



MISSIONARY SISTERS
of the SACRED HEART of JESUS
Bringing Christ's love to the world

THE UPDATE

October 6, 2016

Commonwealth of PA Awards Cabrini University \$1M to Advance Strategic Plan

Cabrini University has been awarded \$1 million in state funds to further support a pedestrian-centric campus and advance sustainable growth on campus.

The grant was part of the Redevelopment Assistance Capital Program (RACP) awarded by the Commonwealth of Pennsylvania.



Fostering the University's strategic plan, the RACP funds will aid in the development of a new parking structure on the southern part of campus, providing the flexibility to transform the center of campus to be vehicle-free.

"This grant ensures that our vibrant campus continues to attract top-notch students and professionals," said Donald B. Taylor, Ph.D., President of Cabrini University. "We thank the Wolf Administration, Rep. William Adolph, and Sen. Daylin Leach for helping us

provide the foundation to support our growing community."

The University's 2020 Roadmap to Growth outlines a strategic plan for diversification, sustainable growth, and expanded outreach. Its goal is to ensure the University is a first-choice destination for a variety of learners, faculty, and staff.

To learn more about the University's strategic plan, view the [2020 Roadmap](#).

~Cabrini University press release



An Autumn Report from Francesca's Garden

Faithful readers of The Update will recall the springtime planting of heirloom tomatoes at The Cottage on the campus of Cabrini University. The tomatoes were a gift from former Cabrini University trustee Elizabeth Riley Bell and her husband, Ray.

This hot and sunny summer was ideal for the growth of the tomatoes yielding another bumper crop.

Photo right: Sr. Grace Waters, MSC spent time in the garden yesterday harvesting the remaining tomatoes which will be donated to Dawn's Place, a residence for rescued victims of human trafficking, and to food pantries in the nearby city of Norristown, PA. The Wolfington Center of the University collaborates with us in this food distribution.

Photo right below: Now that the evenings are getting cooler and there are fewer hours of daylight, the tomatoes are not ripening on the vine so they are brought into The Cottage to ripen on the sunny kitchen window. The baskets of tomatoes pictured here are just the latest crop in a summer-long bounty.

We are grateful to Elizabeth and Ray Bell, and to Gus Feudale and the Cabrini University Grounds Crew for their nurturing care of the tomato plants throughout the seasons.

So many will benefit from their kindness.



Campus Beautification Day

Ready to pitch in with trowels, shovels and rakes are members of Cabrini University's faculty, staff and students. Held in the spring and the fall, this time around many trees and mums were planted throughout campus. Once the gardening was completed, all gardeners joined together for a festive brunch on campus.

*Please Save the Date
and Please Join Us*

FEAST DAY CELEBRATION

for

**St. Frances
Xavier Cabrini**

PATRON SAINT OF IMMIGRANTS

SATURDAY, NOVEMBER 12

10:00 am–4:00 pm

10:00 am Italian Mass

12:00 French/Haitian Mass

2:00 pm Spanish Mass

SUNDAY, NOVEMBER 13

10:00 am–4:00 pm

11:00 am English Mass

2:00 pm Filipino Mass



Saint Frances Cabrini Shrine

**701 Fort Washington Avenue New York, NY 10040
(212) 923-3536 CabriniShrineNYC.org**

DOMESTIC VIOLENCE SYMPOSIUM

Your Voice Matters:

Being an Engaged Bystander and Transforming Campus Culture

Friday, Oct. 7, 2016

9:30am to 12:30pm in Grace Hall, Cabrini University

Cabrini University offers this free symposium to help identify and address domestic violence, dating violence, and sexual assault. Hear from leading advocates and officers to understand what it means to be an engaged bystander.

- **Keynote Speaker: Kristina Rose**
Senior Policy Advisor on Violence Against Women, Office of the Vice President
- **Panel Discussion Moderator: Andrea Duffy, Midday DJ for 101.1 MORE FM**
featuring Bill Mitchell, founder of the Kristin Mitchell Foundation, and representatives from Radnor Police Department and Cabrini University Public Safety and Counseling and Psychological Services
- Additional organizations participating include **Laurel House, Delaware County Women Against Rape (DCWAR)**, and **Cabrini University Health Services**.

For more information and to register, please visit cabrini.edu/DVSymposium.

Please register by Sept. 29, 2016.

The sixth annual Domestic Violence Symposium was underwritten by the Barbara and John Jordan Endowed Fund to Promote Domestic Violence Education at Cabrini. The Fund helps support campus and community educational programs to promote dating and domestic violence awareness and prevention, with a special focus on the impact of domestic violence on children.

This project is supported by Grant No. 2015-WA-AX-0029 awarded to Cabrini University by the Office on Violence Against Women, U.S. Department of Justice.

The opinions, findings, conclusions, and recommendations expressed in this program are those of the presenters and do not necessarily reflect the views of the Department of Justice, Office on Violence Against Women.

CABRINI
UNIVERSITY

THE NATIONAL
SHRINE OF SAINT FRANCES XAVIER
CABRINI

2520 N. Lakeview, Chicago IL 60614 773 360 5115 www.cabrinishrinechicago.com

**KIMBERLY JONES, SOPRANO &
LUCIANO LAURENTIU, ACCOMPANIST
PRESENT
REJOICE GREATLY!**



Sunday, Oct. 9, 2016

1:30pm - 3pm

**A program of sacred and secular works
by Bach, Handel, Mozart & more!**

Kimberly E. Jones is a soprano alum of Lyric Opera's Ryan Opera Center. She worked with conductors such as Muti and Bernstein, with performances at Carnegie Hall, Philadelphia Academy of Music and Avery Fisher Hall. Ms. Jones currently is on voice staff at Meni School of Music, DePaul University and Sherwood School of Music at Columbia College.

Luciano Laurentiu was born in Romania where he trained at the Ion Vidu Music Academy. Mr. Laurentiu's piano instruction continued at Wheaton College and The Eastman School of Music. Having made his piano solo debut on WFMT in April 2010 and his Orchestra Hall debut in November 2015, Luciano Laurentiu is currently Music Director at St. Thomas The Apostle Church in Hyde Park and serves as staff accompanist and vocal coach at DePaul University's School of Music.

Free will donations will be accepted.

This performance is generously sponsored by the
Chaddick Foundation.



From the Province Vocation Promotion Team...

I'm over 40. Can I still join religious life?

This is the third instalment of an article that appears in the VISION Vocation Guide by Sr. Adrienne Kaufmann, OSB and Br. Ronald Hingle, SC.

Not all religious communities accept candidates over the age of 40 (the MSCs welcome women on an individual basis, but generally will invite women ages 18 – 45 to apply for candidacy). In this series of articles we will explore the questions and answers that mature candidates often have.

This week, we focus on family and marital concerns...

If I have children, am I still able to enter religious life?

Br. Ronnie: According to canon law, children of candidates need to be at least 18 years of age and financially independent before their parent can enter religious life. However, most communities would consider more than the chronological age of the children. Are the children mentally, physically, psychologically, and emotionally capable of caring for themselves? Even if an annulment has been granted and the children are living with the other parent, what, if any type of support is needed from the parent desiring to enter religious life? Basically, is the person entering truly free and available to fully enter this type of lifestyle without major distractions?



Sr. Adrienne: When a parent or grandparent enters community, the personal cost is high. Less frequent contact with families is inevitable. Juggling two life commitments: religious life and parenting/grandparenting is demanding. The discernment process for parents needs to include a subset of questions you ask a community: How often will I be able to visit my family? Will they be able to visit me? How are visits handled? Am I able to interact via electronic media and telephone often enough to maintain a good relationship? Does the formation program allow for extra time with my family? Does the religious community honor my dual role?

Does a divorce make me ineligible for religious life?

Sr. Adrienne: A divorced man or woman who enters religious life needs the diocesan marriage tribunal's involvement. Canon law requires an annulment or "indult of nullity" before entry into community. This is true for both men and women.

Next week: We will address further considerations for persons over 40 who might be thinking of the consecrated life.



Getting to Know You!

Last Friday evening in the MSC Mission Offices at The Cottage on the campus of Cabrini University, Girum Bekele, (standing, right) who hails from Ethiopia and is on an MSC scholarship doing his graduate studies at Cabrini University, joined the Missionary Sisters and some Cabrini friends for conversation and a traditional Italian dinner.

Getting better acquainted with Girum are: front from left: Sr. Christine Marie Baltas, MSC; Nancy Costello, Communications Office; Michelle Sherman, former CMC missionary; Rosa Altomare, Cabrini University Campus Minister. Standing from left: Tom Costello, Jr.; Sr. Grace Waters, MSC; Dr. Nick Rademacher, Associate Professor, Religious Studies, Cabrini University and honored guest Girum Bekele.



Save the Date!

*Cabrini Immigrant Services
Liberty & Justice Awards Reception*

December 8, 2016

*Estherwood Mansion
Dobbs Ferry, New York*

Details to follow!

Last week in The Update we included a very special request for prayers for a Day of Vocation, which was to be held at Cabrini High School in New Orleans on Saturday, October 1st. Sr. Martha Lopez, MSC novice who organized the day shares with Update readers how the day unfolded and says...

“THANK YOU FOR YOUR PRAYERS!”

The Lord has done great things for us and we are happy! On Saturday, October 1st, we had a beautiful vocational meeting in our Cabrini High School (CHS) in New Orleans. Twelve young people from different parishes and also of different ages, participated in the activity. Ten of them came in person, brimming with enthusiasm, feeling that the Lord has called them and the two others, participated in the meeting by Skype.



Enjoying a light-hearted moment during the vocation day, the young ladies are enthused about what the future may hold.

It was an unforgettable encounter, where everyone was open to hear the experiences related by the other. We

were amazed to hear how the Lord calls when He wants and in the most amazing and unimaginable ways! Some expressed, with tears, the emotion of being "chosen". Others - like one of the Cabrini High School students - shared joyfully how during the Open House held by the High School - that when she entered the room of Mother Cabrini [which is in the Esplanade Building of the High School], that she felt that she wanted to study at CHS and wanted to give her whole life to the service of immigrants. We cried, we laughed, we ate, we shared ... And at the end of our meeting we hugged each other promising to continue to pray for our vocations!

There is definitely an awakening of young religious vocations in women in New Orleans, and although, currently, most young people who become priests or religious are typically in their thirties or older, it is likely that the roots of these [budding] vocations were established in their teens or even earlier. So, we believe it is important to heed their concerns and provide support and accompaniment for these young women who dare to express what they feel their hearts.

May the Lord grant us many and holy vocations and that the garden that Mother Cabrini cultivated in the United States of America, continues to flourish, for us to continue being "Bearers of Christ in the world." Please pray that we continue to "awaken the world" living our present with passion. ~ *submitted by Sr. Martha Lopez, MSC novice*

Prayer Requests

Hurricane Matthew

Let us pray for all those in the Caribbean who have been killed or have suffered in some way due to Hurricane Matthew. Pray also for the safety of millions of people who are in the path of the storm as it makes its way up the coastlines of Florida, Georgia, and the Carolinas.

Tom McGowan

Cabrini Lay Missionary (CLM) Marianne McGowan asks that we please pray for her husband, Tom McGowan, who is home recovering from surgery. Pray that he recovers quickly and with minimal discomfort.

Penny Moy

Beth Moy asks prayers for her mother, Penny, as she continues treatment for cancer.

Stella Petersheim

Please pray for Stella Petersheim, the mother of Karol Brewer, in the Province Formation Office. Mrs. Petersheim has been experiencing some health problems. Please pray, too, for Karol, her sister, and her family who are caring for their mom and grandmother.

A request from Rosalind Yu

Rosalind, a friend of Sr. Grace Waters, MSC, has asked that we pray one Hail Mary daily for those who are suffering from cancer. Please keep this prayer intention in your thoughts.



In Loving Memory

Don Shipley

Your prayers are asked for the repose of the soul of Don Shipley, the father of Cabrini University alumna and current Alumni Association President Sharon Shipley Zubricky '76, and grandfather of Marc Zubricky '09. Mr. Shipley was called home to God on Friday, September 30th. Please keep this Cabrinian family in your prayers.

Sr. Alberta Surico, MSC

Please pray for the repose of the soul of Sr. Alberta Surico, MSC who was called home to God on Saturday, October 1, 2016. Sister Alberta was surrounded by the Sisters and the staff and was very much at peace. Her viewing will be held today at noon followed by Mass at 1:30 at St. Cabrini Nursing Home in Dobbs Ferry, NY.