



October 19, 2017

World Mission Sunday

October 22, 2017

In his message for World Mission Sunday, October 22, Pope Francis invites us to understand that *Mission is an essential aspect of and at the heart of Christian faith*. The Holy Father reminds us that we are sent to our brothers and sisters in order to bear witness of our faith in Christ and to proclaim His Gospel. By our baptism, we are all called to be missionary disciples.



Pope Francis exhorts us repeatedly to go out of the temple's sacred walls and to make sure that our Church becomes a mission-centered Church. We are challenged "to go forth from our own comfort zone in order to reach all the peripheries in need of the light of the Gospel." *Evangelii Gaudium*, 20

As Pope Francis' World Mission Sunday asserts, "The world vitally needs the Gospel of Jesus Christ. Through the Church, Christ continues his mission as the Good Samaritan, caring for the bleeding wounds of humanity and as the Good Shepherd, constantly seeking out those who wander along winding paths that lead nowhere."

His message continues, "The Church's mission, directed to all men and women of good will, is based on the transformative power of the Gospel. The Gospel is Good News filled with contagious joy, for it contains and offers new life: the life of the Risen Christ who, by bestowing his life-giving Spirit, becomes for us the Way, the Truth and the Life (cf. *Jn* 14:6). He is the *Way* who invites us to follow him with confidence and courage. In following Jesus as our *Way*, we experience *Truth* and receive his *Life*, which is fullness of communion with God the Father in the power of the Holy Spirit. That life sets us free from every kind of selfishness, and is a source of creativity in love."

Young people are the hope of mission. The person of Jesus Christ and the Good News he proclaimed continue to attract many young people. They seek ways to put themselves with courage and enthusiasm at the service of humanity. "How beautiful it is to see that young people are 'street preachers', joyfully bringing Jesus to every street, every town square and every corner of the earth!"

To read the full text of Pope Francis' message:

https://w2.vatican.va/content/francesco/en/messages/missions/documents/papa-francesco_20170604_giornata-missionaria2017.html

Cabrini University Furthers Commitment to Ending **Domestic Violence**



Dr. Colleen Lelli, Director of the Center, welcomes distinguished guests to campus and recognizes all those who play an important role in the creation of the Center.

On Monday, October 16, Cabrini University hosted its seventh annual Domestic Violence Awareness Symposium and the official launch the Center for Children of Trauma and Domestic Violence.

A half-day [Domestic Violence Symposium](#) focused on family perspectives on the tragedies of domestic violence through “A Conversation with Janine Rajauski.” There was also a panel discussion with Bill Mitchell, President of the Kristin Mitchell Foundation; Monica Jenkinson and Minna Davis of Laurel House; Barbara and John Jordan, advocates of domestic violence education; and Eliza Costoso, PsyD, Counseling and Psychological Services at Cabrini University. Each program was followed by an audience Q&A.

In the evening, Cabrini welcomed its community of domestic violence awareness advocates and educators as it officially launched the new Barbara and John Jordan Center for Children of Trauma and Domestic Violence Education.

The launch featured a keynote presentation by Lynn Rosenthal, Policy Director for Violence Against Women Initiatives for the Biden Foundation, and a ceremonial launch.

The mission statement of the Center reads, “furthering Cabrini’s Education of the Heart, the Center Center for Children of Trauma and Domestic Violence Education strives to end domestic violence and support children of trauma by promoting social change through professional development, training, education, research, and community.”

The Center will:

- Educate teachers, leaders, and advocates to end violence in the lives of children, women, and men
- Offer proven, community-informed tactics to prevent domestic violence, and to become aware of and help heal children of trauma
- Confront in effective new ways the challenges of intimate partner violence
- Better inform first contact educators, nurses, and others of the effects of domestic violence and trauma on children’s learning and professionals and domestic violence advocates while offering community-informed methods of tackling domestic violence and working with children of trauma

Throughout the month, Cabrini students also are hosting events honoring domestic violence awareness, including a Mass, movie screenings, and a dress-in-purple day. ~ *Cabrini U. website*

“This movement was started by people just like you. The first shelters were women’s living rooms. The first hotlines were people’s home phone numbers. It was all about peer to peer and that’s why we are here today.”

LYNN ROSENTHAL
Policy Director for Violence
Against Women Initiatives
for the Biden Foundation.



Ms. Lynn Rosenthal offered the keynote address.



Sr. Mary Scullion, RSM Nerney Leadership Institute – Executive in Residence



It will be an honor and pleasure to welcome Sister Mary Scullion, R.S.M. - known as the champion of the marginalized, in particular, people experiencing chronic homelessness and hunger – to the Cabrini University campus on **Tuesday, October 24**, as the Cabrini University/Nerney Leadership Institute **Executive in Residence**.

Having dedicated herself to serving and advocating for the homeless and mentally ill populations, Sr. Mary founded the first Outreach Coordination Center in the nation. She was co-founder of Woman of Hope in 1985, co-founder of Project HOME, and continues to provide incalculable efforts to these causes, as well as her commitment to fair housing rights of persons with disabilities.

Sr. Mary received numerous awards for lending her voice, indomitable spirit and strengths to those less fortunate which include, but are not limited to: being named the 2011 Citizen of the Year by the *Philadelphia Inquirer* and selected by Time Magazine as one of the “World’s Most Influential People” in 2009. Of special note, Sr. Mary was Cabrini University’s guest speaker on Cabrini Day 1993, and was presented with the Cabrini Spirit Award.



Sr. Mary Scullion, RSM

We are looking forward to Sr. Mary’s return visit next week and hope that you will attend the two open sessions that will be provided in **Grace Hall Atrium** for this most special day:

3:15pm *Campus-wide Address*

7:00pm *A Conversation with Sr. Mary Scullion*

Should you have any questions please don’t hesitate to contact the Nerney Leadership Institute office: Sherry Peters, 610-902-8193; Maria Vizcarrondo, 610-902-1066.

With today's edition of THE UPDATE we continue a brief series on vocation ministry taken from an article written by Father Joseph Nassal, C.P.P.S. which appeared in the Summer 2017 edition of HORIZON, the journal of the National Religious Vocation Conference. Fr. Nassal has worked in vocation, retreat, renewal, and reconciliation ministry. His article is intended primarily for those who work in vocation ministry in religious congregations, yet, his words hold great value for everyone, no matter what your vocation in life.

Six Ways to Thrive in Your Vocation

3 Cultivate Community

Author and pastor Rick Warren has noted that most people fall into three categories: caretakers, undertakers and risk takers. Our communities are filled with people who dwell in each of these categories. Which category do you dwell in?

Most of us are caretakers – that is the nature of religious life. We take care of one another and those we are called to serve. We take good care of those we love and even those we find difficult to love.

But we also know some undertakers in our communities – those who take us under, whose cynicism and sarcasm serve as sharp shovels to dig a grace and bury us. Sometimes we are the undertakers and we dig our own graves with our negativity. We sense the life drain from us as our energy is depleted by the shadows of doom and gloom that often shroud our world. When we feed on this negative energy of those who take us under, we will experience an acid reflux disease of the soul. Its symptoms are anger and bitterness.

We need to surround ourselves with people who are not bitter, who do not suffer from lethargy of spirit, with people who remain grounded in hope. We need to surround ourselves with risk takers, people who enlarge our minds, hearts, and imaginations and instill hope.

The biblical tradition is filled with risk takers. From Abraham and Sarah to Elizabeth and Zechariah to Mary and Joseph; from the prophets of old to the first disciples and witnesses to the resurrection, we have numerous examples of ancestors in faith who took the ultimate risk to trust God and say yes to what seemed incomprehensible and unimaginable.

What allowed them to be risk takers? It has something to do with this understanding that we are formed, known, dedicated, and appointed by God. Those are the verbs expressed in the call of the prophet Jeremiah (1, 5). He could be the patron saint for vocation directors because he thought he was too young to be a prophet. He needed more time in community to understand the history and spirituality, and to deepen his relationship with God.

In reflecting on the call of Jeremiah, we often focus on his excuse instead of the original call of the prophet. Notice the actions taken by God: formed, knew, dedicated and appointed. God forms us and has a purpose for us before we are born. Our vocation reaches back to the very mystery of life. We are formed and known by God.



Fr. Joseph Nassal, C.P.P.S. is a Missionary of the Precious Blood currently serving as provincial director of the Kansas City Province. He has published eight books and has served in justice and peace ministry and in formation, vocation and leadership ministry for his congregation.

Jeremiah's call to be a prophet was his purpose in life. Discerning one's purpose is at the heart of vocation ministry. When times get tough and losses mount, it is important to return to the original source of our call and to ask ourselves: what risks are we willing to take to promote and propel the reign of God in our lives? What risks are we willing to take to make our charism, spirituality, community and ministry known to those who are seeking to belong? What risks are we willing to take in calling forth from our congregations a deeper and wider commitment that will shake, rattle, and roll those undertakers in our community who have their sights set on death rather than life? **Next week: Preserve your perspective.**



Sr. Damien Ciminera, MSC has gotten her flu shot. Have you?

Influenza is a serious disease that can lead to hospitalization and sometimes even death. Millions of people get the flu every year. Cabrini Immigrant Services (CIS), Dobbs Ferry, NY wanted to make sure that our adult students, tutors, clients and neighbors had an opportunity to protect themselves from this dreaded disease.

On October 11th, Edith Owusu, a pharmacist at the neighborhood Walgreens Pharmacy, once again came to CIS. Edith has a way of putting everyone at ease so even those who were a bit frightened about getting a shot, commented that they didn't feel a thing.

In order to reach as many people as possible, Walgreens Pharmacy gave vouchers to anyone who did not have insurance. In addition to getting our flu shots, Walgreens has a special program called 'Get A Shot. Give A Shot.' For every flu shot that was given at CIS, a lifesaving vaccine was giving to a child in a developing country.

Truly, it was a win-win situation. *by: Lorraine Campanelli, CIS Director*



Pharmacist Edith Owuso from the neighborhood Walgreen's administers a flu shot to a client of Cabrini Immigrant Services in Dobbs Ferry.



The **Cabrini Mission Foundation** Invites You to...



New York City Street Dedication

“Mother Cabrini Way”

Friday, October 20, 2017 at 11:00 am

Corner of E. 19th and 3rd Avenue

New York, NY 10003

Light refreshments to follow at

Cabrini Apartments

220 E. 19th Street

One-Minute Meditation

Imitating God's Compassion

Many people in our society live for altruism. They have chosen to use their energies and skills in the service of those most in need. They include many people whose lives are unsung songs of heroism, rarely if ever acknowledged – those who sit with the sick and the dying, care for the elderly and infirm, staff the charity shops or man the lifeboat crews and mountain rescue teams, help the marginalized find their way through the welfare labyrinth or teach newly arrived immigrants our language so that they can function well in society.

They all are living from a source of compassion, and not primarily from a desire for personal gain. Bless them. Bless their efforts on behalf of others. Be thankful for them in our midst.

Margaret Silf
Sacred in the City

Cabrini Immigrant Services Annual Coat Drive



Help keep your neighbors warm this winter!
Donate new or gently used coats
and jackets for men, women and
children of all ages.

**We will be
receiving
donations
throughout the
month of
October.**



Drop off your
donation items at:
139 Henry Street
New York, NY
10002
Contact Cabrini at:
212-791-4590 Ext.
100 Monday-Friday
9am-5pm or via
email: Virginia
Quilli at
vquilli@cis-nyc.org
or Zenith Isidor at
zisidor@cis-nyc.org
for more
information

You may contribute by making a donation on the link below
that will go towards the children's coats:
<http://bit.ly/cabrinicoatdrive>

Prayer Requests

Francesca Avitabile

Your prayers are asked for Francesca, the mother of Sr. Antonina Avitabile, MSC, who was admitted to the hospital for medical issues. Please keep Mrs. Avitabile and her family in your thoughts.

Sr. Mary Borromeo (Rita) Povero, RSM

Sr. Mary Borromeo, age 97, was called home to her God on October 16th during her 75th year as a Sister of Mercy. She is the oldest sister of our Sr. Ilaria Povero, MSC and sister, Anne Liberatore. In 1942, she entered the Sisters of Mercy and taught Latin and French at Our Lady of Mercy, Aquinas Institute, St. Ann's H.S., Hornell, Holy Family H.S., Auburn and Notre Dame H.S., in Elmira, NY. She was one of the founding faculty members of Notre Dame H.S. She also studied and worked at Pineta Sacchetti in Rome, Italy for a year. In 1991 Sr. Mary Borromeo received The Veritas Award for being a very devoted faculty member for over 31 years. She was also selected and recognized in the first edition of "Who's Who Among American Teachers." Please pray for the repose of her soul and for Sr. Ilaria and her family.

Victims of the California fires and those recovering from the recent hurricanes

There are so many people who have lost their family members, homes, businesses and livelihoods due to the fires and hurricanes. Let us pray that they are comforted and given support during these trying days. Pray that their energies and resolve will be bolstered by the kindness of others. Pray, also, for all those who are working tirelessly to assist those who have been impacted.

Hugh Waters

Sr. Grace Waters, MSC asks that we continue our prayers for her twin brother, Hugh, who is ill. Pray for his comfort.

An Autumn Prayer

God of love, you enter into our autumn seasons, into our deepest places of inner dwelling, into the heart of our transformation. You give us glimpses of the truth. May we allow our experience of autumn to speak to us of necessary change and growth. Grant us an openness to the continuous process of letting go and moving on that is part of the human condition. We are grateful that you are our faithful companion on this journey. Amen.

~ Joyce Rupp

