

MISSIONARY SISTERS of the SACRED HEART of JESUS Bringing Christ's love to the world

November 12, 2015

November 13th is the Feast Day of St. Frances Xavier Cabrini The first American Citizen Saint and Patroness of Immigrants



As we anticipate the Year of Mercy which Pope Francis has declared, we reflect upon Mother Cabrini, who herself was a servant and advocate of mercy and hope. From the beginning of her religious life, she sought to have mercy on the weak, the forgotten, the down-trodden, the destitute, the hopeless. Her charism was to have mercy on the poor and to assist them in any way possible – spiritually, materially, personally.

She followed the Italian immigrants to the United States and travelled from East to West, North and South, to bring mercy and hope to Italian immigrants, to open schools for their children, to establish parishes for them, to give them courage and hope in their new country – all of which were works of mercy.

Mother Cabrini was the first person in the United States to be declared a saint, which reflects her love and mercy for the poor and immigrant population – a legacy of hope and mercy that continue to this day.

~ Sr. Patricia Spillane, MSC

"I can do all things in Christ who strengthens me."

"Today love must not be hidden... It must be living, active and true."

~ St. Frances X. Cabrini

At the recent Provincial Assembly of the Missionary Sisters one session focused on the way in which Cabrinian ministries are addressing the pressing issues of immigration, migration, refugees, asylum seekers and human trafficking.

This week, we continue our series of in-depth looks at individual Cabrinian ministries and o explore how they are responding to the needs of those who are experiencing upheaval in their lives due to war, poverty, violence or captivity.

Cabrini-on Hudson Community

This week we learn more about the Cabrini-on-Hudson Community, which is a house of formation and discernment in West Park, NY. It is located in an area where from the 1970s, the Hispanic population has been steadily increasing. The Hispanic people live among previously existing immigrant groups from Europe. Like other groups, these immigrants, Hispanic or Latino, have emigrated from their countries searching for work and a better life for themselves and their families. Many of them are undocumented. Their main occupations are farm workers (apple and corn pickers), restaurant workers, construction workers, housekeepers, etc. Those with better education, documentation, and bilingual skills work in department stores and other industries that provide better chances for benefits and higher salaries.



Since the MSC formation community opened in West Park in August 2013, the MSCs have had the opportunity to journey and accompany some of the Hispanic groups from various parishes in Ulster and Dutchess Counties. Some of the ways the MSCs have served the immigrant community are as pastoral ministers in Brothers Hospital in Poughkeepsie, NY; providing catechesis for adults and children and providing catechist-training in Kingston, NY.

The MSCs have also made pastoral home visits to families in distress; helping undocumented families with paperwork for immigration; and facilitating the Spiritual Exercises in daily life with Hispanic women.

Responding to the call for The Year of Consecrated Life, earlier this year, the Missionary Sisters held an "Open House" to share the Cabrinian charism and way of religious life with people from area parishes. There was a great response from the Hispanic Community. The MSCs also provided living space for unaccompanied minors from Central America and Mexico for a period of time.

The MSCs entered into the traditions of the Hispanic immigrant communities such as All Souls Day, the feast of Our Lady of Guadalupe, which entails going from house to house for 50 days evangelizing using the story of the apparitions of Mary. The MSCs will look for more ways to help their immigrant brothers and sisters in their struggles and hopes. ~excerpts from a presentation by Sr. Antonia Plata, MSC and MSC novice Sr. Martha Lopez Celebrating the Jubilarians!





Celebrating a total of 260 years of loving service to God's people, the MSC Jubilarians marked the occasion with a Mass and a festive reception on Saturday, November 7th at St. Cabrini Nursing Home in Dobbs Ferry, NY with many Missionary Sisters, CLMs and loved ones in attendance. Being honored are from left: Sr. Xavier Hayden, MSC – 70 years; Sr. Melba Russo, MSC – 65 years; Sr. Regina Casey, MSC – 65 years; and Sr. Mary Louise Sullivan, MSC – 60 years. May God continue to bless you in abundance.







Photo above: Sr. Arlene Primus, MSC (r.) catches up with Sr. Damien Ciminera, MSC during the Jubilee. Photo above left: Sr. Bernadette Casciano, MSC (l.) and CLM Marianne McGowan mingle during the festivities. Photo left, from left: Missionary Sisters Alberta Surico, Patricia Spillane and Philippa Provenzano enjoy the company of dear friends and community members. What a beautiful celebration of the consecrated life!

More Cause for MSC Celebration!

On November 10, 2015, the Missionary Sisters welcomed Claudia Lorena Redondo into the MSC community as a candidate.

We welcome Claudia and promise you our support and prayer.

May God fill you with much grace and love as you continue



your journey of faith in response to the call of Jesus.

with love,

Míssíonary Sísters, CLMs and the Cabrínían Community



An Appreciation of Mother Cabrini

"The Saint of the Immigrants", the "Italian immigrant of the century" – these are two of the phrases used to describe frail, diminutive (less than five feet tall) Frances Xavier Cabrini, foundress and driving force of the Missionary Sisters of the Sacred Heart of Jesus. Born in 1850 in Sant'Angelo Lodigiano, she became a United States citizen in Seattle in 1909 and died in Chicago in 1917, closing a life of 67 years, twenty-eight of them spent in prodigious religious accomplishment on behalf of her beloved Italian immigrants in the Americas. In 1946, Pope Pius XII declared her a saint. She was the first citizen of the United States to be so honored.

Mother Cabrini was a major agent for change in what has been called "modern history's greatest and most sustained movement from a single country" – the late 19th and early 20th century emigration of millions of Italians to the Americas. Their situation is not unlike that of current day Hispanic immigrants. It was to these communities that Mother Cabrini came, bringing what they needed, a spirit of compassion and of understanding. Her work is transcendent and remains keenly relevant today.

~excerpts from James Hennessey, SJ forward to Sr. Mary Louise Sullivan's book Mother Cabrini: Italian Immigrant of the Century

Feast Day Observances



You are invited to attend the Feast Day Celebration for St. Frances Xavier Cabrini



St. Frances Cabrini Shrine 701 Fort Washington Avenue • New York, NY 10040 • (212) 923-3536 CabriniShrineNYC.org



Mother Cabrini Shrine, Golden, CO

Feast Day – November 13th 7:30 am Mass and Veneration of the Relic



The Feast Day of St. Frances Xavier Cabrini is tomorrow, November 13th.

The Missionary Sisters invite you to join them in praying the Mother Cabrini novena. *Click here to access the novena on our website:*

http://www.mothercabrini.org/spirituality/cabrininovena



SAINT FRANCES XAVIER CABRINI FEAST DAY CELEBRATION Friday, November 13, 2015

4 PM - Festive Mass Celebrant Auxiliary Bishop of Chicago Most Reverend Francis J. Kane

Light refreshments to follow

The National Shrine of Saint Frances Xavier Cabrini 2520 North Lakeview Avenue Chicago, IL 60614 Visit our website www.cabrinishrinechicago.com for driving and free parking information

Cabrini Immigrant Services, Dobbs Ferry, NY



Gets A Shot in the Arm

We all know how serious catching the flu can be, so we need to do all that we can to protect ourselves and others. Edith Owusu, a pharmacist at the neighborhood Walgreens Pharmacy, took these words to heart and put them into action at Cabrini Immigrant Services (CIS), Dobbs Ferry, NY, where she provided free flu shots to clients, staff and

adult tutors. She went a step further and obtained vouchers for those who might be

uninsured. No one likes to get stuck by a needle but Edith made everyone feel so comfortable that they didn't realize they had received the vaccine. She was accompanied by an assistant who spoke Spanish to translate for anyone who had any concerns, but didn't speak English.

This was the first time this service was offered at CIS and it was a success! Edith also offered to come monthly to do blood pressure checks. Walgreens is getting brochures in Spanish especially for CIS. We are very grateful to Walgreens Pharmacy for reaching out to us and a special thank you to Edith who is providing this service on her own time. *~submitted by: CIS Director Lorraine Campanelli*



Pharmacist Edith Owusu (r.) gives one of the CIS students her flu shot.

National Shrine of St. Frances X. Cabrini Chicago, IL

PREPARING FOR THE HOLY YEAR OF DIVINE MERCY

With Fr. Louis Cameli, Archbishop's Delegate for Formation & Mission

Please Save the Date:Sunday, December 1310am:Mass11am:Program to follow

This free program is sponsored by Stifel Nicolaus

Join Fr. Cameli as he celebrates the 10am Mass at the Shrine and then enlightens us about this yearlong jubilee.

Click here for more information



Cabrini High School, New Orleans, LA

Commemorating Mother Cabrini's Feast Day

Cabrini High School sent students and administrators to lay a wreath at the base of St. Frances Xavier Cabrini's statue as the school commemorates her feast day on Friday.



A delegation from Cabrini High School laid a wreath at the base of the Mother Cabrini statue. Participating in the ceremony are from left: Scarlett Scalise' 16, Deborah Alvarenga '16, Principal Yvonne Hrapmann and President Ardley Hanemann, Jr. In 1949, an affiliate of the Knights of Columbus placed a

statue of Mother Cabrini on Harrison Avenue's neutral ground at the corner of Canal Boulevard. The City of New Orleans accepted the statue as a civic figure who had contributed to the welfare of the people of the City of New Orleans.

President Ardley Hanemann Jr., Principal Yvonne Hrapmann, and Seniors Scarlett Scalise and Deborah Alvarenga visited Mother Cabrini's statue on Harrison Avenue in Lakeview to honor the Saint as the school prepares for her feast day celebration.

In addition to Monday's wreath, Cabrini will honor Mother Cabrini each day of the week emphasizing her lifetime of service to others, recognizing the religious Order she founded as the first missionary order for women approved by the Church, at a gala reception at the site of the orphanage she opened in 1892, culminating with a Mass and special celebration on Friday. ~ *submitted by Nall Gearbeard*

Cabrini Immigrant Services, New York City, NY Hosts its Winter Coat Drive

On Friday, November 6, Cabrini Immigrant Services of NYC hosted its annual winter coat drive. We served 132 families and distributed between 350 and 400 coats and jackets. Thank

you to everyone who donated and volunteered for making this event possible!

We're getting ready for the holiday season here as well. Last Tuesday we began to distribute vouchers to local grocery stores to our clients so they can buy special food for Thanksgiving. We're also starting to buy Christmas gifts for our families, which Santa will distribute on December 18 at our annual Christmas celebration on December 18.





But we need your help to make it happen! Any amount you can donate will help us guarantee that our community can celebrate this holiday season without worrying about whether they can afford a Thanksgiving meal or a Christmas gift.

~ submitted by CMC missioner Madison Koenig

Please donate at www.cis-nyc.org/donate or mail a donation to Cabrini Immigrant Services, 139 Henry Street, New York, NY 10002.





This young lady's face says it all – the winter coat drive at CIS-NYC brings warmth and joy to those in the local community.



Looking for a nifty gifty?

Get your "Bloom Where You're Planted" blank notecards benefitting the good works of Cabrini Mission Corps today! Makes a fabulous gift.



Lovingly assembled by CMCs and MSCs. Photography by CMC's own Ashley Block.

Adorned with Mother Cabrini and Sacred Heart of Jesus medal. It doesn't get any better than this! Order yours today!

To order:

http://www.cabrinimissioncorps.org/product/blankbloom-where-you-are-planted-notecards



Blank note cards featuring beautiful photographic scenes from nature are the perfect choice for gift giving and benefit a most worthy cause at the same time.

"If the Sacred Heart would give me the means, I would construct a boat called the CHRISTOPHER (the bearer of Christ) so as to carry the Name of Christ to all people, to those who as yet do not know Him and also to those who have forgotten Him."



On Friday, November 6, the College held the first annual Cabrini Visionaries Gala. It was a tremendous success, raising more than \$100,000 for students. All proceeds from the Visionaries Gala directly support students—the next generation of visionaries—through scholarship aid.



From left: Luminary award recipient David Regn '97 is congratulated by Steve Colfer, Lacrosse coach & Asst. Director of Recruitment and Retention; and Brian Beacham, Associate Director of Athletics.

In addition to achieving its fundraising goal, the Gala recognized some of our most ardent alumni, friends, and fans

with the Christopher Award for Extraordinary Leadership and the Luminary Award. There was a lot of dancing, laughing, and some fun pictures in the photo booth. (You can see pictures of the event here:

https://www.flickr.com/VisionariesGala).

At the Gala, Odilenny Baez '17 shared the story behind her decision to attend Cabrini College after graduating from Mother Cabrini High School in New York. One of the reasons (among many) that she chose Cabrini College was because of the scholarship she was awarded.



Cabrini College student and scholarship recipient Odilenny Baez '17

Once here, the College transformed her. Of her experience here on campus, Odilenny said, "Cabrini has taught me I can help myself and others. The College has tau ght me that success isn't measured solely by how much money you make or how powerful you are, but instead is measured by how much integrity you have and how you treat other people."

~ excerpts from a letter to the Cabrini College faculty and staff from President Dr. Don Taylor





A photo booth was a fun feature of the Gala. From left front: Dr. Jerry Zurek, Professor Cathy and Dr. Angie Corbo '90 snap a shot with Dr. Marilyn Johnson and Dr. Mary Harris.

Prayer Requests

Blessings as you Celebrate your Perpetual Profession

The Lord's first calling was:

Come, Follow Me

Today,

- Sr. Belen Heredia, MSC Argentina
- Sr. Addise Agago, MSC Ethiopia
- Sr. Alemenesh Otoro, MSC Ethiopia
- Sr. Amarech Herego, MSC Ethiopia
- Sr. Genet Henok, MSC Ethiopia
- Sr. Hanna Dimma, MSC Ethiopia

Each of you are asked to answer God's call with a resounding and "forever"...

"Yes, be it done according to your Will"

We, the sisters of the Stella Maris Province are grateful that you have said yes to a way of life that you have discerned these many years and are happy to share life with you as your Sisters in the Heart of Christ.

Sr. Pietrina and the Sisters of the Stella Maris Province November 14, 2015

Bendiciones en la Celebración de su Profesión Perpetua

La primera llama del Señor fue

Ven, Sígueme.....

Hoy,

- Sr. Belen Heredia, MSC Argentina
- Sr. Addise Agago, MSC Ethiopia
- Sr. Alemenesh Otoro, MSC Ethiopia
- Sr. Amarech Herego, MSC Ethiopia
- Sr. Genet Henok, MSC Ethiopia
- Sr. Hanna Dimma, MSC Ethiopia

Cada una es invitada a responder a la llama de Dios con toda su fortaleza y un "para siempre"

"Sí, que se haga en mi según tu Voluntad

Las Hermanas de la Provincia Stella Maris nos alegramos por el sí que pronuncian después de muchos años de discernimiento para seguir este camino de vida. Estamos contentas de compartir la vida con cada una de ustedes como Hermanas en el Corazón de Cristo.

> Hna. Pietrina y las Hermanas de la Provincia Stella Maris 14 de Noviembre, 2015

Prayer Requests

All Souls

During the month of November the Missionary Sisters will be holding those dearly departed loved ones in their prayers. This prayer listing can be viewed as a separate attachment to The Update this week. Prayer requests are still being accepted throughout the month – details are listed in the cover email for The Update.

Mike Fullam

Cabrini College staff member Frances Conwell asks our prayers for her cousin (inlaw) who is currently experiencing excruciating back pain and is hospitalized. Please pray that he will experience a good outcome to all his medical tests.

Feast Day Blessings

On the Feast Day of Mother Cabrini, we ask prayers for our Missionary Sisters of the Sacred Heart of Jesus, Cabrini Lay Missionaries, Cabrini Mission Corps missioners, Cabrini Companions, Cabrinian collaborators, dedicated volunteers and friends as together we celebrate our Patroness and Guide.

Sr. Philippa Provenzano, MSC

Please pray for Sr. Philippa, who this week sustained a fall and needed stitches. Pray that she recovers quickly and is soon on the mend.

With Gratitude

Marilyn Rogers wants to thank everyone for their prayers for her brother, Earl. Earl's health is slowly beginning to improve.



Mother Cabrini –seated center beneath the statue of the Sacred Heart – and Missionary Sisters. New York, June 1889. Mother Cabrini had arrived in New York on March 31st of that year to begin her mission of ministering to the Italian immigrants in the US.