



MISSIONARY SISTERS
of the SACRED HEART of JESUS
Bringing Christ's love to the world

THE UPDATE

May 12, 2016

Cabrini College Students = Effective Lobbyists

Pope Francis asked: "What kind of world do we want to leave to those who come after us, to children who are now growing up?"



Cabrini College students have worked all [this academic year] to answer that question!

This year, 44 Cabrini College students made their voices heard in Congress in support of brothers and sisters around the world. Thanks to all of you for your hard work and heart-felt effort!



Working with [Catholic Relief Services](#) and [CRS University](#), Cabrini College students made more than 100 lobby visits on behalf of Syrian Refugees, migrants, mothers and children, in support of life-saving health solutions, economic development, and above all, human dignity.



Their work paid off, for example, with the Green Climate Fund, aid for Syrian refugees and unaccompanied minors, and the foreign aid budget. In December, the US Congress passed a \$1 trillion budget.

The \$500 million down payment to the **Green Climate Fund**, for which the students lobbied was included! The **Poverty-Focused Development Assistance** also received a slight increase.

The voices of Cabrini College students played a role by going to Capitol Hill and by working on campus to get students, faculty, and staff to sign 400+ letters to members of Congress.

Well done, ECG 100 and ECG 300 students and CRS Ambassadors, and CMC missionaries! ~ excerpts from communications by Dr. Jerry Zurek

My Internship: A Place to Use My Voice for Justice

Being an intern is a position you embrace as a college student. The responsibilities, the priorities, and the experiences are some of what of an internship entails. These were some of the characteristics that my internship at the MSC Communications Office, in Radnor, Pennsylvania, exuded.

But interning at the MSC Mission offices turned out to be more than just something I took on to gain experience or to have something to do. I was not answering phone calls or getting coffee. Instead, I was using my role as a college student and my passion for social justice to educate others through my writing.

Working alongside equally passionate and engaging people was what made me enjoy being there. I felt a part of a family – someone who belonged. Seeing how excited and eager they were to help others served as part of my motivation to continue desiring to do the same.

I knew that I had a voice and I wanted to share it and getting the opportunity to do so by writing about things that interested me, filled me with so much gratitude. This was something not many people could say they were doing – actually working in an environment that they enjoyed.

Writing an anti-human trafficking article; working on promoting a Cabrini Action and Advocacy Coalition handbag and accessories fundraiser on my college campus [to raise funds for anti-human trafficking victims]; and attending social justice lectures on campus to listen to the discussions was amazing. Seeing what impact simple conversation and communication had on people made me realize how powerful words are in informing and in engaging people.

Being a part of my College's Catholic Relief Services (CRS) chapter was my leverage behind sharing my voice through my published writing pieces in The Weekly Updates. I knew that I had to write stories that meant something, and as a passionate advocate of education, I realized that this was my chance to do my part to inform others.

I was able to express interests of mine through contributing my voice and my perspective to the website. And, this was significant for me as this was something I did not think I would be doing so early on during my time in college.

As my tenure at the MSC office has come to an end, I can honestly say that this experience has, overall, been exceptionally gratifying. An internship or job that allows you to express yourself and your skills while doing your part as a citizen is special – and my position at the MSC office granted me the opportunity to do just that. ~ submitted by Danielle Perez

Editor's note: *We are grateful to Danielle for her fine work on behalf of the MSC Communications Office. We wish her well as she furthers her education at Cabrini.*



Danielle Perez, a rising sophomore at Cabrini College, has just completed an internship with the MSC Communications Office in Radnor, PA.

A New MSC Video Makes its Debut...



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Since the launch of the new Mother Cabrini website in February of 2015, the MSC Communications Office, in tandem with the Stella Maris Province Vocation Promotion Team, has been working on the production of new promotional materials that compliment the graphic design and messaging of the updated province website.

Thanks to this collaborative effort, a new brochure, designed to reflect the colors and style of the www.motherscabrini.org website, are currently being printed and are scheduled for delivery early next week.

Additionally, a brief video, intended as a compliment to the printed materials, providing a comprehensive overview of the life and ministries of the Missionary Sisters, has been produced and will be featured on the MSC website and on social media.

We have linked the video for download so that Missionary Sisters and all Cabrini ministries are invited to use the video for occasions such as new employee orientations; student recruitment fairs; opening reflections at board and staff meetings; introductory protocols at special events and, most certainly, as a way of inviting young women to consider their life's vocation as a Missionary Sister of the Sacred Heart of Jesus.

Special thanks to Gina Scarpello, Director of Cabrini Mission Corps, and CMC missionary Ashley Block for lending their video and photographic talent and expertise to make the video a reality.

To download and view the video please click here:

<https://www.dropbox.com/s/wwhwsbzaln3jpo5/MSC%20Movie%20May2016.mp4?dl=0>

The video may take a while to buffer. You can also copy and paste the link in your browser.

To view the video on YouTube:

https://www.youtube.com/watch?v=_4kdKESfIcs&feature=youtu.be



Sharing Their Scientific Expertise

Cabrini High School's Science Squad visited St. Rosalie School in Harvey, LA to introduce their students to some interesting science experiments.

Cabrini Science Instructors, Kathy Gosciniak and Lisa Surgi with the assistance of Cabrini students who are St. Rosalie alumnae Miranda Musacchia'17, and Angelle Falcon'17, led sixty members of Ms. Rotolo's fifth grade science classes in a series of scientific tests on the properties of various toothpastes.



Cabrini High School student Miranda Musacchia (r.) assists a St. Rosalie School student during a Science Squad experiment.

The Science Squad performed a series of physical tests on toothpastes, their ingredients and properties, including color/smell, abrasiveness, fluoride content, pH, and foaming properties. The young St. Rosalie "scientists" worked in pairs, utilizing stereoscopes, testing different brands of toothpaste. After the testing, the students shared their data with other pairs, compiling the data to create a more comprehensive database. The results of their research indicated there was little difference in the outcome among the five toothpaste brands tested, specifically not significant to justify the price differential among the brands.

"We received a positive response from Julie Rotolo the 4th grade teacher at St. Rosalie, as she was surprised with the amount of testing that could be done within one class period,"

noted Cabrini AP Chemistry/Chemistry Instructor Kathy Gosciniak. She continued, "the St. Rosalie students seemed to really enjoy the activity, so we hope this simple demonstration will help to spark their curiosity and interest in science." ~ *submitted by Nall Gearheard*

One Minute Meditation

Being Led to Something New

A life in prayer is a life with open hands. There are as many ways to pray as there are moments in life. Sometimes you seek out a quiet spot to be alone; sometimes you look for a friend to be together. Sometimes you want to sing out with hundreds, sometimes only to whisper with a few. Sometimes you want to say it with words, sometimes with deep silence.

In all these moments, you gradually make your life more a prayer and open your hands to be led by God even to where – sometimes – you would rather not go.

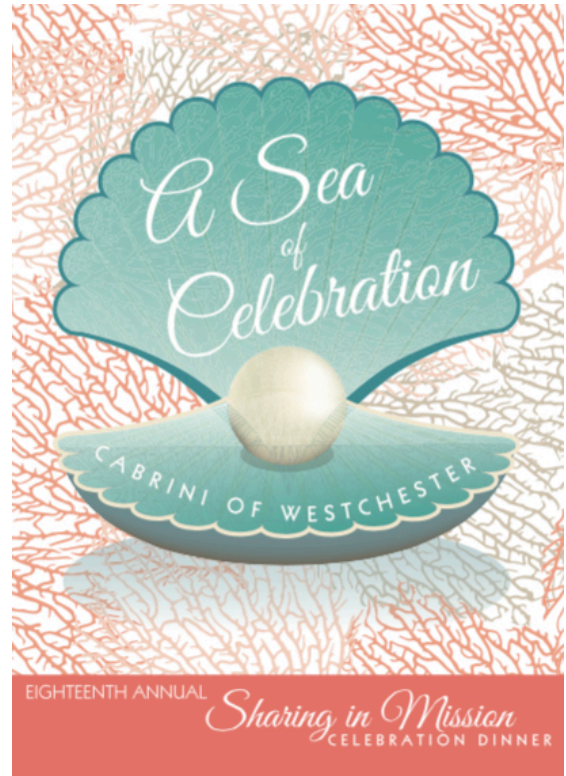
~ Henri J. M. Nouwen/ Words of Grace

Cabrini of Westchester*

Annual Sharing in Mission Dinner "A Sea of Celebration," will be held on Wednesday, May 25th at 6:00 PM at Tappan Hill in Tarrytown, New York.

This year's honorees include Donald & Marie Amoruso, The Carmelite Sisters for the Aged and Infirm and in recognition of 25 years of leadership to Cabrini Eldercare, Patricia Krasnausky.

*** We would like to invite the Missionary Sisters of the Sacred Heart of Jesus to be our guests at this event. Please RSVP to Susan Herceg at (914) 693-6800 ext. 502 or sherceg@cabrini-eldercare.org if you plan on attending.**



Please Save the Date

St. Frances X. Cabrini Shrine New York, NY

Sunday, May 22

4:00 pm

FULL OF GRACE: MUSIC FOR MARY

Songs and Readings in praise of the Blessed Mother Classical and contemporary songs and spirituals sung by **soprano Gudrun Buhler** and tenor Everett Suttle, with Maxim Anikushin, piano.

**Free admission.
Free will offerings accepted.**



Soprano Gudrun Buhler

National Shrine of St. Frances X. Cabrini

AESTAS CONSORT

“THE FIRE OF DIVINE LOVE”



Music of Pentecost and Song of Songs

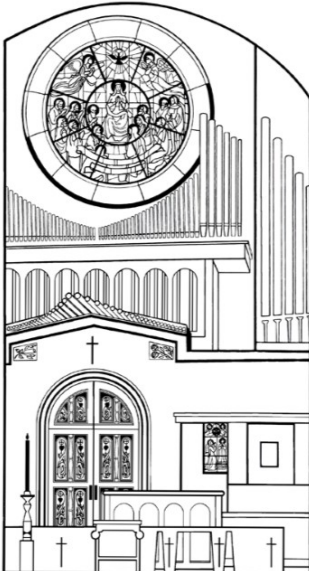
Sunday, May 22, 2016

1:30pm

Free will donations will be accepted.

Aestas Consort is a Chicago-based professional choir. Led by Artistic Director, Maurice Boyer, this ensemble is filled with skilled vocalists and musicians who gather together to celebrate and perform Sacred Music. This program features a repertoire of sacred music from renowned composers such as von Bingen, Bairstow, Pärt, and Brumel among others. The vocalists will be accompanied with an organ for the Berliner Mass.

MUSIC IN
THE
SHRINE



ABOUT THE ARTISTS:

Aestas Consort is excited to be a part of the tradition of exceptional choral music in Chicago. This chamber ensemble features passionate, talented, and accomplished singers from the Chicago area, united through their mutual respect for Sacred Music thru the ages. The consort incorporates composers through all musical periods inspired by this great art form. This, in turn, creates a mixture of old and new, a unique fusion of music from the Baroque through Contemporary. Aestas Consort also strives to share its music with a diverse audience, and performs in a variety of beautiful sacred spaces across the Chicago metropolitan area. Aestas Consort hopes you will join them on their musical journey through beautiful choral music, old and new.

THE NATIONAL
SHRINE OF SAINT FRANCES XAVIER
CABRINI

Go to www.cabrinishrinechicago.com or call 773-360-5115 for more info

2520 North Lakeview Avenue, Chicago, IL 60614 FREE PARKING

Cabrini College Campus Ministry - Pilgrimage

CABRINI COLLEGE CAMPUS MINISTRY

invites you on a

Israel Pilgrimage & Study Tour

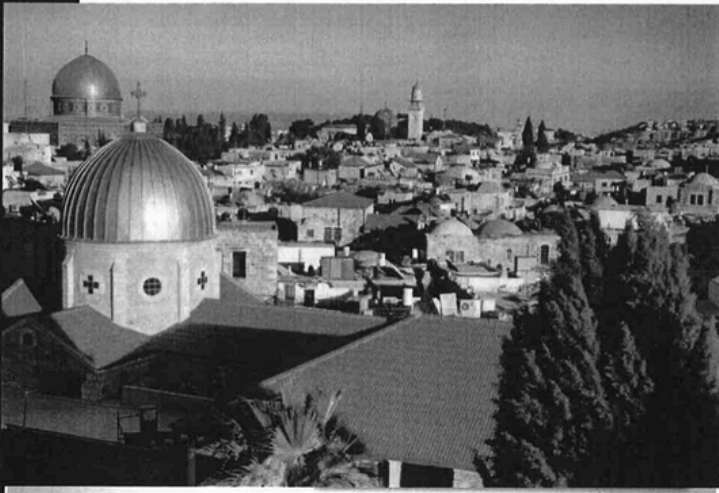
History, religion & culture of the Holy Land

January 2 to 11, 2017

\$2,795.00 Per Person from Cabrini College!

Trip is open to all!

(faculty, students, staff, alumni)



All are Welcome

For more information,
please contact:

Susan Prendergast

susan@select-intl.com

1-800-842-4842

www.selectinternationaltours.com

OR

Fr. Carl Janicki

610-902-8438

cj363@cabrini.edu

CURIOUS about RELIGIOUS LIFE?

*WONDERING if God is calling you to a vowed life of service?
ASKING what difference would this life choice make for me?*

Come and join other women and men, ages 21 - 45,
who are exploring these questions.

COME AND "SEA" DISCERNMENT WEEKEND

May 20 - 22, 2016



For I know the
PLANS
I have for you
declares the LORD
plans to
PROSPER YOU
and not to harm you
PLANS TO GIVE
you hope
AND A FUTURE.
JEREMIAH 29:11

SAINT MARY BY-THE-SEA RETREAT HOUSE
101 Lehigh Avenue
Cape May Point, New Jersey

5:00PM Arrival on Friday
until 2:00PM on Sunday

Offering for the weekend: \$60.00
Deposit of \$30.00 (Spaces are limited).

To register or for more information:
comeandsea2016@gmail.com
Register by May 10

ALL ARE WELCOME!

Come and "Sea" Weekend

Registration has been extended until tomorrow.

Kindly contact:

Nancy Costello – 610 – 902 -1038

mscvocations@mothercabrini.org

Prayer Requests

Adam

Continued prayers are asked for Adam who is hoping to get approved by the FAA to fly again. His license was suspended after he suffered a serious illness.

Anne [Lepis]

Cabrini College alumna Cabrini Lepis '61 asks for prayers for her daughter, Anne, who is being treated for a recurrence of cancer.

Brad and Katie

Prayers are requested by Sr. Catherine Garry, MSC for two young adults, Brad and Katie, each of whom is experiencing very serious health issues. Please pray that they may be restored to full health.

Gisela Von Huene Slonneger

Please pray for Gisela Von Huene Slonneger, a '63 alumna of Villa Cabrini Academy, who suffers numerous health issues and has just been diagnosed with breast cancer. Please pray that she will experience a full recovery.

Marty Tyrell

Prayers are requested for Marty Tyrell, who is on hospice care, and for her daughter-in-law who just had cancer surgery.

In Loving Memory

Herminio Costa

Please pray for the repose of the soul of Herminio Costa, the brother of Sr. Joaquina Costa, MSC. Herminio was called home to God early on the morning of Friday, May 6th. Sr. Joaquina has now lost two of her brothers in less than three weeks. Please keep Herminio, Sr. Joaquina and the Costa Family in your prayers at this very sad time.

