit

### *Cabrini High School Volleyball and Basketball Teams Assist in Flood Clean-up*



Alumna and Head Volleyball coach Kasey Laird '08 brought members of the Cabrini Volleyball team to Baton Rouge to help families and gut houses from the flooding.

Head Basketball Coach Nancy Walsh took the Cabrini Basketball Team, along with Kirk Maronge, Athletic Director and faculty member, Maureen Walsh up to Baker, LA to gut a house and help in the clean up efforts for those who were affected by the flood waters. Coach Walsh will be returning to help with relief effort this weekend.

~ *submitted by Ardley Hanemann*



CHS Alumna Kasey Laird '08 (c. r.) and the members of the CHS Volleyball team who headed to Baton Rouge to assist with the cleanup efforts. Thank you, young ladies, for your spirit of generosity and compassion.



Head Basketball Coach Nancy Walsh (standing left) and her team also lent their assistance to those recovering from the floods in Baker, LA. We are so proud of you!



## **PLEASE REGISTER AS SOON AS POSSIBLE**

### **ST. FRANCES CABRINI SHRINE**

## **A DAY OF PRAYER, REFLECTION AND RESTORATION**

*in the spirit of the Jubilee Year of Mercy*

### **WHERE**

St. Frances X. Cabrini Shrine  
New York City

### **WHEN**

**Saturday, September 17**

9:30 am – Gathering and Coffee

Noon – Liturgy

10:00 am – 4 pm – Program



### **WHAT**

A Day of Prayer, Reflection and Restoration focused on the Jubilee Year of Mercy. \$30 includes program, materials, continental breakfast, lunch, & refreshments. Mindfulness meditation, spiritual movement, quiet reflection, insights on mercy and a walk through the Holy Doors will highlight the day.

### **WHO**

All are welcome! MSCs, Cabrini Lay Missionaries, Cabrini Companions, former Cabrini Mission Corps missionaries and all Cabrini friends.

Presenters: Fr. Edwin Robinson, OFM, Director of Pastoral Care, Cabrini of Westchester  
Sr. Christine Marie Baltas, MSC and Cherie Sprosty, St. F.X. Cabrini Shrine

### **HOW**

#### **Registration open now.**

To register or for more information, please email: [cabriniformation@mothercabrini.org](mailto:cabriniformation@mothercabrini.org) or call 610-902-1038. Space is limited. (The first ten registrants will receive a special Cabrinian gift.) Checks should be made payable to: Missionary Sisters of the Sacred Heart of Jesus and mailed to: Cabrini Formation Office, 610 King of Prussia Rd. The Cottage, Radnor, PA 19087



## Cabrini Mission Foundation

### *“A Tribute on the Hudson”* Luncheon Yacht Cruise

**The Missionary Sisters of the Sacred Heart of Jesus  
&**

**Cabrini Mission Foundation Board of Trustees**

invite you to join us for a tribute luncheon and harbor cruise  
honoring those who lost their lives on September 11, 2001.

**THIS SUNDAY, September 11, 2016**

Boarding at: **11:30 am** /Sailing from: **12:00 pm to 3:00 pm**

**Onboard “Majestic Princess,” Pier 81 (World Yacht)**

Butlered hors d'oeuvres, buffet lunch, dessert, soda, juice, coffee, and tea included.  
Cash bar available.

Pier 81 – 41<sup>st</sup> St and West Side Highway

**By Car:** Parking available at Circle Line Pier 83 – 43<sup>rd</sup> St and West Side Highway

**By Train:** A/C/E to 42<sup>nd</sup> St (8th Ave) and walk to West Side Highway

**By Bus:** M42 Crosstown

**Individual Ticket: \$125**

**For more information on tickets and sponsorship opportunities, please contact:**

**Cabrini Mission Foundation: 212-228-8608 – [www.cabrinifoundation.org](http://www.cabrinifoundation.org)**

Event Committee  
Sr. Lucille Souza, MSC – Chair  
MaryLee Bartolomeo, Mary Ann Michels,  
William O'Connor, Dr. Lawrence Ottaviano



# Prayer Requests

## ***Fr. Kozak***

Please prayer for Fr. Kozak who was recently hit by a car. Surgery will be today to amputate his leg. He continues to have brain bleeds. He is a wonderful preacher and only 42 years old. He remains upbeat and of course, has a strong faith in God. Prayers for Fr. Kozak have been requested by Anita Catalanotto, a staff member at Cabrini University.

## ***Virginia Marzano***

Prayers are requested for Virginia Marzano who recently underwent knee replacement surgery and has been experiencing some complications. She is improving, and would be grateful for our continuing prayers.

## ***Infant Samantha Josephine Sharpe***

Prayers are requested for two day-old Samantha Josephine Sharpe, the grand niece of Cabrini High School alumna and trustee Florence Wingerter. Samantha was born with congenital heart disease and is currently in the ICU. Please pray for the health of Samantha, one of God's littlest ones.

# Continued Prayers

***For:***

***Sr. Adenach Anne, MSC***

***Sr. M.T. Petersen, MSC***

***Sr. Ilaria Povero, MSC***

***Sr. Arlene Primus, MSC***

***Sr. Alberta Surico, MSC***

Please keep the well-being, comfort, and recovery of our Missionary Sisters in your thoughts and prayers.

# With Grateful Hearts

In recent weeks, we have been praying for little **Emmalyn Maumus** who was undergoing medical testing and subsequently underwent surgery. We are happy to report that Emmalyn is doing well and began



kindergarten on Tuesday. Her mother, Cabrini College alumna Vicki Catalanotto Maumus '99 writes, "My family and I especially thank you for your prayers for our Emmalyn – your prayers certainly made a difference for her."

Emmalyn's grandmother and Cabrini University staff member Anita Catalanotto also wishes to thank all who united in prayer for Emms and adds, "This child is a super girl! She never ceases to amaze us with her drive and determination!"

Emmalyn will need follow up visits, so, please continue to keep her in your prayers.

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## *Today is the Feast of the Nativity of the Blessed Virgin Mary*

The Nativity of the Blessed Virgin Mary is one of the oldest Marian feasts on the liturgical calendar. Marking the birth of the Blessed Mother, this day is a celebration not only of Mary but of the gift her life is to our salvation. The Marian hymn "Mary, the Dawn" speaks beautifully of this relationship by declaring, "Mary the dawn, Christ the perfect Day." It is the light that dawned in Mary that is brought to fullness in Jesus. Today, as we celebrate her birth, let us hold high the gift of life, finding the Light in all we meet. ~ *Take Five for Faith*

