

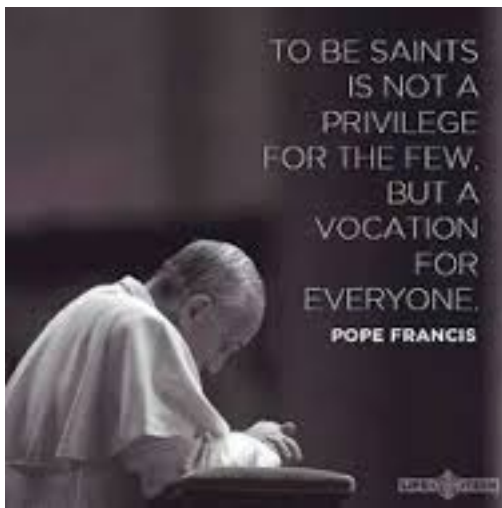


MISSIONARY SISTERS
of the SACRED HEART of JESUS
Bringing Christ's love to the world

THE UPDATE

October 29, 2015

National Vocation Awareness Week Calls Catholics to Foster a Culture of Vocations



A culture of vocations is one that provides the necessary support for others to hear and respond to God's call in their lives.

The Catholic Church in the United States will celebrate National Vocation Awareness Week, **November 1 – 7, 2015**. This observance, sponsored by the U.S. bishops' Committee on Clergy, Consecrated Life and Vocations, is a special time for parishes and all Catholics in the United States to foster a culture of vocations for the priesthood, diaconate and consecrated life.

Pope Francis, in his message of April 26, 2015 on the 52nd Day of World Prayer for Vocations, stated, "Responding to God's call means allowing Him to help us leave ourselves and our false security behind, and to strike out on the path which leads to Jesus Christ, the origin and destiny of our life and our happiness." The Holy Father stresses, "The Christian vocation, rooted in the

contemplation of the Father's heart, thus inspires us to solidarity in bringing liberation to our brothers and sisters, especially the poorest."

National Vocations Awareness Week is designed to help promote vocation awareness and to encourage young people to ask the question: "To what vocation in life is God calling me?"

Encouraging others to recognize the promptings of the Holy Spirit and to follow Christ without reservations are key elements in supporting a culture of vocations," said Bishop Michael F. Burbidge of Raleigh, North Carolina. "With God's grace, we can have a positive impact on others who may be open to considering a vocation to priesthood or religious life, by simply inviting them to think and pray about it. Our enthusiasm and willingness to speak directly to others about vocations just might be the conversation someone needs to respond to God's call."

"Over and over again when asked, newly ordained priests and newly professed women and men religious, credit the encouragement of family members, co-workers, friends and clergy, as being a significant factor in their pursuing a vocations," said Fr. Ralph O'Donnell, USCCB's executive director of Clergy, Consecrated Life and Vocations.

The observance of Vocation Awareness Week began in 1976. ~ *from USCCB website*

Cabrini Immigrant Services, NYC

Gearing up for the holiday season



As the end of the year approaches, we at Cabrini Immigrant Services of NYC (CIS-NYC) are gearing up for the holiday season, and for families who are already struggling to put food on the table, participating in the Thanksgiving holiday may seem out of their reach. Through our programs in the coming months, we'll work to give our families a memorable Thanksgiving and a joyous Christmas. And we need your help.

For just \$25 a family, you can help our clients celebrate this essential American tradition. We have 750 families who utilize our food pantry, so we need as much support as we can get.

When Christmas comes, we want to make sure that the children of our clients can celebrate and have an exciting holiday. Every year we host a large celebration for our families, complete with treats, a visit from Santa Claus, and gifts. We spend \$40 on each child, making sure that they feel special and receive a gift their parents would not otherwise be able to afford. Please help us guarantee a Merry Christmas for these children by donating today.



CIS-NYC strives to create positive change in the lives of individuals and the community by fostering justice, dignity, and respect. We have been able to provide essential legal and social services to immigrants and low-income residents of the Lower East Side of Manhattan in the last year through multiple programs.

Within the last year CIS-NYC accomplished the following:

- ❖ Distributed **5,387** healthy, balanced, and culturally appropriate food packages to feed **13,400** individuals
- ❖ Served **130** adult students through our free English, literacy, computer, and citizenship classes
- ❖ Offered expert immigration legal services to **503** clients on a wide range of issues and closed **303** cases
- ❖ Helped **12** clients become American citizens
- ❖ Completed **114** applications for Deferred Action for Childhood Arrivals (DACA) so that our young immigrant students can obtain employment authorizations and live free of the fear of deportation
- ❖ Aided **30** immigrant students through our College Readiness program in pursuing higher education and awarded **7** students scholarships totaling more than **\$8,000**
- ❖ Hosted “Know Your Rights” informational workshops which **150** individuals attended

It is with the support of you and other generous individuals that we are able to expand our services and continue making a positive impact on thousands of immigrant working class families.

If you are able, please go online or stop by the office to make a tax-deductible donation to our programs or send us a check or money order payable to “Cabrini Immigrant Services of NYC” at 139 Henry Street, New York, NY 10002. Please, don’t forget to give us your name, address, email, and phone number!
~ submitted by CMC missionary Madison Koenig

Please give generously today: <http://cis-nyc.org/donate/>



Cabrini Health, Australia

Patients And Community To Benefit From Cabrini Malvern Upgrade

Current and future patients of Cabrini health service will benefit from lifesaving cardiac, acute geriatric, medical imaging and radiotherapy services, with a new facility to be built at Cabrini’s Malvern campus subject to [the approval of local governing authorities].



Dr. Michael Walsh

Cabrini Chief Executive Dr. Michael Walsh says the new clinical building is an essential and inevitable upgrade given the design and length of service of some of Cabrini Malvern’s older buildings.

“For 67 years, Cabrini has provided care and support to our community with compassion, integrity, courage and respect. The Cabrini Sisters opened the original ‘new hospital’ in 1958 and it has cared for tens of thousands of patients for almost 60 years.

“Over the decades, hospital care has changed and the needs of our community have changed,” said Dr. Walsh.

“In 2015, we are caring for an increasing number of elderly patients, many of whom have chronic cardiac, respiratory and other conditions. Our facilities need new and improved design to meet the needs of these patients and their families and to provide the best working environment for our doctors and staff.

More convenient access to radiotherapy cancer treatment will be a key feature of the new clinical building. “Currently, patients who need radiotherapy have to be treated elsewhere. We will soon be able to provide fully integrated cancer care to meet the needs of the Cabrini community,” said Dr. Walsh.

Dr. Walsh says the new building would include an expanded maternity unit with a multidisciplinary, integrated model of care for pregnant women and their families. “Currently 2000 babies are delivered each year at Cabrini and there is a high level of demand for this service. The new facility will ensure we can continue to offer the very best level of care for the community,” he said.

The new clinical building, located on Cabrini’s current footprint, will include:

- A new radiotherapy centre and a contemporary day oncology unit with an emphasis on the patient experience
- Expanded maternity facilities and an upgraded special care nursery
- A new cardiac services unit to urgently treat issues of cardiac rhythm and cardiac failure
- An acute geriatric medical unit to meet the needs of elderly, frail, or cognitively impaired patients
- An improved emergency department, which will enable us to treat our increasingly complex patient presentations
- Medical wards for the treatment of neurology, stroke and infectious diseases
- A greater proportion of single patient rooms across all new levels



A design concept for a single patient room.

Dr. Walsh said the project has been well received by the Cabrini community so far. “We’re looking forward to keeping the community informed about this project and will provide regular updates on the Cabrini website,” Dr. Walsh said.

~submitted by Christine Elmer

Cabrini High School, New Orleans, LA

An in-depth look at theatre



Cabrini High School students welcomed Augustin Correo and Nick Shackleford of the Tennessee Williams Theatre Company of New Orleans as guest lecturers in Michelle Fortier's Southern Literature class.

Augustin Correo and Nick Shackleford, Artistic Directors of the Tennessee Williams Theatre Company of New Orleans, spoke to the students in the Southern Literature class at Cabrini High School as part of the school's Visiting Lecturers' Program.

The two men discussed Tennessee Williams' life, his connection to New Orleans, some of the major themes running through his works, and his award-winning play *A Streetcar Named Desire* that the students had recently completed studying in English teacher Michelle Fortier's class.

"The students took great interest in Tennessee Williams' writings and were grateful to have the opportunity to learn more from the directors and how their views of Williams' works have influenced their own lives and the work that they do," stated Fortier. "Williams was one of America's most influential playwrights, and his influence on Southern Literature is considerable," she continued. ~submitted by Nall Gearheard

From the Province Vocation Promotion Team...



For this National Vocation Awareness Week, the Vocation Promotion Team offers this reflection:

Look very carefully at the reality of the world into which we are sent. Tune your soul also to God's song in creation. The groaning of creation in our times is in tune with the rhythm of God's call. Listening to the cry of the earth sharpens our capacity to hear God's voice. Allow the harmony you begin to discern in creation to open your heart to new challenges in life. You know in your soul whether or not you are living faithfully the vocation or vocations to which you have been called. Take the next right step. God is calling – through loved ones and community, through a broken and hungry world, through the beauty or the cry of creation. *Listen!*

Catch the rhythm of God's voice. Do you hear?

~ Marie Dennis, *Diversity of Vocations*

Face to Face with Homelessness



Through my senior capstone project at Cabrini College, I visited the Friends Association in West Chester, PA, with a few of my classmates and my professor. We were able to interview two clients who had experience homelessness or who had come close to being homeless.

These two women and their families were referred to a network of helpful resources that are made possible by an organization called Decade to

Doorways. This organization has a five-year plan to [hopefully] completely eliminate homelessness in Chester County, PA. They work with multiple organizations that share the same goal.

Decades to Doorways graciously allowed us to interview two of their clients who were able to give us more insights on homelessness.

Our first interview of the day was with someone we will call “Jane”. “Jane” was nearly homeless because of a bedbug infestation that took over her small apartment in Coatesville, PA. She refused to have her children live in that environment, so she turned to her landlord hoping that he would be able to bring in an exterminator. The landlord turned down her request. “Jane” realized that she could not afford an exterminator on her own, so she took to the streets to find somewhere else for her family to live. Through Decade to Doorways, she was put in contact with an organization that opened new housing possibilities. She is currently on the road to stable housing and new job opportunities.

The second person we interviewed was “Pearl”. Because of a job transition, “Pearl’s” income became less than her cost of living. She reached out to Decade to Doorways for help in staying on top of her bills while managing a shifting income. This organization was able to communicate with her landlord [to explain the situation] and to point “Pearl” to a new job with better income potential.

Our time at the Friends Association was certainly eye opening, and for me, life changing. The stories of “Jane” and “Pearl” were so poignant. We can’t ever fully appreciate another until we take the time to know them.

~submitted by Cabrini College intern Christle Gehman



Cabrini College communications intern Christle Gehman (r.) is joined by her classmates at the Friends Association, advocates for the homeless.

THE PRACTICE OF MINDFULNESS

Fr. Edwin Robinson, O.F.M., Director of Pastoral Care at Cabrini of Westchester, is leading a group of Cabrini staff in the Practice of Mindfulness as part of a series in services to promote the health and wellbeing of Cabrini staff. In a very busy and often distracted world, the practice of mindfulness allows the group to enter into the present moment, and experience its calm and peace. In 1998, Fr. Edwin attended an eight-day retreat led by the Buddhist Monk, Thich Nhat Hanh. He has been practicing Mindfulness Meditation since that time.



The words of Psalm 104:10a, “Be still, and experience the ‘I am’ of my divine presence,” sum up the “how” of the practice. The group is meeting for a series of six - thirty minutes sessions. Fr. Edwin invites the participants to sit in such a way that they are aware of the dynamics of the present moment, in themselves individually and as a group. In the creation stories of Genesis, the authors have God declare, “It is not good for the human person to be alone.” (Gen. 2:1).

Modern psychology also asserts that we humans are essentially social beings. For this reason group practice of mindfulness is the best way to learn the practice for it accelerates its benefits. However, mindfulness is also practiced individually. The road taken by Fr. Edwin from the 1998 retreat to years of individual and group practice is a good example of why the group setting is a good place to learn the practice.

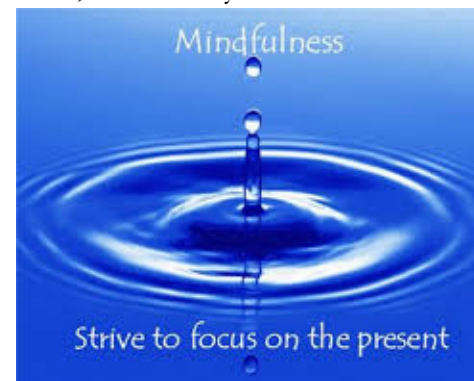
In the beginning, those who practice mindfulness find that it is not as easy as it sounds. However, almost immediately the beneficial aspects of the practice can be felt, even if only for brief moments. These benefits are the reason why those who begin the practice and persevere make it an integral part of their daily lives.

So far, the staff who have participated in the series attest to its benefits. Fr. Edwin emphasizes that the members of the group need to be gentle with themselves and everyone in the group. He also highlights the reality that each person is essentially defined by his or her humanity. Hence, titles and functions fade away as the members of the group enter into the present moment and experience the wonder of who they are as human beings.

~ submitted by Fr. Edwin Robinson, O.F.M. and Lorraine Horgan



Fr. Edwin Robinson,



One Minute Meditation

If we are peaceful, if we are happy, we can smile and everyone in our family and in our entire society will benefit from our peace.

~ Thich Nhat Hahn

Please Save the Date!

Cabrini Immigrant Services Annual Liberty & Justice Awards Reception

Benefitting Cabrini Kids

November 19, 2015

Estherwood Mansion
Dobbs Ferry, NY

Honoring:
Andrea Stewart-Cousins
New York State Senator, 35th District
Senate Democratic Leader

Barbara Keckler, Ph.D.
Associate Professor
The School of Education of Mercy College

Judith Sanseverino
Teacher/English Language Learning Specialist
Springhurst Elementary School

All Missionary Sisters are invited to be our guests at the reception.
Please RSVP at your earliest convenience to Susan Herceg at 914-693-6800 ext. 502 or sherceg@cabrini-eldercare.org



You are invited to attend the
**Feast Day Celebration for
St. Frances Xavier Cabrini**

SATURDAY, NOVEMBER 14

10:00 am Italian Mass
11:30 am French/Haitian Mass
2:00 pm Spanish Mass

SUNDAY, NOVEMBER 15

11:00 am English Mass
2:00 pm Filipino Mass

St. Frances Cabrini Shrine

701 Fort Washington Avenue • New York, NY 10040 • (212) 923-3536
CabriniShrineNYC.org

The Feast Day of St. Frances Xavier Cabrini is Friday, November 13th.

The Missionary Sisters invite you to join them in praying
the Mother Cabrini novena.

Click here to access the novena on our website:

<http://www.mothercabrini.org/spirituality/cabrini-novena>



Prayer Requests

Basile

Kindly pray for a friend of Sr. Christine Marie Baltas, MSC, whose unborn grandson, is Basile. His mother is in her 5th month of pregnancy and just learned that there is something wrong with the baby.

Robert Berridge

You are asked to pray for Robert, the son-in-law of Dr. Adeline Bethany, Professor Emerita at Cabrini College. Robert is seriously ill.

Rosemarie Dorman and Kristen Marie Dorman

Cabrini Mission Foundation donor Marie Sciacca asks for prayers for her daughter Rosemarie and her granddaughter Kristen Marie. They are both going through difficult times.

Giovanni Giani

Please pray for Giovanni, the nephew of Sr. John Giani, MSC. Giovanni is 40 years of age and has just started dialysis. He is currently in critical condition.

Albert Roberta

Your prayers are asked for Albert Roberta, the uncle and godfather of Robin Larkins. Please pray for his healing and recovery after surgery for an undetected infection in his hand that spread.

Please remember the following alumnae from Villa Cabrini Academy (Burbank, California) and their families in your prayers:

Kay Coughlin Hubert (VCA '67)

Please pray for Kay who is being treated for a serious staph infection, and for her husband, Dewey, who is recovering from an angioplasty.

Dian Pitts Lord (VCA '68)

Your prayers are asked for Dian Pitts Lord (VCA '68) and her family who are mourning the loss of her cousin Rick, who passed away October 9, 2015.

In Loving Memory

Monsignor James Dorney

Please pray for the repose of the soul of Monsignor James Dorney who passed away on Monday, October 26th. He was getting ready to say Mass when he suffered a cerebral hemorrhage. He was involved at Mother Cabrini High School for many years as chaplain to the school and to the Drum Corps.

Funeral arrangements for Monsignor James Dorney have been announced by the New York Archdiocese. Cardinal Timothy Dolan will be the principal celebrant of the funeral mass, to take place Saturday at 10 a.m. in St. Peter's, the Archdiocese confirmed late Tuesday. Bishop Dennis Sullivan will be the homilist.

The wake for Monsignor Dorney will take place Thursday from 4 to 9 p.m., and Friday, from 4 to 7 p.m., in St. Peter's Church, 53 St. Mark's Place, New Brighton. Interment will take place Saturday, following the funeral mass, in St. Peter's Cemetery, West Brighton.

Feasts of All Saints and All Souls



All Saints Day is a Christian holy day observed on November 1. The day honors all saints of the church, even those not known by name. In the Catholic Church, All Saints Day in most years is a holy day of obligation.

All Souls Day, celebrated on November 2nd is a Roman Catholic day of remembrance for friends and loved ones who have passed away. It is celebrated with masses and commemorations in memory of the dead. While the Feast of All Saints is a day to remember the glories of Heaven and those there, the Feast of All Souls reminds us of our obligations to live holy lives and that there will be purification of the souls of those destined for Heaven.

~ *Catholic Encyclopedia*
