



MISSIONARY SISTERS
of the SACRED HEART of JESUS
Bringing Christ's love to the world

THE UPDATE

March 17, 2016

A Magical Time

at Cabrini Immigrant Services, Dobbs Ferry NY

Cabrini Immigrant Services (CIS), Dobbs Ferry, NY, provides an after school homework help program for children in Grades 1-5. Our 'Cabrini Kids' attend school at Springhurst Elementary in Dobbs Ferry. The children come to CIS three times a week to get assistance with completing their homework. CIS partners with not only Springhurst Elementary School but also the Masters School and Dobbs Ferry High School. We are so fortunate to have high school volunteers who give of themselves to help our students complete their assignments.



CIS has been the recipient of a very generous grant from the St. Faith's House Foundation. This grant has allowed us to have special programs for our children throughout the year. Recently, we were able to have a Magic Show for our Cabrini Kids. Richie and Barbara Magic, from the Hocus Pocus Magic Shop in Dobbs Ferry, entertained our Cabrini Kids with a wonderful Magic Show and class. Mr. Magic kept the audience engrossed as he performed his magic tricks. After every trick you would hear, "How did he do that?" The answer...it's magic! The children were involved with many of the tricks. Mr. Magic feels that he must bring a strong message to the children that he entertains regarding respect and education. Throughout the show, Mr. Magic told the children about the how it important it is to respect everyone and also to study hard in school. What great lessons for children to hear.

After the show, Mr. Magic held a class for the children. He taught them how to do several tricks. Through his generosity, he gave each child 3 tricks, which they were able to take home and perform. Thanks to the St. Faith's House Foundation, each student left with a book about magic.

What a joy it was to see the children running to their parents after the show and trying to show them all that they learned. As the children left they asked if Mr. Magic could 'reappear' at CIS very soon.

Thank you Mr. and Mrs. Magic for bringing so much joy to our Cabrini Kids.

~ submitted by CIS Director Lorraine Campanelli



Continuing the Jubilee Year of Mercy

During this Year of Mercy we are considering ways in which we can more fully enter into the spirit of the Jubilee Year and will be offering practical suggestions for showing mercy to others. In the coming weeks we will be considering the ...

The Spiritual Works of Mercy

The Spiritual Works of Mercy have long been a part of the Christian tradition, appearing in the works of theologians and spiritual writers throughout history. Just as Jesus attended to the spiritual well-being of those he ministered to, these Spiritual Works of Mercy guide us to "help our neighbor in their spiritual needs" (USCCB).

INSTRUCTING THE IGNORANT

Learn about our faith and be open to talking with others about our beliefs. There is always something more to discover about our faith.

- Go on a service trip or short-term mission trip. No time? Donate to support someone on their service trip
- Volunteer to help with religious education programs at your parish
- Invite someone to go to mass with you this weekend
- Know your faith! Read through the [USCCA](#) to find out more about the Catholic faith and how to live it



Please Save the Date National Shrine of St. Cabrini

Chicago, IL



Easter Season Organ Recital: The Italian Influence on Sunday, April 10

Join us in the Chapel at 1:30pm for a concert featuring Organist Corrado Cavalli; Free-will donations will be accepted. [Click here for more information](#)

One Minute Meditation

Jesus shows us the way to convert hearts. So often it is through his actions – compassion, mercy, love – that he draws people to himself. Can you do the same? Do the people you meet recognize Jesus in your through your daily actions?

As the 1970s song goes, "They'll know we are Christians by our love."

For the Jubilee Year of Mercy

A Day of Prayer, Reflection and Restoration

A cross section of forty members of the Cabrinian community including Missionary Sisters, Cabrini Lay Missionaries (CLMs), Cabrini Companions, CMC missionaries, Cabrini College alums, Cabrini staffers and friends gathered on the campus of Cabrini College on Saturday, March 12th for a Day of Prayer, Reflection and Restoration. Karol Brewer, Nancy Costello, Pat Krasnausky and Gina Scarpello comprised the planning team for the day.



Photo above: Fr. Edwin Robinson, OSF, chaplain at St. Cabrini Nursing Home, led the group through a series of mindfulness meditations.

Photo below: Cabrini College assistant library director Anne Schwelm (l.) explains the various artifacts of Mother Cabrini, which reside in the Cabriniana Room of the Holy Spirit Library.

The day included reflections on the Year of Mercy by Missionary Sisters Bernadette Casciano and Christine Marie Baltas, as well as spiritual movement guided by Diane Kistler and mindfulness meditations led by Fr. Edwin Robinson, OSF.

Opportunities for individual quiet reflection, coloring mandalas, walking the grounds and meditation in chapel were an integral part of the day.

During the midday time of fellowship, participants could view artifacts of Mother Cabrini in the Cabriniana Room with curator and assistant library director Anne Schwelm.

The day concluded with liturgy in the Bruckmann Chapel of St. Joseph.



Getting ready for the Day of Prayer are Missionary Sisters and over forty members of the Cabrinian Community.

Cabrini Immigrant Services, NYC

Celebrating their Annual Benefit

Cabrini Immigrant Services hosted its 2016 annual benefit on Monday, March 14. We celebrated at the Lower East Side Tenement Museum, where guests went on tours to learn about the lives of immigrants in our neighborhood over the last 120 years, including families that Mother Cabrini and the first Missionary Sisters of the Sacred Heart might have served. We enjoyed food from our neighborhood that represented the diverse groups that make up the Lower East Side and our community of clients.



Brigid Sullivan (l.) is honored by CIS-NYC for her generous and gracious support of Cabrini Immigrant Services, NYC. At the Annual Benefit she is joined by Sr. Yolanda Flores, MSC and Director of Cabrini Immigrant Services, NYC, Javier Ramirez Baron.

Our honoree this year is Brigid Sullivan. Last year Brigid retired from the New York Police Department as a graded detective, but for many years she worked at the police station across the street from Columbus Community in Gramercy Park. She met the MSCs there, and soon started volunteering with Cabrini Immigrant Services. Not only has Brigid supported this mission financially, but she has also given generously of her time--driving Sister Yolanda to New Jersey and Pennsylvania to buy toys for our clients' children, buying and preparing the food for our Christmas party, and so much more! We're incredibly appreciative of all that Brigid has done and continues to do for us, and we were thrilled to thank her at our benefit.

Thank you to everyone who came to the benefit, and to all of you who keep us in your prayers! ~ *submitted by CMC missionary Madison Koenig*



Missionary Sisters from across the Institute were happy to join in the celebration of CIS-NYC.

Cabrini College, Radnor, PA

Spring Break = Service

College students are known to spend their spring breaks either soaking up the sun or catching up on some much needed rest. Many students at Cabrini College, on the other hand, opt to devote their spring breaks to serving others. The College's mission, which is centered on social justice and compassion, has inspired its students. This spring break, Cabrini students decided to help build and renovate homes in New Orleans and Appalachia, West Virginia. Thanks to their hard work and partnership with other organizations, they were able to bring hope to many.



While not the exact home that the Cabrini students worked on, this home is typical of many found in the Appalachian region – in dire need of repair.

Cabrini Mission Corps missionary Morgan Perry led the spring break trip to Appalachia, West Virginia. She described the trip as being a Habitat for Humanity-type of trip in that they spent the majority of their time working on renovating a family's home, which belonged to a widow.

Marina Haley, a senior at Cabrini, also participated in the trip with the desire to help others and “improve lives through improving homes.” As a Catholic Relief Services Student Ambassador, Marina was aware of the value of service. Marina is grateful to have gone on this trip because it has further taught her the importance of teamwork. She explains that the actual labor they were doing – laying down tiles and measuring them – took a lot of energy and was “frustrating” at times, but it strengthened the significance of working together.

Other students went to New Orleans to help in the efforts to rebuild the city after the 2005 Hurricane Katrina disaster. Those who went on this trip worked with the St. Bernard Project, a non-profit organization that helps rebuild homes affected by the hurricane. Another Cabrini missionary, Vanessa Miranda, who oversaw the trip, enjoyed not only helping others but getting the opportunity to visit Cabrini High School and the local museum dedicated to Hurricane Katrina. She recalled her visit to the museum as being “...really educational and really eye opening...” because she had not realized that this disaster “...was not just a natural disaster but also man-made.” A realization much too difficult for many to grasp.

Dan Luner, also a senior at Cabrini, went on the New Orleans trip and described it as an enlightening excursion. After returning from his SEARCH retreat, Dan found his connection with domestic issues to be stronger and wanting to continue working with Cabrini's Campus Ministry on their efforts to provide for those most vulnerable. Because of this, he made the decision to give up his week-long break to help rebuild a community.

Dan says he was too young to remember the September 11th attacks, but remembers when Hurricane Katrina occurred and has always wanted to help. Getting the opportunity to see

the levees in the Lower 9th Ward that he used to see on the news was “a somber moment, but for me it really reinforced why we were there.”

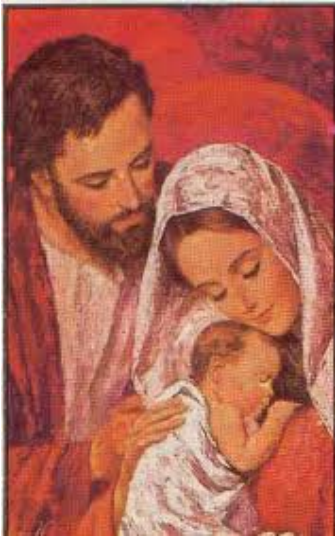
“The most valuable thing I learned from this trip is to be a light. I think it's important that we all try to outshine the darkness...and make sure we are always shining as bright as we can [in times of crisis],” Dan says as he reflects on his service. Marina also concludes by sharing that going to Appalachia and serving others “...teaches you that whether you’re doing work far away, or close [to] home, it still matters...” These lessons from Cabrini seniors echo not just the mission of their school, but also the responsibility of human kind.

~ submitted by MSC Communications Office intern,
Cabrini College freshman Danielle Perez



Some houses in the Lower 9th ward remain broken and abandoned eleven years after Hurricane Katrina.

Saturday, March 19th is the Feast of St. Joseph



Matthew portrays Joseph as a good man, a working carpenter, who trusted in God. Luke describes how Joseph took the newborn child as his own. There is a general rule concerning all special graces given to any human being. Whenever divine grace chooses someone to receive a special grace, or to accept a high vocation, God adorns that person with all the gifts of the Spirit needed to fulfill the task.

This is especially true of Joseph. He was chosen by the eternal Father to be the faithful guardian and protector of the most precious of all his treasures, namely, his divine Son; and of Mary, who became his wife.

This was the task laid upon him, which he carried out faithfully right to the end.

~ St. Bernadine of Siena

St. Joseph Bread

The feast of St. Joseph holds a special place in the hearts of Italian Catholics.

According to legend, a severe drought threatened Sicily during the Middle Ages. In desperation, the people turned to St. Joseph to intervene on their behalf and bring much needed rain. Their prayers were answered and a great feast was held in thanksgiving. That feast in honor of St. Joseph has become a tradition for Italian Catholics.

One part of the celebration of St. Joseph's Day is the blessing of special bread shaped like Joseph's staff. One traditional belief is that if St. Joseph's bread is kept in the home, the family will never starve. ~ the little Black Book





Today is St. Patrick's Day

There are many legends associated with St. Patrick. The symbol of the shamrock used for St. Patrick's Day comes from the story of St. Patrick using the shamrock to illustrate the Holy Trinity. Another popular belief is that St. Patrick banished the snakes from Ireland. The story says that while St. Patrick was fasting, snakes attacked him, so he chased all snakes into the ocean. (There is no proof that there were ever such aggressive snakes in Ireland to begin with!)

The History of St. Patrick's Day and why it's celebrated.

St. Patrick's Day was first celebrated in America in 1737, organized by the Charitable Irish Society of Boston, including a feast and religious service. This first celebration of the holiday in the colonies was largely to honor and celebrate the Irish culture from which so many colonists had been separated.

The St. Patrick's Day parade started in New York in 1762 by a group of Irish soldiers in the British military who marched down Broadway. This began the tradition of a military theme in the parade, as they often feature marching military units.

Parades and wearing green have always been a traditional part of St. Patrick's Day celebrations, but the events will vary based on the city:

- **Boston** - St. Patrick's Day celebrations in Boston bring over 600,000 visitors to the city, which has a large Irish-American community. The city has one of the largest parades, in which many veterans take part and events are held in the large number of Irish pubs in the city. The Irish Cultural Centre holds a celebration, and many events feature Irish food, such as corned beef.
- **New York** - New York City is the place of the oldest civilian parade, which boasts over 150,000 participants. This may include veterans along with firefighters, policemen, and cultural clubs. It is led by New York's 69th infantry regiment. Another city in New York State, Pearl River, has the second largest parade in the state with crowds of over 100,000. In Buffalo, there are two St. Patrick's parades.
- **Scranton** - This Pennsylvania city's parade is one of the oldest and largest. Since 1862, this parade has been one of the most popular, with current celebrations attracting around 150,000.
- **Chicago** - The Irish community makes up a large part of Chicago's celebration. Chicago dyes the Chicago River green and holds the South Side Parade.
- **New Orleans** - This coastal city was the largest point of immigration for the Irish. St. Patrick's Day celebrations are typically held in the local communities or neighborhoods.

MAY YOUR
blessings
OUTNUMBER THE
Shamrocks
THAT GROW



~from Wilstar.com

It is interesting to note that with the exception of Boston, Mother Cabrini established ministries in each of the cities that host grand St. Patrick's Day celebrations.

Not a lot...just a latte



This Lent we are asking you, our Cabrini friends and family, to embrace the spirit of Mercy and *give a latte* so a child may have access to life changing technical training.

Please donate \$7 today!

Online: <https://cabrinifoundation.org/donate/just-a-latte/>

Or by check:

Cabrini Mission Foundation

222 E 19th St Suite 5E

New York, NY 10003

Missionary Sisters of the Sacred Heart of Jesus serve 1,200 students in Nicaragua who would otherwise not have access to technical education. Students can be trained in computer science, culinary arts, accounting, and other specialties that help them rise above the economic devastation in their region.

one less latte = one act of Mercy



St. F. X. Cabrini Shrine, New York, NY

LENT & EASTER

During Lent

FRIDAY

Stations of the Cross

11:30 am & 12:30 pm

SATURDAY

Reconciliation Service and Confessions

11:00 am

Saturday, February 20 and

Saturday, March 19

SUNDAY

Mass: 9:00 and 11:00 am

Confession: 10:00 am

Blessed Sacrament: 12:00– 4:30

Mercy Chaplet: 3:00 pm

Daily Mass at 12:00, Tuesday-Saturday

Holy Week

SUNDAY, MARCH 20

Palm Sunday Masses: 9:00 am & 11:00 am

MONDAY, MARCH 21

CLOSED

TUESDAY, MARCH 22

Mass: 12:00 noon

WEDNESDAY, MARCH 23

Mass: 12:00 noon

HOLY THURSDAY, MARCH 24

Mass of the Last Supper: 12:00 noon

GOOD FRIDAY, MARCH 25

Liturgy of the Passion of Christ: 12:00 noon

Stations of the Cross: 3:00 pm

Shrine and Gift Shop will close at
3:00 pm on Good Friday

HOLY SATURDAY, MARCH 26

Midday Prayer, Liturgy of the Hours: 12:00 noon

EASTER SUNDAY, MARCH 27

Easter Sunday Masses: 9:00 am & 11:00 am

Shrine and Gift Shop will close
at 2:00 pm on Easter

ST. FRANCES CABRINI SHRINE

701 Fort Washington Avenue New York, NY 10040
cabrinishrineNYC.org 212-923-3536

Prayer Requests

Penny Moy

Beth Moy, from Cabrini College, asks for prayers for her mom, Penny Moy, who is battling cancer that has metastasized to her eye. She will begin radiation treatments next week. Please keep Penny's recovery in your prayers.

Carol Stanton

Your prayers are requested for Carol, a cousin of Sr. Mary Ann Hawes, MSC, who was recently discharged from the hospital. Despite her discharge, Carol remains very weak. Please pray for her recovery. Carol is the aunt of Meghan Benevides and grand-aunt of Madeline Benevides – see prayer request below.

In Loving Memory

Meghan Benevides

Sr. Mary Ann Hawes, MSC asks prayers for the repose of the soul of her cousin Meghan Benevides, who passed away suddenly. Meghan had lost her husband a few years ago and now, with her passing, she leaves behind a fourteen year-old daughter, Madeline, who has now lost both her parents. Many prayers are needed for Madeline who is coping with overwhelming loss.

Sr. Barbara Leonardo, MSC

Please pray for the repose of Sr. Barbara who went home to God on Monday, March 14th. Sr. Barbara was a teacher, a former dean and acting president of Cabrini College. She served in parish ministry on Roosevelt Island and was an expert facilitator of the Enneagram. Sr. Barbara's funeral Mass will be tomorrow at Sacred Heart Convent in New York City.

May she rest in God's peace.

