



MISSIONARY SISTERS
of the SACRED HEART of JESUS
Bringing Christ's love to the world

THE UPDATE

May 7, 2015

Serving with the Sisters!!



In celebration and commemoration of Pope Francis' declaration of this year being the Year of Consecrated Life, the National Religious Vocations Conference Region 3 hosted an inter-congregational day of service on Sunday, May 3rd in the Kensington section of Philadelphia.



A volunteer cadre of Sisters, students and lay volunteers participated in Serving with the Sisters as an experience of service commemorating The Year of Consecrated Life.

Sisters from eight religious congregations and young adults were invited to join each other in serving communities in need of some TLC and what a beautiful day we had!

We kicked off the day at 11 a.m. with a gathering at Community Center at Visitation where we had a lovely “sending forth” with our groups to our respective worksites. The air was palpable with excitement for what the day was to hold for each of us.

When I signed up for the event, I really had no idea what kind of impact we were going to have on the communities in which we were going to be serving. [However, due to the cadre of volunteers] La Salle Academy now has fresh, new ground murals of the United States and the world, a new foursquare court, and a beautiful hopscotch court. Several local churches

have fresh coats of paint on their walls and doors and the Providence Center has a charming community garden.



The MSCs had a robust presence on “Serving with the Sisters” day. Sr. Grace Waters, MSC (I.) was joined by from left: Cabrini College students Hassan Goins; CMC missionary Martin Garcia; a St. Thomas Aquinas volunteer; pastor Monsignor Hugh Shields; Cabrini College student Caitlin Poole, Sr. Carmen Cabrejos, ACJ, and Cabrini student Kaitlyn Palmer. St. Thomas Aquinas Parish was the service site for the Cabrini contingent.

I had the great honor of floating from worksite to worksite, taking photos of what was being done at each place. Leaving each site, my heart was filled with joy and gratitude to be able to witness the good work that was being done with a shared objective - to permeate each

location with the insurmountable love, joy, and hope of Jesus.

Throughout the day, a verse from the book of Matthew kept coming to mind - “For where two or three come together in my name, there I am with them.” What a privilege to serve alongside Jesus.

Around 3:00 p.m., we once again gathered at the Community Center at Visitation for pizza, snacks, and group sharing. The room buzzed with enthusiastic chatter as each person described his/her individual experiences from the day. Throughout the time of sharing, there existed a common thread of beauty seen in these communities that have been hit so hard by poverty; beauty in the people they encountered, beauty in the sites themselves, and beauty in the experience of service. Each reflection contained not only pride in the work that had been done, but a sense of privilege to have been a part of it all. With humble gratitude, I can say that I am so very

blessed to have had this opportunity to serve alongside so many beautiful servants of the Lord. What a privilege, indeed!

~ submitted by CMC missionary Ashley Block

Photo credit: Ashley Block, Nancy and Tom Costello

More photos next page...



Clearing trash was one of the first tasks in preparing a raised bed garden at one of the service sites.



Sr. Katharine Pies, CSR, prepares the raised beds for the vegetable seeds.



Photo left: The service project for the Cabrinian volunteers was to clean and paint the doors to the St. Thomas Aquinas Parish gymnasium. It was an all out effort!

Photo left below: To no one's surprise, Sr. Grace Waters, MSC found a statue of Mother Cabrini in the St. Thomas Aquinas Church. How natural to find Mother Cabrini present in this multi-cultural parish. Pictured are from left: CMC missionaries Matt Kaehler, Martin Garcia; Cabrini College student Hassan Goins, Sr. Grace, Cabrini students Caitlin Poole and Kaitlyn Palmer.



Also participating in the day, but, behind the camera was CMC missionary Ashley Block.



To see a gallery of photos from the day: <http://www.mothercabrini.org/become-a-sister/the-year-of-consecrated-life>

Mother Cabrini Shrine, Golden, CO

Prayers to Our Lady of Guadalupe



On Saturday, May 2, 2015, a duplicate of our Lady of Guadalupe image visited the Mother Cabrini Shrine in Golden, Colorado. Over twenty-five people attended the rosary and talk regarding the miraculous image. The icon will remain in the chapel for a week.

For those interested in having this Icon in their facility, please visit www.martyrotella.com for further details.

~ submitted by Sr. Renee Kittelson, MSC and JoAnn Seaman

Sr. Renee Kittelson, MSC (r.) and Shrine volunteer Sarah Page pay homage to Our Lady of Guadalupe.

Cabrini Immigrant Services, Dobbs Ferry, NY

With thanks for a Compassionate Friend

Eric Garfinkel, PhD has been a friend to Cabrini of Westchester and its affiliates for many years. As CEO of PsychAssociates Group, he and his partner Eric Redlener, Ph.D, President and their team of psychologists have provided valued services to the residents of the nursing home who require such intervention and support, and training to the staff who provide care.

Recently Eric Garfinkel inquired if there is a special project or need at Cabrini of Westchester to which he might offer assistance. As a result, last week Eric and Pat Krasnausky, President, visited Cabrini Immigrant Services-Dobbs Ferry where Eric could see and hear for himself the wonderful ministry carried out there to assist new arrivals to the US with citizenship classes, language competency, parenting skills and homework support to immigrant children being left behind in school.

Over a light lunch many stories were shared by Marianne McGowan, Education Co-coordinator, about her volunteer tutors and their eager students, and Lorraine Campanelli, new Director of Cabrini Immigrant Services, shared her vision for the program.



Cabrini Immigrant Services Education Co-coordinator Marianne McGowan (l.) and Director of Cabrini Immigrant Services Lorraine Campanelli (r.) are grateful for the generous support of benefactor Eric Garfinkel, Ph. D.



Eric lives by his belief that “the greatest satisfaction one can receive in life is to engage in compassionate work for others.”

In addition to a generous monetary donation, Eric promised and delivered new laptop computers for school children who were coming to the site because they did not have a computer to work from at home.

Thank you Eric for your generosity and missionary spirit that reaches out to those most in need!

~ submitted by Pat Krasnausky

Sunday is Mother's Day

Bless all mothers, that their love may be deep and tender, and that they may lead their children to know and do what is good, living not for themselves alone, but for God and others.

~ Lauren McLaughlin

More good news from Cabrini Immigrant Services, Dobbs Ferry, NY

The Story of an Ordinary Resurrection

Wednesday afternoon. The sun is shining and the wind is whipping up from the majestic Hudson River, tunneling down Main Street, scraps of leftover winter debris sliding in between parked cars. Hermello's Cafe has its tables and chairs outside, spot clean and ready to welcome the local lunchtime crowd. Three storefronts to the north of the café, sits Cabrini Immigrant Services, a very small place where lots of big things happen. Here's the story of one of them.



Sr. Damien Ciminera, MSC (I.) has been the tutor and the cheerleader for CIS client Adela. Together they celebrate each day's new learnings.

~ photo credit: Lorraine Campanelli

Adela, a lovely Mexican mother, has been coming to Cabrini for almost two years. She comes to learn English. Every single week, at precisely two in the afternoon the bells hanging from the front door jingle and in she walks. Adela is greeted with warm smiles by her tutor, Sister Damien and conversation begins. It's always the same. "How are you? Did you have a good week? How's your daughter Annie? What are you cooking for dinner tonight?" And for two years there has been little or no comprehension. Adela could not read or write. Homework assignments were not done. Sister Damien was frustrated, but kept smiling. Kept repeating. Kept encouraging. Kept hoping.

Adela marched on as well. Always on time, never absent. Always smiling and saying "thank you." Then one Wednesday, just about two weeks ago, things changed. Homework appeared. Adela began to understand and respond to some simple words and phrases. She laughed. Sister Damien giggled with joy. Finally, finally there was a

real breakthrough. Adela was learning English!

In the Christian world we are still in the Easter Season, rejoicing in the Resurrection. This is a season of joy and it is a season of hope. What occurred here between Adela and Sister Damien brings us all a sense of happiness, a sense of accomplishment and yes, in many ways it was a miracle, too. It's miracles like this one that I like to call an ordinary resurrection. And, for those of us who work with our immigrants at 121 Main Street, we experience ordinary resurrections just like this one, all the time.



~ submitted by Sr. Damien Ciminera, MSC and Marianne McGowan, CLM

One Minute Meditation

Jesus said, "I do not call you servants, but friends."
Do you ever think that Jesus feels proud that you have accepted the
faith he offers you?

~ Brennan Manning, A Glimpse of Jesus

Cabrini College

Spring Sprucing and Planting

This year, Cinco de Mayo was celebrated at Cabrini College with an environmental twist. Thousands of annuals were planted throughout campus assuring a riotous show of color next week just in time for Commencement.



Dr. Don Taylor (c.) addresses the faculty and staff members before they fan out across campus to plant annuals, spread mulch and engage in all aspects of campus beautification.

Teams of faculty and staff volunteers wielded rakes, shovels, trowels and dug, mulched and planted throughout the campus for the Spring Beautification Day.

The Radnor campus is already showing off the efforts of the Fall Beautification Day when over 10,000 bulbs were planted.

The morning gardening effort concluded with a community lunch.



The Cottage at Cabrini College benefitted from campus folks working together, rolling up their sleeves, exercising their green thumbs and making the property look beautiful. Photo left: CMC Director Gina Scarpello lends a hand in the planting zinnias and other annual. Photo right: Piles of mulch were spread underneath the evergreen trees at The Cottage. Daffodil bulbs will be planted there in the Fall.



Cabrini High School, New Orleans, LA

Celebrating and Honoring Alumnae



CHS Alumna of the Year Peggy Scott Laborde is congratulated by from left: Dominic Massa, Executive Producer for WWL-TV; Beth Arroyo Utterback, VP and COO, WYES-TV; her husband, artist Terry Utterback; Peggy; Errol Laborde, Peggy's husband and Editor in Chief of New Orleans Magazine; Stacey and Kurt Scott, who is VP of Woman's Hospital in Baton Rouge, LA.

her with a plaque commemorating the honor.

Cabrini High School's Alumnae Association held its annual luncheon at the Metairie Country Club on April 11th.

More than 100 alumnae and guests were in attendance for the luncheon and to honor Peggy Scott Laborde'71 as the 2015 Alumna of the Year. Cabrini President Ardley Hanemann Jr. was on hand to congratulate Laborde on her selection and to present

Blessed by pleasant weather breaking the recent pattern of storms, attendance was exceptional as the ladies renewed acquaintances and reminisced about their time at Cabrini. The festivities included a raffle benefitting the association's Legacy Scholarship.

~ submitted by Nall Gearheard

Cabrini College, Radnor, PA

Rising Sophomores!

One thing about the college years is that they really do seem to fly by even though when students first arrive on campus, they may not be so sure about that. Case in point: Lisette Hrapmann, daughter of Yvonne Hrapmann, Principal of Cabrini High School in New Orleans and Molly Seaman, daughter of JoAnn Seaman, Director of Development at Mother Cabrini Shrine in Golden, CO - the girls were roommates for their freshman year and now, quite amazingly, the academic year has drawn to a close and they will soon be rising sophomores! Congratulations on a very successful year, girls!



How time flies!

Photo left: Lisette Hrapmann (l.) and Molly Seaman (r.) are pictured on Move In Day in August 2014 on their first day at Cabrini College.

Photo right: Here they are winding up the academic year, bringing their boxes of "stuff" to the Cabrini Cottage for summer storage.



A Spiritual and Architectural Treasure

The following article was written by Florence Sorensen, the chairperson of the Shrine's fundraiser on July 15th, Mother Cabrini's birthday. The article was submitted to the Update by Sr. Bridget Zanin, MSC, Shrine Director.



▲ ST. FRANCES CABRINI

America's first saint, she is aptly honored at the Shrine in Chicago that bears her name.

demolition in 2002. Originally the Lake Shore Hotel, the building was purchased by Mother Cabrini despite almost insurmountable odds. When Mother believed God wanted her to accomplish something, nothing could deter or discourage her.

Conquering her own deathly fear of water, Francesca Cabrini crossed the ocean 25 times in pursuit of her calling to serve her beloved Lord. Throughout her life, her faith and God's Providence would become partners in establishing 67 hospitals, orphanages, schools and missions around the world. In 1909, be-

cause she loved her adopted home of America so much, Mother Cabrini became a U.S. citizen — a decision that would be significant in more ways than one.

As other extraordinary men and women have done throughout history, Francesca Cabrini chose the radical imitation of Christ as her life. In 1917, after a difficult illness, Mother Cabrini died in her bedroom at Columbus Hospital. She had fulfilled her life's dream — to serve the needs of the poor and sick throughout the world. How truly she personified the words of Matthew 25:40: "...And the King shall answer and say to them, 'Truly I say to you, inasmuch as you have done it to one of the least of these my brothers and sisters, you have done it to me.'" On July 7, 1946, in celebration of her life and recognition for her astounding acts of courage and Christian love, Francesca Cabrini was elevated to the Communion of Saints.

And so, a hospital chapel became a Shrine! On Aug. 10, 1955, only nine years after Frances Xavier Cabrini was canonized, the Columbus Hospital Chapel was dedicated as the National Shrine to the first American saint. Designed by Leonard Gliatto, the Shrine is an exquisite example of modern Romanesque architecture. It served doubly as the Columbus Hospital Chapel and Shrine to St. Frances Cabrini for 47 years.

In 2002, when the hospital was demolished to make way for a new, luxury condominium building, the Shrine was closed. Shuttered for 10 years, the magnificent building was renovated by Sulli-

FEATURES Insight

van, Goulette & Wilson. It was dedicated and opened on Sept. 30, 2012, once again inviting worshippers into its embrace.

The details in the stained glass windows, main altar and four side altars — paintings depicting the missionary work of Mother Cabrini and the history of Columbus Hospital — are so rich and numerous that hour-long tours are available upon request. In addition to the Shrine, the building houses a set of exhibit galleries showcasing the missionary work of St. Frances Cabrini as well as the recreated bedroom of Mother Cabrini, where she slept, prayed and died.

Today the Shrine offers a sacred space for private devotion, weekend Mass, retreats and Eucharistic Adoration. Conference space is available for group meetings and beautiful concerts are held at the Shrine throughout the year.

The Shrine was also notably recognized for its architectural significance as part of the Chicago Architecture Foundation's Open House Chicago in 2013 and 2014. For more information, visit cabrinishrinechicago.com.

My walk in the park that early spring day was no coincidence. As it happened, I was not able to attend the opening celebration concert at the National Shrine on Oct. 13, 2012. My son and his bride were being married that day, at Assumption Church. So, I went to Mass at the Shrine the next Saturday, Oct. 20. As I sat in awe of the breathtakingly beautiful chapel, I suddenly realized it was my grandmother's birthday!

Happy birthday, dear Grandma Jo. Thank you for bringing me home.



Mass at the shrine



The sisters in 1967

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Download this entire issue at: www.magzter.com/US/Fra-Noi-Inc/Fra-Noi/Culture

From the Province Vocation Promotion Team...

Give God the chance to speak to your heart...

Do you wonder what it might
be like to be a religious sister,
brother or priest?

Are you hoping to invite God
into choices for your future?

Join with other young women
and men, ages 18-40, who are
exploring these questions.

Come and “Sea” Weekend

May 29th – 31, 2015

7:00PM arrival on Friday until after lunch on Sunday

**Saint Mary by-the-Sea Retreat House,
Cape May Point, NJ**

Sponsored by the NRVC Region 3 Vocation Directors

Offering for the weekend: \$60.00

Deposit of \$30.00 (Spaces are limited).

Register by May 15. Contact religiouslifenrvc@gmail.com

Questions about the Come and “Sea”? Want more details?

Kindly contact Nancy Costello – mscvocations@mothercabrini.org or 610-902-1039

[Registration Deadline is May 15th.](#)

Prayer Requests

Charlie Campbell

Please remember Charlie in your prayers. Please pray for his comfort and peace. Please pray, too, for his dear friend Katie Lambertz at this time.

Sr. Celia Cid, MSC

Your prayers are asked for Sr. Celia who is hospitalized and undergoing medical evaluation.

Patti Glover

We are asked to remember Patti, a Villa Cabrini Academy 1967 graduate, who retired last summer after 29 years as a special events coordinator for the Los Angeles Zoo and Botanical Gardens, in order to focus on her health.

Sr. Tommasina Lanski, MSC

Next week, Sr. Tommasina will be undergoing shoulder surgery. Pray that her surgery will go very well and that she will recuperate quickly.



Alma Letitia Cuevas Ramos' father-in-law

Alma, a 1970 graduate of Villa Cabrini Academy, asks prayers for her father-in-law who is experiencing health problems.

In Loving Memory

Lauren Laird

Please pray for the repose of the soul of Lauren Laird, a 2012 Cabrini College graduate for whom we prayed last week. Lauren had been out jogging, went into cardiac arrest and was in a coma. She passed away on Thursday, April 30th. Please keep Laura, her family and her classmates in your prayers at this very sad time.

Edna Mae Wagner

The Cabrinian Community joins the College Community in extending sympathy to Christen Wilson, Vice President, Institutional Advancement, on the death of her grandmother, Edna Mary Wagner, who passed away on Sunday, April 26th, 2015. Please keep Christen's family in your prayers at this time.

A Prayer for All Mothers

Thank you, Lord, that you fill a mother's heart with love. Thank you for giving her the gift of nurturing her children, of teaching them, of comforting them, for nourishing them and for making a safe place for them. For guiding them to be all that God has created them to be. Fill every mother with love, wisdom and endurance, with strength, patience and joy. Give them the ability to forgive again and again. Enable her to rely on You and call upon You, because You will give her all she needs in your precious and holy name. Amen.