



MISSIONARY SISTERS
of the SACRED HEART of JESUS
Bringing Christ's love to the world

THE UPDATE

September 29, 2016

Cabrini of Westchester Holds Raffle to Benefit Victims of Louisiana Floods

In recognition of The Jubilee Year of Mercy, the administration and staff of Cabrini of Westchester have been organizing monthly Acts of Mercy to benefit various organizations and plights. For the month of September, Department Heads and their staff created themed baskets, which they raffled off in the lobby.

Family members, visitors, residents, patients and staff participated in the fun event each hoping to be the lucky winner of one of the 16 the beautifully packaged, fun-filled baskets ranging from a meditation basket, food baskets, an electronic basket and a basket of cheer, to name a few!



Sylvia Silver, a resident of Cabrini of Westchester, takes a chance on a basket of cheer.

The event created a lot of excitement and, more importantly, raised close to one thousand dollars for a wonderful cause. Working in collaboration with Cabrini High School in New Orleans, Cabrini of Westchester donated the proceeds of this fundraiser to Denham Springs High School in Baton Rouge of which 80% of the faculty and students were victims of the recent floods in Louisiana.

~submitted by Lorraine Horgan

Mrs. Ann Dosin, family member of a resident, joyfully displays her autumn themed winnings!



Sixteen beautiful baskets were created for the Year of Mercy to benefit victims of the Louisiana floods.



Four Cabrini High School Students



Chosen for District Honors Chorus

Cabrini High School seniors Alexis Breaux, Holly Ferrari, Isabella Wallace, and junior Amanda Sisung have been accepted into the Louisiana Music Educators Association (LMEA) District Senior High Honors Chorus after auditions at Brother Martin High School.

The four Cabrini students were among approximately 50 students who auditioned for all parts including Soprano, Alto, Tenor, and Bass. In January they will attend choral master classes and perform at a no-charge public concert, February 5, at 1:30 pm at Roussell Hall on the Loyola University campus.

Alexis Breaux also qualified to audition for a position in the LMEA All-State Honor Chorus by virtue of her being in the top 5 of her First Alto audition in the New Orleans District competition. She will compete in the second round audition with First Altos from around the state. Judges of the District auditions were prominent local choral conductors who have no participants in the auditions.



From left: Talented young ladies Isabella Wallace, Alexis Breaux, Amanda Sisung and Holly Ferrari were chosen for District Honors Chorus.

Congratulations!

Scout's Honor

Joey Barisas is an Eagle Scout in the Chicago area who is looking to restore the Grotto at the **Cabrini Retreat Center** in Des Plaines, IL. He attends a local Catholic high school.

As Joey spearheads the project, Saint Julian Parish is getting the word out that project tools, materials, flowers, solar panels, etc. will be needed.

Thanks to Joey for his civic minded and spiritual concern for the wellbeing of the Retreat Center.

~submitted by Sr. Grace Waters, MSC



Save the Date!

*Cabrini Immigrant Services
Liberty & Justice Awards Reception*

December 8, 2016

*Estherwood Mansion
Dobbs Ferry, New York*

Details to follow!

Please join the
Missionary Sisters of the Sacred Heart
in celebrating the
Jubilee of 60 Years of Religious Life
of Sister Benigna Morais, MSC

Friday, October 7, 2016

Mass at 1:30pm
Saint Anthony Hospital Chapel
2875 West 19th Street
Chicago, IL 60623



Reception immediately following the Mass
RM Conference Room

No Personal Gifts Please

In this unprecedented presidential campaign...

TV HOSTS TALK FAITH

POLITICAL COMMENTATOR

Chris Matthews had two resounding words for the Christian Brothers who taught him in high school: "Thank you."



In his commencement speech to the 2015 graduating class at St. Mary's College of California in Moraga, the host of the MSNBC talk show *Hardball with Chris Matthews* said, "Thank you for your dedication to students like me, for how you educated us, for your quiet humility – Yes, I had the Jesuits, too! – and for being more impressed with the young people you teach than you are with yourselves. As a Brother's Boy, I know what I am talking about" Matthews graduated from LaSalle College High School in Wyndmoor, PA. He also attended the Jesuit-run College of the Holy Cross in Worcester, Massachusetts.

~ this article appears in VISION Vocation Guide

Matthews' media peers Rachel Maddow and Stephen Colbert have also shared on-air about their Catholic backgrounds.



Rachel Maddow, who also hosts a political talk show on MSNBC and was raised "very, very Catholic" in her words, praised the work of Sister Simone Campbell, saying "I love that the Holy Spirit is alive and well and making mischief."



Stephen Colbert, now the new host of *The Late Show* on CBS, is a practicing Catholic and former catechism teacher. He displayed his impressive knowledge of his religion during a "Catholic throwdown" segment with Catholic TV actress Patricia Heaton, quizzing one another on beliefs and customs. (Watch the clip at tinyurl.com/TVhostsTalkFaith)

One Minute Meditation

Tuesday, October 4th is the Feast of St. Francis of Assisi. St. Francis is the example, par excellence, of care for the vulnerable and of an integral ecology lived out joyfully and authentically. He is the patron saint of all who study and work in the area of ecology and he is also much loved by non-Christians. He was particularly concerned for God's creation and for the poor and the outcast. He was a mystic and a pilgrim who lived in simplicity and in wonderful harmony with God, with others, with nature and with himself. He shows us just how inseparable the bond is between concern for nature, justice for the poor, commitment to society, and interior peace. ~ Pope Francis, Words of Grace

From the Province Vocation Promotion Team...

I'm over 40. Can I still join religious life?

This is the second instalment of an article that appears in the VISION Vocation Guide by Sr. Adrienne Kaufmann, OSB and Br. Ronald Hingle, SC.

Not all religious communities accept candidates over the age of 40 (the MSCs welcome women on an individual basis, but generally will invite women ages 18 – 45 to apply for candidacy). In this series of articles we will explore the questions and answers that mature candidates often have.

If I have physical concerns common to people my age will that prevent me from entering community?

Sr. Adrienne: Each community has criteria regarding health issues. In our community we are firm: An applicant must be off government-funded disability and working fulltime for a minimum of two years before applying to community. Obesity is the most common health problem of mature-age discerners. In my community we request a commitment to weight loss because obesity leads to other serious health issues and a shortened life span; plus it can sometimes mask emotional issues that can interfere with initial formation.



Sister Adrienne Kaufman, OSB is the vocation director for the Mother of God Monastery in Watertown, South Dakota.



Brother Ronald Hingle, SC is vocation director for the Brothers of the Sacred Heart. He also serves as the Chair of the National Religious Vocation Board (NRVC).

Br. Ronnie: Most communities would not refuse an applicant if his or her health issues are typical and the community believes he or she can meaningfully contribute its mission, community, and prayer life. However, the health of a potential candidate *of any age* is certainly a major consideration of a religious institute. The older the person, the more concern there will be about overall physical and mental health. Realistically, religious institutes have aging community members with diminishing earning potential. Therefore they have fewer financial resources. So it's important to seriously evaluate a potential candidate's ability to contribute to the mission and life of the community. While every religious community would want to discern a potential candidate's vocation mainly on spiritual terms, they must also consider a cost/benefit analysis of the number of years a person can actively contribute, as well as, the community's ability to cover a candidate's medical expenses.

People say that it can be a mistake to enter a religious community soon after a loss. Why?

Sr. Adrienne: Loss equals emptiness, a void crying out to be filled. A major decision should wait until the grieving period has significantly diminished and emotional rawness has subsided. Discernment requires clarity. The adjustments and strained emotions that follow loss inhibit the freedom of spirit needed to discern clearly and peacefully. Furthermore, the call to religious life is a huge transition: change of job, home, friends, church community, lifestyle and culture. One needs to be socially, emotionally, and psychologically strong to negotiate them well.

Br. Ronnie: Any type of commitment in the church – marriage, religious vows, ordination, sacraments of initiation – must be a free and deliberate choice. The emotional and psychological strain of loss in one's life can be so significant that the person experience it is actually less free to make a vocational choice soon afterwards. Time is needed to be truly able to discern.

~ *from* VISION Vocation Guide



Next week: Concerns regarding family.

Prayer Requests

Peggy Deegan

Your prayers are requested for Peggy so that she may experience healing from tuberculosis. Pray that she may soon recover and be restored to full health.

Gloria Guiffre

Gloria Guiffre, the mother of Brenda Guiffre Cowan (class of 1974), is on life support. Brenda asks for prayers for her mother and for the family.

Ralph Onstad

Your prayers are asked for Mr. Onstad, the father of Florence Wingerter, Cabrini High School alumna and trustee. Mr. Onstad is undergoing medical testing.

Rose

Prayers are requested for Rose who has just been diagnosed with bilateral breast cancer and has begun treatment.

With Grateful Hearts

Nancy LaMattina Costello

Nancy and Chris Costello wish to thank you for your prayers for a successful rotator cuff surgery for Nancy. Nancy came through surgery well and is now at home recuperating. She will soon begin physical therapy.

Infant Joseph

Please pray for infant Joseph, the grandson of Doreen McFarland, a good friend of Sr. Christine Marie Baltas, MSC. Joseph was born on September 22nd and had been in the NICU following his birth. As an answer to prayer, little Joseph is being discharged and is going home.

In Loving Memory

Josephine Crosier

Please pray for the repose of the soul of Josephine Crosier, the mother of Lou Ann Crosier Hartwell (Villa Cabrini Class of 1964), and Catherine Crosier Abramowitz (Class of 1974). Josephine passed away peacefully in her sleep on Sunday, September 18. She was an active volunteer at Villa Cabrini and would have been 91 in October.

A Very Special Prayer Request...

CABRINI HIGH SCHOOL, NEW ORLEANS asks your prayers



On Saturday October 1, we will have a vocational meeting with some young people aged 17-36 years who are considering Consecrated Life in their lives. They want to know more about our charism and spirituality!

It feels in this city of New Orleans, that there is an awakening to the religious life and in particular, to the missionary life. Let us pray that the Lord continues sending workers to his harvest, especially for our Institute! The names of the young women are:

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|-----------------------|--|
| ✓ Caitlyn Ferguson | ✓ Amanda Santos |
| ✓ Hallie Jackson | ✓ Annabella Scott |
| ✓ Jennifer Lam | ✓ Veronica Smith |
| ✓ Rosa María Perquins | ✓ Janeth Solis |
| ✓ Jensen Quadros | ✓ Katery Thompson |
| ✓ Elizabeth Rizzo | ✓ Mignon Toppino, who is
studying at Cabrini University,
and will participate via Skype. |

Ahhh! And, please let us not forget the two girls who are "feeling a call from God" to be consecrated Religious ... They are just 10 and 11 years of age. But we must cultivate the seeds that the Lord Himself is putting in their hearts: Jaden Levron and Evelyn Fernández. United in prayer this day.

~ submitted by Sr. Martha Lopez, MSC