



MISSIONARY SISTERS
of the SACRED HEART of JESUS
Bringing Christ's love to the world

THE UPDATE

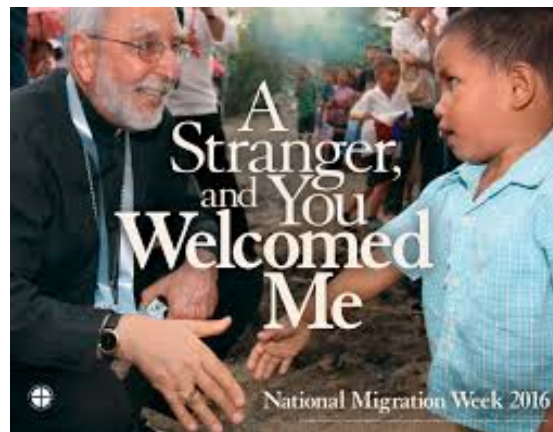
January 7, 2016

This is National Migration Week

January 3 - 9, 2016

A Stranger, and You Welcomed Me

In the Gospel of Matthew (25:35) Jesus tells his disciples, "I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me." The call to welcome the stranger plays an important role in the lives of faithful Christians and has a particularly central place for those of us who work in the migration field. The migrant, who moves from one country to another is truly a stranger in the midst. Often unfamiliar with the local tongue of the new country, not to mention its customs, the migrant needs the support of local communities so that she can better adjust to her new surroundings. National Migration Week 2016 picks up on the theme of welcome and, in doing so, calls on each of us to welcome the stranger among us.



European Refugee Crisis:

More than four million refugees have fled Syria and the surrounding region since 2010, with most taking shelter in surrounding countries. Many thousands have died in the process; countless others struggle with the daily ritual of just trying to survive. ~ USCCB

Learn more about what the bishops are doing to address this problem and how you can help: <http://www.usccb.org/about/migration-and-refugee-services/national-migration-week/index.cfm>

A Prayer for Migrants

Please join in saying this prayer, which highlights many of the difficulties that migrants face in their daily lives, the struggles they face in migration process, and their need for God's protection.

LOVING FATHER,

we pray that you provide your divine protection to all migrants,
particularly those who are driven from their homes
due to war or violence,
who are uprooted due to environmental degradation
and climate change,
or whose material poverty pushed them
to find opportunities elsewhere.

Show us how we might reach out to these
vulnerable populations
and help them to begin a new life in a new home.
Open our hearts, so that we may provide
Hospitality
For all who come in search of refuge.
Give us the courage to welcome every stranger,
as Christ in our midst.

We ask this through our Lord Jesus Christ,
Who lives and reigns with you in the unity of
the Holy Spirit,
One God, forever and ever. Amen. ~ USCCB



Jubilee Year of Mercy

We have been invited by Pope Francis to live this 2016 Holy Year of Mercy in the light of the Lord's words: Be merciful, just as your Father is merciful: (Luke 6:36), for in mercy, "we find proof of how God loves us. God give his entire self, always, freely, asking nothing in return. God comes to our aid whenever we call upon him."

Pope Francis encourages us "to contemplate constantly the mystery of mercy" and "rediscover and make fruitful God's mercy, with which all of us are called to give consolation to every man and woman of our time."

So throughout the year we can often focus on Jesus' example of mercy – that constant compassion in which he takes each person that he meets and responds to what each person needs most, whether it be a caring word, a healing touch, a challenging call to conversion of a comforting presence amid sorrow or suffering. Jesus' wholehearted mercy includes not only words, but also actions that change the person with whom he interacts. So it is with us. When we encounter Jesus through readings and prayer, we are indeed changed and expected to imitate his merciful example with each person with whom we interact.

~ Steve Mueller, *Words of Grace*



Christmas at the National Shrine, Chicago, IL

Sr. Bridget Zanin, MSC, Director of the National Shrine of St. Frances X. Cabrini shares that “each of our three Masses was preceded by angelic carols played on the harp which set a tone for a festive and peaceful occasion. Not only the chapel was filled, but our hearts were bursting with joy and anticipation. It was a marvelous liturgical celebration.”

The sanctuary of the National Shrine was resplendent with red poinsettias for the Christmas Masses.

From the Province Vocation Promotion Team...

Year of Consecrated Life ending
Vatican holding special events

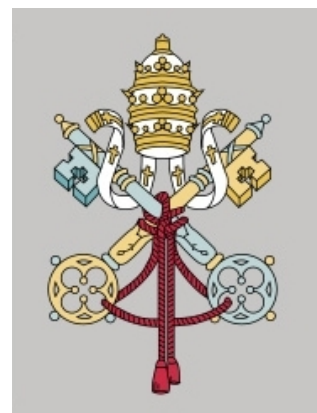
As the Year of Consecrated Life draws to a close on February 2, the Vatican will hold two special events, and Executive Director Brother Paul Bednarczyk, C.S.C. will be present, representing the National Religious Vocations Conference (NRVC). The **closing days of the Year of Consecrated Life** will gather approximately 6,000 religious from around the world for prayer, meetings, and an audience with Pope Francis.

January 30, 2016

A Thanksgiving Prayer Vigil will be held at Saint Peter's Basilica.

2 February 2016

A World Day of Consecrated Life Eucharistic celebration will take place at Saint Peter's Basilica. ~ *from the NRVC website*



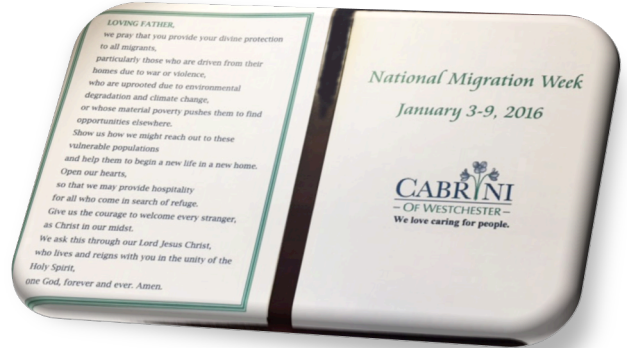
Cabrini of Westchester, Dobbs Ferry, NY *Observes National Migration Week*



In honor of the Year of Mercy, Cabrini of Westchester is promoting National Migration Week, January 3-9, 2016, with a display in the

lobby of its nursing home reminding staff and visitors of the importance of welcoming and supporting newcomers. Prayer cards for protection of all migrants were also made available to increase prayers for this vulnerable population during this awareness-raising week.

~ submitted by Lorraine Horgan



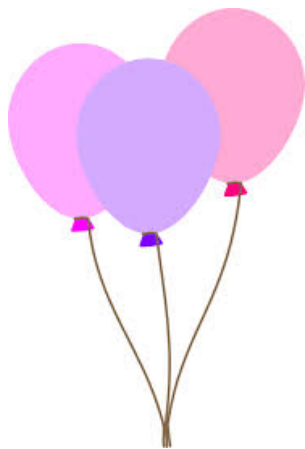
Cabrini High School, New Orleans, LA *Sharing in the footsteps of Mother Cabrini*



Cabrini High School Principal and alumna Yvonne Hrapmann (front 2nd r.) shared the story of her recent pilgrimage to Italy, where she visited the towns so much a part of Mother Cabrini's life story.

Cabrini High School Principal and alumna, Yvonne Hrapmann, hosted faculty and staff who are alumnae following her recent pilgrimage to Sant'Angelo and Codogno, Italy.

At the luncheon, Hrapmann presented the ladies with a heart-shaped medal from her recent pilgrimage to Sant'Angelo and Codogno, inspired by these places where Mother Cabrini was born and her order began. *~ submitted by Nall Gearheard*



CABRINI APARTMENTS CELEBRATES ITS 10th ANNIVERSARY

On December 9th, more than 50 tenants of Cabrini Apartments gathered to celebrate the 10th anniversary of the opening of this 72-unit affordable-living senior housing property located in New York City. Several Missionary Sisters of the Sacred Heart of Jesus, members of the Board of Directors and Administration joined the tenants and staff for a lively program in the building's community room.

Patricia Krasnausky, President and CEO of Cabrini Eldercare, welcomed the attendees with a moving prayer. She asked for God's blessing for all of the tenants and for each of the individuals who took part in turning the vision of developing an affordable senior housing building in the elite Gramercy Park section of Manhattan into a reality. Phillip Deans, Director of Housing, introduced three tenants, each of whom spoke about how grateful they are to Cabrini for making a profound difference in their lives by providing them with such beautiful and safe living quarters.



Patricia Krasnausky, President and CEO of Cabrini Eldercare, and Philip Deans, Director of Housing, cut the celebratory anniversary cake.



Many tenants of the Cabrini Apartments attend the celebration.

Barbara Janwich was the first tenant to speak: "I want to say how grateful I am to be here. Before the establishment of this building, I had been applying for affordable housing for over five years but most of them were high rents and beyond my means. Then I heard about the opening of Cabrini Apartments and I said a little prayer to Mother Cabrini to help me. When I learned that I was chosen for one of the apartments I was overjoyed. Through the grace of God and Mother Cabrini, I got an apartment, #7H, which I refer to as 7th Heaven. All my furniture was in storage at the time and I lost it due to non-payment. The day I moved into Cabrini Apartments, I had no belongings, just the clothes on my back. Michael, the Superintendent, took me to the apartment and opened the door and I was overjoyed to see that it was completely furnished! I started to cry and had to turn away from Michael. The

Administration of Cabrini had learned of my circumstances and completely furnished it and decorated it for me. I am forever grateful.”

The formal program concluded with Ms. Krasnausky awarding 10-year service pins to Philip Deans and Michael Andrews, Superintendent of Cabrini Apartments. She applauded their dedication and availability to the needs of the tenants and recognized the excellent job they have done to maintain the facility over the past decade.

A buzz of excitement filled the room in many different languages as the multi-cultural community of residents shared in lively conversations over a festive meal and the music of a strolling violinist. Gratitude filled the air and this beautiful celebration was fitting to mark the 10-year milestone of a development that has made and continues to make a difference in the lives of many elders in need. ~ *submitted by Lorraine Horgan*



Sharing in the anniversary celebration along with Cabrini Eldercare President and CEO Patricia Krasnausky (c.) are from left: Missionary Sisters Stephanie Kabacinski, Bernadette Casciano, Catherine Garry, Arlene Van Dusen, Arlene Primus, Veronica Piccone and Amada Liboro.

One Minute Meditation

A Year of Favor and Mercy

In today's Gospel, we find an important element that will help us live the Jubilee Year with faith. Jesus reads from Isaiah's proclamation of a "year of the Lord's favor" or "mercy". This is what we wish to live now. This Holy Year will highlight the richness of Jesus' mission echoed in Isaiah's words: to bring a word and gesture of consolation to the poor, to proclaim liberty to those bound by new forms of slavery in modern society, to restore sight to those who can see no more because they are caught up in themselves, to restore dignity to all those from whom it has been robbed. Jesus' preaching is made visible once more in the response of faith Christians are called to offer by their witness.

~ Pope Francis from Words of Grace

Prayer Requests

Cabrini Mission Corps missionaries

Please keep the Cabrini Mission Corps missionaries in your thoughts and prayers during the remainder of this week. They are currently on retreat at the midpoint of their year of service. Pray that their days together will be a graced and fruitful time of community, sharing, self-discovery and spiritual growth.

Ernie Iovannone

Please remember Ernie Iovannone, who is undergoing treatment for cancer. Ernie is a St. Donato School alumnus and a long-time friend of the MSCs.

Rita

CLM Marianne McGowan asks that we please pray for Rita, a dear friend of Cabrini, who has recently undergone serious surgery. Please keep her recovery in your prayers.

In Loving Memory

Nick Cellucci

Please pray for the repose of the soul of Nick Cellucci. Nick was the nephew of Sr. Barbara Leonardo, MSC. He was born with severe disabilities. Persons born with his handicaps usually died before 21. Nick lived to be 57 years old, due to his care from his parents and the Don Guanella men's home. The funeral Mass for Nick will be at St. Donato Church in Philadelphia on Saturday, January 9th.



Sr. Edmund Cirulli, MSC

Please pray for the repose of the soul of Sr. Edmund who peacefully went home to God on New Year's Day, January 1, 2016.

Helen C. (Pollock) Guerra

The Cabrinian Community joins the College Community in extending sympathy to Jonnie Guerra, Ph.D., former VP of Academic Affairs, on the loss of her mother, Helen C. (Pollock) Guerra, who passed away peacefully on New Year's Eve, December 31st, 2015, at the age of 98. Mass will be offered in Helen's memory on Wednesday, January 27th, 2016 at 12:30 p.m. in the Bruckmann Memorial Chapel of St. Joseph. Please continue to keep Jonnie and her family in your prayers.

Sr. Rosemary Reher, IHM

Sr. Rosemary, the sister of Dr. Marge Reher, Cabrini College Professor Emerita, passed away peacefully in her sleep on January 2. Please keep Dr. Reher and her family in your thoughts and prayers at this sad time.

PUBLICATION NOTICE

Due to scheduling in the Province Communications Office,
The Update will not be published next week.
We will resume publication on Thursday, January 21st.