



April 16, 2015

Pope Francis Proclaims a Jubilee Year of Mercy

***"The time has come for the Church to take up
the joyful call to mercy once more."***

Officially proclaiming the upcoming jubilee year of mercy, Pope Francis has powerfully called on the entire Catholic Church to refashion itself as a place not of judgment or condemnation but of pardon and merciful love.

Writing in an extensive document convoking the year, which will begin on December 8th, the pontiff states that the church's credibility is seen in how she shows merciful and compassionate love."

"Perhaps we have long since forgotten how to show and live the way of mercy," writes Francis in the document, released Saturday evening with the Latin title *Misericordiae Vultus* ("The Face of Mercy").



"The temptation...to focus exclusively on justice made us forget that this is only the first, albeit necessary and indispensable step," the pope continues.

"It's time to return to the basics and to bear the weaknesses and struggles of our brothers and sisters," writes the pontiff. "Mercy is the force that reawakens us to new life and instills in us the courage to look to the future with hope."

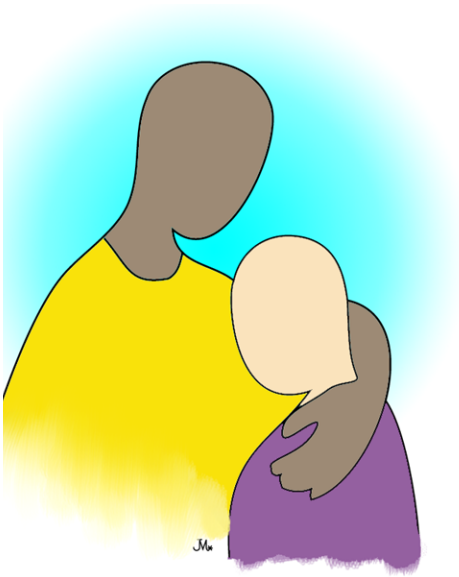
Pope Francis also notes that December 8th will mark the 50th anniversary of the closing of the Second Vatican Council and says: "The Church feels a great need to keep this event alive." The jubilee, which is to be called the Holy Year of Mercy, beginning December 8th on the Feast of the Immaculate Conception will close on November 20, 2016, the day celebrated as Christ the King.

Explaining his reasons for calling the mercy jubilee with a 9,500-word document, the pontiff firmly identifies mercy as the central function of the church and the key aspect of Jesus' ministry and work. Francis also says mercy is a key attribute of God's actions towards

human beings and that our own exercise of pardon will determine how we will eventually be judged.

“In short, we are called to show mercy because mercy has first been shown to us,” he continues. “Pardoning offenses become the clearest expression of merciful love, and for us, Christians, it is an imperative from which we cannot excuse ourselves.”

Among other special initiatives for the holy year, Francis also announced that during the 2016 season of Lent he will be asking some priests to serve as special “Missionaries of Mercy”.



He will ask those priests to go around the world to hear confessions and that he will grant them “the authority to pardon even those sins reserved for the Holy See.”

Mentioning the fifth beatitude – “Blessed are the merciful, for they shall obtain mercy” Pope Francis states that is the beatitude “to which we should particularly aspire in this Holy Year.”

“The mercy of God is his loving concern for each one of us,” writes Francis. “He feels responsible; that is, he desires our wellbeing and wants to see us happy, full of joy and peaceful.”

“This is the path which the merciful love of Christians must also travel,” he continues. As the Father loves, so do his children. Just as he is merciful, so we are called to be merciful to each other.”

~ excerpts from the National Catholic Reporter

To read the entire story: <http://ncronline.org/news/vatican/proclaiming-jubilee-francis-envisions-non-judging-non-condemning-church>

To read the entire Papal Bull:

http://w2.vatican.va/content/francesco/en/apost_letters/documents/papa-francesco_bolla_20150411_misericordiae-vultus.html

To watch videos about The Jubilee Year of Mercy:

<http://bcove.me/pecvt9tv> <https://www.youtube.com/watch?v=q6vyoQmvYrM>





Cabrini Immigrant Services, Dobbs Ferry, NY

Celebrates a New Citizen of the United States

The merlot wine flowed abundantly as appetizer plates of crunchy calamari and sweet cheeses were passed around the table. Eddie, our waiter, kept bringing us rich slices of brochette, the sound of our hearty laughter filling the room.

There we were, ten friends and relatives of Cesar, including his wife and three daughters. We were at Sam's Italian Restaurant in Dobbs Ferry, New York congratulating and celebrating Cesar Novoa, who became a citizen of the United States on March 18, 2015. Wow!

This was a long journey for Cesar, a Peruvian immigrant and octogenarian, who began studying for the citizenship test several years ago. Studying was no easy task. Cesar practiced and practiced, memorizing 100 civics questions and rehearsing for the interview portion of the test. One interesting fact about Cabrini's long journey with Cesar is that volunteer tutors aided his instruction all along the way. Many of us lent our voices and skills in working toward this goal of citizenship for Cesar Novoa. And, after all is said and done, Cesar became not just one of our many successful students, but he and his family became friends of Cabrini as well.

And so on Friday night at Sam's Restaurant, as we raised our voices and our glasses in congratulating Cesar on his fine accomplishment, we realize that so many of Cabrini's wonderful tutors need to be congratulated as well. They have succeeded. Hats off to us all!

~ submitted by Marianne McGowan



Congratulations to Cesar Novoa, a new citizen of the United States! Great thanks to all the good people at Cabrini Immigrant Services whose dedication brought Cesar to this proud moment.

~ photo credit: Suzanne DeChillo

Earth Day 2015 – April 22nd

"I would like to ask all those who have positions of responsibility in economic, political and social life, and all men and women of goodwill: let us be 'protectors' of God's plan inscribed in nature, protectors of one another and of the environment."

~ Pope Francis, Inauguration March 19, 2013

Action Steps:

Plant a tree * Create a Garden * Recycle * Compost



The Future is in Our Hands

Cabrini College, Radnor, PA

Welcoming Accepted Students to Campus



Each spring, Cabrini College invites students who have been accepted to the College, along with their families, to spend a day on campus as a way of providing further information on academic majors, financial aid, student life, and as a means of making them feel a part of the College community as they confirm or make their college decision. This Sunday, three young ladies who had attended Mother Cabrini High School in New York and are now studying at Mount St. Ursula Academy, have been accepted to Cabrini College and will continue their studies here in the fall. Student Ambassador Molly Seaman (2nd r.) welcomes from left: Bilmeyri Cabral, Alexa Castillo and Loraine Castillo and shares her experience of campus and academic life with the young ladies.



Sr. Grace Waters, MSC joins the Cabrini College mascot, the Cabrini Cavalier, in greeting prospective students and their families at the Accepted Students Day.



This year's ASD was the largest recruitment event **EVER** held at Cabrini College, with 327 prospective students, and a total of approximately 1,000 people including family members, in attendance. We received 50 deposits on Sunday, which is also a new record for us!

Some feedback from the day: "I love this college. I feel the culture, the happy environment, and everything is so organized and welcoming." ★ "The enthusiasm, hospitality and warm welcome was unexpected and a highlight." ★ "I love how everyone at Cabrini is very friendly and energetic." ★ "I'm extremely excited to be starting school here." ★ "Cabrini College will give me so many opportunities." "I cannot wait to go to school here next year." ★ "Can't wait to move in!" ★ "I love you all." ★ ~ *Shannon Zottola*

Cabrini Health, Australia

Cooling Caps Trialled

A new trial is helping to reduce hair loss for patients undergoing chemotherapy treatment for breast cancer.

For many people faced with a cancer diagnosis and the need for chemotherapy, fear of hair loss is one of the most distressing aspects of the illness. Oncologist Dr. Michelle White says: “Most oncologists will have had patients who needed chemo but have walked away because they did not want to lose their hair.”



Cabrini Breast Cancer Service Coordinator Vicki Durston (standing) along with Dr. Michelle White are conducting a clinical trial to determine the effectiveness of scalp cooling technology in reducing hair loss among early breast cancer patients undergoing chemotherapy.

An unmet need

The Cabrini Wig Room at Cabrini Brighton, offers patients support and a choice of free headwear including wigs and scarves. However, for patients concerned about hair loss, the longing to find an alternative solution is present.

“Wouldn’t it be even better if we could prevent, or at least minimise hair loss in the first place?” This was the question that Michelle and Breast Cancer Service Coordinator Vicki Durston considered, as they investigated cooling caps that had successfully limited chemotherapy-related hair loss in the United Kingdom.

Michelle and Vicki are now trialling the caps on 30 breast cancer patients at Cabrini Brighton. The objectives are to measure the level of patient satisfaction and tolerability of the scalp cooling technique. Preliminary results have been positive.

Prior to the introduction of these cooling caps, some patients had begun to bring in their own versions. This practice required patients to supply their own cooling devices, such as ice packs. The technique was dependent on the patient having both large amounts of time and an extensive support network, as the icepacks needed to be replaced at regular intervals. It convinced Michelle and Vicki that there was a need for the trial and purchase of

cooling caps. The Paxman system was chosen because of its compact size and ability to service two patients simultaneously. Proudly, Cabrini now has three machines.

The caps are offered to chemotherapy patients at Cabrini Brighton as part of its treatment package (at no extra cost), as well as information to enable people to make an informed decision about whether to go ahead.

How do they work?

The caps are filled with a coolant that constricts the blood flow to the blood vessels in the scalp during chemotherapy, thereby reducing the amount of the chemotherapy agent reaching the hair follicles

To keep it tightly in place, an over-cap is fitted closely over the top and buckled under the chin. They are fitted for 30 minutes prior to the treatment to ensure the blood vessels are sufficiently cooled and remain in place for 60 to 90 minutes after treatment. In the best cases, hair loss is barely noticeable but results vary from person to person.

The caps are not for everyone though. They must be worn quite tightly and are undeniably chilly, especially when they are first attached. Three people withdrew from the trial, reporting that they felt claustrophobic but still said they would recommend them to others.

Early results are positive

So with the cooling caps trial half-way through, do Michelle and Vicki believe in their value?

Undoubtedly. Statewide, patients and their doctors are requesting treatment at Cabrini because of the availability of the cooling caps. Vicki reports the findings of surveys in which patients describe “feeling a sense of normality,” when they are out in the street, a strong endorsement by any standard.

Vicki and Michelle are excited at what they can now offer: “Anything that eases distress during the journey, can only be of benefit to the patient, family and community. While survival is the most important goal, this is an exciting development, really joyous.”

It is expected that the trial results will be published later this year.

~submitted by Christine Elmer



Oncologist Dr. Michelle White (seated) and Breast Cancer Service Coordinator Vicki Durston find patients are requesting treatment at Cabrini because of this cooling cap service.

Cabrini College, Radnor, PA *Celebrating 10 Years of Social Justice and Service*



Cabrini College celebrated its 10-year anniversary with CRS by signing another 10-year partnership, as well as by hosting an interactive Refugees Seeking Safety simulation by CRS Ambassadors. ~ Amy Heid (Photo Editor, Loquitur)

Ten years ago, faculty and administrators at Villanova University and Cabrini College realized that introducing college students to the real world lives of people around the world would help to shape them into engaged and caring citizens.

[Coincidentally,] Catholic Relief Services (CRS) came to the conclusion that in order to engage young people in the United States, working through

universities would be the best way [in which to achieve this goal.]

With this realization, the two groups began to help each other.

CRS works to lessen suffering and help those who are in need in over 100 countries around the world.

On campus, CRS student ambassadors work to raise awareness and involvement for a variety of global humanitarian issues that impact the less fortunate all around the world.

On Tuesday, April 14th, Cabrini College celebrated ten years of a partnership with CRS. At the campus celebration Cabrini President Dr. Donald Taylor and CRS Executive Vice President Joan Rosenhauer signed a partnership for the next ten years. Through the partnership, Cabrini College assisted CRS with its national and global curriculum and Cabrini College became the 17th college (nationwide) to receive Fair Trade status. Students were also given the chance to lobby and advocate on over 500 lobbying visits.



CRS student ambassador Emily Janny (l.) explains the simulation of children fleeing Latin America for their safety to CRS Executive Vice President Joan Rosenhauer (r) and Dr. Suzanne Toten of Villanova University.



Dr. Grace Water, MSC writes a letter to Congress about unaccompanied minors.

“It’s a profound privilege to have been here since the beginning of our partnership,” said Maureen McCullough, regional CRS director of Northeast Mid-Atlantic. “Throughout the ten years, it is amazing to see the impact not only on Cabrini and CRS, but on the people that we seek to serve around the globe.”

~excerpts from a Loquitur article by Cabrini College student Jill Nawoyski

To access full coverage: <http://theloquitur.com/cabrini-celebrates-10-year-partnership-with-crs>

One Minute Meditation

The capacity to care is what gives life its deepest significance. ~ Pablo Casals

No one of us is here for ourselves alone. This is the single most important lesson of life. Compassion, to be real, must be universal, not selective. I cannot claim to be compassionate if I leave anyone outside of the boundaries of my care. Only if my heart is large enough and my vision wide enough can I hope to be bigger than my own small agenda. Then I have something worth living for, giving to, suffering with, forever. Then I am a gift to the rest of humankind. ~ Joan Chittister, OSB

Still Accepting Reservations!!!

Cabrini Mission Corps Fundraiser



Join us in the Cabrini College Mansion as we celebrate the Cabrini Missions Corps and our legacy of service lived through our missionary identity expressed in prayer, in community and in ministry. On Friday, April 17th, supporters of the Cabrini Mission Corps will gather with the Cabrini College community as we honor its work. Come and celebrate our 2014-2015 Missioners--Connor, Jenay CC '14, Martin, Matt, and Melanie. Please join us for heavy appetizers and wine and beer, music and celebration, and prayer and testimony in a short program as we celebrate Mother Cabrini's legacy and how it's lived today.

We hope you can join us! If not, please consider [making a donation](#) to keep the Cabrini Mission Corps serving, now and in the future.

Tickets purchased by students and members of religious congregations are not deductible.

Have questions about Cabrini Mission Corps: Love Through Service? [Contact Tom Southard](#)

To purchase tickets: <https://www.eventbrite.com/e/cabrini-mission-corps-love-through-service-tickets-15521334730>

Hoping you can join us for a wonderful evening!

From the Province Vocation Promotion Team...

World Day of Prayer for Vocations, April 26

The Message of Pope Francis for the 52st World Day of Prayer for Vocations was released this week. This commemoration is traditionally the fourth Sunday of Easter and will be celebrated this year on April 26.

You can read the Holy Father's Message at <https://nrvc.net/256/article/message-of-pope-francis-for-the-52nd-world-day-of-prayer-for-vocations-7482>



From the Province Vocation Promotion Team...

Give God the chance to speak to your heart...

Do you wonder what it might
be like to be a religious sister,
brother or priest?

Are you hoping to invite God
into choices for your future?

Join with other young women
and men, ages 18-40, who are
exploring these questions.

Come and “Sea”Weekend

May 29th – 31, 2015

7:00PM arrival on Friday until after lunch on Sunday

**Saint Mary by-the-Sea Retreat House,
Cape May Point, NJ**

Sponsored by the NRVC Region 3 Vocation Directors

Offering for the weekend: \$60.00

Deposit of \$30.00 (Spaces are limited).

Register by May 15. Contact religiouslifenrvc@gmail.com

Questions about the Come and “Sea”? Want more details?

Kindly contact Nancy Costello – mscvocations@mothercabrini.org or 610-902-1039

Prayer Requests

A Friend

Sr. Christine Marie Baltas, MSC requests prayers for the father of a good friend who is experiencing some health issues.

Peggy Becker

Please remember Peggy, a former Cabrini College staff member, who has been having some vision problems. Please pray for a resolution to these issues with her eyes.

John Bosich

Cabrini Companion John Bosich just received his final radiation treatment (44 total) for his prostate cancer...now it is blood work every few months. Please continue to pray for him and his continued good health.

Sr. Marie Loretta Caeti, MSC

Sr. Marie Loretta is doing well in the rehabilitation process. She will return to Sacred Heart Convent later in the month. She thanks everyone for his or her calls, cards, and prayers during this time.

Scott Cameron

Please pray for Scott Cameron and his family. Scott has just been diagnosed with brain cancer. Scott is a friend of Denise Theriot of Cabrini High School and Robert Kirn and cousin of Paul Curry. Rob and Paul have accompanied Denise on several trips to work with and visit MSCs in New Orleans, Denver, and New York.

Nathaniel and Rita Contreras

Your prayers are asked for Nathaniel, a little boy who is fighting brain cancer and for his mom, Rita, who is seeking the prayerful intercession of the Missionary Sisters and the Cabrinian community. Nathaniel, for whom we have been praying over the last months, has been fighting cancer for three years. Most recently, he was diagnosed with a second brain tumor in the same location where one had been removed. Please storm heaven for this youngster, his mom and his brothers.

Sr. Marie Louise De Antonio, MSC

Continued prayers are needed for Sr. Marie Louise, whose health continues to deteriorate. She is now confined to a special wheelchair. It is a joy to visit her as she always loves visitors and still has those quick funny responses.

Sr. Hana Dima, MSC

Please be mindful of Sr. Hana who will be having surgery on her right wrist this coming Monday. She would greatly appreciate your prayers.



Sr. John Giani, MSC

Please pray for Sr. John Giani, who was hospitalized this week. Sr. John will be undergoing surgery of her shoulder today.

Kathleen Glackin

Prayers are requested for Kathleen who will be undergoing some medical tests. Please pray that all will be well.

Sr. Tommasina Lanski, MSC

Your prayers are asked for Sr. Tommasina who is scheduled for right shoulder surgery on May 15th. Pray that her surgery will go smoothly.

Jessop McDonnell

Frederick and Connie Sheetz request prayers for Jessop, the nephew of Sr. Immaculate McDonnell, MSC, who has been diagnosed with Stage 4 colon cancer. Please pray for his strength and healing.

Laura Nowry

Your prayers are asked for Laura, the niece of Sr. Arlene Van Dusen, MSC, who underwent surgery yesterday. The surgery was a bit more extensive than anticipated and recovery will be longer. Please pray that her recovery will be swift and uncomplicated.

Sr. Regina Palamara, MSC

Your on-going prayers are requested for Sr. Regina who continues to recovery from medical procedures on her eyes. She has been following the “heads down” protocol over the last few weeks which should soon be ending.

Sr. Grace Panettieri

Please pray for Sr. Grace, the sister of Sr. Lucy Panettieri, MSC, who was hospitalized this week with cardiac heart failure. Fortunately, since Sr. Lucy was in Italy for a conference, she was able to visit with her sister, who is doing better.

Alba Thompson

Please pray for Alba Thompson, long time friend of the Cabrini family, who will be undergoing eye surgery today, Thursday, for the removal of cancerous cells in the area of her eye.

In Loving Memory

Faust (Frank) Mattioni

The Cabrinian Community joins the Cabrini College community in extending sympathy to Joanne Mattioni, Health Services, upon the loss of her father-in-law Frank, who passed away on Monday, April 6, 2015.

