



The following article first appeared in *LOQUITUR*, the student newspaper of Cabrini University. After reading this piece by student Jessica Tennett, Sr. Christine Marie Baltas, MSC suggested that it might be reprinted in *The Update*. Jessica shares how her Cabrini University education has informed her outlook and “molded her heart”. We offer excerpts from Jessica’s article here, with a link below to the full article.

## Cabrini Has Molded **My Heart** for the Better

Many students, when they finish college, cannot say that their lives have been changed in unthinkable ways. Sure, individuals mature, they find their passion and run with it but their view on life most often stays the same. I, on the other hand, have had experiences that have changed me forever.

I was raised in Perkasie, Pennsylvania. There is not much to it besides a small historic town with plenty of farmland and strong personalities. I come from a town that raises itself on country pride and the ability to show off what you have worked hard for. My family lives up to that expectation and prides itself on [the fact that] hard work will get you everywhere in life. Growing up I was always told to do my best, and that quitting is never an option.

Growing up I was used to working hard in school and making sure that whatever [activity] I decided to join I would [see it] through until the end. These values have shaped my work ethic today. I see the positives in this however, I do not agree with every value I was taught.

I value some morals that my parents have instilled in me. My parents have shown me that hard work does pay off. My dad runs his own business and my mom is the Coordinator of the Pennridge

School District’s Nursing program. I have grown up around parents who put the family before themselves and support my siblings and me in every way they can. I aspire to be half the people that my parents are, but some things I would rather not carry on.

Before coming in to Cabrini I was narrow-minded. I saw the world through [the thoughts] my parents told me. But since my time here at Cabrini I have [been] transformed into a completely different person. I see the world through a completely different lens than I did before.

I have been blessed with taking classes that allow me to see the world beyond my own fingertips; experiencing a taste of what people in other countries encounter on a daily basis. The ECG (Engagements with the Common Good) classes that Cabrini University



encourages us as students to take allows us to become selfless individuals. Personally, taking ECG 300 dealing with Global Issues, I have a newfound passion for those less fortunate than myself. This class has given me the opportunity to reflect on my life and to open my heart to those in need.

Since taking this ECG class I feel more for these people and I want other people to see that these individuals are just like us. I want people to put themselves in those individuals shoes and think about what they would want people to do for them.

Cabrini has shaped me into a person [who] thinks about how my efforts will affect other individuals. I think about how fortunate I am and tell myself that I am truly blessed compared to other people. Cabrini is not just a school to me, but, [rather] the foundation [through] which I became the person that I am today. These four years have shaped me in ways unimaginable and I will be forever thankful to be able to call myself a Cabrini University Alumna. ~ with thanks to Cabrini University student Jessica Tennett and Sr. Christine Marie Baltas, MSC

To read Jessica's article as it originally appeared in the Loquiter:

<http://www.theloquiter.com/cabrini-has-molded-my-heart-for-the-better/#.WNGBQBLyvfh>

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## Cabrini Immigrant Services, New York, NY 4<sup>th</sup> Annual Benefit

Cabrini Immigrant Services invites you to our annual benefit on Tuesday, April 4th! Please join us at Pulse restaurant to honor Patricia Krasnausky, President/CEO of Cabrini Elder Care, and celebrate the work of Cabrini Immigrant Services' staff and volunteers.

The benefit will take place on Tuesday, April 4<sup>th</sup> from 6:00-9:30 pm at Pulse Restaurant, 45 Rockefeller Plaza, 3<sup>rd</sup> Floor, New York, NY.

Tickets are \$200 for an individual seat, \$1,000 for a table of six, or \$1,400 for a table of 8.

**Please reserve your ticket by March 24<sup>th</sup>.**

**For more information, to make a reservation, or to purchase an ad space in our program, please contact Brenda Barsallo at 212-791-4590 ext. 100 or [info@cis-nyc.org](mailto:info@cis-nyc.org)**



CABRINI IMMIGRANT SERVICES OF NYC, INC.  
*invites you to our*

**2017 Annual Benefit**  
*Honoring*  
**PATRICIA KRASNAUSKY**  
*President/CEO of Cabrini Eldercare*

*To be held at*  
**PULSE RESTAURANT**  
*45 Rockefeller Plaza | 3rd floor | New York City*  
[www.pulse-restaurant.com](http://www.pulse-restaurant.com)

*Tuesday, April 4, 2017*

## Learning More At Mother Cabrini Shrine About Human Trafficking



Greg Slater (l.) from the County District Attorney's Office and Kelly Zebroski (r.) from Child Protection Services addressed the Shrine audience on human trafficking awareness.

The Mother Cabrini Shrine Outreach Committee sponsored an information gathering session on the topic of Human Trafficking with the focus on Colorado and the local counties. Kelly Zebroski from Child Protection Services and Gregg Slater from the County District Attorney Office were the speakers. Thirty-three people attended and took with them twenty English/Spanish name cards with the trafficking hotline number to be distributed in their areas. Attendees also took with them a copy of the Missionary Sisters of the Sacred Heart Corporate Stance on Human Trafficking. ~ *submitted by Sr. Roselle Santivasi, MSC*

## Many Visitors to the Mountaintop!

During the weekend of March 11- 13, the Neo-Catechumenal Way held a conference for 13,000 people in Boulder, Colorado. The conference featured the founder of the Neo-Cats, Kiko Arguello of Italy.

During those days, Mother Cabrini Shrine welcomed 23 buses, various passenger vans and countless vehicles of conference attendees wanting to visit the Shrine, attend Mass, share meals and pray at the grotto. It was a busy, beautiful weekend to witness the faith of so many groups of people from all over the U.S. including Texas and California, and even Guam.



Participants in the Neo-Catechumenal Way Conference came by car and bus to visit the Mother Cabrini Shrine.

~ *submitted by JoAnn Seaman*

### Save the Date!

Mother Cabrini Shrine Gala - June 23<sup>rd</sup> (Feast of the Sacred Heart)

Summer Feast and Bazaar - July 15<sup>th</sup> and 16<sup>th</sup>

Please mark your calendars.



Please Join Us in Welcoming  
**Pearl Kim, Esq.**  
to Cabrini University

Guest speaker – Pearl Kim is a prosecutor known for her work in curbing Human Trafficking and sexual assault. Kim has been newly appointed to the Office of Public Engagement in Harrisburg, PA where she serves as Senior Deputy Attorney General for Public Engagement.

Ms. Kim will be discussing her work with Human Trafficking

Q & A to follow

**When: WEDNESDAY MARCH 29, 2017**

**Where: Cabrini University Mansion**

**Time: 3:00 P.M.**



At the time of the presentation, the *Cabrini Action and Advocacy Coalition* will be collecting donations of travel size bottles of:

- Shampoo
- Soap
- Mouthwash
- Deodorant
- Gently used name brand clothing



Event sponsored by ECG-200

**Voices for the Voiceless: Human Trafficking**

SPREADING THE WORD ABOUT "HUMAN TRAFFICKING AND HOW WE CAN HELP."

Proceeds will support our work with the Cabrini Closet and Covenant House.



*This Lenten season, in what has become a beloved tradition, the Missionary Sisters and some of their lay collaborators will be offering reflections on the Gospels of the Sundays of Lent.*

*This week's reflection is written by  
Cath Garner, Cabrini Health, Australia*

March 26 FOURTH SUNDAY OF LENT

1 Sm 16:1b, 6-7, 10-13a/Eph 5:8-14/Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38 (31) Pss IV

### We are Easter People

I have long been attracted to the phrase “we are Easter People” and, at this time of year, it goes without saying that it tends to be more front of mind! Although my understanding of the meaning of the phrase has become more nuanced over the years, the invitation to prepare this reflection has led me to reconsider it again both through the lens of the readings for the fourth Sunday of Lent and through my role in my organisation.

Ekerdt tells us that Easter People “live as active witnesses to faith, wherever they are” (*We are Easter People* NCR Apr 20, 2014). Like David, we have been chosen and anointed for ministry (1 Samuel 16:13) whether we are aware of it or not! We are assured that when we live in the light, Christ will shine on each one of us (Ephesians 5:10, 13-14). We are reminded that it takes courage to claim our identity, particularly when we may face unwanted consequences in identifying ourselves in this way (John 9:22).

As I was preparing this reflection, I thought back to a meeting earlier in the day when we were contemplating our responsibility as a Catholic organisation to help our people flourish. This speaks to me of how the power of faith shaped the priorities and way of life of the early disciples. As Ekerdt explains, it became embedded in their attitudes, rules and self-image. It also serves to highlight our particular challenge as a Catholic organisation today, existing in a largely secular culture and drawing people from all faiths and none. Most of what the media reports about the Catholic Church falls depressingly short of community standards. “Living as active witnesses to faith, wherever [we] are” is a particularly tall order in this reality.

In our meeting, we talked about how good formation has a human, spiritual and relational dimension. We acknowledged the difficulty of creating safe opportunities to tap into these deeper aspects in a workplace, where the basis of the relationship is an employment contract. Nonetheless, this is what we are about and, just like the early disciples, we need the Spirit to be at work amongst us.

So how would we know if our desire to help people flourish is being achieved? We thought that staff would be enriched by their experience in the organisation. In a world obsessed by outcome measures, I wondered if this is a satisfactory expression of being Easter People?



# Prayer Requests

## *A refugee*

Please pray for a refugee who is in this country on a student visa. His passport is due to expire in 2 months. He is facing a very difficult legal situation and needs our prayers.

## *Hugh Waters*

Kindly keep Hugh Waters, the twin brother of Sr. Grace Waters, MSC, in your prayers. Hugh will be undergoing surgery in two weeks. Pray that all will go well with his surgery and that he will have a quick recovery.

# In Loving Memory

## *Mary Lombardo Paccillo*

Please pray for the repose of the soul of Mary Lombardo Paccillo, the grandmother of Melanie Paccillo, who works for the Cabrini Mission Foundation and is Cabrini Lay Missionary. Mary was called home to God on Sunday, March 19<sup>th</sup>. Please keep the Paccillo Family in your prayers at this sad time.



# *Forgiveness*

Jesus' entire ministry was grounded in love and forgiveness, yet often enough those who call themselves followers of Jesus fail to offer love and forgiveness to others. Instead, they nurture their grudges, hurts, and resentments, keeping them alive and in the present by retelling themselves the same old stories where it's everybody else's fault. Lent is a good time to practice abstaining from this habit. When you find yourself wanting to judge and blame others, turn your gaze inward.

How often have you refused to give what you so dearly wish to receive? ~ *Take Five for Faith*

