



MISSIONARY SISTERS  
of the SACRED HEART of JESUS  
*Bringing Christ's love to the world*

THE UPDATE

September 10, 2015



## The City of Brotherly Love Anticipates Welcoming the World

Every three years since 1994, families from all over the world are invited by the Holy Father to attend this global gathering. At the conference, families share their thoughts, dialogue and prayers, working together to grow as individuals and family units. Families can participate in discussion groups on the Christian family's role in the church and society, led by many distinguished speakers.

### Greetings from Archbishop Charles J. Chaput:



Welcome to the World Meeting of Families – Philadelphia 2015! It is an honor to welcome the world to Philadelphia, a city founded as a Holy Experiment and the birthplace of religious freedom in the United States.

Saint John Paul II, hailed as the Pope of the Family, created the World Meeting of Families in 1994 in Rome to explore the critical role the family plays in society and to give families opportunities to talk about the challenges and blessings that all families have.

Our theme, “Love Is Our Mission: The Family Fully Alive” was inspired by the early Church Father, St. Irenaeus, who wrote “the Glory of God is man fully alive.” The glory of men and women is their capacity to love as God loves – and no better means exists to teach the meaning of love than the family. His Holiness, Pope Francis, also inspired the theme. He embodies the message of mercy, joy and love at the heart of the Gospel.

We are excited to see how this theme will inspire YOU and all that will happen during the week of September 22-27, 2015.

For more information on the World Meeting of Families: <http://www.worldmeeting2015.org>

## Cabrini High School, New Orleans, LA

### *Commemorating the 10<sup>th</sup> Anniversary of Katrina Re-opening*



Cabrini High School students recreate the opening of the school following Hurricane Katrina. They walked through the doors of the historic Esplanade building.

Cabrini High School commemorated the ten-year anniversary of Hurricane Katrina with a ceremony depicting the reopening of school after the historic storm.

Cabrini chose to remember Hurricane Katrina by celebrating the reopening of the school, instead of the closure and damage wrought by the storm. As they did on November 8th, 2005, just 73 days after the storm's landfall in New Orleans, the students, faculty, administration, and staff entered through the front doors

of the historic Esplanade building, Mother Cabrini's home in New Orleans.

The first girls' school to reopen in New Orleans after Hurricane Katrina, Cabrini High School's return reflected the determination and resiliency of the school's founder, Saint Frances Xavier Cabrini. Miraculously unscathed by the flooding and winds of Hurricane Katrina, Cabrini High School was able to restore the school's buildings and physical plant quickly, becoming an inspiration to other schools, businesses, and individuals as they struggled to overcome the effects of the storm. The school operated for a month-and-a-half in Baton Rouge prior to returning to the historical campus in New Orleans' Mid-City region. ~ *submitted by Nall Gearheard*

### *A Tip of the Hat for Cabrini Seniors*

Cabrini High School honored the Senior Class of 2016 with hats uniquely crafted by their freshmen and pre-freshmen little sisters.

An annual tradition at Cabrini High School, Hat Day allows freshmen and pre-freshmen to show their gratitude to their Cabrini big sisters. During the celebration, seniors are presented with elaborately decorated handmade hats recognizing the personalities and ambitions of the senior students. Pre-freshmen, freshmen, and newly enrolled sophomores create hats for their senior sisters, which are proudly worn throughout the day. The event is the first honoring seniors as they embark on their last year at Cabrini. ~ *submitted by Nall Gearheard*



## Cabrini Immigrant Services, Dobbs Ferry, NY

### *Good News on the Radio*



On July 24<sup>th</sup>, I had the honor of being a guest on Paul Feiner's radio show on WVOX, New Rochelle, NY. The show, "The Greenburgh Report with Town Supervisor Paul Feiner," is a weekly broadcast that tries to inform listeners about various programs usually within the Rivertowns. Mr. Feiner has served as Town Supervisor since 1991. He had visited Cabrini Immigrant Services (CIS) to hear about the services that we offer to the immigrant population and at that time invited me to be a guest on his radio show.

Mr. Feiner was interested in the wonderful works that are being done at Cabrini of Westchester (COW) as well as CIS. He thought it would be great to spread the word about Cabrini. During the radio interview, I spoke about the nursing home as well as the different services that are offered through COW. I also spoke about Mother Cabrini and what a great example she is for immigrants. Mr. Feiner was very surprised to hear that Mother Cabrini not only lived in Dobbs Ferry but that she purchased the property that the nursing home is on. As he said, "Not many towns can boast of having a Saint who lived there!"

I was able to share about the programs being offered at CIS. Mr. Feiner, who is a strong advocate for Immigrants, was very pleased to hear about the programs offered for children as well as adults. He marveled at the fact that all of our services are free of charge. He truly saw how the mission of St. Cabrini is still alive and well today at CIS! Several times throughout the show, he said, "I know that St. Cabrini is looking down from Heaven and smiling at all of you as you continue her great works!"

It was both a pleasure and privilege to be asked to be on the show. It was an honor to be able to speak about Mother Cabrini and all the wonderful work that she began and that continues to be done in her name.

*~ submitted by Lorraine Campanelli*



Lorraine Campanelli, the Director of Cabrini Immigrant Services, Dobbs Ferry, NY, looks like a real radio professional as she is interviewed for "The Greenburgh Report with Paul Feiner."

## *St. Frances Xavier Cabrini Shrine, New York*

It is with great joy that the Missionary Sisters announce that the St. Frances Xavier Cabrini Shrine in New York has been designated as a site of pilgrimage for the upcoming Year of Mercy by consent and decree of Timothy Michael Cardinal Dolan, the Archbishop of New York.

Provincial Sr. Pietrina Raccuglia, MSC made the request of the Cardinal in August. Further details about the New York shrine as a pilgrimage site will be forthcoming.



**National Shrine  
of St. Frances X. Cabrini,  
CHICAGO**

**The Caring Arts Ensemble  
performs on Sunday, September  
27th at 1:30pm**

Cellist Petar Kecenovici has toured worldwide with notable artists such as Andrea Bocelli. Guitarist Bill Syniar has written music for famous groups such as the Doobie Brothers. Members of the Chicago based band, Classical Blast, they also share their talents with the Caring Arts Foundation.



This fun and celebratory inner quest uses live music and visualization techniques to reconnect you with your creative center.

[Click here for more information](#)

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## *INTERFAITH SHARING in WEST PARK, NY*



From left: Missionary Sisters Patricia Spillane, Antonia Plata, Hanna Dimma, Martha Lopez (novice) and Laura Baldini share stories, faith and traditions with members of the Bruderhoff Community in Esopus, NY, nearby neighbors of the West Park community of MSCs.

On Saturday, August 27, the MSC Formation Community in West Park, NY was privileged to receive a visit from the Bruderhoff Community which is also located in nearby Esopus. Our brothers in faith came with their wives and together we had a beautiful faith sharing.

The MSCs had already been invited a few months ago to visit the Bruderhoff Community where the members shared their apostolates and activities. There are over a hundred members—men, women and

children—who live and work in community there. They have a private school for the education of their children in the faith on the property, as well as several manufacturing efforts to sustain their programs.

The two couples who came to visit us were very interested in everything we could tell them and share: our life, our spirit, our apostolates. They feel that both MSCs and themselves share many beliefs and attitudes, as well as many desires to promote our Christian path in today's world. How important it is for religious groups to work together for the kingdom and spread the good news of the Gospel!



Both leaders were very interested in our missionary work around the world and shared our enthusiasm for promoting a deeper faith and ongoing commitment to Christianity. Here in West Park, we are blessed to have such interfaith possibilities. Let us together hope and pray that other interfaith groups will grow and flourish so that together we can contribute to a genuine renewal of Christianity.

*~ submitted by Sr. Patricia Spillane, MSC*



Earnest, faith-filled conversation shared while enjoying refreshing iced tea and home-baked confections was the order of the day. Sr. Lucy Panettieri, MSC (l.) and Sr. Laura Baldini (r.) savored the time of fellowship.

## Mother Cabrini Shrine, Golden, CO

### *Archbishop's Mass*



From left: Sr. Isalia Carvalho, Sr. Patricia Dunleavy and Sr. Carmen Pantano welcome Archbishop Samuel J. Aquila to the Mother Cabrini Shrine in Golden, CO.

The MSCs and the Shrine community extended warm Cabrinian hospitality to the Archbishop on the Shrine mountaintop.

Archbishop Samuel J. Aquila made his first visit to Mother Cabrini Shrine since his installation as the Archbishop of Denver. He celebrated Mass in the chapel on Thursday, August 6, which was the Feast of the Transfiguration. The Archbishop was joined by several clergy celebrants who serve the Shrine at daily Mass. The Missionary Sisters, staff and spiritual community were grateful for the visit of the Archbishop

*~ submitted by JoAnn Seaman*



## Cabrini College, Radnor, PA *Hosts Groundbreaking Ceremony*

On the morning of September 2<sup>nd</sup>, the Cabrini College community held a groundbreaking ceremony for the construction of an addition to the College's Dixon Center. The Athletic & Recreation Pavilion will provide the Cabrini community and student athletes with a world-class athletic experience and an advanced recreation center. This revolutionary facility will meet the modern demands of the increasing student population and expanding athletic programs with updated locker rooms, fitness equipment, and studio space to be used for Zumba, yoga, Pilates, and dance.



The cutting-edge pavilion will accommodate the needs of Cabrini students and appeal to a wide range of prospective students seeking a state-of-the-art facility for a leading fitness



experience while broadening the recruitment pool. The addition of the pavilion will provide adequate facilities for Cabrini to host popular NCAA tournaments and attract attention to the College. This exciting opportunity will encourage students to excel in their athletic programs and create an innovative approach to contemporary fitness and wellness.

With the Cabrini Cavalier mascot joining the festivities, Cabrini College dignitaries break ground for the new pavilion. From left: Lucia Neuber, '16, SGA President; Jamie Santora '94, PA State Representative; Director of Athletics Brad Koch; President Dr. Donald Taylor; Immediate Past Board Chair Tom Nerney; Board Chair John Schanz; Trustee Bob Jara; and Sr. Christine Marie Baltas, MSC.

~ *Cabrini College website*

To learn more about the pavilion please visit: <http://www.cabrini.edu/News-and-Events/News-Releases/News-Articles/2015/Cabrini-Sets-Groundbreaking-for-Athletic-and-Recreation-Expansion.aspx>

# Laudato Si'

Laudato Si' calls each of us to broaden our examination of conscience, to reflect seriously on how we are living in communion, not only with God, others, and ourselves, but also with all creatures and with nature as a whole.



## TEN WAYS YOU CAN MAKE A DIFFERENCE WITH CLIMATE CHANGE

1. **Be energy efficient.** During warm months, close curtains to block the heat from the sun. In colder months, keep curtains and blinds open to allow the sun to warm your home.
2. **Calculate your carbon footprint.** Understanding which activities are carbon-intensive allows you to know where you can take action. The EPA has a carbon footprint calculator you can use.
3. **Adjust the thermostat.** Turning down your A/C or heat when you leave the house will shrink your carbon footprint. A change of just 5 degrees is a good start.
4. **Adjust your driving routine.** By combining multiple errands into one trip, you reduce the amount of fossil fuel you use.
5. **Go meatless on occasion.** Livestock production accounts for 4% of Americans' greenhouse gas. By going meatless on Fridays or a couple of times a week, you'll both honor Catholic teaching and better care for Creation.

6. **Recycle more.** Recycling reduces your carbon footprint because landfills emit greenhouse gases through decomposition. Manufacturing new materials is carbon-intensive.

7. **Use less water.** Water processing accounts for approximately 3% of energy use in the United States according to the EPA. Install low-flow spigots or select "eco" settings on clothes and dish washers.

8. **Petition policy makers.** Tell your elected representatives to have the courage to take action on climate change.

9. **Write to your local newspaper.** Write a letter to the editor of your local or city newspaper. Legislators have staffers read such letters as an important barometer of constituents' views.

10. **Form a study or action group at church.** We are all strengthened when we act as a community.

"The Church is conscious of the responsibility which all of us have for our world, for the whole of creation, which we must love and protect."

~ Pope Francis



Please visit [www.CatholicClimateCovenant.org](http://www.CatholicClimateCovenant.org) for more information.

# Sharing the Bounty of God's Creation



In May, Cabrini grounds manager Gus Feudale planted the tomatoes.

Throughout the spring and summer we have shared the progress of the tomato plants donated to the Cabrini College community by Cabrini alumna and trustee Elizabeth Riley Bell '69 and her husband Ray. The tomato plants have thrived in the sun at The Cottage at Cabrini College and through the vigilance of the grounds keepers at the College.

The harvest has been plentiful and there are many who are less fortunate who have benefitted from lush varieties of heirloom tomatoes grown in "Francesca's Garden". *Bushel upon bushel* of tomatoes have been harvested and have been given to Dawn's Place, a home for women who have been victims of anti-human trafficking and to food pantries in the nearby city of Norristown, PA.

In the spirit of Laudato Si', the Cabrini College community has taken advantage of the goodness of God's earth to care for our brothers and sisters. Thanks to all who have made this plentiful harvest possible.



As school reopened in August, due to a summer of abundant sunshine and the TLC of the Cabrini College grounds crew, the Cottage now has tomato "trees" and the tomatoes continue to bloom and ripen.



## Day of Prayer with Religious

### September 13

As part of the Year of Consecrated Life, the U.S. Conference of Catholic Bishops, along with the men's and women's leadership conferences for religious, have designated September 13, 2015 as a collaborative Day of Prayer with Religious. Events will include vespers, rosary, or holy hours in convents, monasteries, religious houses, and churches. NRVC encourages its members to plan vocation events in their communities for this day of collaborative prayer intentions, prayer cards, a video on consecrated life, and other resources are available [here](#).



*From the Province Vocation Promotion Team...*

**Today's Catholic Sisters**

**Who they are. Why we need them.**

**Learn more about the faith and work of these amazing women.**

**Sept. 12, 2015 9 am-noon**  
University of the Incarnate Word San Antonio, TX

**Sept. 20, 2015 1-4 pm**  
Dominican University River Forest, IL

**Oct. 10, 2015 1-4 pm** *Mass to follow*  
Immaculata University Immaculata, PA

**Jan. 23, 2016 9 am-noon**  
Mount Saint Mary's University Los Angeles, CA

**FEATURED SPEAKERS**  
*New Generations of Catholic Sisters authors:*  
Sr. Mary Johnson, S.N.D.deN.  
Sr. Patricia Wittberg, S.C.  
Dr. Mary Gautier

Questions? 773-363-5454 [NRVC.net](http://NRVC.net)

# Prayer Requests

## ***Gloria Mattia***

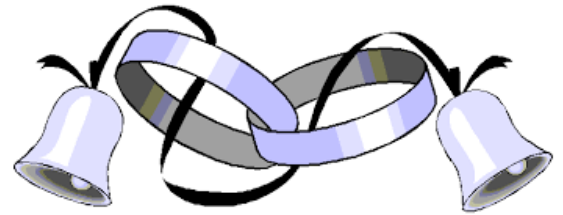
Gloria Mattia would appreciate our prayers and get well cards. Gloria, was a great friend of the Missionary Sisters in Philadelphia, and who baked many cookies & made candies for the sisters over the years.

### **Her address is:**

Solana Rehab Center  
1713 West Chester Pike  
Willistown, PA 19382

## ***Max Nowry***

Sr. Arlene Van Dusen, MSC requests prayers for her grand nephew Max Nowry and his fiancée, Jenna, as they anticipate their wedding on September 26<sup>th</sup>. May God bless their marriage and may they enjoy many years of love, good health and happiness.



## ***Scott Ryan and Family***

Please pray for Scott Ryan and his wife and two young children. At just 32 years old, Scott has been diagnosed with Stage 4 melanoma. He and his family have a very difficult road ahead. May God bless them with the support and strength that they will need in the coming weeks and months.

# With Appreciation

Sincere thanks from former Board Chair and Interim Cabrini College President Deb Takes for the prayers for her mother, Marie. Mrs. Takes is now doing very well.

# In Loving Memory

## ***Sarah Grace Bowman***

The Cabrinian Community joins the Cabrini College Community in extending sympathy to Dr. Dawn Middleton, former Chair of the Education Division and Professor Emerita, on the loss of her sister, Sarah Grace Bowman, who passed away on Thursday, September 3, 2015. Please keep the Bowman and Middleton families in your prayers at this time.