



MISSIONARY SISTERS
of the SACRED HEART of JESUS
Bringing Christ's love to the world

THE UPDATE

January 27, 2016

The World Day of Consecrated Life is February 2nd

In 1997, Pope Saint John Paul II instituted a day of prayer for women and men in consecrated life. This celebration is attached to the Feast of the Presentation of the Lord on February 2nd. This Feast is also known as Candlemas Day; the day on which candles are blessed symbolizing Christ who is the light of the world. So too, those in consecrated life are called to reflect the light of Jesus Christ to all people.

World Day for Consecrated Life will be celebrated in the Church on Tuesday, February 2, 2016 and in parishes on the weekend of February 6-7, 2016. Please pray for all those who have made commitments in the consecrated life, especially our Missionary Sisters of the Sacred Heart of Jesus. Giving them thanks by sending a card or an email on this, such a special day, would be a thoughtful way to remember them and all they do in service of the people of God. May they continue to be inspired by Jesus Christ and respond generously to God's gift of their vocation.

The Year of Consecrated Life

This year, February 2nd marks the end of the Year of Consecrated Life. Pope Francis proclaimed 2015 a Year of Consecrated Life, starting on the First Sunday of Advent, the weekend of November 29, 2014, and ending on this coming Tuesday, the World Day of Consecrated life.

“Our brothers and sisters in Christ living consecrated lives make great contributions to our society through a vast number of ministries,” said Archbishop Joseph E. Kurtz of Louisville, Kentucky, president of USCCB. “They teach in our schools, take care of the poor and the sick and bring compassion and the love of Christ to those shunned by society; others lead lives of prayer in contemplation for the world.”

Throughout this past year religious congregations were encouraged by Pope Francis to “live the present with passion” and to “embrace the future with hope.” He also encouraged religious congregations to open wide their doors and invite the people to their communities to share the good news of the gospel and the joy of religious life.



The Presentation at the Temple
WORLD DAY FOR CONSECRATED LIFE

As we approach the close of this special “Year of Consecrated Life, let us recall Pope Francis words to all which remain ever timely, “I invite every Christian community to experience this Year above all as a moment of thanksgiving to the Lord and grateful remembrance for all the gifts we continue to receive, thanks to the sanctity of founders and foundresses, and from the fidelity to their charism shown by so many consecrated men and women. I ask all of you to draw close to these men and women, to rejoice with them, to share their difficulties and to assist them, to whatever degree possible, in their ministries and works, for the latter are, in the end, those of the entire Church. Let them know the affection and the warmth which the entire Christian people feels for them.”

To read Pope Francis’ Apostolic Letter:

https://w2.vatican.va/content/francesco/en/apost_letters/documents/papa-francesco_lettera-ap_20141121_lettera-consacрати.html

Continuing the Jubilee Year of Mercy

The Jubilee Year of Mercy began on December 8, 2015, the fiftieth anniversary of the closing of the Second Vatican Council.

During the upcoming weeks, we will be considering ways in which we can more fully enter into the spirit of the Year of Mercy and will be offering practical suggestions for showing mercy to others.

THE CORPORAL WORKS OF MERCY

The Corporal Works of Mercy

The Corporal Works of Mercy are found in the teachings of Jesus and give us a model for how we should treat all others, as if they were Christ in disguise. They are “charitable actions by which we help our neighbors in their bodily needs” (USCCA). They respond to the basic needs of humanity as we journey through this life.

GIVE DRINK TO THE THIRSTY

Many of our brothers and sisters in Christ do not have access to clean water and suffer from the lack of this basic necessity. We should support the efforts of those working towards greater accessibility of this essential resource.

- We take it for granted that we have access to clean water. Consider donating to organizations that help build wells for water for those in need.
- Organize a group of children involved on a sports team (e.g. soccer) or a summer camp. Invite them to collect bottled water to distribute at a shelter for families. If parents can be involved, ask them to accompany their children in delivering the water to the families.

- Do the same for youth and young adult groups.
- Make an effort not to waste water. Remembering to turn off the water faucet when you are brushing your teeth or washing dishes can help, especially in regions suffering from drought. ~ USCCB website



A Festival of Forgiveness

20 Hours of Prayer, Adoration,
and Confession
for the Jubilee Year of Mercy



As we journey through this Year of Mercy, Campus Ministry at Villanova University in Villanova, PA is celebrating *A Festival of Forgiveness* on **February 2 and 3 at St. Thomas of Villanova**

Church. The festival begins with a simple Night Prayer at 9:00 pm on Tuesday, February 2. The church will be open all night and throughout the following day for private prayer and Adoration of the Blessed Sacrament.

Augustinian friars will be available in the church the entire time – night or day - to celebrate the Sacrament of Reconciliation or just for conversation about matters that may be weighing heavily on your mind.

The Festival concludes on Wednesday, February 3 with 5:30 pm Mass in the church. All are welcome to stop by for any amount of time. Please share this special spiritual opportunity with others. ~ *Villanova University Campus Ministry*

More information can be found at:

<http://www1.villanova.edu/villanova/mission/campusministry.html>

Closing soon!



Treasures of the Vatican

Franklin Institute – Last day - February 15, 2016



The Franklin Institute of Philadelphia has announced plans to host the exclusive East Coast destination of Vatican Splendors beginning on September 19th. The exhibit explores the historical and cultural impact of the Vatican over the span of 2,000 years through significantly relevant objects straight from the Vatican. Every object in the exhibition tells its own story, together forming a great historical mosaic of the Vatican. Many of the artifacts have never before been on public view. Highlights include works by Michelangelo, and Bernini and Guercino, some dating back to the first century. For further info: <https://www.fi.edu>

Cabrini Immigrant Services, New York City, NY

Sharing the true spirit of the Christmas season



Photo above: Taking a selfie with Santa!

Photo below: Rockin' around the Christmas tree at CIS-NYC!



On Saturday, December 19, Cabrini Immigrant Services in NYC hosted its annual Christmas celebration! Our fantastic interns and volunteers spent weeks buying, sorting, and wrapping gifts. We served a big breakfast buffet and played “Pin the Nose on Rudolph”. We had dancing and crafts, then Santa Claus arrived! Thanks to the generous support of local schools, churches, and individual donors, we were able to give gifts to 350 children and gift cards to their parents. Thank you to everyone who supported us in this work! Our families had a wonderful celebration because of you.

~ submitted by CMC missionary Madison Koenig



One Minute Meditation

Little by little we are able to hear the still, small voice in the hurricane, the earthquake or the fire. God is hidden in difficulties. If we can find God there we will never lose God. Without difficulties, we do not know the power of

God's mercy and the incredible destiny God has for each of us. To encounter the winds and the waves is not a sign of defeat. It is training in the art of living, which is believing in God's love no matter what happens.

~ Thomas Keating, Awakenings

Cabrini High School, New Orleans, LA



Four Cabrini High School math and science teachers attended an advanced STEM Training Academy in Baton Rouge to determine methods for improving their programs' teaching skills and student learning.

Two Cabrini Math instructors, Ann Luke and Anne Jeanmard, and two science instructors, Lisa Surgi and Ann Smart, attended the **"Connecting the Dots: STEM Academy."** The K-12 workshop focused on the What, Why, and How of STEM education, providing STEM course instructors with programs, labs, challenges, and activities that are suitable for classroom activities and summer camps. The academy also assisted participants in adapting STEM learning for their location. Participants were urged to adapt resources and instructional strategies that helped develop skills for STEM related career opportunities in Louisiana.



Cabrini High math and science instructors take part in an exercise as a part of the STEM Training Academy are from left: Ann Luke, Lisa Surgi and Ann Smart.

The Cabrini contingent attended the academy to improve their teaching methods and techniques in STEM subjects and to evaluate the possibility of establishing a STEM summer camp at the school. The group is currently conducting a study with administration on the feasibility of a STEM summer camp at the school. Cabrini has an ongoing STEM initiative to improve the teaching skills of the school's instructors and ultimately, the learning progress of the school's students.

~ submitted by Nall Gearheard



Cabrini **Action and Advocacy** Coalition

Dear Friends,

The 4 young men who are victims of trafficking, about whom we wrote in last week's Update, and whom are helping start their new lives, have found housing. They are in great need of household items and would greatly appreciate gift cards to stores such as Target, Walmart, Giant and ACME. Please mail them or drop by Cabrini College-Cottage, 610 King of Prussia Road, Radnor, PA 19087 or call me and I would be happy to pick them up.

Thank you for your support!

Karol Brewer
Chair
CAAC

PLEASE JOIN US!

In the spirit of the Jubilee Year of Mercy



Where?

Cabrini College, Radnor, PA
Holy Spirit Library, 2nd Floor Conference Room

When?

Saturday, March 12, 2016 9:30 am – Gathering and Coffee
10:00 am – 4 pm - Program 4:00 pm - Liturgy

What?

A Day of Prayer, Reflection and Restoration focused on the Jubilee Year of Mercy. \$25 includes program, materials, continental breakfast, boxed lunch, & refreshments. Mindfulness meditation, spiritual movement, quiet reflection, & insights on mercy will highlight the day.

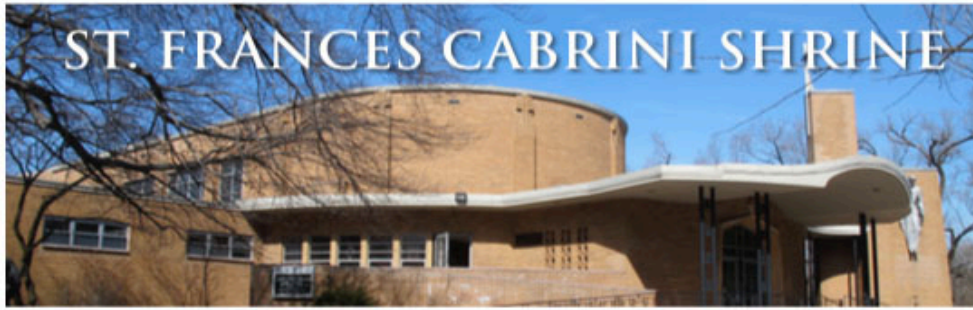
Who?

All are welcome! Missionary Sisters, Cabrini Lay Missionaries, Cabrini Companions, Cabrini Mission Corps missionaries and alumni, Cabrini College employees and alumni, and Cabrini friends.

Presenters: Fr. Edwin Robinson, OFM, Director of Pastoral Care, Cabrini of Westchester
Sr. Christine Marie Baltas, MSC and Sr. Grace Waters, MSC.

How?

Registration is now open. To register or for more information, please email: cabriniformation@mothercabrini.org or call 610-902-1038/39. Space is limited. (The first ten registrants will receive a special Cabrinian gift.) Checks should be made payable to: Missionary Sisters of the Sacred Heart of Jesus and mailed to: Cabrini Formation Office, 610 King of Prussia Rd. The Cottage, Radnor, PA 19087



Winter Calendar for St. Frances Cabrini Shrine, NYC

Every Sunday	9:00 and 11:00 Mass 12:15 Rite of Eucharistic Exposition, Bilingual 12:15 – 4:30 Adoration of the Blessed Sacrament 3:00 Mercy Chaplet, Bilingual
Tuesday - Saturday	12:00 Daily Mass in English
Third Sunday of the Month	Year of Mercy Indulgence for Pilgrims 11:00 Communal Reconciliation Service and Individual Confession 12:00 Mass followed by Prayers for Jubilee Indulgence
Fridays during Lent	12:00 Mass 12:30 Stations of the Cross
Tuesday, February 2	12:00 Presentation of the Lord Blessing of Candles
Wednesday, February 10	12:00 Ash Wednesday Mass with distribution of ashes
Friday, February 12	Stations of the Cross, following 12:00 Daily Mass
Saturday, February 13	Prayer Service for Victims of Human Trafficking, St. Josephine Bakhita, patroness
Friday, February 19	Stations of the Cross, following 12:00 Daily Mass
Saturday, February 20	11:00 Reconciliation Service and confessions 12:00 Mass
Friday, February 26	Stations of the Cross, following 12:00 Daily Mass
Saturday, February 27	Misa en Español 1:30 Rosario en español (Rosary in Spanish) 2:00 Misa en Español

Upcoming Events

Please mark your calendar.

Prayer Requests

The Blizzard

Prayers are requested for all those who were severely impacted by the blizzard through personal harm or property damage. Prayers also are being asked for all those public servants who worked tirelessly to clear the roads and do whatever was necessary to ensure the safety of the public. Additional prayers are requested for all those in the broadcast and meteorological industries who kept us informed of the storm's track and progress so that the public could make adequate preparations for the storm.

Joseph Caruana

Prayers are requested for Joseph, a visitor to St Cabrini Shrine, NYC, who was recently diagnosed with colon cancer. He is asking for prayers for peace and acceptance.

Daniel Tyler Forte

Prayers have been requested for Daniel Tyler Forte, who was diagnosed with Stage 3 Melanoma. Daniel is only 11 years old. Pray that Daniel will have a full recovery.

Sr. Lisa Valentini, MSC

Sr. Lisa, a Missionary Sister of the Most Sacred Heart of Jesus in Reading, PA, has asked our prayers for her brother-in-law Glen who has not been well and for Kaylee, the niece of a friend, who was in a serious car accident.

With Appreciation



On behalf of my family, I wish to thank everyone for the prayers and messages for my mother during her illness. She is out of the hospital and now receiving physical therapy so she can soon return home. I never underestimate the power of prayer. Please continue to hold my mom (Gloria) in your prayers and know that I hold you in my prayers of gratitude.

Abundant blessings,
Diane Olmstead, MSC