



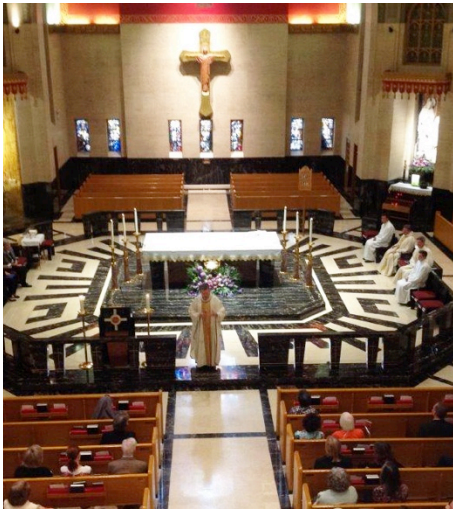
MISSIONARY SISTERS  
of the SACRED HEART of JESUS  
*Bringing Christ's love to the world*

THE UPDATE

July 30, 2015

## Mother Cabrini's Birthday Benefit Bash

*The National Shrine of Saint Frances Xavier Cabrini in Chicago hosts festive party to benefit Shrine ministry.*



Fr. Ted Ploplis gives the homily during the Mother Cabrini birthday celebration at the National Shrine.

The third annual Saint Frances Xavier Cabrini Birthday Benefit took place on Wednesday, July 15th celebrating her 165<sup>th</sup> birthday. The evening began with a festive 5 pm Mass in the Shrine and moved across the park to The Peggy Notebaert Nature Museum. The weather was glorious as patrons enjoyed cocktails in the garden followed by dinner and an auction. Guests were free to explore the museum's exhibits, including the lovely butterfly haven.

We were delighted to have Missionary Sisters Joan McGlinchey, Bridget Zanin, Joaquina Costa, Joan Marie Sariti, Benigna Morais, Alfonsina Gomes and Renee Kittelson on hand for the event.



Photo above: Sr. Joaquina Costa, MSC (l.) and Sr. Joan Marie Sariti, MSC (r.) enjoyed sharing the birthday dinner with Linnea Ellison (c.).

Photo below: Sr. Benigna Morais, MSC (c.) enjoys chatting with a Sister of the Cenacle (l.) and her friend.

The Shrine's fundraising committee, chaired by Florence Sorensen, brought about a successful event with over 200 people in attendance. The auction items included a sun-filled week at the Westin Resort in Los Cabos, Mexico and Notre Dame vs.

Navy football tickets with four fabulous 50-yard line seats.

It was a joyous birthday celebration in the honor of Saint Frances Xavier Cabrini. She would have enjoyed it!

~ submitted by Sr. Bridget Zanin, MSC

*Photos continue on next page.*





Photo left: Sr. Joan McGlinchey, MSC (r.) chats with Beth Allen-Tiernan a member of the Shrine Advisory Board. Photo right: Sr. Bridget Zanin, MSC, (r.) Director of the National Shrine, spends time with George Demas, Shrine security, and Linda Thornton, the Shrine office manager, during the gala birthday party.



## Cabrini High School, New Orleans, LA *Coutin Named Fellow of School Leadership Center*



Mrs. Vivian Coutin

Vivian Coutin, Cabrini High School's Assistant Principal for Curriculum, Instruction, and Professional Development, participated in the Summer Institute of the 2015 Fellows program of the School Leadership Center of Greater New Orleans.

Coutin has committed to two years of personal and professional growth as part of the Fellows Program. The program provides a unique opportunity to apply the theories of leadership and school administration in practical ways to improve student achievement.

"This is a great opportunity for me to learn and share best practices in education with other principals and assistant principals from across Louisiana" stated Coutin. "A personal gift was that one of my colleagues in the Fellows program is my former student Natalie Caserta Albers class of 1996. She is currently Assistant Principal at Lacoste Elementary School."

Cabrini Principal Yvonne Hrapmann, a 2007 Fellow of the School Leadership Center, recommended Coutin for the program. "Vivian is one of the finest educators I have known in my years in education," offered Hrapmann. "The recognition is well deserved and Vivian will undoubtedly use the knowledge she gains from her Fellowship program to lead and further enhance educational practices of the entire Cabrini faculty."

~ submitted by Nall Gearheard



# Chicago Bids Farewell to a Legend



Fr. Dan Nolan offers Sr. Joan Marie Sariti, MSC a sign of peace at her farewell Mass.

Fr. Dan Nolan celebrated a farewell Mass for Sr. Joan Marie Sariti, MSC. Over sixty invited guests attended. A lovely reception followed the Mass that was hosted by her community.

Sr. Joan Marie has lived in Chicagoland for sixty-four years. She did her nurse's training at Columbus School of Nursing and later, she obtained her Master's at De Paul University. She worked in pediatrics and in nursing administration.

Sr. Joan Marie was missioned to Cabrini Hospital in Seattle for a year and a half and Cabrini Hospital in Montreal, Canada for about the same amount of time.

Farewell, Sr. Joan Marie. You are loved and will be missed. As you leave us we know that you will be a blessing to the Sacred Heart Convent in New York.

*~ submitted by Sr. Bridget Zanin, MSC*



No celebration would be complete without a cake. Sr. Joan Marie gets ready to slice up her fancy confection!



After being missioned in Chicago for many years, Sr. Joan Marie Sariti, MSC (c.) received a fond farewell from her Missionary Sisters. From left front: Sr. Benigna Morais, Alfonsina Gomes, Sr. Joan Marie, Sr. Bridget Zanin and Sr. Renee Kittelson. Back row left: Sr. Joan McGlinchey and back row right: Sr. Joaquina Costa. Sr. Joan Marie will be deeply missed in Chicago and will be warmly welcomed at Sacred Heart Convent in New York City.



## One Minute Meditation

What counts is where our hearts are. When we worry, we have our hearts in the wrong place. Jesus asks us to move our hearts to the center where all other things fall into place. ~ Henri J. M. Nouwen

## Junior Cabrini Companions, Southern California

### *Youngsters Blow Out the Birthday Candles*



Sr. Regina Palamara, MSC is joined by an enthusiastic group of Junior Cabrini Companions who celebrated Mother Cabrini's birthday in traditional fashion with birthday cake and candles.

The Southern California chapter of the Junior Cabrini Companions, led by Sr. Regina Palamara, MSC, held a special meeting on July 15th in honor of Mother Cabrini's birthday. The group of Junior Cabrini Companions, girls and boys ranging in age from three to ten, usually meet semi-monthly to enjoy food, fellowship, swimming in the Southern California sun, and learning more about the life and work of Mother Cabrini.

At their July 15th gathering, the group also had a special cinnamon and brown sugar cake, complete with lit candles and singing to celebrate the life of Mother Cabrini.



~ submitted by Sr. Regina Palamara, MSC

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## Cabrini Health, Australia



Residents and visitors enjoyed a Family Fun Day held at Cabrini Residential Aged Care in Ashwood. Residents attended in strong numbers, soaking up the sunshine and entertainment. Many shared the celebrations with family members and friends; others just enjoyed the day with each other, the staff and volunteers.

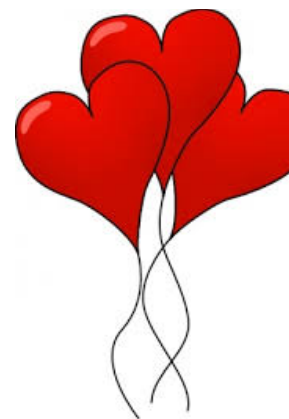
Orlando's Jazz Band provided a musical backdrop to the activities, which included





The ladies of Ashwood Residential Care got into the spirit of Cabrini Family Day in elegant fashion wearing their fascinators and prettiest frocks. The day was a treat for the young and the young at heart.

Devonshire tea; a cake for residents to share with their family and a home-made goods stall stocked largely by the resident-crafted lavender bags, book marks, dolls clothes (both knitted and sewn), lace-covered coat hangers and gift cards.



All ages were catered for, with children and the young at heart enjoying the mobile farm, as well as face painting and clowns. A highlight was the resident choir, accompanied by resident Peter Shanahan. The 20-member strong choir, consisting of six men wearing top hats and 14 ladies wearing fascinators, sang old favourites such as *It's a Long Way to Tipperary* and *When Irish Eyes are Smiling*. The eyes of people in the audience smiled along with them.

~ submitted by Christine Elmer



## *Treasures of the Vatican*

**Franklin Institute – September 19, 2015 to February 15, 2016**

The Franklin Institute of Philadelphia has announced plans to host the exclusive East Coast destination of Vatican Splendors beginning on September 19<sup>th</sup>. The exhibit explores the historical and cultural impact of the Vatican over the span of 2,000 years through significantly relevant objects straight from the Vatican. Every object in the exhibition tells its own story, together forming a great historical mosaic of the Vatican. Many of the artifacts have never before been on public view. Highlights include works by Michelangelo, and Bernini and Guercino, some dating back to the first century. For further info: <https://www.fi.edu>



## **World Meeting of Families**

*Sept. 26 & 27*



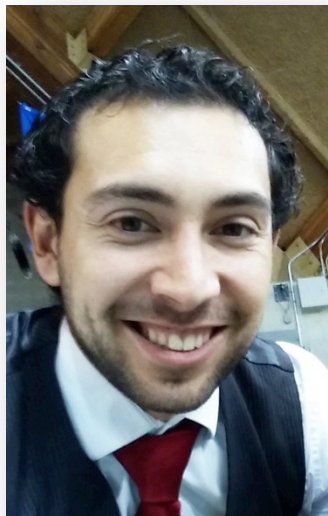
Pope Francis will join the World Meeting of Families for the Festival of Families and Papal Mass in Philadelphia, Pa. Members of the Cabrini College community are invited to volunteer at this historic event. Volunteer opportunities are limited, and registration does not guarantee a spot. To sign up, visit the [Cabrini portal](#) on the World Meeting of Families website.

# Cabrini Mission Corps



We continue our series of conversations with the CMC missionaries who have just completed a year of service. Now that they are embarking on the next chapter of their lives, you might be wondering where will their journeys take them next? What did they think about this special year, just concluded? What are their plans, hopes and dreams? This week, we visit with Martin Garcia and Connor White.

## Martin Garcia



**Served:** Two years at the Cabrini College Wolfington Center and Campus Ministry, Radnor, PA

**What have you most appreciated about the CMC experience this year?**

I most appreciate the way I have been treated as a missionary. The students respect and enjoy spending time with us and the faculty and staff trust us and support us the best they can. I have been given enough autonomy to be creative in what I have done and enough structure to have specific goals in mind. It's a well-balanced position one which I significantly enjoyed.

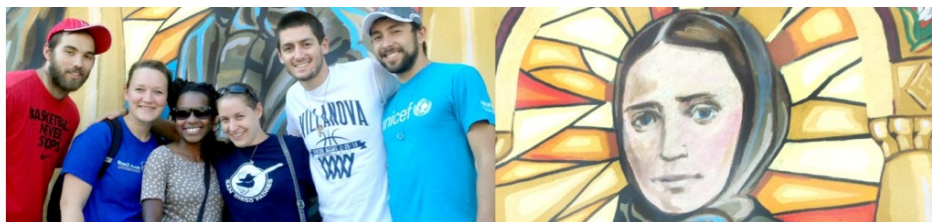
**What are your plans for the future?**

I have applied for jobs in higher education and Master's programs in the Philadelphia area.

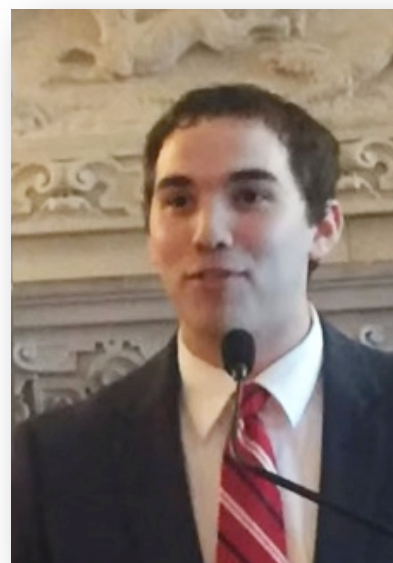
**What would you like to say to the Cabrini Community as your commitment comes to a close?**  
Thank you all for sharing what makes the Cabrini community great. The hospitality and generosity were deep and transformative. I appreciate the growth I've experienced.







**Served:** At the Cabrini College Wolfington Center and Campus Ministry, Radnor, PA



The community, the people and  
the love always available.

I am working for an investment  
advising firm.

Thank you for sharing your constant and consistent love with me and for being an example I can emulate of showing love and fostering community to those around me.

I will always feel like I am a part of this community.



# The Cottage at Cabrini College

## A Report from the Garden



Since May, we have been bringing you updates on the progress of the heirloom tomatoes donated to the College and the Missionary Sisters by alumna and trustee Elizabeth Riley Bell and her husband Ray. Due to the nurturing of the summer sun and the attentive Cabrini College grounds crew, the tomato plants have flourished and this week, we are proud to share the photos of the abundant tomatoes that are being harvested by **Gus Feudale (l.) and Matt Curtis**. The first harvest has been given to Tom Southard, Director of the College's Wolfington Center for Service, for distribution to shelters in the nearby city of Norristown, with whom the College partners.

## The Update is going on vacation!

The 2014 -2015 CMC missionaries (r.) join the  
Province Communications Office  
in reminding you that  
The Update

will be on vacation during the month of August and  
will resume publication on September 10<sup>th</sup>.

Prayer requests are always welcome at  
[cabrininews@mothercabrini.org](mailto:cabrininews@mothercabrini.org) and will be published on  
Thursdays in August as they are received.  
Please visit the MSC Facebook page and  
[www.mothercabrini.org](http://www.mothercabrini.org) website.



Here is a sneak peek at  
the 2015 - 16  
CMC Missioners.  
Formal intros emailed  
tomorrow.



# Prayer Requests

## ***Kathy Collins***

Please continue your prayers for Kathy Collins who, following surgery, will begin treatment this week.

## ***Joann***

The Province Communications Office has received an email from a woman named Joann asking that we pray for her health and family unity.

## ***Vicki Lucio***

Cabrini Lay Missionary Vicki Lucio asks for our prayers for successful thyroid surgery which she underwent this week. She also asks prayers for her sister, Annie, who has a disability and has been undergoing therapy, and for her sister, Elizabeth, whose marriage is very problematic at this time.

## ***Carmel Stewart***

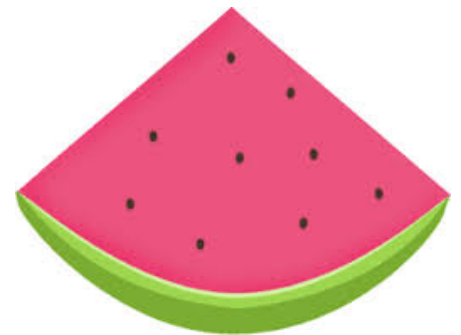
Please pray for Carmel Stewart. She is from Auckland, New Zealand. She visited Mother Cabrini Shrine in New York just two months ago and has since been diagnosed with breast cancer. She will undergo surgery on August 10<sup>th</sup>. Please pray that all will go well with her surgery and that her recovery will be complete.

## ***Alba Thompson***

Cabrini Companion Alba Thompson requests prayers on behalf of Marie, a dear high school friend of hers, who is asking prayers for "A very special lady named Marian who was our guide in the Holy Land, and lives in Israel. She has been diagnosed with stage 4 pancreatic cancer and is in a fight for her life. We would appreciate you adding her name to your powerful prayer wheel and ask your prayer warriors to keep Marian in your prayers."

## ***Reilly Thompson***

Alba Thompson also requests prayers for her granddaughter, Reilly, age 15, who has undergone hip surgery. She is an avid lacrosse player and has injured herself a few times. Please pray for the successful outcome of her surgery and a complete recovery.



## *A Prayer for Summer Days*

Father, Creator of all, thank YOU for summer!  
Thank you for the warmth of the sun and increased daylight. Thank you for the beauty I see all around me and for the opportunity to be outside and to enjoy all of your creation. Thank you for the increased time to be with family and friends and for the more casual pace of the summer season.

Teach me how I can pray no matter where or what I am doing. Warm my soul with the awareness of Your presence and light my path with your Word and Counsel.

As I enjoy your creation, create in me a pure heart and a hunger and thirst for YOU. Amen.

Draw me closer to you in the remaining days of summer.

