



Missionaries of the Sacred Heart of Jesus UPDATE



February 12, 2015

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www.mothercabrini.org
www.cabrinifoundation.org
www.cabrinimissioncorps.org

NY Times Spotlights Shrine Mural Restoration

Restoring the Golden Halo of Mother Cabrini



The front page of the January 22nd edition of the Update featured the restoration work taking place on the mural at the St. Frances X. Cabrini Shrine. The mural depicts the seminal events of Mother Cabrini's life. This restoration, scheduled for completion this week, has been undertaken by Stephen Miotto of Miotto Mosaic Art Studios, a family business that has been in the New York region for several generations.

So significant and unique was this restoration that it captivated and inspired Michael Luongo of the New York Times to write a comprehensive account of the project and to spotlight the Missionary Sisters, and the Shrine as a sacred place of comfort and spiritual nourishment for pilgrims and immigrants for decades.

As Michael Luongo points out, during the restoration, details of the mural that had become dull over the years, reemerged. Kristine Reed, director of the Shrine, referred to the halo around Mother Cabrini's head. "It's very subtle," she said. "[Her halo] starts out very faint when she is a child, and then [in the image where she is a saint], it is a golden halo."

To read the full NY Times account: http://www.nytimes.com/2015/02/08/nyregion/in-upper-manchattan-restoring-the-golden-halo-of-mother-cabrini.html?emc=edit_th_20150208&nl=todaysheadlines&nliid=66892311

Cabrini-on-the-Hudson, West Park, NY

Celebrating the World Day of Prayer for Consecrated Life

Despite the snowstorm of Sunday and Monday February 2nd we MSCs were able to celebrate the World Day of Prayer for Consecrated Life on Tuesday 2/3/2015 at Cabrini House of Formation and Discernment, West Park, New York. There were 13 congregations in attendance, all of whom participated and received the nourishment from two tables - the table of the Liturgy and the table of fellowship. There was truly a joyful noise as we delighted in the Lord and one another.



Hosting the gathering of consecrated religious are Sr. Dianne McKenna, MSC (3rd I.), Sr. Lucy Panettieri, MSC, (4th I.), Sr. Martha Lopez, MSC novice (2nd r.) and Sr. Antonia Plata, MSC (r.)

It was wonderful to have so many charisms under one roof, united as one community of faith and love.



A representative of each Institute brought a symbol of her/his congregation and gave a brief explanation of the symbol. The charisms represented were Capuchin Franciscans, Order of Friars Minors, Franciscan Felicians, Allegheny Franciscan, Redemptorist Fathers, Redemptoristines, Christian Brothers, Missionary Sisters of the Sacred Heart of Jesus (Cabrini), Marist Brothers, Holy Cross Brothers (Anglican), Benedictine Sisters and Carmelite Sisters. Also in attendance, Fr. Thomas Lutz a Diocesan priest living the Benedictine Rule and the musician Mr. David Kwiecinski.

Pope Francis has given three challenging objectives for this great year. He suggests that we look to the past with gratitude while at the same time maturing and developing, giving rise to new ways of expressing our charisms. Our charisms have been like trees that stretch out their branches so that the people of God can rest in them.



Consecrated religious shared symbols of their congregation. Here Sr. Lucy Panettieri, MSC, (I.) and Sr. Antonia Plata, MSC offer an explanation of the heart and the stemma or seal of the MSCs.

Second objective is to live the present with passion always challenged by the gospel that is demanding radically and sincerely.



Consecrated religious from 13 congregations gathered at the Cabrini House of Formation and Discernment in West Park, NY for the World Day of Prayer for Consecrated Life. Seated at left is Sr. Antonia Plata, MSC. Seated at right is Sr. Lucy Panettieri, MSC. MSC Novice Martha Lopez is seated next to Sr. Lucy.

The third objective that Pope Francis gives is to embrace the future with hope. We are called to live this virtue that stems from faith. The Lord is faithful in telling us, “Be not afraid for I am with you”.

Filled with joy and zeal we are able to go forth and wake up the world “for where there are Religious-there is joy”. ~ *submitted by Sr. Dianne McKenna, MSC and Sr. Lucy Panettieri, MSC*



The women and men religious who participated in the Day of Prayer for Consecrated Life gathered with candles lighted in the chapel at Cabrini-on-Hudson.



For where there are Religious,
there is JOY!



Opening Wide Our Doors



Pope Francis urges religious congregations to “open their doors” to the public.

The Missionary Sisters of the Sacred Heart of Jesus (Cabrini Sisters), from the House of Formation and Discernment in West Park-Ulster County-New York, heeding the words of Pope Francis opened their doors to various parish communities last Sunday, February 8, 2015.

In attendance were parishioners from various surrounding towns including Beacon, Poughkeepsie, Highland, New Paltz, Esopus, and Kingston.

The focus of the Open House was on the following themes: the Life of Mother Cabrini as Patroness of Immigrants; charism and

spirituality; the Cabrini Missionary vision; formation of various vocations; consecrated religious life; Cabrini Lay Missionaries; Cabrini Mission Corps and Cabrini Companions.

The ministries that were presented included: Cabrini Advocacy and Action (CAAC) which involves raising awareness regarding human trafficking issues; direct assistance for issues of immigration including legal consultation, obtaining citizenship, teaching English as a Second language, running a food pantry, and pastoral ministry on all levels. Visitors were all able to see on a world map

the extension of the Cabrini Mission on the six continents.

The Missionary Sisters received their guests and took them on a tour of the expositions, explaining details of their life style and charism.

Our guests were able to witness the history of the Cabrini orphanage through pictures and a narrative. They saw a movie of the Cabrini heritage prepared by The National Shrine of St. Frances Xavier Cabrini in Chicago.

One aspect of the Open House was a visit to the sister’s quarters, followed by refreshments



Sr. Antonia Plata, MSC (2nd r.) greets visitors of all ages as they arrive at the Open House.



Visitors were able to view informative displays on the Cabrinian charism, religious life and the history of the West Park property.



Sr. Dianne McKenna takes visitors on a tour of the House of Discernment and Formation.

in the dining room.

One of the MSC aspirants took the visiting children aside and entertained them with age-appropriate fun activities.



By the sounds of laughter and joy, we could tell that everyone had a very fruitful and enjoyable afternoon. As the guests were leaving, they expressed that religious life was not as much of a mystery to them now.

We, Missionary Sisters of the Sacred Heart of Jesus, since Vatican II, have had our doors open to many lay collaborators, friends and family members, but, this is the first time that we made an extensive formal invitation to all that could come and share with us an informative and pleasurable afternoon.

Pope Francis, thank you for encouraging all of us to "Open the Doors" to our home.

~ submitted by Sr. Dianne McKenna, MSC and Sr. Lucy Panettieri, MSC



Top photo: Sr. Lucy Panettieri, MSC shares the history and travels of Mother Cabrini with two visitors.
Lower photo: MSC novice Sr. Martha Lopez (2nd I.) speaks about the call to religious life with a group of young women who attended the Open House.



Families were able to enjoy the hospitality of the Missionary Sisters and to read about the congregation founded by Mother Cabrini and the land she purchased in West Park to open her first ministry in the US – an orphanage to serve immigrant children.



One Minute Meditation

Saturday is Valentine's Day. Valentine's Day does us one great service: it reminds us just how precious love is. And to think it all started with God.

St. John tells us, "We love, because God first loved us." 1 Jn 4:19

With infinite wisdom, God must have weighed all things in a balance and opted for love. How crucial love must be!

This love is what Valentine's Day celebrates. It calls us to celebrate the love we experience from family and friends. And, it reminds us to give thanks to the source of that love, God.

Thanks to God for the gift of love.



United in Prayer for Victims of Human Trafficking



From left: CMC missionary Melanie Paccillo, Cabrini Action and Advocacy Coalition chair Karol Brewer, Sr. Veronica Piccone, MSC and Shrine Director Kris Reed were among those attending the anti-human trafficking prayer service.

Missionary Sisters, CMC missionaries, Cabrinian collaborators and community members gathered at St. Frances Xavier Cabrini shrine in New York City on the Feast of St. Josephine Bakhita to pray for the victims of human trafficking. Approximately 50 people were in attendance for this special prayer service.

The service was led by Cherie Sprosty, a liturgist with 25 years experience in the LA Archdiocese, and opened with a moment of silence for the millions of people who are enslaved around the world. Attendees were invited into the

seemingly hopeless and desperate world of those enslaved with a dramatic reading of Psalm 10:12-18 by Josh Guerrero, a Washington Heights community member who is very passionate about ending human trafficking, and Kris Reed, Director of the St. F.X. Cabrini Shrine. CMC missionary Jenay Smith continued the journey into the darkness with a reading from Exodus where Pharaoh's heart was hardened and he did not let God's people go. Ethan Applegate, a professional singer and actor, served as cantor. His baritone voice singing the words of Psalm 22, "My God, my God, why have you abandoned me," brought chills to many.

Sr. Veronica Piccone, MSC shared the heroic story of St. Bakhita, who defied her owners in order to gain her freedom and serve the Lord as a Canossian Sister. At this point all sang, "The Lord is my light and my salvation," thus honoring the faith and courage of those who are able to become free from slavery. Michelle Soto, Pastor and CEO of Fierce Woman Found Ministries, provided a truly powerful and inspiring homily. Her call to action was rooted in scripture and encouraged all to make the world a more just place for all. CMC missionary Melanie Paccillo provided some practical suggestions as to how one could help survivors of human trafficking. Samantha Inesta, Founder and Executive Director of CAAC partner organization Be a Sister 2 a Sister, led the prayers of the people with a clear passion. The service ended with all praying the Prayer for the End of Human Trafficking and the hymn, "We Are Called." The mood of the prayer service was grounded in the beautiful music, provided by Cabrinian collaborators Robin Larkins and Lorraine Campanelli.



Following the prayer service, participants gathered for informal conversation and fellowship.

Guests remained after the service to enjoy refreshments and fellowship. Sr. Patricia Spillane, MSC spoke with a family who emigrated from Ecuador. The family of three traveled from Queens, NY especially for this prayer service.

All who attended had a beautiful and prayerful afternoon. A special thank you is in order to all who participated as well as those who offered prayers and well wishes for the success of the event. May the prayers of the holy team of St. Frances Cabrini and St. Josephine Bakhita be with those involved in the fight against human trafficking. May the end of slavery come about through their powerful intercession and God's amazing grace.

~ submitted by CMC missionary Melanie Paccillo

Cabrini College, Radnor, PA

A Day of Prayer, Awareness Building and Activism



From left: Karol Brewer, Chair, CAAC; Gina Scarpello, CMC Director; CMC missionaries Matt Kaehler, Connor White; Fr. Carl Janicki, Director of Campus Ministry; CMC missionary Melanie Paccillo; Wolfington Center Interim Director Tom Southard; Sr. Christine Marie Baltas, MSC, Campus Ministry Associate; Sr. Terry Shields, MSHR, President of Dawn's Place; CMC missionary Martin Garcia and Sr. Grace Waters, MSC united their efforts to create a moving and memorable day to raise awareness of human trafficking.

On Thursday, February 5th, the Cabrini College community, in collaboration with the Missionary Sisters, took time to pray for the victims of human trafficking and learn the real-life stories of those who are trafficked and those who assist them as they flee from this modern day slavery.



Orchestrated under the auspices of the College's Wolfington Center and Campus Ministry, the day began with Mass in the College's chapel in observance of the Feast Day of St. Josephine Bakhita on February 8th. St. Bakhita is the patroness of those who are trafficked.

The keynote address was given by Sr. Terry Shields, a Missionary Sister of the Holy Rosary and the co-founder and president of Dawn's Place, a non-profit organization that provides a residential program where women can have long-term healing and rehabilitative services, specifically relating to exploitation for commercial sex. The keynote was followed by an immigration simulation in which Catholic Relief Services and Cabrini College partnered designed to raise awareness of refugees seeking safety.

The day concluded with an interfaith prayer service featuring musical selections from students and prayers and reflections offered by Dr. Joseph Modica, University Chaplain at Eastern University; Peggy Jean Craig, Catholic Relief Services Relationship Manager; Corbin Ferguson, an Eastern University student; Rabbi Rachel Brown; and Fr. Carl Janicki, Cabrini College Director of Campus Ministry. *~submitted by Nancy Costello*

Cabrini Health, Australia

Cabrini Launches New Community Bereavement Service

Cabrini is pleased to announce the launch of Vale, a new, community-based bereavement service in the City of Stonnington. This is the first service of its kind in the Australian state of Victoria. The word “Vale” is Latin for goodbye.

Vale is available free or by donation to all who need it but has a particular focus on people aged 65 and older.

“Loss of a spouse is a reality for many people in our local community as our population ages and this can lead to loneliness and social isolation,” said Cath Garner, Cabrini’s Executive Director, Mission and Strategy, who spearheaded the service being funded by Cabrini.

“Grief is a normal process and best dealt within the community,” she said. “Within Vale, we will offer group-based programs including a walking group, conversation group and a relaxation group, in order to help connect people who have been through similar circumstances.”

“We decided to operate this service ourselves as we have more than 20 years experience in providing bereavement support for Cabrini patients and their families.

“We have made a three-year commitment and will monitor uptake and impact to ascertain its effectiveness in meeting community need.



The Cabrini Vale team comprises John West (l) and Peter McRae (c.) with Jacqueline Taylor.



Jacqueline Taylor, Coordinator
Community Bereavement
Program

Key points about Vale

- All group activities will be led by people qualified and experienced in bereavement counseling and support
- Vale will provide referrals to other services where appropriate
- Vale will offer community education sessions (about death and dying, grief and loss to community groups and organisations) and community memorial services

Vale is being led by Jacqueline Taylor (Coordinator, Community Bereavement Program) who has a background in counselling, pastoral care and theology including more than ten years’ experience providing pastoral care and counselling in multi-disciplinary palliative care teams and in residential aged care settings.

“I have been working with older people for many years and have seen the difference that support in times of bereavement can make,” said Ms Taylor. “It is very exciting to be involved in a pioneering project for which there is such an obvious need.” ~ *submitted by Christine Elmer*

People who are interested in accessing Cabrini’s Vale services should email bereavement@cabrini.com.au

Cabrini College and Cabrini Retreat Center

Collaboration in Vocation Awareness

Since the Cabrini Retreat Center in Des Plaines, IL opened its doors in 1957 the Missionary Sisters and staff have welcomed and served over a quarter million guests and retreatants.

"Youth ministry is a beautiful opportunity to bring Christ to someone and to share the Gospel message."

~ Bobby Moren
Youth Minister &
Cabrini College
alumnus

In 2014 alone, they hosted 48 youth retreats, many 4-day Kairos retreats. In addition, there were 6 retreats held for college age students. Eighty percent of the more than 4,000 guests at the Cabrini Retreat Center in 2014 were teens and youth ministers.

Since the Retreat Center serves so many young people, Retreat Center Director Nancy Golen wanted to heighten the awareness of youth ministry as a true vocational call. To do this, Nancy enlisted the creative film making talents of Cabrini College senior Lauren Hight, a communications major, to produce a video that could be shared with youth ministers throughout the country.

The perfect opportunity for capturing this message presented itself during the National Conference (NCCYM) on Catholic Youth Ministry, which was held in San Antonio, Texas in December.

During the four-day conference, Nancy and Lauren enlisted the support of several youth ministers who agreed to be interviewed on tape speaking about their vocation of youth ministry.

After much work and collaborative effort, the video was completed and Nancy Golen presented the video at the board meeting of the NCCYM.



Some of the many young people who have partaken of a youth retreat held at the Cabrini Retreat Center.

Youth ministers are the seed planters. It is a special calling - being there for our youth and letting them know they are heard.

For Lauren, her interaction with the youth ministers in San Antonio was an eye opening experience. "Being a student leader at Cabrini College, that weekend spent in Texas provided me with reflection and life lessons that I have brought back to campus," she recently remarked.

Thanks to the vision of Nancy Golen, the film talent of Lauren Hight, and the generosity of spirit of those in youth ministry, many more people will become aware of this true vocational call.

To view the Youth Ministry video:

<https://www.youtube.com/watch?v=ynEp3pLrWA#t=98>



Student and filmmaker Lauren Hight

Real Love Saves
 Fight Slavery with Music

Nottingham
 Living Tradition
 Hurricane Season
 Semiotics

PLACE
 Tumulty's Pub
 361 George St
 New Brunswick, NJ 08901

DATE AND TIME
 February 12, 2015
 8 pm

Suggested Donation \$10
All Ages
ALL PROCEEDS GO TO: COVENANT HOUSE


 Cabrini Action and Advocacy Coalition



Cabrini *Action and Advocacy* Coalition

TONIGHT!

Tonight, at 8:00 pm
 at Tumulty's Pub in
 New Brunswick, New Jersey
 is
 your opportunity to
 hear great music
 and
 support Covenant House
 that cares for those who are
 trafficked. Join us.

Please Save the Date

CABRINI OF WESTCHESTER'S
 SEVENTEENTH ANNUAL
SHARING IN MISSION
DINNER



Wednesday, May 13, 2015

Abigail Kirsch at Tappan Hill Mansion, Tarrytown, New York

FORMAL INVITATION AND EVENT DETAILS TO FOLLOW SOON!

From the Province Vocation Promotion Team...

Since the beginning of the year dedicated to Consecrated Life, we have begun a blog on the International web site of the MSCs, thanks to Sr. Tatiana in Russia and Laura who works at the Curia in Rome.

If you visit: www.msccabrini.org and click on the blog (upper right corner) anyone will be able to read the reflections posted each month by one of our MSCs.

Also, within the blog there is the video of Sr. Xochilt who just made her perpetual commitment as an MSC. That is only in Spanish, of course, and it is about 8 minutes in length. She talks from her heart for the first half and then the second part is a lovely overview of her journey of fidelity in photos and with music.

~ with thanks to Sr. Bernadette Anello, MSC



Mark Your Calendars!: March 8 – 14, 2015

The first-ever **National Catholic Sisters Week**, sponsored by an organization of the same name, will take place March 8-14, 2014 and will be kicked off with an event March 7-9, 2014 at St. Catherine University, St. Paul, MN.

The inaugural event March 7-9 will bring together college women and sisters. The project is underwritten by the Hilton Foundation, and grant funds will support housing, food, and local travel costs (between the airport, the hotel, and the university) for participants.

The weekend will begin on Friday evening, March 7, and conclude at noon on March 9. Sisters and teams of sisters with college students are invited to attend. They will learn about doing oral histories, discuss religious life, and form a network of college women and sisters. Prayer and liturgy will also be part of the event.

To learn more, please visit: <https://nrvc.net/86/article/national-catholic-sisters-week-1889>

National Shrine of St. Frances X. Cabrini, Chicago, IL

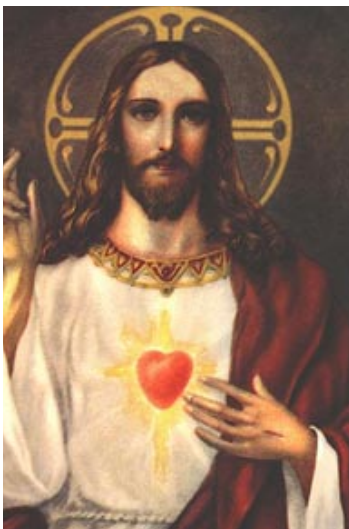
What is the Saint Cabrini Adoration Society?

The Saint Cabrini Adoration Society is a prayer ministry, which supports the spiritual life at the Shrine and within the Church. Its purpose is to foster and develop Eucharistic devotion, adoration, and prayer.

The Saint Cabrini Adoration Society is committed to spiritual transformation and fostering personal piety through the adoration of the Sacred Heart of Jesus in the Blessed Sacrament as practiced by Saint Frances Xavier Cabrini.

The Saint Cabrini Adoration Society believes that the graces bestowed upon Saint Frances Xavier Cabrini during her lifetime in order to achieve the impossible for God are just as possible today through our own faith and belief in the Real Presence of Jesus Christ in the Eucharist.

Adoration is currently held in the Chapel on Fridays from 10 am -3 pm. Starting March 6, 2015 the new hours will be 1-3pm. ~ submitted by Sr. Bridget Zanin, MSC



For more information, please call: 773-360-5752 or
Email: admin@mssh.onmicrosoft.com



ST. FRANCES CABRINI SHRINE

*Join us for new Lenten Services, Spanish Masses
and a Special Mass for Immigration Support*

Morning Mass Monday through Friday 7:00 am

Mid-Day Mass Tuesday and Thursday 12:15 pm
New for Lent! *begins Feb. 19th*

Stations of the Cross Fridays 12:15 pm **New for Lent!** *begins Feb. 20th*

Weekend Masses Saturdays 8:00 am
Sundays 9:00 am and 11:00 am

Misas en Español 2:00 pm on the 2nd and 4th
Saturday of each month

Immigration Support Mass Saturday Feb. 21st 2:00 - 4:00 pm

There will be no Adoration on Sunday, February 8.
No habra Adoracion Domingo, 8 Febrero.

Shrine Hours: Open Tuesday-Sunday, 9:00 am-5:00 pm

***Lenten Reflections & The Way of the Cross
at
Mother Cabrini Shrine in Golden, CO***



Please join us for Lenten Reflections by **Fr. Charles Polifka, O.F.M., Cap.**
and The Way of the Cross on Fridays during Lent.

2/20 – *Understanding Pope Francis' 2015 Lenten Message: "The Globalization of Indifference."*

2/27 – *The Way of the Cross*

3/6 - *Salvifici Doloris (On the Christian Meaning of Human Suffering by Pope Saint John Paul II). Part I: The Quest for the Meaning of Suffering.*

3/13 – *The Way of the Cross*

3/20 - *Salvifici Doloris Part II: Jesus Christ Suffering Conquered by Love*

3/27 – *The Way of the Cross*

All Lenten reflections will be in the Conference Room and
the Way of the Cross will be in the chapel.

5:30 p.m.

Light Dinner follows each Friday.



Prayer Requests

John Catalanotto

We have been asked to keep John Catalanotto, husband of Anita Catalanotto, Cabrini College Cavalier Express Center staff member, in our prayers. John is undergoing bypass surgery. Please pray that John's surgery will be a complete success.

Stephanie and Dennis Collins

Cabrini College staff member Mary Budzilowicz asks prayers for Stephanie and Dennis Collins, her family members who are in their sixties and who are both receiving hospice care. Please pray for their comfort.

Dave Dille

Former CMC missionary Colleen Dille asks the prayers of the Missionary Sisters and the Cabrinian community for her father, Dave, who had a mild stroke on Sunday. As this week has progressed, he was doing much better, but will need more prayers on the road to complete recovery.

Edna Summers Minogue

Please pray for Edna, (Villa Cabrini Academy, Burbank, CA, class of 1963) who could use some healing prayers as she recovers from a broken wrist.

Gisela Von Huene Slonneger

In recent weeks we have asked your prayers for Gisela, a 1963 graduate from Villa Cabrini Academy in Burbank, CA. Gisela is recovering after a recent stay in the hospital but, still dealing with knee and back pain. Please do continue to keep her in your prayers.



The Lenten Season is Approaching... February 18th is Ash Wednesday

Lent is a great time to give God a chance to convince you of his desire for your friendship. Traditionally, Lent has been a time of engaging in practices of penance or prayer that will ready you to experience, more and more deeply, the almost unbelievable love and generosity of God toward us wayward human beings.

Try to spend time each day communicating with God. If you do this regularly, on Easter Sunday you will be on more friendly terms with God – Father, Son and Holy Spirit. ~ adapted from *Lenten Meditations, Growing in Friendship with God* by William A. Barry, SJ