

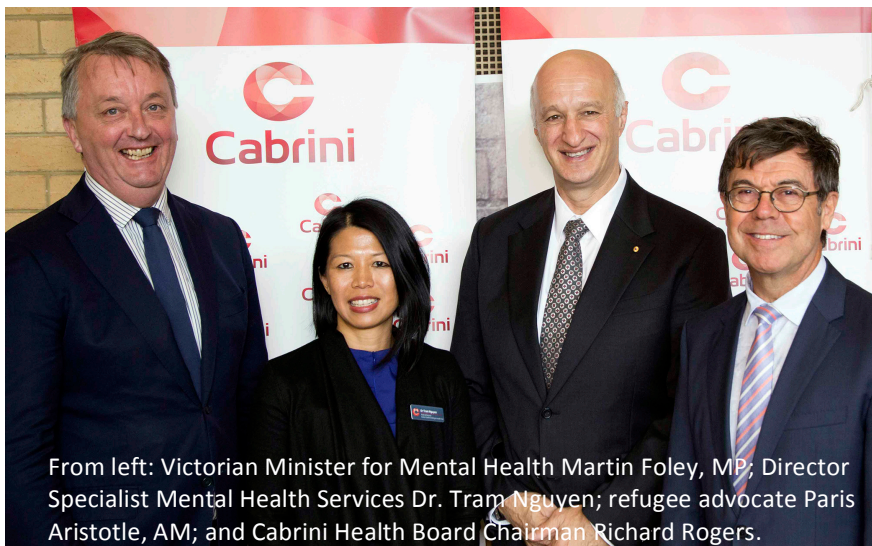


MISSIONARY SISTERS
of the SACRED HEART of JESUS
Bringing Christ's love to the world

THE UPDATE

May 11, 2017

New Mental Health Service at Cabrini Health Hub



From left: Victorian Minister for Mental Health Martin Foley, MP; Director Specialist Mental Health Services Dr. Tram Nguyen; refugee advocate Paris Aristotle, AM; and Cabrini Health Board Chairman Richard Rogers.

On Wednesday 26 April, the Hon Martin Foley MP, Minister for Mental Health, launched a new specialist mental health service being introduced at the Cabrini Asylum Seeker and Refugee Health Hub in Brunswick.

Other special guests at the event included:

- Hon Jane Garrett MP, State Member for Brunswick
- Paris Aristotle AM, 2017 Victorian Australian

of the Year and CEO of Victorian Foundation for Survivors of Torture

- Cr. Samantha Ratnam, Deputy Mayor of Moreland
- Richard Rogers, Chair of the Cabrini Health Board
- Professor Suresh Sundram, Advisor to the Cabrini Asylum Seeker and Refugee Health Hub

A new aspect of care and services at the Cabrini Asylum Seeker and Refugee Health Hub, the new specialist mental health service will provide a wrap-around service including case-management and community outreach.

“Our vision is to meet the significant and growing need in the community for extremely vulnerable refugees and asylum seekers who may fall through the gaps or are unable to access to mainstream services,” said Cath Garner, Cabrini’s Executive Director of Mission and Strategy.

Dr. Tram Nguyen has been appointed Director of the Specialist Mental Health Service and Cabrini is currently working to recruit a mental health nurse and social worker to the team.

The specialist mental health service was launched 12 months almost to the day since the opening of the Cabrini Asylum Seeker and Refugee Health Hub by then-Mayor of Moreland Cr. Samantha Ratnam.



Executive Director of Mission and Strategy Cath Garner served as emcee for the event.

The Cabrini Asylum Seeker and Refugee Health Hub is providing a much needed service in Melbourne's inner north filling the gap in healthcare faced by asylum seekers and refugees when they arrive in Australia without income or access to Medicare. Since June 2016, Cabrini has provided medical care to 140 asylum seekers and refugees who have come to Australia from countries such as Pakistan, Iran, Iraq, Saudi Arabia, Sudan and Ethiopia.

The Cabrini Asylum Seeker and Refugee Health Hub is a member of a number of asylum seeker and refugee health and settlement networks, both in the region and statewide. The Cabrini Asylum Seeker and Refugee Health Hub may be contacted on ph (03) 8388 7874.

~ submitted by Christine Elmer, Cabrini Health

Cabrini University Advocates for Immigrants in Harrisburg, PA



Attending a recent Advocacy Day in Harrisburg is Abel Rodriguez, Director of the Center on Immigration at Cabrini University and some University students. The day was organized by the Pennsylvania Immigration and Citizenship Coalition (PICC). Next semester, we'll coordinate a group to DC to advocate on immigration issues. *~ submitted by Abel Rodriguez*

To access more on Advocacy Day and PICC:

<http://paimmigrant.org/events/2017-picc-advocacy-day/>
<http://paimmigrant.org/toolbox/stop-the-hate-2017/>
<http://paimmigrant.org/>

Abel Rodriguez, (r.) Director of the newly launched Center on Immigration at Cabrini University travelled to the state capital in Harrisburg, PA with several students to lobby for immigrant rights.



Donna-Marie Lasco offers a puppet to a little one.

Preparing Children for School Success

Cabrini Immigrant Services, Dobbs Ferry, hosted a workshop for immigrant parents, grandparents and caregivers entitled, “Preparing Children for School Success.” Donna-Marie A. Lasco, the owner of Terrific Twos®, along with her mother, Dr. Marie Amoruso, presented the very informative workshop. Many of the participants have children who attend our local schools and come to our Afterschool Homework Program.

The participants learned about the importance of having a routine for their children. Through the use of various materials, they saw how their children can learn and have fun. One example was teaching a child about measurement by using rice and a pail. The child learns that if the shovel is small, it will take more scoops to fill up the pail as opposed to a larger shovel.

Everyone was able to participate in several small group activities. One of the activities was to discuss the routine you have in the morning when your child wakes up. Each group wrote out their routines and then shared it with the larger group. Some people shared that they sing a song in the morning with their child as they brush their teeth, brush their hair, put on their pants, etc. Donna-Marie shared the importance of consistency for the children as this helps them learn.



Dr. Amoruso explains one of the ‘hands-on’ exercises during the workshop.



All the participants received a gift of the Spanish translation of Grandma Needs a Nap!, *La Abuela Necesita un Descanso!* written by Dr. Marie Amoruso. Everyone was so excited to receive the book and couldn’t wait to read it to their children.

Thank you to Donna-Marie and Marie. You brought so much joy to our parents. You empowered them in their important role as parents.

~ submitted by Lorraine Campanelli



Workshop participants discuss their typical morning parenting routines.

Cabrini of Westchester Cultural Awareness Committee News



In April, the spotlight at St. Cabrini Nursing Home was on Asian/Pacific American culture.

One of the Committee's goals for 2017 is to bring greater cultural awareness to Cabrini of Westchester. Beginning in January, the Committee and other staff members have contributed to this project with either artifacts for display, information or planning. So far, we have completed three months of displays starting with Black History Month in February, Irish American History Awareness during March, and Asian/Pacific American Month in April.

The displays have consisted of beautiful wall painting, wood sculptures, hand crafted clothing, books on history, fine food and wine, jewelry, fine china, poetry and much more. Our displays have started exciting conversations and interest on the part of those who come through the doors of Cabrini and view the displays.

Staff members are equally excited to share their cultural heritages. In addition, the residents of the nursing home look forward to each artful, colorful month of cultural themes to come. All staff are welcome to bring something to the display. Currently, we are displaying European American items, planning for Jewish American Heritage later in the month and the multi-cultural celebration in June!

~ submitted by Simone Smith, Director of HR, Cabrini of Westchester

Cabrini H.S. Students Honor Distinguished Educators

Four teachers from area elementary schools recognized



Cabrini High School President Jack Truxillo (l.) and Principal Yvonne Hrapmann (r.) welcome the four elementary school teachers who were honored by Cabrini High School students for having played such a pivotal role in their lives.

Four elementary school teachers were honored by Cabrini High School students. The **Distinguished Educator Award** is presented annually to teachers who have done an outstanding job preparing their students to succeed in high school. Cabrini High School's

2017 Distinguished Educators include:

Sherri Eck, St. Christopher School, *nominated by Victoria Duke, 2020*

Eddie Henry, Immaculate Conception School, *nominated by Calley Chauvin, 2021*

Rosie Kendrick, St. Stephen Catholic School, *nominated by Emani Leefort, 2021*

Danielle Rohli, St. Philip Neri School, *nominated by Sydney Ford, 2019*

“Mr. Henry challenged me to work harder,” said Calley Chauvin about Eddie Henry. “He taught me to read between the lines in his history class. His class allowed me to excel in critical thinking because his tests did not follow a sample textbook test that asked about vague facts in the textbook. Developing critical thinking in his class has allowed me to be successful at Cabrini.”

Each year, Cabrini students who demonstrate outstanding character and hold a GPA of 3.5 or higher are given the opportunity to nominate an elementary school teacher who has had a positive impact on their lives. In the nomination, students are asked to share why they selected the teacher and the impact the nominee has had in their lives and preparation for high school and beyond.

“For many students, there is a teacher who stands out – a teacher who has influenced them in a meaningful and often impactful way,” said Cabrini President, Jack Truxillo. “Cabrini’s Distinguished Educator Award honors those elementary teachers who have shaped and prepared the outstanding young women who come to Cabrini High School.”

According to Rohli, “This is such a huge honor. I’m just so thankful. Sydney opened my eyes to the inspirations I’ve given to my students. She said things about me I would have never thought about myself.”

“I’m just proud. I’m proud of her and where she is today,” said Kendrick about Emani Leefort. “And, to know that I helped her get here is all of the thanks I need. It feels really good.”

~ submitted by Katelyn Gross, Cabrini High School



Adding a flowery touch to the Cabrini University Campus



Each Spring and Fall, members of the Cabrini University community volunteer to roll up their sleeves, don their gardening gloves, and set about planting bulbs, annuals, shrubs and trees to further beautify and enhance the campus. This happy crew’s assignment was the Cabrini Cottage - home of the MSC Mission Offices. Thank you for making The Cottage look so pretty!

The Cabrini Mission Foundation says:



Thanks a Latte!

Thank you a latte for your generous support of our Lenten campaign. As a result of your giving we raised \$4,000.00 for **Fallon and her family.**

We would like to say a special thank you to you, our friends, who contributed to this worthy cause:



Antoinette D.	Jamie I.	Patricia K.	Jeff L.	Lawrence O.	Della W.
Alba T.	Craig S.	Sr. Diane	Sr. Pietrina	Sr. Arlene	Joan B.
Patricia H.	Alex A.	Sr. Catherine	Cheryl W.	Elsa T.	Thomas R.
Teresa V.	Christine M.	Milagros T.	Melanie P.	Ellen C.	Susan M.
Charles S.	Geraldine C.	Joseph M.	JoAnn S.	Mary P.	Miriam K.
Sr. Bernadette	Geraldine W.	Lorraine H.	Karol B.	Lisa S.	Bonita B.
Ronald S.	Lilliana A.	Linda G.	Barbara B.	Sr. Antonina	Claire R.
Ronald P.	Michael L.	Lorraine C.	Sr. Roselle	Abel R.	Lillian H.
Sr. Archangel	Mary W.	Eileen W.	Leocadia M.	Joan B.	Marybeth S.
Patricia H.	Missionary Sisters of the Sacred Heart of Jesus Board				
	Missionary Sisters of the Sacred Heart of Jesus, Chicago				

SAVE THE DATE!

Cabrini Mission Foundation 3rd Annual Bowling FUNdraiser

Wednesday, June 21, 2017
6:00 – 9:00 pm - Further Details to Follow



St. Frances X. Cabrini Shrine, NYC

participating in

Sacred Sites Open House

This year marks the Landmarks Conservancy's seventh annual *Sacred Sites* Open House on **May 20th and 21st**.



This year's theme, *Stained Glass: Windows on this World and the Next* focuses on the significance and conservation of stained glass and windows in religious sites and highlights work of American stained glass masters including John LaFarge, Henry Sharp, and Louis Comfort Tiffany as well as prominent European artists and studios including Henry Holiday and Mayer of Munich among others.

Over 130 churches, synagogues, and meetinghouses throughout the city and state will be open for you to explore their wonderful religious architecture.

The St. Frances X. Cabrini Shrine will be open both Saturday and Sunday from 9:00 a.m. to 5:00 p.m., with a gift shop and both guided and self-guided tours.

Prayer Requests

Anita Karpinski

Cabrini Companion Peter Karpinski requests prayers for his wife who is not well. Please keep them both in your prayers.

In Loving Memory

Fr. John Arnone

Please pray for the repose of the soul of Fr. Arnone who was called home to God on Friday, May 5th. Fr. Arnone was a dear friend of Denise Theriot, a faculty member at Cabrini High School. May he rest in God's peace.

Sr. Corinne Ritchie, RSM

Your prayers are asked for Sr. Corinne Ritchie, a Sister of Mercy, and former principal of St. Margaret School in Narberth, PA. Sr. Corinne returned to God last week. May she rest in God's eternal peace.

Sunday, May 14th is Mother's Day

A Prayer for all Mothers

Thank you, Lord, that you fill a mother's heart with love,
That you have instilled in her very being the need to protect her children
if at all possible,
Thank you for giving her the gift of nurturing her children, of teaching
them, of comforting them,
for feeding them and making a safe place for them.

For guiding them to be all that God has created them to be.
Fill every mother with love, wisdom and endurance,
with strength and patience and joy.
Give them ability to forgive again and again.
Enable her to rely on You and call upon You, because You will give her
all she needs.

In Your precious and all powerful name, Amen

~ Thoughts About God

