



MISSIONARY SISTERS
of the SACRED HEART of JESUS
Bringing Christ's love to the world

THE UPDATE

March 3, 2016

National Catholic Sisters Week

National Catholic Sisters Week (NCSW) is an annual celebration that takes place from **March 8–14**. Created to honor women religious, it is a series of events that instruct, enlighten, and bring greater focus to the lives of generations of selfless and dedicated women.



MEET A **SISTER.**
BE **INSPIRED.**

National Catholic Sisters Week is supported by a \$3.3 million grant from the Conrad N. Hilton Foundation, and is headquartered at St. Catherine University in St. Paul, Minn., and is held in conjunction with National Women's History Month.

The inaugural National Catholic Sisters Week was held March 8–14, 2014 with the highlight being the NCSW Sister/Student conference drawing more than 50 pairs of Catholic sisters and college students across the country

to St. Catherine University and engaging hundreds more online, shining a national spotlight on Catholic sisters and raising awareness of their profound influence on young women.

A highlight of the weekend was SisterStories, a storytelling event hosted by acclaimed broadcast journalist Soledad O'Brien and produced by The Moth Radio Hour, the national public radio show that won a Peabody Award in 2010.

"National Catholic Sisters Week was a sweeping success," says Co-executive Director Sister Mary Soher, OP.

"Among the sisters there was such a claiming of sisterhood. There really is this sense that we are all sisters working in the mission of Christ. The college students who got involved were delightful. They found such peer support among other young women who also have this hunger to learn more about sisters."



The Missionary Sisters are an international congregation of women religious. The diversity of cultures is a hallmark of the Institute.

The hope is that as more young women learn about women religious, more will choose to follow their example. To learn more please visit: <http://www.nationalcatholicsistersweek.org/about.php>
To visit the Vocations section of our Mother Cabrini website: <http://www.motherscabrini.org/become-a-sister>

Continuing the Jubilee Year of Mercy

During this Year of Mercy we are considering ways in which we can more fully enter into the spirit of the Jubilee Year and will be offering practical suggestions for showing mercy to others.

The Corporal Works of Mercy

The Corporal Works of Mercy are found in the teachings of Jesus and give us a model for how we should treat all others, as if they were Christ in disguise. They are “charitable actions by which we help our neighbors in their bodily needs” (USCCB). They respond to the basic needs of humanity as we journey through this life.

GIVE ALMS TO THE POOR

Donate money to organizations that have the ability to provide support and services for those in need. Do research and find organizations that put people in need first, rather than profit.

- Skip the morning latte and put that money in the collection basket at church.
- Find a charity that is meaningful to you and volunteer your time or donate.
- This Lent, give up eating out at restaurants. Pack your meals and donate the extra money to charities.
- Participate in [Operation Rice Bowl](#)



Cabrini High School, New Orleans, LA

2016 Alumna of the Year

Cabrini High School (CHS) selected Michelle Bertram Douglas '85 as the school's 2016 Alumna of the Year.

Cabrini's President, Ardley Hanemann, Jr., announced Douglas' selection at the National Honor Society Induction ceremony. Alumna of the year is an honor given annually to an alumna who has distinguished herself through achievements benefitting Cabrini and the community at large in her personal and professional life.

“It means so much to be honored by my school, a place near and dear to my heart,” stated Douglas. “Cabrini is more than an education of the mind; it is an education



2016 Cabrini Alumna of the Year, Michelle Bertram Douglas '85, (c.) receives warm congratulations from CHS Principal Yvonne Hrapmann and CHS President Ardley Hanemann, Jr.

of the heart.” Douglas’ life mirrors that of Mother Cabrini’s. She is a lifelong educator with a Master's Degree in Elementary Curriculum and Instruction and certified in Administration who presently serves as the CEO and Principal of Edward Hynes Charter School.

A resident of Lakeview, Michelle and her husband, Chuck, were instrumental in the rebuilding of the area after the devastation of Katrina in 2005. In addition to rebuilding her own home, Douglas worked with teachers, administrators, students, and volunteers to reestablish Hynes in temporary buildings, the only public school in Lakeview.

In 2006, the Orleans Parish School Board named Douglas Principal/CEO of Hynes Charter School Corporation. While operating the temporary campus, Douglas worked diligently to restore the school’s permanent campus. In January of 2012, Hynes Charter School re-opened its new campus at the old location on Harrison Avenue, a new campus that is both modern and safe, providing an exceedingly high level of education for its students.



Douglas’ professional and personal achievements are many. In 2013, she was named Principal of the Year in Orleans Parish. She has also earned the honor of being named as one of University of New Orleans’s Outstanding Alumni. Douglas serves on Cabrini High School’s Board of Trustees.

Douglas embodies Cabrini’s core principles of Excellence, Respect and Service. She is a lifelong learner who has sought to impart this gift in so many children. Douglas is well known in the city for her love of learning, outstanding teaching skills, and

leadership. She is a role model as a woman of strong faith and great character. She is an ideal representative of a Cabrini education – one of mind and heart.

~ submitted by Nall Gearheard



LENTEN OBSERVANCES

During the Lenten Season the Sisters of Mercy try to provide a prayerful gathering for young adults. This year we will host a **Taize prayer experience on March 9th at the Convent of**

Mercy in Merion, PA. This prayer will be a blend of quiet, music and prayer. **The prayer will begin at 7PM and will be about an hour long.** They have asked us to pass the word. **All are welcome.** They would love to have you!

For more information please contact:

Sister Theresa Saetta, RSM

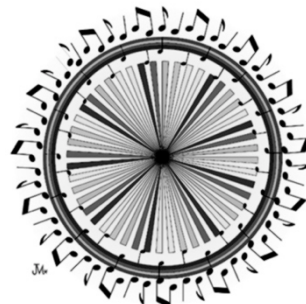
Vocation Minister, Mid-Atlantic Community

Sisters of Mercy of the Americas

515 Montgomery Avenue

Merion Station, PA 19066

t. [610.664.6650](tel:610.664.6650) or [484.562.0362](tel:484.562.0362)



PLEASE JOIN US! Registration closing*

In the spirit of the Jubilee Year of Mercy



Where?

Cabrini College, Radnor, PA
Holy Spirit Library, 2nd Floor Conference Room

When?

Saturday, March 12, 2016 9:30 am – Gathering and Coffee
10:00 am – 4 pm - Program 4:00 pm - Liturgy

What?

A Day of Prayer, Reflection and Restoration focused on the Jubilee Year of Mercy. \$25 includes program, materials, continental breakfast, boxed lunch, & refreshments. Mindfulness meditation, spiritual movement, quiet reflection, & insights on mercy will highlight the day.

Who?

All are welcome! Missionary Sisters, Cabrini Lay Missionaries, Cabrini Companions, Cabrini Mission Corps missionaries and alumni, Cabrini College employees and alumni, and Cabrini friends.

Presenters: Fr. Edwin Robinson, OFM, Director of Pastoral Care, Cabrini of Westchester
Sr. Christine Marie Baltas, MSC and Sr. Grace Waters, MSC.

How?

*** Registration info.** To register or for more information, please email:

cabriniformation@mothercabrini.org or call 610-902-1038/39. Space is limited. (The first ten registrants will receive a special Cabrinian gift.) Checks should be made payable to: Missionary Sisters of the Sacred Heart of Jesus and mailed to: Cabrini Formation Office, 610 King of Prussia Rd. The Cottage, Radnor, PA 19087



Handbags, Scarves & Shoes!!

Wednesday, March 16, 2016

at Cabrini College in the Grace Hall Atrium

610 King of Prussia Road, Radnor, PA 19087

10:00 a.m. – 3:00 p.m.

**(New and Like New Items at Very Low Prices –
We are also accepting donations of designer handbags for sale)**



Cabrini *Action & Advocacy* Coalition

Rescued Trafficked Victims *Need Our On-Going Help*

Proceeds from this sale will help support our
“Cabrini Closet” efforts to supply rescued victims of human trafficking
with much needed items.

Part of the proceeds will also benefit

Dawn’s Place in Pennsylvania - www.ahomefordawn.org

(Cash & Checks Only – ATM onsite)

Questions? Contact Karol Brewer at 610-902-1038 or

cabriniformation@aol.com - www.mothercabrini.org

Cabrini College-Cottage, 610 King of Prussia Road, Radnor, PA 19087

St. F. X. Cabrini Shrine, New York, NY

LENT & EASTER

During Lent

FRIDAY

Stations of the Cross

11:30 am & 12:30 pm

SATURDAY

Reconciliation Service and Confessions

11:00 am

Saturday, February 20 and

Saturday, March 19

SUNDAY

Mass: 9:00 and 11:00 am

Confession: 10:00 am

Blessed Sacrament: 12:00– 4:30

Mercy Chaplet: 3:00 pm

Daily Mass at 12:00, Tuesday-Saturday

Holy Week

SUNDAY, MARCH 20

Palm Sunday Masses: 9:00 am & 11:00 am

MONDAY, MARCH 21

CLOSED

TUESDAY, MARCH 22

Mass: 12:00 noon

WEDNESDAY, MARCH 23

Mass: 12:00 noon

HOLY THURSDAY, MARCH 24

Mass of the Last Supper: 12:00 noon

GOOD FRIDAY, MARCH 25

Liturgy of the Passion of Christ: 12:00 noon

Stations of the Cross: 3:00 pm

Shrine and Gift Shop will close at

3:00 pm on Good Friday

HOLY SATURDAY, MARCH 26

Midday Prayer, Liturgy of the Hours: 12:00 noon

EASTER SUNDAY, MARCH 27

Easter Sunday Masses: 9:00 am & 11:00 am

Shrine and Gift Shop will close

at 2:00 pm on Easter

ST. FRANCES CABRINI SHRINE

701 Fort Washington Avenue New York, NY 10040

cabrinishrineNYC.org 212-923-3536

Please Save the Date

Cabrini of Westchester's

18th Annual Sharing in Mission Dinner

May 25, 2016

Tappan Hill Mansion, Tarrytown, NY

More information to follow



Save the Dates!

Mother Cabrini Shrine Gala 2016

Friday, June 10

(Please note new date)



6 p.m.
Pinnacle Club at the Grand Hyatt, Denver, CO
Silent & Live Auctions, Raffle, Dinner & Awards
Table sponsors and auction donations are needed.
Please call the Shrine at 303.526.0758.



Summer Feast & Bazaar

Saturday & Sunday

July 9 & 10

Masses, Rosary Processions, Bingo, Food Booths
Country Store, Games & Handmade Marketplace

Prayer Requests

An alumna of Cabrini College

An alumna of the Cabrini College has asked for prayers. She has been diagnosed with uterine cancer and is scheduled for surgery. Please remember her in your prayers.

Brother Harout Samouian, OFM and Family

Father Edwin Robinson, Director of Pastoral Care at Cabrini of Westchester requests prayers for Brother Harout Samouian, OFM., his family, and all the people of Aleppo. Brother Harout's family has been trapped in Aleppo since the beginning of the war in Syria. His Aunt Sara, living in the Christian Quarter, was killed by a terrorist sniper's bullet while she was in the kitchen cooking last week. The snipers are targeting civilians. Please pray for her and all the victims of this atrocity, one of the worst of this century.

In Loving Memory

Monsignor James Mulligan

Prayers are requested for the repose of the soul of Monsignor Mulligan, the uncle of Sr. Rose Mulligan, IHM. Monsignor was called home to God on Monday, February 29th. Please keep the Mulligan Family in your prayers at this time.

All are welcome to submit prayer requests to The Update
by emailing us at: cabrini-news@mothercabrini.org

A Lenten Reflection

Your faithful companion

God is with you (remember, Jesus said he is with you—and all of us—always). Sometimes you might forget that. But God's presence is evident if you pay attention to the expected and unexpected details of your life. Perhaps you're struggling with the appropriate response to a conflict and the answer comes from your best friend—expected, but surely a sign of the Spirit's movement in your life. Perhaps you're experiencing the pain of loss and you somehow manage to get up and keep going—unexpected, but a welcome sign of God's grace. Think back over the past few days and consider the certain and surprising ways God has been at your side. ~ *Take Five for Faith*

